WOMAN NIPS BOMB IN TIME.

Pats Out Spattering Fuse—Building Damaged Once Before.

In the hallway of No. 187 First Avenue Mrs. Kate Cahill, the janitress, shortly after 11 o'clock last night saw a parcel wrapped in a newspaper. The package was about the size of a 5lb. can. As she picked it up she noticed at one end a spattering fuse. She promptly pinched the spark out and called Policeman Payton, who took the package to the East Twenty-fifth Street Station, whence Inspector of Combustibles Egan took it to his office. He said it was a dangerous bomb. It was filled with dynamite.

Eight months ago a bomb was exploded on the roof of the same house, blowing a large hole in it. Six months ago a bomb was discovered on the premises at No. 185 First Avenue and three months ago another bomb was discovered at No. 146 East Fortieth Street, just around the corner.

Hawaiian Pineapple Canned

Pineapple pie is easy to make and very delicious. The fine full flavor of Hawaiian Canned Pineapple makes it the ideal filler for pies. It's all ready to use—no preparation whatever.

10c to 25c a can according to size of can and grade of quality—cheaper than it's ever been before. Just ask for a can of *Hawaiian* Pineapple.

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NO SUBSTITUTE IS "JUST AS GOOD"

HOME GYMNASIUM FOR WOMEN

To Preserve Health, Strength and Figure

BY PAULINE FURLONG

NO. 43—HOW TO SHAMPOO.

Yesterday I told you that improper shampooing with harsh, cheap soaps and powders was one of the greatest causes of dandruff, splitting hair ends and lustreless falling hair, and in order to overcome these conditions it is necessary for you to learn how and with what to properly wash and cleanse the scalp and hair. The most important part of a really effective shampoo is to thoroughly rinse the hair free from all traces of the soap suds and, to do so, you must provide yourself with a bath spray. One may be purchased for a trifling sum and once you possess one you will never be without it.

The use of the spray makes the task so much lighter and easier and leaves the hair soft and fluffy after a few minutes' use. Begin the home shampoo by removing the combs and pins and brushing the hair free from tangles. Then spray the hair with a strong flow of very warm water until thoroughly wet. Shake the hair at the forehad and temples to allow the water to pass through it. Next pour on a liberal amount of the shampoo mixture and rub the scalp vigorously with the tips of the fingers. Do not scratch the scalp with the finger nails and work only the fingers and not the arms. Rub the scalp well behind the ears, on the crown of the head, at the temples and tape of the neck, as it is here that the dandruff collects.

Remember to apply the liquid shampoo mixture generously, for if the hair feels harsh you are not using enough soap. After you have rubbed the head for several minutes apply a strong flow of warm water from the spray to remove the suds. Now pour on more of the liquid soap and rub the scalp again for several minutes more. Wash the ends of the hair well between the fingers.

Spray out all of the suds for the second time and when no traces of the soap are to be seen gradually cool the water until it is quite cold. This causes reaction and quickens the circulation of the blood in the scalp. The cold water also prevents taking cold.

Wring out the ends of the hair between the hands with a soft hand towel and never use a Turkish bath towel, as it leaves a lint, which takes the gloss from the hair. Begin drying the scalp first, under the hair, and rub it vigorously with the hand towel until quite dry. This dries the heavy part of the hair at the roots first, and prevents taking cold also. Dry the hair in the open air if possible, but not in the sun, as this will bleach or streak it.

When thoroughly dry brush the hair with a clean brush, from the ends up. Do not brush the hair before it is dry, as this also prevents a glossy finish. If the above directions are followed, with the proper soap, the result will be a fluffy, shiny head of hair and clean scalp. Use castile soap, shaved and melted, for blonde hair, and tar or sulphur soap for dark hair. The two latter are recommended for the oily scalp and hair also.

To make the blonde hair a beautiful bright golden shade follow the regular cleansing shampoo, with one of the following: Rub into the hair the whites of several eggs, mixed with lemon juice. Then spray out well and proceed to dry as before. You may sit in the sun to dry the hair after this shampoo.

To-morrow I shall tell you about scalp treatments and what to use with them.

Readers of Miss Furlong's articles are invited to write to her, in care of The Evening World, requesting information that will aid them in following her illustrated lessons.

Letters From Evening World Readers Following Miss Furlong's Lessons.

MRS. A. ST. J.—Please send me your name and address—I will not publish them—I want to talk with you.

C. D. asks—"Please tell me what will make the eyebrows grow?"

Massage them with the following mixture: One ounce of white vaseline mixed with two grains of pilocarpine hydrochloride.

MRS. E. J. S. writes—"Will you please tell me how to mix the formula or wash that you gave for flabby breast? Do you buy the white brandy at the distillers and buy the camomile tea and strain it; and what about the alum?"

Any reliable druggist will mix this for you.

E. V. S. asks—"Kindly tell me how to remove the yellow marks all over my face."

These marks may come from various internal troubles—probably liver; if this is the case take a teaspoonful of phosphate of soda in hot water every morning until they disappear.

A READER writes—"Please tell me if Pyro sodium phosphate will make me thin and if it is harmful in any way."

It is not harmful, but why not take the vichy and kissingen instead. Remember that exercises and diet are also important and necessary in the reduction of superfluous flesh.

N. E. D. writes—"Will you kindly inform me how long to apply the sage tea to darken the hair before results will be noticed? I have been using sage as a thorough shampoo for some weeks without any noticeable effects."

Very likely you did not make the tea strong enough. Use two ounces of the leaves and pour over them a pint of boiling water. When cold strain. You may apply it to the hair on a comb or brush, if the hair is perfectly clean. This process is slow and very gradual, but harmless.

Charles Pinkerton Wife's Heir.

The will of Mrs. Effie Arthur Pinkerton, wife of Charles Pinkerton, a wealthy resident of Mount Kisco, N. Y., disposing of an estate of about $171,000, was offered for probate in the Westchester County Surrogate's office yesterday. The husband inherits a life estate of $125,000. Chester Alan Arthur of Colorado Springs, brother of the decedent, and his son, will receive $5,000 each.

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The May Manton Fashions

No. 8835—Girl's Dress (with Basting Line and Added Seam Allowance). 8 to 14 years.

Girls' Dress, 8 to 14 Years

(With Basting Line and Added Seam Allowance.)

Here is a frock of the most desirable possible sort. It is simple and childlike, it is charming and attractive in all its lines and it can be made a party dress if the low neck and short sleeves are used, and a simple school frock if made with yoke and long sleeves. Whatever the finish, it is always pretty and always becoming, always smart. On the figure it is made from pale blue chiffon taffeta, with tiny pink rosebuds as trimming, and it makes the daintiest kind of a dress for the party, for dancing school and the like. In the back view it is made of chalkie, and the yoke properly would be made of allover lace or some similar material, when it becomes adapted to home wear or to school. The front of the blouse and the panel of the skirt are all in one to give continuous lines, but at sides and back the blouse and skirt are separate, joined by means of a narrow belt, and any girdle or sash can be draped over this belt when the fancy dress is wanted. There is a body lining, too, that holds the fulness in place and which is faced for the yoke when high neck is used. It is a very simple little dress, at the same time that it is a very smart one, and the lower edge of the skirt can be finished with a hem if something simple is wanted, with a ruffle (as it is here), with band trimming, or with braid, or in any way that may suit the special material and the special use. For the party frock chiffon taffeta is a great favorite, but the crepe de chine is also much used, and many materials like the fine cotton voiles in pretty colors, such as blue, pink or pale green, and one of these would make up most attractively in this way with a sash or girdle of ribbon as finish.

For the twelve year size will be needed 3¾ yards of material 36 inches wide, 3¼ yards 44, with 1 yard 36, ¾ yard 44 for the ruffles, ½ yard 18 for the yoke if high neck is used. The pattern (No. 8835) is cut in sizes from 8 to 14 years.

How to Obtain These Patterns. Call at THE EVENING WORLD MAY MANTON FASHION BUREAU, Donald Building, 100 West Thirty-second Street (opposite Gimbel Bros.), corner Sixth Avenue and Thirty-second Street, New York, or sent by mail on receipt of ten cents in coin or stamps for each pattern ordered.

IMPORTANT—Write your address plainly and always specify size wanted. Add two cents for letter postage if in a hurry.

Help Yourself!

Don't be resigned to suffering from headache, backache, indigestion, that dragging-down sensation and other ills due to lack of physical support.

You can *HELP YOURSELF* to prevent, correct and often cure these ills by wearing the greatest supporting corset ever made—the new

SELF-HELP Nemo WONDERLIFT

This corset is a godsend to womankind. Already it has started thousands of women on the road to health. It is destined to save millions more from the painful and dangerous diseases peculiar to the sex.

Does this give you an unpleasant sensation—ether, iodoform and those shiny little scalpels?

Well, then—*CHEER UP!*

The "Self-Help" Wonderlift only *incidentally* is a surgical corset.

Primarily it is a perfect STYLE corset, moulding your figure into *ARTISTIC LINES*, giving you the correct *POISE* that comes only with a perfect-fitting corset that is supremely comfortable and superbly stylish.

Its construction and its functions are entirely different from any other corset you have ever seen.

And there is a model for every figure:

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No. 556, for slender to medium figures—$5.00.
No. 1000, for average full figures of a lovely brocade, beautifully finished—a corset *de luxe*—$10.

Few indeed are the women who will not find in the Wonderlift a degree of stylish comfort they never hoped for.

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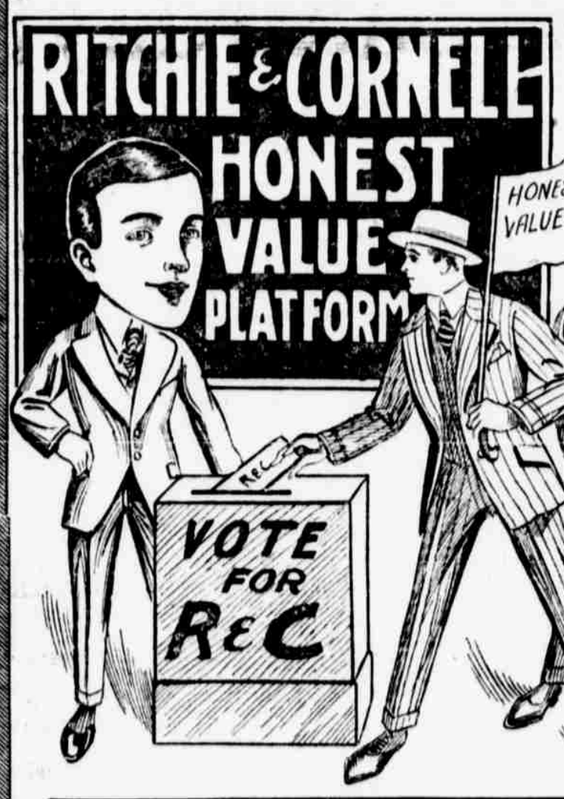

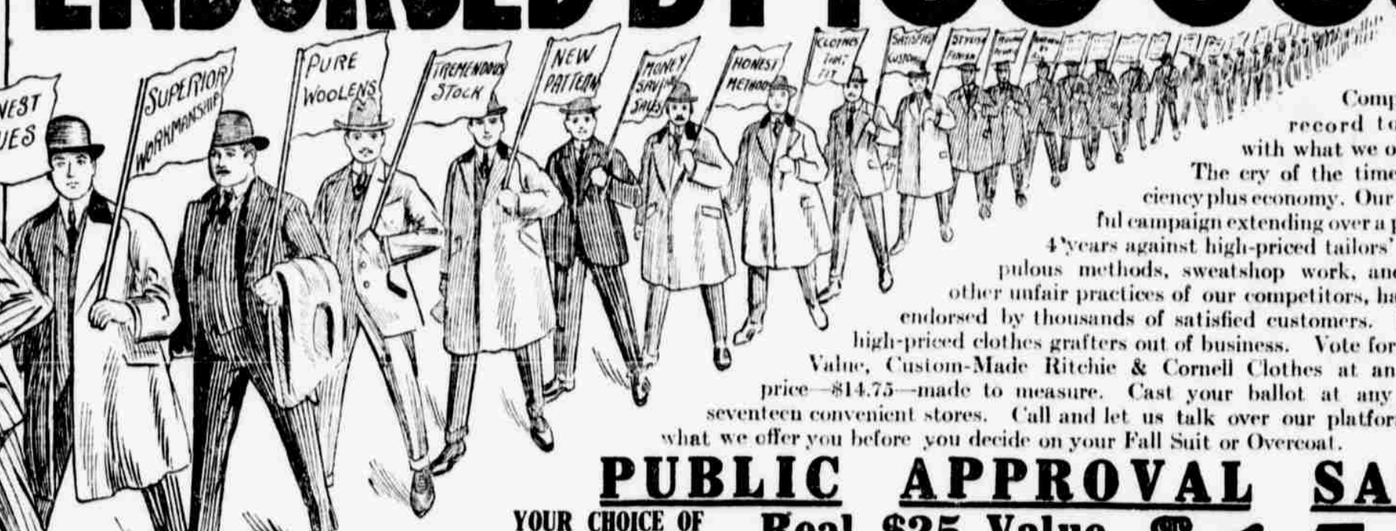

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