

\$500,000 IN PAY ENVELOPES.

Shards Watch do Post Powder Works Men Get Cash. PHILADELPHIA, Sept. 8.—About \$500,000 worth of the "Warrior" Powder, E. J. factory of the du Pont Powder Works were paid here while armed guards surrounded the cashier's window, which \$500,000 in currency was stacked in envelopes.

TRUTH STRANGER THAN FICTION.

North Tonawanda, N. Y.—"Some twenty years ago I was an invalid, had to sit in an easy rocker and could hardly get down. My right hip swelled out as large as a pumpkin and the right leg shortened. When I tried to walk I had to bend over far to the left side. The doctors treated me for spinal trouble and for neuritis, but I got no relief, but rather worse. I suffered for eighteen months, so I wrote to Doctor Pierce and he sent a list of questions to answer and return. I took three bottles of "Golden Medical Discovery," and in two weeks I improved so that I could walk. I also found that with the gain my cough left, the large swelling at my hip gradually went away and I picked up fast. I gladly give Dr. Pierce and his medicines the credit for my cure. No one else could help me and he cured me. I have had no return of the trouble. Am 59 years old and enjoy good health—do all my work and take orders."—MRS. AMAZIAH DENISON, 46 Manhattan St., North Tonawanda, N. Y.—Adv.

Optometry Signifies the modern specialization and wonderful development in the science of examining eyes and fitting glasses. The optometrists are the specialists on sight and their profession is regulated by State laws—like other professions. For eyesight troubles consult a registered optometrist.

Oysters taste better with a dash of "Eddy's" Sauce. The pure, fresh, spicy, appetizing and satisfying relish. Eddy's OLD ENGLISH STYLE Sauce At Grocers and Delicatessen Stores, 10c Made by E. Pritchard, 531 Spring St., N. Y.

A Single Application Banishes Every Hair (The Modern Beauty) Here is how any woman can easily and quickly remove objectionable, hairy growths without possible injury to the skin: Make a paste with some powdered delatone and water, apply to hairy surface and after 2 or 3 minutes rub off, wash the skin and the hairs are gone. This is a painless, inexpensive method and, excepting where the growth is unusually thick, a single application is enough. You should, however, be careful to get genuine delatone.—Adv.

The May Manton Fashions The one-piece dress is to be one of the most fashionable of all things for the autumn and winter. This one will be of especial interest to the girls and young women who are preparing for college and boarding school. It is very charming and smart in effect, yet it is absolutely simple. It is easy to make and it is easy to fit, and consequently it fulfills all necessary conditions. In the picture it is made of plain serge combined with striped serge, and the serge this season afford such wonderfully beautiful colors that it would be difficult to find a more attractive combination. But it could of course be copied in any seasonable material or it could be made of one material throughout, as all blue serge or all striped serge, or, if something more dressy were wanted, of taffeta or faille silk. At the front the bodice and the skirt portions are cut in one, but at the side and back the skirt is gathered and joined to the bodice, which is simply a loose garment, held in at the waist by means of a belt. The sleeves are made at the left of the bodice. The sleeves that are sewed to the bodice at the dropped shoulder line are the easiest in the world to make and fit and are the fewest possible seams, so that, while the frock is one of the newest and smartest, it could be run up in a very brief space of time. For the 16 year size will be needed 4 1/2 yards of material 27 inches wide, 4 yards 58, 2 yards 64, with 1/4 yard of striped material 27 inches wide, 3/4 yards 58, 1 1/4 yards 64, for blouse and trimming, to make as illustrated; 6 yards of material 27 inches wide, 5 1/2 yards 58, 4 1/2 yards 64, to make of one material. The pattern No. 5753 is cut in size for 16 and 18 years.

HOME GYMNASIUM FOR WOMEN To Preserve Health, Strength and Figure

A New Series of Illustrated Lessons, Showing How Every Woman May Have an Inexpensively Equipped Gymnasium in Her Own Home, and Teaching Games and Exercises Which Promote Excellent Physical Condition.

NO. 8—SWINGING FROM A TRANSOM.

By Pauline Furlong.

The Evening World's Authority on All Questions of Woman's Physical Well Being. "Chinning the bar" is a favorite exercise in all of the professional gymnasia, and is especially desirable for those anxious to gain in height. It stretches many unused muscles and may be elaborated on considerably by turning the body from side to side or raising the entire weight with the arms until the chin touches the bar.

A transom above a door is all that is necessary, or, lacking this, you may have a stout curtain pole fastened just below the top of any door. Transom swinging, or chinning the bar, is a most strenuous exercise and should be indulged in very gently at the start. It is recommended for the young and very hearty readers, rather than the older ones. It is the most powerful exercise for strengthening the upper arm and shoulder muscles, and if the body is turned, as suggested, it acts with beneficial effect on the liver and abdominal muscles.

If you find this exercise impossible for you to perform, practise the chest raising from the floor until the upper arms are stronger. Do not imagine that by straining the muscles you will master any hard exercise; on the contrary, you are liable to do more harm than good by doing so. Begin with the easiest methods first and gradually work up to the more advanced ones.

Take your position standing on a chair or stool and grasp the transom or pole firmly with the fingers. When you feel that you are able to balance yourself without strain and hold the entire weight of your body, kick the chair away and start the exercise as described above. Never do this exercise more than several minutes at a time, as too much is worse than none.

REPLACE FAT TISSUE WITH MUSCLE FLESH. Chinning the bar would prove a valuable exercise for those of my stout readers who can master it, especially in the removal of superfluous flesh on the upper arms and shoulders. Its action is sufficiently strenuous to break down the fatty tissue and replace it with healthy muscle flesh.

I have so often explained in past articles that thin people often gained weight and flesh by the very same exercises which will remove adipose tissue. This is one of the questions in physical culture so difficult for most people to understand. As a matter of fact, there is a certain physical standard, and it should be our desire to reach this, for it is the only way to gain health, which is the condition of equilibrium between elimination and assimilation.

In taking the exercises for gaining weight the circulation and assimilation are improved, which means an increase in flesh, and those having a surplus of adipose tissue will work off this unsightly fat with the increased muscular activity. It is our own fault if we do not reach this condition of physical perfection, as nature intended us to do. Most of my readers who have followed the course must realize by this time the benefits of exercise and proper food, for many of them have kindly written me the happy results of their earnest efforts to improve the body and health, and while nothing in life is gained without hard work, the fact proved to them all ready that the fruits gained are well worth the labor.

To-morrow I will illustrate and explain the various exercises which will remove adipose tissue. This is one of the questions in physical culture so difficult for most people to understand. As a matter of fact, there is a certain physical standard, and it should be our desire to reach this, for it is the only way to gain health, which is the condition of equilibrium between elimination and assimilation.



TWO DAYS' NEW YEAR CELEBRATION BY JEWS BEGINS THIS EVENING

Efforts to Be Made to Raise Fund for War Sufferers at Rosh Ha-Shanah Services.

The Jewish New Year, Rosh Ha-Shanah, begins at sundown to-day and with it opens the year 5676 of the Jewish calendar. It is the most solemn holiday of the year to the Jews, next to the Day of Atonement, Yom Kippur.

It is the judgment day on which all the inhabitants of the world pass for judgment before the Creator, as sheep pass for examination before the shepherd. The belief is that three books of account are opened on Rosh Ha-Shanah. The names of the righteous are immediately inscribed and they are sealed "to live." The names of those not entirely wicked are recorded in another book and to them a respite of ten days, until Yom Kippur, is allowed to repent and become righteous. The names of the entirely wicked are "blotted out of the book of the living."

THE AMERICAN JEWISH RELIEF COMMITTEE, which has collected \$1,000,000 to succor their co-religionists suffering through the European conflict, confidently expect to collect another \$1,000,000 during these holidays. The committee has appealed to 1,000 established synagogues all over the United States.

At Temple Israel, Harlem, Temple Emanu-El, Temple Bethel and many principal places of Jewish worship the subjects of the sermons will be changed from those of ordinary years because of the war. The Rev. Dr. Harris of Temple Israel will preach on "The War and Religion." Others will speak on "The War and the Jew."

At noon the public will have a chance to see the militia at mess in their quarters. WILL MARCH AS THOUGH IN HOSTILE COUNTRY. In the afternoon, in the presence of Gov. Whitman and 2,000 other invited guests, as well as the general public, the entire National Guard will march up and march away into the woods to the north. When they return, it will be as a column of troops marching through a hostile country.

At the Bar Association yesterday Senator Thompson tried to hold a session of his committee, but only the counsel and the clerks were on hand. Two Bodies Found in F-4. BIRMINGHAM, Sept. 8.—Two additional bodies have been found in the wreckage of the wreckage of the F-4 in dry dock here. The condition of the bodies was such that identification was impossible.

ARMY OF NEW YORK, 10,000 MEN, WILL CAMP IN PARK

City's Militia to Demonstrate Preparedness at Van Cortlandt Sept. 25.

The largest turnout of the National Guard of this city since the Civil War has been ordered by Major Gen. John F. O'Hara as an "answer" or sequel to the Flatbush camp, which was conducted under the auspices of the United States army.

The mobilization will take place at Van Cortlandt Park, Sept. 25. "It will be a notable public demonstration of the strength and preparedness of the Army of New York City—10,000 strong," said Major R. L. Foster of the Governor's Military Staff last night at the Twelfth Regiment Armory, in announcing the mobilization.

The full strength of the militia in the five boroughs will be drawn upon for the first time. Some of the cavalry and field artillery will start the night before, and when the great show opens, at 10 A. M., on the Saturday named, the polo and parade ground of the park adjacent to Broadway will look like an armed camp.

The field will be divided into squares, in each of which there will be given a separate demonstration, all going on together, and lasting until noon. WORK OF EVERY BRANCH OF SERVICE SHOWN.

The Seventh Regiment will give a physical drill. The First Signal Battalion will engage in a wireless telegraph demonstration. A pontoon bridge will be built and land mines laid by a squad of the Twenty-second Corps of Engineers.

A battalion of the Seventy-first Infantry will drill in extended formation. From behind nearby hills, firing with three-inch guns will be done by the First and Second Field Artillery, who will give also an artillery drill.

A music ride and an exhibition of rough riding will be given by Squadron A. There will be machine gun drills by different troops. The men of the Twelfth Regiment will show how to put down and take up tents, and one of the companies will give a bayonet exercise.

The Field Hospital and Third Ambulance Corps will use twelve ambulances in demonstrating hospital work on a battlefield. At noon the public will have a chance to see the militia at mess in their quarters.

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PETERMAN'S DID IT "Ask Any Housewife" Standard for 29 years. Refuse substitutes. Demand Peterman's. Peterman's DISCOVERY KILLS BEDBUGS and THEIR EGGS. MARCH ROACH FOOD KILLS COACHES BUGS and THEIR EGGS.

Gas in the Stomach Is Dangerous

Physicians Recommend the Use of Magnesia. Sufferers from indigestion or dyspepsia who are troubled with the presence of gas or wind in the stomach invariably find that the stomach is troubled by excessive acidity.

This acid causes the food to ferment and the fermenting food in turn gives rise to excessive gases which distend the stomach, hamper the normal functions of vital internal organs, cause acute headaches, and induce the most distressing nervous and digestive ailments.

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INVESTIGATORS TO BE BUSY.

The open season for investigators begins to-day. The Thompson legislative committee, which is investigating the Public Service Commission, will resume activities. Next week the Brown legislative committee, investigating city finances, will begin its work in the City Hall.

A. SCHULTE 46 CIGAR STORES New York-Brooklyn-Newark CUT PRICES

on "THE" standard brands of Turkish Cigarettes. Lower prices—better coupons—so why pay more?

Table listing various cigarette brands and their prices, including Zira, Helmar, Mogul, Murad, St. Ledger, and Bengal Little Cigars.

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CHARLIE LATHAM THE OLD TIME FAMOUS BASEBALL STAR WRITES HIS OWN BASEBALL STORY MAGAZINE SECTION SUNDAY WORLD Each Week