

MT. PLEASANT, IOWA.

The P. E. G. society met Saturday, January 1, 1916, with Mrs. Rev. Hubbard. After business was discussed, light refreshments were served by the hostess.

Mr. Howard M. Lewi of Ottumwa was a visitor here Thursday.

The oyster dinner served at the St. John's A. M. E. church December 30th was a grand success financially. They cleared the neat sum of \$20.70.

Mrs. Myrtle Reed has returned home, after a visit with relatives and friends in Keosauqua and Keokuk.

Mr. and Mrs. H. Stewart of Fairfield, Iowa, were visiting relatives and friends here.

Miss Naomi Harper, who attends Iowa Wesleyan, is spending her Xmas vacation at her home in Fort Madison.

The King's Daughters met last Friday with Mrs. John Greenup. After business was discussed and the installation of officers for the ensuing year, refreshments were served by the hostess.

The P. E. G. society is planning on having an excellent program January 27th.

Mr. and Mrs. Harry Burnaugh are the proud parents of twin boys. Mother and twins are getting along nicely.

Several of our people are suffering with a gripple.

Mrs. Wm. Keith has returned from a visit with her parents in Monroe City, Missouri.

Mr. Wm. Burnaugh has returned from a visit with Mr. and Mrs. Wm. Greenway of Muscatine.

The Kensington met Saturday, January 1, with Mrs. Rev. Eaves. Miss Grace Harris returned Saturday to her school work in Buxton, after spending her Xmas vacation with relatives and friends.

Mr. Harley Palmer of Washington is visiting relatives and friends for a few days.

Mr. Harry Burnaugh was a Burlington visitor Tuesday.

ALBIA NEWS.

Mrs. John Thomas, living at 414 Second avenue East, entertained at her home at 12 o'clock dinner in five courses the following persons: Rev. Morgan, Mr. and Mrs. Henry Jones, Rev. and Mrs. C. Thomas, Mr. and Mrs. B. Thomas, Mrs. Luella Miller and other relatives.

Mr. Walter Bennings left Albia for Des Moines on Friday to see his wife, Mrs. Bennings, who is sick at the home of her mother, Mrs. Jeffers.

The K. P. kept open doors on January 1, 1916, at their hall and a supper and general reception in the evening. Visitors from Hocking, Hite-man and Buxton. Miss Edith Harris won first prize.

Mrs. Smith and sister, Mrs. Stuart, from Buxton visited over Sunday in Hite-man.

Mrs. Willis Lewis of Oskaloosa took little William Lewis to Oskaloosa to live. William will be missed by his little friends in Albia.

A number of Albia people are suffering from la gripple and colds the past week.

Fever Sores.

Fever sores and old chronic sores should not be healed entirely, but should be kept in healthy condition. This can be done by applying Chamberlain's Salve. This salve has no superior for this purpose. It is also most excellent for chapped hands sore nipples, burns and diseases of the skin. For sale by all dealers.

BEDFORD, IOWA, NEWS.

Miss Gertrude Lucas, teacher in the Linton school, is at home spending the holidays.

Miss Lulu Franklin is suffering with rheumatism.

Mr. and Mrs. Letcher spent Christmas in Red Oak with Mrs. Letcher's sister.

Miss Mabel Johnson of Gravity is very sick with appendicitis.

Misses Helen and Gertrude Lucas spent Christmas at the home of their uncle and aunt, Mr. and Mrs. Henry Johnson.

Mr. William Crawford of Omaha, Neb., spent several days visiting Miss Mabel Johnson, who was very sick, but is now improving slowly.

Fred Johnson and mother drove over in their auto to dinner with Mrs. Green Lucas and daughters.

Miss Gertrude Lucas leaves Saturday noon to resume her duties in the Buxton school.

Mr. Wood Robinson took the evening train for Missouri to visit his parents.

DAVENPORT ITEMS.

There were several persons baptized at the Third Baptist church last Sunday morning by Rev. F. K. Nicholson, the pastor.

Mr. Archey Scott of Iowa City visited here Christmas, the guest of Mrs. Allie Norris.

Mrs. Anna Culberson of Clinton was an Xmas house guest of Mr. and Mrs. Major Culberson, 329 1-2 Eleventh street.

Mr. George King of Burlington gave a piano recital at Bethel A. M. E. church last week that was highly entertaining.

Mrs. Wm. Baker is in Buxton at the bedside of her sister, Mrs. Belle Ward.

Revival meetings will begin at Bethel A. M. E. church watch meeting night. Rev. Jones, evangelist, of Chicago in charge.

E. Christena, Mr. and Mrs. Fred Bynum and Mrs. Wm. Brooks.

Mrs. John Gordon has been quarantined with the smallpox, but is well and out again.

ST. JOSEPH NOTES.

Mr. J. J. Allen of Kansas City, district manager for the Clover Leaf Casualty Insurance company of Jacksonville, Ill., was in this city a few days last week securing business for his company.

Prof. A. T. Walker, one of the instructors at the Bartlett Industrial school at Dalton, spent the holidays with his family in this city.

The Misses Louise and Genevieve erombs of Newton, Kansas, was the guest of their cousins, Miss Myrtle Johnson and Mrs. F. N. Goodson, part of last and this week. They were the guests of honor at several parties while here.

Miss Ruth Endicott left last Saturday for Marshall, having been selected as one of the teachers in this city schools.

Mr. Carl Bundy, a student at Lincoln Institute, who spent the holidays with his parents, returned Monday to resume his studies.

Mrs. F. N. Goodson, who attended the interstate meeting at Hutchinson, Kans., last week, and spent a few days with relatives and friends at Great Bend, Kans., returned home last Tuesday.

Dr. Bruce of Kansas City was the guest of Dr. Strawn a few days the past week.

The dancing party given by the Bachelor Boys' club on the 29th ult. was attended by more than sixty guests. A dainty luncheon was served by Mrs. Watkins, the caters.

Miss Mabel Grisson, a student at Lincoln Institute, who was among the visitors during the holidays, returned yesterday to Jefferson City.

Mr. Robert Hundley, after an absence of about a year in California, has returned.

Miss Martha Leffler, the domestic science teacher at Bartlett high school, returned Sunday from Des Moines, Iowa, where she spent the holidays.

Prof. J. R. E. Lee, principal of Lincoln high school, delivered an excellent address at the emancipation celebration last Saturday night at the Francis Street Baptist church, under the auspices of the Business Men's League.

Mr. Fred Johnson of Gravity, Iowa, returned to his home last Monday, after spending several days in our city. Mr. Johnson has been a rural mail carrier for several years.

Mr. Sam Brewer returned yesterday from Seneca, Kans., having taken the remains of his grandfather, Mr. Butts, there for burial.

MOTHERS DEPARTMENT OF N. A. C. W. BRINGS XMAS CHEER.

Mrs. J. B. Rush, superintendent of mothers' meetings of the National Association of Colored Women, and her local committee have completed their efforts to bring happiness to a large number of widows. Baskets, clothing and coal were distributed to eighteen widows and their children.

About forty children received candy and toys. The committee is grateful to the various stores for their generous gifts, also to many citizens for donations of clothing and money. The Corinthian Baptist Sunday school furnished the presents for eighteen colored girls at the Mitchellville Industrial school. The B. Y. P. U. gave a liberal financial offering to help in the work.

The members of the local committee consist of twenty-seven women of our city.

The committee has been instrumental in having several girls released from the police court and county jail.

HEALTH HINTS.

A. J. Booker, M. D. Paderewski has cancelled his concert tours until the war is over. It may be that he cannot play again ever, so profoundly affected is he over the condition of Poland. I saw a young Polish girl in the Luxembourg gardens in Paris a few years ago. In talking with her I asked her why she never smiled. She told me that no Polish men and women of any thought and consequent worth ever smiled, because the history of Poland was so sad and the future did not look very bright. Here was a bright young woman, a student of the Sorbonne, France's greatest university, who was sad for Poland.

One ought to read the history of Poland and of Bohemia (these two especially) and of Hungary, Tyranny, oppression and all that goes to make life unbearable ever make great and lasting impressions. This sadness is portrayed in their political life, in their music in their art and finally in the lives of the people. In the ranks of suffering Israel is perhaps foremost. And yet all these people love their country, their history and their nationality. With most of the above named it is only a matter of swearing a little allegiance, of kissing the hand of the oppressor and all is forgiven and to them there is no more terror, nor hardship—only the haunting memory of having been coward and of deserting in a fight. A real man is willing to die if necessary, but his manhood will not permit him to trade blood for comfort. All the world loves a patriot if you want to insult a real man ask him to deny his race or country.

But there is in our race a few jelly fish, whom God in his mercy permits to enjoy the bright sunshine, that would rather be doorkeeper in the house of iniquity, if it were run by some other nationality than by a Booker Washington or a Du Bois.

And strange to say, it is not the mulattoes, but rather people who could not be the scum of good earth if people were particular about earth. They love to be patronized (be sure you get the full meaning of the word), they would rather be poodle dog than a man, if they had gray matter and

self-respect enough to know what it is to be a man or woman in the true sense.

The man or woman that has risen higher than his race is to be pitied. But there is no such animal; once in a while one sees an article that has groveled in the dust to anything which has the appearance of lending aid to help them get to the place they long for; after reaching what they desired they scorn the low degrees by which they have risen. Then begins the very superior attitude in mind, actions and talk. They do not like the race to which they belong, consequently by clear reasoning they cannot like themselves. The finer relations with other people they cannot enjoy, on account of the conditions from which we all suffer; but they pick up public crumbs, feel personal pride, rub their hands, saying: "Look at me; I am better; I go to places where they allow any person to go, therefore I am different."

All such people should take a week off and read Hale's "A Man Without a Country." But a man or a woman who would appreciate does not need

it; nothing that is fine would reach a pachyderm.

Bad Cold Quickly Broken Up.

Mrs. Martha Wilcox, Gowanda, N. Y., writes: "I first used Chamberlain's Cough Remedy about eight years ago. At that time I had a hard cold and coughed most of the time. It proved to be just what I needed. It broke up the cold in a few days, and the cough entirely disappeared. I have told many of my friends of the good I received through using this medicine, and all who have used it speak of it in the highest terms." Obtainable everywhere.

CENTERVILLE, IOWA, NEWS.

Now that the new year is here, may we all prosper in everything we attempt to do for good.

Miss Marjorie Lewis of Oskaloosa, Iowa, and Miss Lucile Terrell of Des Moines, Iowa, spent a few days in our city visiting relatives and friends.

The Sunday school program which was given Christmas eve by the Sunday school scholars was very good. Instead of an Xmas tree as the usual way we had an Xmas log cabin instead. It being something new, it was enjoyed by all.

Mrs. Susie Williams and Mrs. Ben Baker visited in Buxton, Iowa, a few days.

Mrs. Jesse Hill spent a few days in the city visiting her father, Mr. C. H. Watson. She left for Springfield, Ill., Thursday evening.

Mrs. Anna Lacy left for Minneapolis, Minn., where she joined her husband, Mr. Earl Lacy, and they expect to make it their home.

Mr. Robert Terrell spent Christmas in Des Moines visiting relatives and friends.

Mr. Joe Wise left for Chicago, Ill., to visit his sister.

Miss Viola Edmunds and Lloyd Edmunds spent Christmas in the city visiting friends.

Mr. Gilbert Overton is back in the city, after a few years' absence.

Miss Ida Connelly and Mrs. Blanche Connelly of Jerome, Iowa, spent Christmas in the city visiting relatives and friends.

Rev. Cooper preached two excellent sermons Sunday to large congregations.

The Mission Circle will be entertained at the home of Mrs. A. L. Crittenden on Thursday evening.

The official board of the church will give an entertainment Saturday, January 8th. Everything which will be served will be prepared and cooked by the board. Everyone is cordially invited to come and dine with them.

Rev. Cooper has been suffering from a terrible cold, but is better at this writing.

Mrs. Mattie Riding, Mrs. S. Nash, Mr. E. Bell, Miss Myrtle Wesley, Mrs.

Find Cure for Epilepsy After Years of Suffering

"My daughter was afflicted with epileptic fits for three years, the attacks coming every few weeks. We employed several doctors but they did her no good. About a year ago we heard of Dr. Miles' Nervine, and it certainly has proved a blessing to our little girl. She is now apparently cured and is enjoying the best of health. It is over a year since she has had a fit. We cannot speak too highly of Dr. Miles' Nervine."

MRS. FRANK ANDERSON, Comfrey, Minn.

Thousands of children in the United States who are suffering from attacks of epilepsy are a burden and sorrow to their parents, who would give anything to restore health to the sufferers.

Dr. Miles' Nervine

is one of the best remedies known for this affliction. It has proven beneficial in thousands of cases and those who have used it have the greatest faith in it. It is not a "cure-all," but a reliable remedy for nervous diseases. You need not hesitate to give it a trial.

Sold by all Druggists. If the first bottle fails to benefit your money is returned.

MILES MEDICAL CO., Elkhart, Ind.

Office: 243 East Court Ave. Des Moines

Residence: Wad. 0824

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Woman's Crowning Glory is Her Hair

Why not grow your hair by using MME. M. Beard Hair Grower

It removes dandruff, stops itching of the scalp and makes it grow long, soft and beautiful. Price 50c a box. Send stamp for pamphlet.

MME. M BEARD

AGENTS WANTED

519 So. 16th St. St. Joseph, Mo

Davenport and Rev. J. E. Smith are on the sick list.

Mrs. Sinda Horton of Kirksville, Mo., is visiting at the home of her sister, Mrs. Jessie Gooding.

Mr. Harry Grant is able to be about his work, after having mended his hand.

Mr. Arthur Edwards has a very sick child at this writing.

Mrs. A. Triplett is very ill at this writing.

Uncle Whitt Kearney was able to go to church Sunday.