

Four Facts For Sick Women To Consider

Lydia E. Pinkham's Vegetable Compound Has an Unequalled Record of Cures—Mrs. Pinkham's Advice is Confidential, Free, and Always Helpful

FIRST.—That almost every operation in our hospitals performed upon women becomes necessary through neglect of such symptoms as backache, irregular and painful menstruation, leucorrhoea, displacements of the uterus, pain in the side, burning sensation in the stomach, bearing-down pains, nervousness, dizziness and sleeplessness.

SECOND.—The medicine that holds the record for the largest number of absolute cures of female ills is Lydia E. Pinkham's Vegetable Compound. It regulates, strengthens and cures the diseases of the female organism as nothing else can.

For thirty years it has been helping women to be strong, curing backache, nervousness, kidney troubles, all uterine and ovarian inflammation, weakness and displacements, regulating menstruation perfectly and overcoming its pains. It has also answered invalids in preparing for childbirth and the change of life.

THIRD.—The great volume of unsolicited and grateful testimonials on file at the Pinkham Laboratory at Lynn, Mass., many of which are from time to time published by permission, give absolute evidence of the value of Lydia E. Pinkham's Vegetable Compound and Mrs. Pinkham's advice.

FOURTH.—Every ailing woman in the United States is asked to accept the following invitation. It is free, will bring you health and may save your life.

Mrs. Pinkham's Standing Invitation to Women.—Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham at Lynn, Mass. All letters are received, opened, read and answered by women only. From symptoms given, your trouble may be located and the quickest and surest way of recovery advised. Out of the vast volume of experience in treating female ills Mrs. Pinkham probably has the very knowledge that will help your case. Surely, any woman, rich or poor, is very foolish if she does not take advantage of this generous offer of assistance.

Write Quick Big Bargain

To better advertise the South's Leading Business College, four scholarships are offered young persons of this country of less than 25 years of age.

GA-ALA BUSINESS COLLEGE, Macon, Ga.

OUR SPECIALTY

Three two dollar shirts for five dollars. MADE TO YOUR MEASURE.

Write for samples and measurement blanks. MODEL SHIRT CO., Indianapolis, Ind.

NEEDLES, SHUTTLES, REPAIRS. FOR ALL SEWING MACHINES, Standard, Singer, White, Free, Blue, etc. ST. LOUIS, MO.

JAPAN'S GOSPEL OF WORK.

Wealthy Youth Devote Themselves to Useful Pursuits.

"The secret of Japan's wonderful success," said a globe trotter, "lies, perhaps, in this: Whereas, the richest and best born and most powerful of other nations' young men give themselves over to frivolity and idleness, the flower of the young men of Japan work, work, work. In the pleasure cities of the world—at Monte Carlo, in Paris, in Algiers, in Ostend, in Cairo—you will find young grand dukes from Russia, young barons and lords from England, all gambling, motoring, skiing, yachting, dining and what not. But do you find among them—I don't mean now only, but ever since you've been among them any of the young princes and earls and millionaires of Japan? No, indeed. Those young men have been working in our universities, working in our machine shops, working in our chemical laboratories—working, working."

"How well this speaks for Japan's future! What a warning it is to the rest of the nations of the world! For if this noble energy continues in the youth of Japan from two things will the highest one of two things will happen—either Japan will far outstrip the other nations or else the other nations' young men, too, from the rest to the highest, will have to abandon their sports and their dissipations and turn themselves resolutely to labor for the public good."

It may be doubted whether there is anywhere in the world a place more addicted to coffee than the little island of Groix, about nine miles distant from Lorient.

WANTED TO SLEEP:

Furious That a Tired Preacher Should Have Such Desire.

A minister speaks of the curious effect of Grape-Nuts food on him and how it has relieved him.

"You will doubtless understand how the suffering with indigestion with which I used to be troubled made my work an almost unendurable burden, and why it was that after my Sabbath duties had been performed, sleep was a stranger to my pillow till nearly daylight."

"I had to be very careful as to what I ate, and even with all my care I experienced poignant physical distress after meals, and my food never satisfied me."

"Six months have elapsed since I began to use Grape-Nuts food, and the benefit I have derived from it are very definite. I no longer suffer from indigestion, and I began to improve from the time Grape-Nuts appeared on our table. I find that by eating a dish of it after my Sabbath work is done (and I always do so now) my nerves are quieted and rest and refreshing sleep are insured me. I feel that I could not possibly do without Grape-Nuts food, now that I know its value. It is invaluable to our table—we feel that we need it to complete the meal—and our children will eat Grape-Nuts when they cannot be persuaded to touch anything else." Name given by Postum Co., Battle Creek, Mich.

There's a reason. Read the famous little book, "The Road to Wellville," in each pkg.

How to Write a Successful Book

By Kate Thorn.

IN the first place you want a taking title. Titles are everything.

Remember that, and cudgel your brains until they have given you a title that will at first sight arouse the curiosity of the reading public.

Don't be sparing in the use of capitals, and italics, and exclamation points. They cost no more than small letters, and they are wonderfully effective.

Spend about \$500 on the critics. The most of them can be bought up for \$25 apiece. If you can induce the critic of the Atlantic Parallelogram, or of the Pacific Triangle, to say that your book is immoral in its tendency—that it is calculated to corrupt the minds of the young, and that no Christian father would permit it to be read by his family—your fortune is made. Everybody will buy the book, just to see how wicked it is—and it doesn't matter to you what its motive in buying so long as the money finds its way into your pocket.

To denounce a new book as immoral is to insure its success. It will be bought and read, and the author and publisher will make a good thing of it. The storm of criticism which assailed Charles Reade was worth a fortune to him; and the same might be said of Dumas, Bulwer, Swinburne and a score of others.

If the critics had let the Byron controversy alone—the publications regarding it would have had only a local circulation, and nobody would have got rich out of it, as somebody did.

All of which goes to show that the reading public chooses for itself, and does not trust the critics to select their books for them.

It always amuses us when we take up a so-called criticism and come across, as we generally do, a sentence like this:

"We protest against this book!"

We wonder who cares how much he protests? We have heard of a dog protesting against the shining of the moon, but it did not affect that luminary in the slightest, and last fall, when Barnum's show was in town, we heard an old lady protesting against the growling of one of the tigers, because it "set her nerves all right tighty," but the perverse animals refused to be quiet.

One essential to a successful book is to bind it well. A person who has never been with it in a book store has no idea of the influence a good cover carries with it. Half the people who buy books are looking after bright covers—bindings which will look well on shelves. Well, who blames them? They pay their money, and they have a perfect right to have an eye to bindings.

Advertise your book in all the leading newspapers. Advertising insures success. Advertise it. Keep it before the people. Let them know that you are not afraid to put out money on it, and they will take courage and invest their money in its purchase.

Dedicate it to some great man of the day. No matter if he is a humbug. So much the better. People like humbugs. The old-fashioned system of dedicating books to mothers and sisters—either dead or living—is—if you will permit the slang—played out.

If you can only manage to have been connected with some murder case, or some divorce suit of notoriety, your book will sell a great deal better; but, of course, everybody who writes a book cannot expect to be so fortunate.

Finally, never for a moment indulge the dream that you can write a successful book unless you are peculiarly independent. It can't be done. If you are rich, you can push the sales right ahead; but if you are poor, you need not expect to get rich by bookmaking.—New York Weekly.

Don't Lose Your Grip.

By the Editor of the Chicago Journal.

A WOMAN said the other day, in the course of her comments concerning another woman: "She's losing her grip."

The speaker meant that the other woman was becoming discouraged—and was verging toward despair. That the other woman's mental disturbance was obvious, meant the gradual and ultimate loss to her of the confidence of others in her ability to carry responsibilities.

This is a pity, isn't it—but as the world goes, it's so. No matter how discouraged you are—don't seem to be losing your grip. If you feel one hand loosening on your efforts and duties, take an overgrasp with the other hand, and if you cannot climb, just hang on to the situation. No matter how doubtful your brain—don't seem to be losing your grip.

Make it apparent that you have confidence in yourself—and then assure to yourself the confidence of others in your capacities. It is very hard to carry this preaching into effect—but you'll have to do it in order to achieve.

There are lots of hard things to do in sustaining a business or social or artistic success—and one of the hardest is not to seem discouraged when the tide of adversity is sweeping you off your feet. Just the same the direct calamity in your darkest hour is to seem to be losing your grip.

So hang on tenaciously to everybody can clearly read that only obstacles are coming your way—don't forget that the world casually pities, but never sympathizes, and soon forgets the lost grip.

All this is cold comfort for the day of need—but it's simple and straight telling of one way of the world—so don't seem to be losing your grip. Hold on, although you fail today, and make a new beginning tomorrow. Keep right on beginning until you succeed. There's no disgrace or shame in failure when it is honestly done. There's credit and compelling deservance in building a beginning on a failure. A man did this a while back when actually he was as beset with anxieties and difficulties that he didn't know which way to turn for a clear retrospect. He held on and began again, and his contemporaries said:

"What splendid energy and perseverance!"

The man won the confidence of the world because he held on and began again—had he lost his grip, the world would have called him weak and foolish, and even the memory of him would have become a puerile shadow.

What is Your Point of View?

By Caroline.

PERHAPS you have never realized that your point of view is the most important thing in the world to you.

Your mental vision—the condition of your mind's eye—is of more importance than the eyes with which you see the outer world.

For it is your way of looking at things that makes the difference between happiness and unhappiness.

The life of one woman—Helen Keller—has proved to us that it is possible to be happy even though we have never seen the light nor heard the voices of these we love.

But there is nothing in store for the person whose mind's eye is closed except the lunatic asylum. This world has nothing but misery for such a one.

So take care that your mental eye is properly adjusted for the little things you have to encounter.

Bygones have done much to correct the perverted vision of the physical eye. If only some equally simple device could be discovered that would help the mental vision, what a different place this world would be!

There is no doubt that it is the mental attitude that makes the difference between this world being an agreeable or a disagreeable place in which to live.

Every one has moments of thinking that the times are out of joint and the world is upside down. If these moments are allowed to grow to hours, the hours will surely grow to days, the days to weeks, and that means constant misery.

If in our bluest moments we could realize the truth of the saying, "There is nothing either good or ill but thinking makes it so," we would at least be making a good start toward getting the proper perspective.—New York World.

A MINER AND HIS MONEY.

Spends in One Week the Savings of Twenty Years of Labor.

He Meant All Right.

In connection with the annual spring exhibition of the Pennsylvania Academy of Fine Arts, which drew only the other day to so successful a close, Philadelphiaans are hearing a story which is almost too good to be true—though it arrives well vouched for.

According to this the young and decidedly pretty wife of one of the unsuccessful applicants for admission to the gallery's walls called upon a certain highly talented and well known member of the jury to plead her husband's cause. She was sincere, she was eloquent; the great man's heart was touched—but what could he do, for he remembered only too well the huge and glaringly colored canvases which had been turned down. At last he said:

"Madam, go back and tell your good husband that when he will send us in a picture as small and as charming as pretty and well painted, as you—"

There the story ends, with not a word as to what followed the speech.—Philadelphia Ledger.

What a Diplomat is.

Referring to the recent banquet given Mr. Choate by the bench of the Middle Temple, the London Pall Mall Gazette makes a pretty play with the word "diplomatist," interpreting it as "one with a double duty, and a double responsibility—to his own country and the country that receives him. The evolution of "diplomatist" from the Greek verb for "to double" is very curious. "Diploma," a doubling, was specialized as a folded paper, an official passport or license. Thus "diplomatic science," down to the end of the eighteenth century, meant the science of manuscripts and documents, which explains a modern writer's strange remark that "there is not a shadow of diplomatic doubt thrown over the integrity of the Third Gospel." Dr. Murray's Dictionary assigns the translation to the modern meaning of Lobnitz's "Codex Juris Gentium Diplomaticus," law, and the title of a similar French work. "Diplomatic" came to be considered as meaning "international-documentary," and then the "documentary" dropped out.

One of the Stragglers. Over in New Hope, Ark., last week the farmers of Green county held a meeting of the Educational and Cooperative association for the purpose of electing delegates to the state convention to be held in Hot Springs. Among the prominent men in attendance was Gen. N. Y. Crowley of Independence, who is making the race for railroad commissioner. While the session of farmers was under way a New Hope maid with musical talents in the bud opened up a piano across the way and began the process known as cultivating the voice.

"For goodness sake," exclaimed Gen. Crowley, "what noise is that?" "Gently, General," exclaimed Will Burton of Caddo township, who had just been elected one of the delegates. "That noise is from a young lady who is having her voice cultivated."

"Cultivated, huh," said the general; "then it is evident the process of cultivation has reached the harrowing stage."—Memphis Commercial Appeal.

King's Gift a Forgery. One of the four pictures presented by the Prince of Wales to the proposed National Gallery for Ireland is reported to be a forgery.

The statement is made on the authority of the Belfast correspondent of Lloyd's Weekly News of London. It will be remembered that his Royal Highness offered the pictures during his recent visit to Ireland, and it is one of the landscapes, said to be by Corot, which is now declared to be a forgery.

Indignation has been aroused in Glasgow by recent swindles in connection with the sale of pictures. Many spurious works, bearing the initials or signatures of popular dead painters, have been sold at high prices.

Complaint is also made of the "faking" of various articles, and it is rumored that at least one Burns relic which was sold at a fancy price, was spurious.

The Oldest Nurse in Georgia. Mrs. S. E. Kennedy, one of the oldest and best known nurses in Georgia, states that in all her experience with bowel troubles and children teaching, Dr. Biggers' Huckleberry Cordial is the best remedy.

From an Old Book. The early conductors of the press were in the habit of affixing to the end of the volumes they printed some device or emblem concerning the printer and the proofer added. The following example is from Andrew Bocard's edition of "The Pragmatic Sanction, Paris, 1507."

Set liver, the donec fluctus formica marinos. Exhibat; et totum testudo perambulet orbem. (May this volume continue in motion And its pages be each day uncurled: Till an ant to the dregs drinks the ocean Or a tortoise has crawled round the world.)

CONSTANT ACING. Back aches all the time. Spoils your appetite, worries the body, worries the mind. Kidneys cause it all and Doan's Kidney Pills relieve and cure it.

H. B. McCarver, of 201 Cherry St., Portland, Ore., inspector of freight for the Trans-Continental Co., says: "I used Doan's Kidney Pills for back ache and other symptoms of kidney trouble which had annoyed me for months. I think a cold was responsible for the whole trouble. It seemed to settle in my kidneys. Doan's Kidney Pills rooted it out. It is several months since I used them, and up to date there has been no recurrence of the trouble."

Doan's Kidney Pills are for sale by all dealers price 50 cents per box. Foster-Milburn Co., Buffalo N. Y.

Misinformation. A member of a temperance society heard of a man in the southern part of the city whose wife, in popular parlance, "had driven him to drink." The advocate decided to call on the inebriate and his wife and to plead with him to give up drink.

The evening she called she did not find the topic at home, but the temperance worker and his wife talked on other topics. At last she asked the woman if it was true that her husband was driven to drink.

"Driven to drink!" was the answer to the surprised white ribboner's question. "Why, no, my man is willing to walk, no matter how far he has to go to get it."—Philadelphia Ledger.

Two Colleges for Young Ladies Under One Management

WHITWORTH COLLEGE I. W. COOPER, President. H. G. HAWKINS, Vice-Pres.

PORT GIBSON COLLEGE H. G. HAWKINS, President. I. W. COOPER, Vice-Pres.

WHITWORTH has courses leading to the degrees of A. B. and Ph. B., besides special courses, and closed on May 30 a very prosperous session. Watchword is "Progress."

PORT GIBSON COLLEGE has a thorough course leading to the degree of M. E. L., besides special courses in Music, Art, Elocution, Bookkeeping and Stenography. Elevation officers and teachers. Buildings are being put in thorough repair. Next session begins Sept. 6. For information address The President, Port Gibson, Miss.

Spencer's Business College, NEW ORLEANS, LA. Greatest Business Training School in the South. Bookkeeping 3 months. Charting Electric Short-hand, most wonderful invention of the age. Your money back if you cannot write 120 words per minute after 6 to 12 weeks study, and read your notes like print.

BAD BLOOD "I had trouble with my bowels which made my face swell. My face was covered with pimples which no external remedy could remove. I tried Castoreum and great was my relief when the pimples disappeared after a month's steady use. I have had no return of my face pimples, and I now have found relief." W. J. Pasch, 301 Park Ave., New York City, N. Y.

Best For The Bowels Carcarets CANDY CATHARTIC THEY WORK WHILE YOU SLEEP

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sickens, Weakens or Grips. Be Sure Get Carcarets. Guaranteed to cure or your money back. Sterling Remedy Co., Chicago or N.Y. ANNUAL SALE, TEN MILLION BOXES

FOR THE LIVER AND BOWELS Nothing can equal MOZZEY'S LEMON MIXTURE. It promptly cures constipation, biliousness, indigestion, sour stomach, and all derangements of the stomach and bowels. See a bottle at all drug stores.

Picture to Be Widely Circulated. It is not often that a young woman's picture gets a wider circulation than will be given the picture of a young woman living in Orange, Va. A half-ton of her appears on an advertising circular. The number, which will go far into the millions, will reach every country in the world, and will be printed in twenty-five languages.

RISO'S CURE FOR CONSUMPTION CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Strongest. Use in time, sold by druggists.

THE DAISY FLY KILLER. Just what all the housewives need. Kills all the flies, mosquitoes, and all other insects that annoy you. It is safe for children and all other household members. It is the best fly killer ever made. It is sold by all druggists.

Plantation Chili Cure is Guaranteed To cure, or money refunded by your merchant, so why not try it? Price 50c.

FOR WOMEN

Anigo

\$2.50

A Shoe Which is the **STYLISH WOMAN'S** Favorite.

It Must Be Worn to Be Appreciated.

INSIST UPON HAVING IT.

IT'S A MONEY SAVER. IT'S AN "ALWAYS JUST CORRECT" CLOVER BRAND SHOE.

Wertheimer-Swartz Shoe Co.

LARGEST FINE SHOE EXCLUSIVISTS
ST. LOUIS, U. S. A.

WINCHESTER

"LEADER" AND "REPEATER" SHOTGUN SHELLS

Carefully inspected shells, the best of powder, shot and wadding, loaded by machines which give invariable results account for the superiority of Winchester "Leader" and "Repeater" Factory Loaded Smokeless Powder Shells. Reliability, velocity, pattern and penetration are determined by scientific apparatus and practical experiments. They are THE SHELLS THE CHAMPIONS SHOOT

Say Plainly to Your Grocer

That you want LION COFFEE always, and he, being a square man, will not try to sell you anything else. You may not care for our opinion, but

What About the United Judgment of Millions of housekeepers who have used LION COFFEE for over a quarter of a century?

Is there any stronger proof of merit, than the

Confidence of the People

and ever increasing popularity? LION COFFEE is carefully selected at the plantation, shipped direct to our various factories, where it is skillfully roasted and carefully packed in sealed packages—unlike loose coffee, which is exposed to germs, dust, insects, etc. LION COFFEE reaches you as pure and clean as when it left the factory. Sold only in 1 lb. packages.

Lion-head on every package. Save these Lion-heads for valuable premiums.

SOLD BY GROCERS EVERYWHERE

WOOLSON SPICE CO., Toledo, Ohio.

TULANE UNIVERSITY OF LA. NEW ORLEANS.

Full courses in Languages, Sciences, Engineering, Law, Medicine. Splendid department for women in Sewing, Bookkeeping, etc. Tulane makes leaders in all vocations. Its facilities for instruction in Engineering are unsurpassed. Unequaled opportunities for the study of Sugar Chemistry. Many scholarships in the academic department. Expenses low. Board and accommodations in dormitories at low rates. Next session begins October 1st. Send for catalogue.

THE REGISTRAR, Gibson Hall.

Bryant's Shattuck

Business, Scientific and Artistic Graphy Colleges for Women. Open the whole year. Students can enter any time. Catalog free.

BEAUMONT COLLEGE HARRODSBURG, KENTUCKY.

There is absolutely no other school for Women in the South. It is a private college, and the smallest outside of New York. It has the best of everything. It has the best of everything. It has the best of everything. It has the best of everything.

MEDICAL DEPARTMENT. TULANE UNIVERSITY OF LOUISIANA.

Its economical for practical instruction, both in ample laboratories and abundant hospital materials are unequalled. Free access is given to the great Charity Hospital with 300 beds and 30,000 patients annually. Special instruction is given daily at the bedside of the sick. The next session begins October 19th, 1915. For catalogue and information address:

PROF. S. F. CHAILLE, M. D., Dean, P. O. Drawer 261, NEW ORLEANS, LA.

PAXTINE TOILET ANTISEPTIC FOR WOMEN

Troubled with ite peculiar toilet set, used as a douche is marvellously successful. Thoroughly cleanses, kills disease germs, soothes, cures hemorrhoids and local stops discharges. Keeps inflammation and local soreness, cure hemorrhoids and nasal catarrh.

Paxtine is in powder form to be dissolved in pure water, and is far more cleansing, healing, germicidal and economical than liquid antiseptics for all TOILET AND WOMEN'S SPECIAL USES

For sale at druggists, 40 cents a box. Trial Box and Book of Instructions Free.

THE R. PAXTINE COMPANY, BOSTON, MASS.

1,000 Gallon Cistern, \$18.00
1,500 Gallon Cistern, \$21.00
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Cypress, Oak and Doors very cheap.
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Assisted by Cuticura Ointment, the great Skin Cure, for preserving, purifying, and beautifying the skin, for cleansing the scalp of crusts, scales, and dandruff, and the stopping of falling hair, for softening, whitening, and soothing red, rough, and sore hands, for baby rashes, itchings, and chafings, in the form of baths for annoying irritations and inflammations, or undue perspiration, in the form of washes for ulcerative weaknesses, and for many sanative, antiseptic, purposes which readily suggest themselves, as well as for all the purposes of the toilet, bath, and nursery.

Made throughout the world. Puter Drug & Chem. Corp., 233 N. 3rd St., St. Louis, Mo.

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Just what all the housewives need. Kills all the flies, mosquitoes, and all other insects that annoy you. It is safe for children and all other household members. It is the best fly killer ever made. It is sold by all druggists.

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