

Jiu Jitsu Girl Tells American Women How to Handle Masher or Street Thug

Miss Ai Kishi Wonders That "Art of Self-Defense" Is Neglected in Schools Here—As Essential to One Sex as the Other, She Declares.

Is a Religion in Japan and Would Be a Boon Here, Where Her Beauty Adds to the Peril of Woman—Shows How to Meet Attacks.

A little Japanese girl, who happened to be in Brussels at the time, was making her way to her pension one night when she was attacked from behind by an apache, who drew a handkerchief tightly about her neck. In a moment she would have been on her way to Nirvana, the ultimate hope of all Buddhists, had it not been for her quick action. But she had no fear of death, and with one forceful back jab of her left arm she caught her enemy right over the heart and he dropped to the pavement. Then she ran to the nearest corner and found a policeman and turned the apache over to him, after which she calmly continued on her way to her pension.

That little girl was Miss Ai Kishi, who at the time was only fifteen years of age and just about the average height and size for a girl of her years. She knew no fear, in fact, she has never known what it was to be afraid; she is not afraid to-day. She is not afraid of the biggest man in the world.

She is not a curiosity, neither is she a freak of human nature. She is simply interested in the art of self-defense and knows how to protect herself against all on-coming forces. Since the days when she was just old enough to "toddle" to her school in Tokio she has been a student of self-protection, with the result that to-day she has mastered all the points of the Jiu Jitsu, and even knows the one great secret of that system—the death message—which one never learns unless accomplished in this art.

METHOD OF WRESTLING THAT IS A RELIGION.

She is also acquainted with Sumo wrestling, the method peculiar to the Japanese, and which may be described as almost a religious ceremony. From early childhood the children of Japan are trained to devote their lives to this kind of sport. They are not permitted to sit tailor fashion, the favorite attitude of the Japanese, so that their legs may grow longer, and they are fed more liberally upon meat than their fellow-countrymen. The best wrestlers belong to a kind of religious brotherhood, and the proceeds go toward the upkeep of the priesthood at Ekoin Temple, near Tokio. In fact, each wrestling bout may be said to be an act of worship to assist the dead toward Nirvana, the hope of the Buddhists.

There are three religions in Japan, the Shinto, the Jiu Jitsu and Buddha, and little Ai has worshipped all three of them with sincerity, for, she says, that the first two will perfect her in the lat-



ter and prepare her for the long journey to the Great Beyond.

"Every human being should be able to protect itself," she said to an Evening World reporter to-day.

"In Japan every child is taught the art of self-defense, and instructed as to how to protect itself against all forces, but I have been surprised to see how negligent American people are along this line. You instruct your boys in physical culture and give them a good physical training in your public schools, but you do not teach them how to protect themselves from attack. If the Jiu Jitsu were introduced into the public schools you would find that it would have the effect of reducing your crimes, for the children would not forget this training as they grew older, and, needless to say, would never recognize fear. HOW TO PROTECT YOURSELF WHEN ATTACKED.

youth of five years. The secret of Jiu Jitsu is not in the size or weight but simply requires quick action in a vital part.

"Again, as the man fell down, by forcing his hand over backward against the pavement I could quite easily break his wrist bone, the pain from which would be so acute that he would be quite willing to forget all about the knife.

"Suppose the enemy endeavored to

send you a straight punch from the front, directed at your heart? If you step aside, grab the right wrist with your two hands, force his arm backward across your leg, you would be able to break the arm at the elbow, besides cracking his wrist. Very easy.

"In case you were attacked from behind and your enemy closed both arms around you and locked his hands, by contracting the muscles of your arms with a quick move, you could put your right shoulder under his right arm-pit, and then, with a sudden backward kick of your right foot against his right leg, you would send him sprawling to the pavement. This is one of the easiest movements.

If an enemy, advancing toward you, put out his right hand to grab your right wrist, run your hand into his sleeve, put your right shoulder under his arm-pit and throw him over your back to the pavement. And if he doesn't lay quite still after he hits the pavement it will be because it is electrified.

REMEMBER TO KEEP COOL, ACT QUICKLY.

"The one thing you must always remember in the art of self-defense is to keep cool and act quickly. Every hold counts and there is no winning of losing. You have the enemy absolutely under your control and can injure him to any extent you may choose—break his arm, snap his leg or injure him slightly. He is in your hands, and if you choose to you may kill him as easily as you would blow out a candle. One of the two must be destroyed, and if you are acquainted with this great art the chances are that your enemy will be the one.

"There are very few Japanese who know how to kill with this art of self-defense. Fortunately, I am one of them, and if I cared to I could kill you just as easily as I breathe. And in three hours I could revive you again. For the one who knows the great secret of killing, in this art, also knows how to revive his antagonist. I could banish the biggest and healthiest man in this city and revive him again in three hours. However, I would not do this, for we are sworn to never use this art unless attacked by an enemy. And we keep the vow.

"The art of self-defense is the result of the study of anatomy, and its very basis is to take advantage of the enemy's weakness. Every hold and every position is aimed at a vital point, and if you possess a knowledge of this art you need have no fear for the most aggressive foe.

"One of the most effective means of downing your enemy, providing you are attacked from behind and grabbed around the waist, is to pull quickly downward and grab your enemy's right foot and pull it between your legs. This result will be that he will go toppling over backward, with you resting on his chest. As you are going over hold onto his foot and press it backward. You will thus break his toes and his ankle, and in the excitement he will quite readily release his hold on you.

WOMEN CAN TAKE CARE OF MASHERS OR ANNOYERS.

"Women who have fear of fists or other annoyances can feel absolutely safe anywhere if they are acquainted with the art of self-defense. Every woman should know how to take care of herself, every man should know how to protect himself, and both ought to be able to ward off the attack of ruffians, who attack with the object of maltreating or robbing them.

"Since I first came to New York which is only a few days ago, I have been receiving letters from hundreds of your lovely American girls and ladies, requesting me to give them lessons in self-defense. And I have decided to help them as much as I can and will give them lessons after each performance. The American woman should learn how to protect herself, for she is very beautiful, as a whole, and being so, is ever in danger of being attacked."

Member Contributed \$2,312.
TRENTON, N. J., Nov. 21.—Henry Hoke of Fair Haven, aged seventy-one, is in a critical condition as the result of an auto accident in which the limousine car of Thomas Tomney of 11 State street, New York, and a wagon were smashed and six young men had a narrow escape last night. The car ran into the vehicle and was used.

14 YEARS FOR GUNMAN.

White Slaver Convicted for Second Offense.

Judge Mulqueen in General Sessions gave warning to-day to all crooks that the limit of sentence would be the fate of every one of them found in possession of a weapon, except through it be kept in their rooms. The occasion came when he sentenced Antonio Conca of No. 32 Cherry street to fourteen years in State's Prison for having a revolver in his possession.

Conca was arrested about a month ago and indicted on two charges of white slavery and also as a second offender for having the weapon. He was tried on the latter charge, penalty for which is seven years. The law allows all penalties to be doubled in the case of second offenders, however, and Judge Mulqueen gave him the limit. Conca will go to prison at once and it is probable that the charge of white slavery will be dropped.

AGED MAN IN WAGON HURT.

Auto Smashed Into His Vehicle—His Life in Danger.

(Special to The Evening World.)
RED BANK, N. J., Nov. 21.—Henry Hoke of Fair Haven, aged seventy-one, is in a critical condition as the result of an auto accident in which the limousine car of Thomas Tomney of 11 State street, New York, and a wagon were smashed and six young men had a narrow escape last night. The car ran into the vehicle and was used.

Hoke was thrown from the wagon, getting a broken shoulder and other serious injuries which may prove mortal. The chauffeur, Walter Monahan of Keyport, says he didn't see the wagon, which was going toward Fair Haven in the same direction as the auto. Five other young men were in the car with him.

TICKET SELLER FINED.

Robert J. Donovan, a Polo grounds ticket seller, pleaded guilty to-day to

for Justice Salmon, Collins and Parker in Part V. of Special Sessions in violating section 423 of the Anti-Traffic law. He was fined \$100, which he paid.

Donovan was arrested on Nov. 9 after he had sold 101 tickets in a hatch to Rubin Waller, a detective in the employ of Harry M. Hempstead, President of the Glants. Donovan was in charge of one of the 12 booths and sold the hatch to Waller for \$13 each.

IF CHILD IS CROSS, FEVERISH AND SICK

Look, Mother! If tongue is coated give "California Syrup of Figs."

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely.

A child simply will not stop playing to empty the bowels, and the result is they become tightly clogged with waste, liver gets sluggish, stomach sour, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhoea. Listen, Mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well, playful child again.

Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Beware of counterfeits sold here. Get the genuine made by "California Fig Syrup Company." Refuse any other kind with contempt.

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when you see a friend going to a certain store for a coat, when you *know* you could give that friend a quiet tip and save him or her a lot of money on a better grade article elsewhere.

We have valuable information for everyone who is going to invest money in a player piano to-morrow. It's advice with a cash value of exactly \$155 to you, if you'll consider it. It is this:

Don't invest one penny in any player piano in New York at any price until you come here to O'Neill's and actually find out that there isn't a particle of nonsense or exaggeration in our plan to sell you a \$550 Newton Player Piano for \$395 at terms of \$2 a week without interest. Or a \$350 Newton Piano for \$248.75, at \$1.25 a week.

Come and find out. That's all. It will cost you nothing and it may save you \$155.

Repeating the story briefly, we desired—for sound business reasons of economy in time and money—to sell 300 Newton Player Pianos in about two months' time.

To do what is the yearly business of the ordinary store selling Newton Player Pianos, in this brief time, required an **inducement** to the public that would be irresistible. So we cut \$155 off the regular \$550 price of a Newton Player Piano and said "While these three hundred \$550 player pianos last—the price is \$395." To make this lowered price **immediately** possible to all, we say, "Pay us \$5 and we will send the player piano to your home. Pay us \$2 a week on the balance until \$395 have been paid—and the instrument is yours. There is no interest to pay."

The \$5 you pay us first does not bind you to keep the player piano—even after you have received it at your home. It permits you to try this player piano for 30 days. You can put it to as hard and fine a test as you please. If you become dissatisfied in any way with the instrument, or the terms, or the 5 year guarantee, or the privileges given you in a signed contract—tell us. We will come and take away the player piano and give back to you all you have paid us.

This plan makes the Newton Player Piano sell itself. You don't "guess"—you don't *speculate* with your \$395 when you buy this player piano. You *know* when you decide to keep this player—whether it is *good* or *bad*. And should any imperfection develop during the first year of ownership—you still are protected. Because you can **exchange** for a new player piano without extra expense. And should some imperfection show itself at any time within 5 years—you are still protected. Because your guarantee reads that this store will make the imperfection good without expense to you.

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Buy your player piano to-morrow and buy it with these protections. Buy a Newton—the player piano that justifies itself—that justifies your judgment each day you own it. Buy a \$550 instrument at \$395 while the way is open. Save \$155 **now**—because \$155 allotted 399 payments are reduced to a few. These won't last long.

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