

Mrs. Kaufman Recovering. Mrs. Joseph Kaufman, who attempted to kill herself Saturday night in her apartments, No. 115 West Seventy-second Street, because she had lost in a divorce action, was reported at Knickerbocker Hospital last night to be recovering, and in all probability she will be arranged to-day in the West Side Court.

### RECOVERY OF NEW JERSEY WOMAN

Due to Lydia E. Pinkham's Vegetable Compound.

Bridgeton, N. J.—"I cannot speak too highly of Lydia E. Pinkham's Vegetable Compound for inflammation and other weaknesses. I was very irregular and would have terrible pains so that I could hardly take a step. Sometimes I would be so miserable that I could not sweep a room. I doctored part of the time but felt no change. I later took Lydia E. Pinkham's Vegetable Compound and felt a change for the better after the second day. I took it until I was in a good healthy condition. I recommend the Vegetable Compound to all women, as I have used them with good results."—Mrs. Milford T. Cummings, 24 New Street, Bridgeton, N. J.



## Beauty and Health Lessons for the Summer



A New Series of Illustrated Articles Written by Miss Pauline Furlong for Women Readers of The Evening World.

By Pauline Furlong. (Continued from the issue published June 5, 1916, in The Evening World.) Never in the history of the world has there been loveliness of face without beauty of skin, and the modern woman knows that to be a beautiful she must be superbly natural.

The modern life conditions are such that the clear, wholesome complexion of nature can only be kept or regained through the use of applications, cosmetics and creams, which are at once harmless (and really healthful) when chosen with intelligence and properly applied.

Steam-heated and poorly ventilated apartments, the unclean mode of living indulged in by so many, i. e., lack of exercise, overindulgence in rich, highly seasoned foods, sweets, late suppers, and, instead, often alcoholic, etc., render it impossible for a woman to retain in her face the rosy glow of health and youth unaided; especially is this true after she has reached the age of thirty.

The summer time is perhaps the most disastrous to the complexion and great caution must be taken to prevent various disfigurements, as well as remedy them intelligently, after they are established. The sun, wind and salt water at the seashore play havoc with blondes and brunettes alike and often cause unsightly bluish tints to appear, which are impossible to overcome, unless taken in time.

Indigestion, constipation and liver troubles, which cause sallowness, pimples, blackheads, falling hair, dandruff, etc., must also be overcome before local applications will bring much improvement, and my summer course will include both internal and external treatments to help gain and retain health, which spells beauty.

No two complexions or scalps are just alike, and various complexions need widely different treatments, for what is beneficial to one may be almost ruinous to another.

During the summer months I shall endeavor to teach each of my readers just how to treat her own skin and scalp with intelligence and care, and will also give lessons on the care of the hands, arms, neck, chin, throat, bust, hair, scalp, and in fact the improvement of the entire body. I shall first give a full week to banishing the double chin and sagging jaws, both of which are the first tell-tale signs of departing youth.

If the treatment is taken in time, when the muscles are elastic, the double chin can be corrected in a remarkably short time, but when the jaws have been allowed to sag and heavy rolls of fat to accumulate underneath for twenty years more or less the treatment must necessarily be more strenuous and of longer duration to bring about results. For this the head and neck exercises, combined with proper massage, will positively restore the youthful contour of the neck and chin if practiced faithfully every day for several months.

The simple backward and forward movement shown to-day is the first step in removing the double chin. Allow the head to fall on the chest completely and then throw it back as far as it will go, at least twenty-five times, in the beginning. Fifty times after you are more practiced.

Your first letter and I will send you diet and exercises for reducing. You should weigh about 130 or 140 pounds at your age. Readers will save much time and trouble if they will always repeat original questions when sending money, as I get thousands of letters and it is not possible for me to remember what each reader has asked me several weeks ago.

**CURVATURE OF SPINE.**—I, E. a man reader asks: Will you tell me what exercise to take to gain weight? I have a slight curvature of the spine, so cannot do all of them. What is best to eat in the country to gain weight, as I am going there for the summer to try and get well? Is bathing in sweet water good for me? Stretching and deep breathing exercises are best for you, and the easy chest raising from the wall, shortly after breakfast in your case. You must try and strengthen the spine and straighten it, and chest raising is best for this. As you are young, this can be accomplished. Raw eggs and milk will make you gain weight quickly. Cereals, grape juice, olive oil are also good. Eat fresh green vegetables and fruits, as much as you can relish. I do not know what you mean by sweet water. Salt water baths are stimulating and healthy.

**OLIVE OIL FOR MASSAGE.**—E. D. writes: "Please tell me if olive oil used on the face for massage will promote the growth of hair or make the face fat?" Olive oil is said to make the skin yellow, but if it is used in toilet preparations where tincture of benzoin is used also, it may not do so. Benzoin is slightly bleaching, but very drying to the skin. It is my personal opinion that any rich grease if constantly rubbed into the skin will promote a growth of down, especially if the skin is already oily or inclined to superfluous hair.

**INFLAMED EYELIDS.**—MAE B. S. writes: "Please give me a cure for relief from inflamed eyelids. Also tell me how I can gain weight. I am 5 feet 5 and weigh but 105 pounds. What should I weight? I also would develop my bust. Will you advise me?" For the inflamed eyelids wash the eyes with warm water containing a mild boracic acid solution. Have the drugist mix this for you. Hot bandages dipped in diluted witch hazel and applied to the eyes for ten minutes will also relieve this condition. Do not strain the eyes by sewing or reading in a room which is not well lighted. Send me your measurements and I will send you a diet and exercise course, diet and exercises for gaining weight. You should weigh 135 pounds, but as you are young yet you will doubtless develop as you grow older, especially if you try to do so. Chest raising and chicken wing exercise will develop shoulders, neck and bust. Both have been illustrated. Use much cold water and massage breast with cocoa butter in upward circular movements with the palm of the hands.

**DEVELOP BUST—MILDRED H.** writes: "Will you please print the internal bust developer again and is it a general tonic? Will it interfere with another tonic which I am now taking?" Lactophosphate of lime, ten grams; fluid extract goat-rue, ten grams; tincture of fenel, ten grams; simple syrup (enough to make twelve ounces). Take two spoonfuls before meals three times a day. Do not take two tonics at same time; yes, it is a general tonic and developer.

**THIN NECK AND SHOULDERS—KATHERINE P.** asks: "You please print the formula for thin neck and shoulders and how long will it take to show results?" The best thing I know of for thin neck and shoulders is the chest raising exercise, and it is much more effective and brings quicker results than all the massage in the world. Use cocoa butter to massage thin neck, shoulders and small breast.

**WEAK WOMEN FIND STRENGTH!** Thousands Discover Almost Magical Tonic in Malta-Ferrin.

If you are weak, run down, tired out—if you lack health, vitality and strength—order you cannot enjoy your work or your play, you must supply the elements that will restore your energy. Don't think you will get well without help. I would like to tell you how I can help you. I have just heard about you and your obesity course. Send me your measurements and 50 cents and also repeat contents of

## WILSON WILL NOT RECALL TROOPS FROM MEXICO

President's Reply to Carranza Ready, Points Out Growing Anti-American Sentiment.

WASHINGTON, June 12.—The President's answer to the latest Carranza note, demanding troop withdrawal or "explanation of their presence in view of their present idleness," will go to the First Chief this week—before Wilson is renominated at St. Louis.

The note will politely but flatly refuse a withdrawal, or even a re-arrangement of American troops. It was practically completed to-day. It is very long.

Among reasons cited for not withdrawing troops now the President will emphasize the fact that the murders of Americans at Santa Ysabel not only have not been punished, but have not been apprehended. It will recite also recent raids on American soil.

Emphasis also will be laid on recently received consular reports that the situation in Northern Mexico requires American troops there, in view of the attitude of the natives toward all foreigners as well as Americans.

There was every indication in official circles here to-day that the note would leave no doubt in Carranza's mind that the United States will brook no more possibility of future troubles that might endanger American lives or embarrass the Government in any way.

Increasing excitement and anti-American feeling throughout northern Mexico is described in to-day's despatches to the State Department. In many cases, it was said at the Department, the Carranza authorities appear to be indifferent to what is going on.

Officials made no attempt to conceal their anxiety over the situation, which apparently is crystallizing in the northern Mexican States. Many despatches bearing on the subject had been received during the last forty-eight hours. All were read immediately on receipt by Secretary Lansing, and the more important were sent to the White House.

Equally disquieting reports are reaching the Department of Justice from its agents along the border and in the interior of Mexico. They were turned over to the State Department.

Three Mexican raiders to-day were reported killed and five captured by soldiers and vigilantes following a raiders' attempt to burn the International and Great Northern Railroad trestle at Webb, Tex., north of Laredo.

LAREDO, Tex., June 12.—Capt. Bell, commanding a troop of the Fourteenth Cavalry did not find it necessary to cross the Mexican border in pursuit of bandits who raided the ranch of T. A. Coleman, near San Samuel, forty miles northwest of Laredo.

The Mexicans did not succeed in driving any of the eighty horses they stole at the ranch across the border, abandoning them two miles on the American side of the Rio Grande.

George Conover an Arthur Myers, American cowpunchers at the Coleman ranch, who were kidnapped by

the Mexicans, were released without being maltreated.

Conover said the band was composed of five Mexicans and two Japanese. The Japs, he said, were later captured by de facto Government troops. Conover said he was treated well by the Mexicans, but the Japanese wanted to hang him.

The bandits left Conover and Myers at a secluded place and told the Americans to await their return. The Americans fled.

Conditions in Mexico have become so serious in the past few days, the Administration is considering formally calling the attention of Carranza to the situation. This was formally announced at the State Department to-day.

Consular reports, it was explained, have said natives are showing increased excitement and unrest, and that in some instances Carranza officials have exhibited noticeable indifference to the situation. In other instances the authorities are said to be making every effort to allay excitement and unrest.

### CUTS THROAT IN BATHTUB.

Seymour G. Best, Long Island Manufacturer, Commits Suicide. Seymour G. Best, forty-one years old, a wealthy manufacturer, of Bayside L. I., committed suicide in a bathtub in his home this morning.

Best, who had been suffering from a nervous disorder for several months, ate his breakfast with his wife and then told her he was going to the

bathroom to shave. He acted queer, and she followed him. Mrs. Best tried to open the door but it was locked. She summoned neighbors, who broke into the room and found Best in the bathtub with his throat cut. A razor was beside him. Best had a large factory in Long Island City. He is survived only by his widow.

### REDUCED.

A bookstall sign at the Non-Partisan League headquarters reads: "Fear God and Take Your Own Part," Reduced to 50 Cents."

### A MESSAGE OF CHEER

To the Thousands Who Need It.

It is common to meet up with people who imagine they are immune from Nature's laws; others who are too busy piling up the almighty dollar to realize that such laws exist, until the day arrives when the biggest problem they have to face is the digesting of food which an outraged stomach is unable to accomplish unaided.

There is nothing more distressing and disheartening than chronic indigestion, and to sufferers we suggest the use of Johann Hoff's Malt Extract to be taken with meals.

This famous tonic food possesses digestive properties of great value, and is carried in stock by every first-class druggist.—Advt.

**Saks & Company**  
Broadway at 34th Street

In the Saks Luggage Dept.

### Neverbreak Hundred WARDROBE TRUNK

Price \$15

Roomy—not bulky. Big enough—yet small enough. Holds six suits or twelve dresses.

Only trunk with a removable garment rack.

Guaranteed not to break. Can't cost excess.

The most-for-your-money trunk on the market.

**MOTHER GAINED 30 POUNDS**

Father John's Medicine Gave Her New Health and Strength. Helped The Children, She Says.

Mrs. Ida M. Butler, of Waterville, Me., says: "I was so run down I could hardly do my work in the house, until I began taking Father John's Medicine, which built me up in flesh and strength. I gained 30 pounds while taking it. I have used Father John's Medicine for my children with good success." (Signed) Mrs. Ida M. Butler, 37 King Street, Waterville, Me.

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When Cared For MEAN GOOD HEALTH  
HOW ARE YOURS?  
INTERCHANGEABLE BRIDGE  
DR. CAINE  
"The Careful Dentist."  
748 LEXINGTON AVE.  
Del. 5th-6th St. Opp. Bicamirgates  
Hours 9-8, Sunday 11-2.

**THIN NECK AND SHOULDERS—KATHERINE P.** asks: "You please print the formula for thin neck and shoulders and how long will it take to show results?"

**WEAK WOMEN FIND STRENGTH!** Thousands Discover Almost Magical Tonic in Malta-Ferrin.

**LETTERS FROM READERS.**

**WANTS TO REDUCE—K. D.** writes: "I am thirty-eight years old and five feet four and a half inches tall, and weigh 190 pounds. Please tell me how to reduce my weight and how long it will take to bring me to normal weight. What should I weight? I have just heard about you and your obesity course. Send me your measurements and 50 cents and also repeat contents of

No. 21

The Big Leaguer Says:

**HELMAR**

**TURKISH CIGARETTES**

10 Cents

**SBAUMANN & BRO**  
NORTHWEST CORNER SIXTH AVE & 15<sup>TH</sup> STR.

We Believe in You

Wholly, liberally, without red-tape or searching cross-examinations. We cordially invite you to select your HOME-FURNISHINGS now, from our tremendous stock, and take advantage of our simple, EASY-CREDIT PLAN, our unequalled LOW PRICES, and Sixty-two years of "SERVICE-SATISFACTION."

Open Saturday Evenings, Motor Deliveries Everywhere

Mahogany Frames \$52.50  
Genuine Leather  
3-Piece Library or Living Room Suite, massive frames, mahogany finish, beautifully moulded, high polished, upholstered seats, back and arms in genuine blue or brown Spanish leather, indestructible springs in seats at \$52.50

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NO ALTERATIONS—NO EXCHANGES—NO C.O.D.'S

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**325 Tailor-Made Suits**

Tailor Serges Palm Beach Checks Poplins Twills **12.75** Formerly \$25 to \$45

Braid Trimmed Sport, Flare Dressy and Tailored Models

I'm a Big League ball player.

A fast game on a hot day,

A good rub, a cool shower,

An easy chair and a "Helmar" Turkish cigarette—

Can you beat it? I wouldn't change places with a King.

The mildest tobacco for cigarettes is Turkish.

The best tobacco for cigarettes is Turkish.

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