

CORBETT'S LESSONS IN BUILDING UP MUSCLE. HOW TO MAKE YOURSELF INTO A NEW MAN!

BY JAMES J. CORBETT.

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How many men, do you suppose, are in perfect health? Scarcely one-half, perhaps you say. I tell you, not one in ten.



JAMES J. CORBETT.

Too much anyway. A heavy meat breakfast is almost as bad for one as no breakfast at all. It clogs the system.

BREAKFAST.

- Two medium boiled eggs. One cup of coffee. Dry toast.

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FAIR PUPILS SENT HOME FOR FLIRTING.



On the train.

Was horrified and concluded to see for themselves. They say they found "mild and innocuous coquetting" that was enough, however, to call for "military measures."

So they suspended the fifteen Norwich girls for seven days, despite the fact that three of them are said to be wholly innocent of the charges brought against the party.

And the faculty refuse to talk more than to say that all of the young ladies from Norwich had been disciplined. And the ears of the educational gentlemen must tingle for the whole county is saying sharp things about them.

Why not put on market? Looking as a Preventative. Fifteen girls from school are said to be as shy as any can be.

Get all the sleep you can. The more nervous a man is the more sleep he needs. Get up as much as possible on drink and tobacco.

By work and water-drinking force yourself to perspire. No man can be well otherwise. If you can afford it, brace up the liver by horseback riding.

It made me over again. It will do the same for you. Yours truly, J. J. Corbett.

Tomorrow Corbett will tell women how to reconstitute shattered systems, as well as how to regain color, health, grace, vigor and beauty.

"Getting in position" is of vital importance to troops in battle. It is equally important in the battle of life. World War columns are full of strategical points. Occupy one of them.

Sunday is opportunity day for want advertisements. Get a line in the great Sunday World.

Why pay uptown jewellers exorbitant prices for diamonds, watches and jewelry when we sell the finest grades at half the price charged elsewhere? Our stock is replete with bargains. We allow full value for diamonds and jewelry of every description.

Steel White Perfect Gents' Size 10; worth \$12; special \$5.00. Ring, pure white diamond, 1.00 carat, setting, 1.00 carat, \$25.00.

Turquoise Ring, Azure Turquoise, encircled by large fully cut diamonds (no chips), over 1 1/2 carats, worth \$150; rare bargain \$60.

RARE BARGAIN Gentlemen's Hunting Case Watch, 50 dwt; solid 14-carat gold throughout; movement is the celebrated Royal, made by Waltham Watch Co.; 17 jewels, patent regulator, adjusted to temperature and position; other features of special interest. Special price \$60; our price \$35.

Wedding Rings We have them in every style, made of gold, platinum, 14 and 18 karat gold. No extra charge for engraving. Open Monday till 8 P.M. Saturday till 10 P.M. Send for our illustrated circular of special bargains. Mail orders receive prompt attention.

Wm Vogel & Son An Interesting Sale! Broken Lots of \$16.00 to \$20.00 Men's Suits CLEARING AT \$12.50 They are the newest, brightest and most acceptable lot of Spring Suits in Worsleds, Cheviots, Serges and Striped Flannels you could desire. This price to close broken lines while new regular assortments are being made up. Broadway, Cor. Houston St. STORE OPEN SATURDAY TILL 9 P. M.

T. KELLY. 263 SIXTH AVE. (Entrance Through Furniture Store.) 104-106 West 17th St. Why Not be well and stylishly dressed? You can do it with so small an outlay of ready cash that you will never miss it, the balance we will charge and you can pay for it in small sums weekly or monthly. Our garments are all marked in plain figures, thus assuring you that you do not have to pay more than regular cash prices. It is because of the class of customers we have on our books that we are able to sell on such reasonable terms of

CREDIT. MEN'S BACK SUITS, in fancy cassimeres, chevots and worsteds, made in the newest styles, strictly all wool and well tailored. 10.50 to 27.00. MEN'S SPRING OVERCOATS, in the covers, whipcords, vicunas and chevots, made in the latest style, lined with good Italian cloth or satin. 10.00 to 35.00. LADIES' SUITS, made of all-wool chevots, Venetians and broadcloths, jackets lined with extra heavy taffeta, new shape skirt, lined with fine percaline, worth \$20.00; special, 13.50. MILLINERY, SHOES, MACHINES, FURNITURE AND CARPETS. Open Saturday Evenings Until 9.30. 470 Fulton St., Brooklyn.

Men's Patent Calf Balmorals and Congress. Russet and Black University Balmorals and Oxfords. SAMPLES: Tans and Black-Balmorals and Congress—Call 1.90 and Vici Kidskin all. Open Saturday Evening Until 10 o'clock. Brooklyn Amusements. PALM GARDEN. Our GREENS AND HANDED AVES. The most refined family resort in Brooklyn. Grand socials every Saturday and Sunday. ONLY RECOGNIZED ARTISTS IN THE PROFESSION WILL APPEAR. ADMISSION, 15 CENTS. DANCING AFTER PERFORMANCE. TO-NIGHT, BALCONY—25c. THE CITY OF NEW YORK. JEFFRIES (SPARKING PARTNER) Col. MONTAUK. PATIENCE. Post-Office—MONTAUK & PATIENCE.

WANT 149 St. COPPERTHWAIT'S "RELIABLE" CARPETS. OUR BARGAIN CARNIVAL. Helps you defy the thermometers—Rugs as cooling in color as a bank of wild flowers. ONE PIECE ADMINISTER RUGS. 6x9 ft. \$10.50. 7.6x10.6 ft. \$15.00. (Regular prices \$15.00 and \$20.00.) Ideal for Summer because so easily lifted and cleaned. "Long Credit" furnishes completely without waiting till the "ship comes in." CASH OR CREDIT COPPERTHWAIT & CO. 104 106 and 108 West 14th St. NEAR 6th AV. Brooklyn Store: Flatbush Ave. near 7th St.

AMERICAN TANNHAUSER MIGNON. PASTOR'S CONTINUOUS DAY AND NIGHT 12 TO 12 UNTIL 11 P. M. MURRAY HILL THEATRE. ESERALDA. KOSTER & BIAL'S MATINEE TO-MORROW 50c. THE DEWEY, ISHAW'S OCTOBER. GARRICK THEATRE. EDEN MUSEE. KNICKERBOCKER BOSTONIANS. HURTTIG & SEAMON'S. THE Behman Show. PRINTING SHOW. DALY'S. THE NEW YORK QUO VADIS.

584 Paid Help Wants in To-Day's World. But Paid Help Wants in the 13 Other New York Papers Combined. 218. AGENTS: BONNAE, BOOKKEEPERS, BUSINESSMEN, CHAMBERMAIDS, CARPENTERS, CASHIERS, DRESSMAKERS, DRIVERS, DRUG CLERKS, ELECTRICIANS, EMPLOYMENT AGENCIES, FEEDERS, GIRDERS, GARDEN FERRIS, HOUSEWORK, IMPROVERS, JANTONS, KNICKERS, MACHINISTS, NURSES, OPERATORS, PAINTERS, PAPER HANGERS, PORTERS, PRESIDENTS, SALESMEN, SALESLADIES, WAITERS, WAITRESSES, MISCELLANEOUS, TOTAL.

REWARD FOR BRAVERY. Policeman Miles Promoted for Saving a Girl from Burning to Death. When Policeman WILLIAM A. MILLS is again able to wear a uniform he will find a new coat ready for him and on its sleeves will be the stripes of the Foundman. The promotion comes as speedy recognition.

DOCTOR CHARGED WITH ARSON. Young Woodward, of Mount Holly, N. J., Accused by Father. Dr. Charles E. Woodward, Jr. is locked in the county jail at Mt. Holly, N. J., charged with having destroyed his father's house by fire on Tuesday night last. The police say there is no positive evidence against him.

PATROLMAN WILLIAM A. MILLS. Mention of his bravery in rescuing Dora Murray from burning to death at 312 West Thirty-third street. The whole east side is ringing with praise of the gallant act. Miles nearly lost his life, but has been pronounced out of danger at Bellevue Hospital. When the Police Board heard this they voted him a promotion. Miles was saving by the legs like a quadruped by other policemen in order to get a hold on the sill of a window in the burning building and get in. He was badly burned.

Nursing Mother: My baby is fretful and cross; I am nervous and restless; I can't sleep well, and what I eat does not seem to nourish me. Doctor: Madame, you require a gentle stimulant. TAKE DUFFY'S PURE MALT WHISKY, a teaspoonful in a glass of milk every two hours; it will insure refreshing sleep, your nerves will be strengthened and your baby will become healthy and strong. I have prescribed it for twenty-five years on account of its absolute purity. It contains no food oil. All druggists and grocers sell it, or you can send to Rochester, N. Y., for it.

Fishing Smack Wrecked on Shoals. The fishing smack F. L. Stone, Capt. Gustav Stone, was wrecked on the shoals of Great Neck Harbor, N. J., yesterday. Capt. Stone called for a tug to pull him out, but before she could arrive the smack had sunk. The captain and all his crew abandoned the vessel and were rescued by the tug.

Hot meals and COOL COOKS. You'll not need to regulate your cooking by the thermometer when you get a Wickless Blue Flame Oil Stove. On the hottest days you can cook whatever you choose, in whatever way you wish, without suffering any additional discomfort while cooking. The comfort you'll gain is only one of the advantages of using a Wickless Blue Flame Oil Stove. It is handier than a coal stove and cleaner and cheaper. The Wickless Blue Flame Oil Stove is absolutely safe; it burns ordinary kerosene, without wicks and causes neither smoke, smell nor soot.

STANDARD OIL COMPANY, New York. Made in various sizes for various-sized families; sold at prices to suit any sized pocketbooks — wherever stoves are sold. If the dealer does not have them, write to the

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