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SMITH DOESN'T LIKE THOSE DIRTY FRENCH

But He Says the Smile of a Nurse
Makes Even a Sick Man
Glad He's Sick

Herbert H. Smith an Elizabeth City boy with the American expeditionary forces in France, writes to this newspaper. He says: "I have been in many of the largest cities in France and find them all the same—dirty folks, wooden shoes, and sanitation a thing yet to be discovered. We find lots of sour wine and near beer and every Frenchman is out with his net to take your money. The very hardest thing to find over here is a place to take a bath. They don't have such. Several of us fellows went to a creek when the water carts were all frozen. It was take bath in the creek or feed an army of Cooties. We chose the creek."

Private Smith has only praise for the Red Cross. He says "Yesterday a bunch of fellows came in who had been prisoners in Germany. There were about 150 of 'em; some French some Russians, some Americans. Gee, the shape those lads were to make a fellow want to get his old musket and head straight for that big burg on the other side of the Rhine. Those prisoners were half starved, neglected, wounded and everything else you can think of. And the way those little nurses and the doctors went after them as they came in was great. Making a fellow comfortable is a nurse's long suit anyway, and some of the little angels can just look at a fellow and make him glad he is sick."

METHODISTS TO RAISE \$125,000,000 THIS YEAR

That the Methodist Church has undertaken the biggest thing ever attempted by any protestant church seems evident from the facts handed out at a District Conference at the First Methodist church last week. Rev. A. D. Wilcox, the North Carolina Conference Missionary Secretary, was here and started the ball rolling in a big game for the goal set the churches of the Elizabeth City District. Reverend M. T. Plyler, former Presiding Elder of this District, and J. C. Wooten, former pastor of the First Church, were here to contribute their share of enthusiasm to the meeting. Rev. E. H. Willis, presided at the conference and there were many talks from local men in the district.

The Methodist people seem to have caught the war-time spirit of doing big things and have set up a goal of \$125,000,000 to be raised this year for missionary work at home and throughout the world, as a centenary offering in the one hundredth anniversary of the establishment of Methodist Missions. The several branches of the church are to take their respective shares of this amount. That which the M. E. C. South is asking amounts to \$35,000,000. North Carolina is asked for \$3,500,000. The Elizabeth City District is expected to raise \$160,000. The First Church's proportion is \$20,000, while that of City Road is \$12,500. An eight-day drive for the whole Methodist constituency in America is expected to be observed in April, during which time the entire amount is hoped to be raised.

Surveys of the foreign and home fields have been thoroughly made and in order for the church to meet the demands upon it in promoting the kingdom of Jesus Christ in this reconstruction period, it appears that the vast sum of money can be wisely expended for the uplift of the races of men.

BAD TEETH THE CURSE OF SCHOOL CHILDREN

75 Per Cent Have Dirty Mouths—State
To Provide Free Dental Service

To see that the school children of North Carolina shall be given treatment necessary to their proper physical development is the field of work that the Bureau of Medical Inspection of Schools of the State Board of Health has chosen for its future work. This Bureau of which Dr. Geo. M. Cooper is Director, has announced that it has only one axe to grind, one hobby, one obsession, and that is that every defective child in the State shall be given the physical treatment it needs to give it an even chance in life.

In looking over the number as well as the causes of defective children in the State, Dr. Cooper found that the most common cause was bad teeth and dirty mouths. The records of the examinations given school children showed that at least 75 per cent of all school children in the State had defective teeth. Less than 10 per cent of these had ever visited a dentist except for the purpose of having an aching tooth extracted. Ninety out of every 100 parents had made no effort to have their children's teeth treated by a dentist.

Dr. Cooper recognized that dirty mouths and bad teeth should be his first work. It was what the children needed most. He set about to do this by providing free dental service for all school children. On July 15, six dentists were employed and these were put to work in six counties offering free dental treatment to the school children. Since that time, 227 free dental dispensaries have been held and 6,678 children have been treated. In addition, more than 100 lectures on oral hygiene have been given. The clinics were held in the counties of Robeson, Forsyth, Wilson, Lenoir, Davidson, Caldwell, Nash, Northampton and Guilford. The cost was divided between the counties, the State Board of Health, and the International Health Board, and averaged fifty cents per person treated. Pitt and Cumberland are now establishing free traveling dental clinics for school children.

The Name Gutta Percha.
Gutta percha derives its name from the Malay words gutta, a gum, and percha, a cloth. It was introduced to the civilized world in 1842 by Doctor Montgomery, a Scottish surgeon.

MRS. MARGARET SANGER IS TO LECTURE HERE

Remarkable Woman, Founder of the
National Birth Control Movement,
Coming In March

Mrs. Margaret Sanger, founder and active head of the birth control movement in the United States will give her famous lecture "Family Limitation," in Elizabeth City some time in March. This will be Mrs. Sanger's first appearance anywhere in the south and she has selected Elizabeth City for her first venture south because she came to know Elizabeth City thru reading THE INDEPENDENT. Mrs. Sanger has lectured in all important cities between New York and San Francisco and in England but has never been south of the Mason-Dixon line.

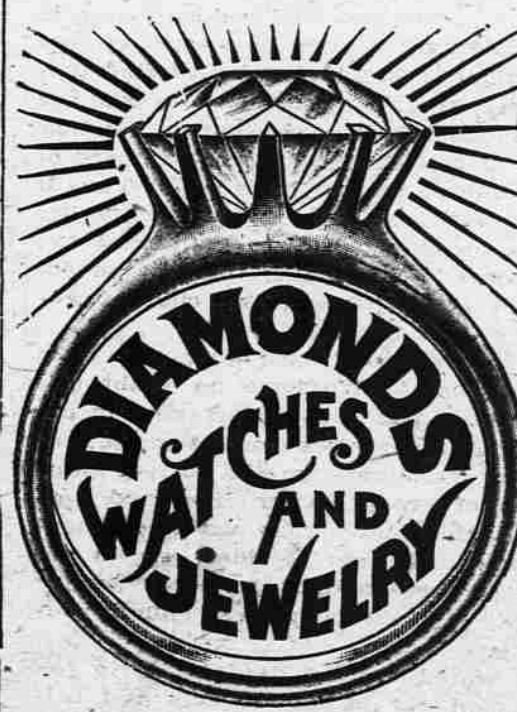
Mrs. Sanger believes that Federal statutes which prohibit birth control information should be repealed and this vital information made available to the women of the poor even as it is now available to the women of the rich. The subject is one of great human interest and Mrs. Sanger never fails to get an audience wherever she appears.

Personally Mrs. Sanger is a very attractive, cultured and pleasing woman. She has a beautiful voice for speaking and knows her subject. Attempts to suppress her usually result in failure. There is nothing in her lecture to offend even the most critical. The exact date of Mrs. Sanger's appearance in Elizabeth City will be made known later.

It is a good idea to keep up the eating of food not entirely made from wheat throughout the country. The whole grains are best in the long run and the habit of eating everything white in cakes, bread, etc. is something that will benefit our stomachs the sooner it is overcome.

Barley and rye are good for a great purpose than that for which they are now used most abundantly—liquors. They are good to eat with our meals not in the degenerate state but in the whole nourishing state where all that is originally found in the kernel is there.

Test of True Friendship.
Friendship which flows from the heart cannot be frozen by adversity, as the water that flows from the spring does not congeal in winter.—Cooper.

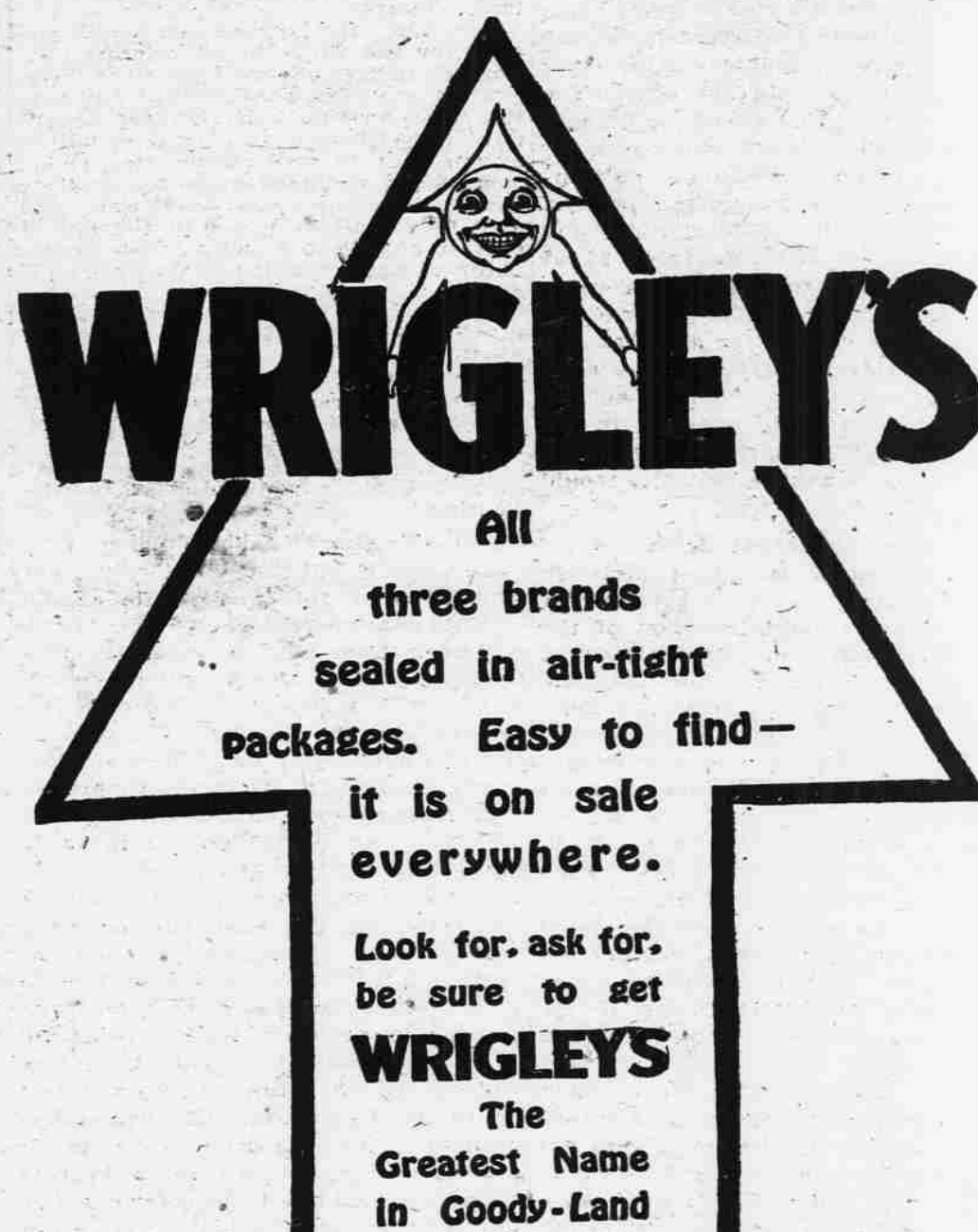


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AGENT FOR GEORGE THE
FLORIST

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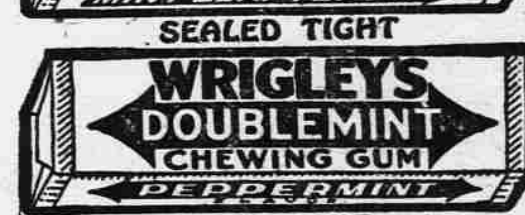
Unlike coffee, which disagrees with many — you can drink as many cups of Postum as you care for with no fear of nervousness, sleeplessness or other annoyance to health, for Postum is pure and wholesome and contains no harmful element such as the drug "caffeine" in coffee.

Your grocer sells Postum.



WRIGLEY'S
All
three brands
sealed in air-tight
packages. Easy to find—
it is on sale
everywhere.

Look for, ask for,
be sure to get
WRIGLEY'S
The
Greatest Name
in Goody-Land



The Flavor Lasts

Y. M. C. A. WANTS RECORDS

The Y. M. C. A. has been presented with a brand new victrola and record case and is appealing to the good-hearted people of Elizabeth City to furnish a supply of records.

The sailor boys in the hospital have a warm spot in their hearts for Elizabeth City for the way they have been received here and the "Y" is doing its best to keep them cheerful and happy.

Avoid Thinking of Faults.
It will be found less easy to report faults than to choke them by gaining virtues. Do not think of your faults, still less of others' faults; in every person who comes near you look for what is good and strong; honor that, rejoice in it, and, as you can, try to imitate it, and your faults will drop off like dead leaves when their time comes.—Exchange.

Back to First Principles.

Every once in a while, when humanity gets scared, it abides by the sensible laws of cleanliness and physical care laid down when the first trops bloomed.—Newark News.

YOU MEN WHO PAY THE FAMILY SHOE BILLS

Tramping 18 miles a day, Mr. H. M. Foreman, a mail carrier of Allentown, Pa., found that shoes with ordinary soles last about one month. But he says a pair of Neolin-soled shoes gave him more than nine months of service in which time he walked over 1,000 miles.

His experience shows how you can save shoe money by providing your family with Neolin-soled shoes, which give extra wear where other shoes wear out quickest.

You can get Neolin-soled shoes in any type of shoe you want. Prices are about the same as for shoes that give only ordinary wear, sometimes they are even less. If your dealer hasn't the style you want, he can get it for you quickly. Remember, Neolin Soles are created by science to be the best shoes should be. They are available everywhere for re-soles as well as on new shoes. They are made by The Goodyear Tire & Rubber Company, Akron, Ohio, who also make Wingfoot Heels—guaranteed to outwear any other heels.

Neolin Soles