



**A Clear Eye—
A Keen Brain**
A Steady Nerve—and a Buoyant Step signify a healthy system kept clean with
CARTER'S LITTLE LIVER PILLS
Genuine bears Signature
Bent Blood

SUNDAY WORLD WANTS WORK MONDAY MORNING WONDERS

Beauty and Health Lessons for the Summer

A New Series of Illustrated Articles Written by Miss Pauline Furlong for Women Readers of The Evening World.

By Pauline Furlong.
Copyright, 1916, by The Press Publishing Co. (The New York Evening World.)
Correct Standing.
The foundation of good health and good looks is a good figure, and how many of my readers are really and truly satisfied with theirs? Of course, I mean your own figure, without the kindly aid of ruffles, frills or expensive triple-plated, armor-proof corsets. All of my readers, including the "regulars" and beginners, should start the summer season with a determination to make themselves physically fit, because it is not an exaggeration to say that nine out of ten women are not. It is not necessary to go to a physician to learn if you are one of the nine, because your mirror will tell you all you want to know. Look into it carefully to-day and observe what it tells you. Are you inclined toward fat and flabbiness? Is your chest hollow and your figure shrunken? Have you grace and poise that come only with healthy, well-trained muscles? Is your skin blotched, pale and sallow? Are your measurements all out of proportion to the classic ones? If, after careful examination, you find that you are not as you should be, then start the summer, out-door health course with me to-day and make yourself as you wish to be within the next few months. First of all learn to stand properly—this is the foundation of any health

support her in luxury for the remainder of her life, she testified. After friction over the custody of the child, Mrs. Dale told the jury, her husband declined to pay her anything. The suit was brought for \$150,000, this amount being based on mortality calculations made by Mrs. Dale's father, Dr. T. M. Patterson. She is now twenty-seven years of age, and, according to the calculations, should live twenty-five years more.



Albodon is not "just another dentifrice." There are good reasons for its existence. It is a vast improvement over any article for the teeth heretofore obtainable.

It contains the highest percentage of actual cleansing and polishing properties of any dentifrice on the market. It is sufficiently but safely antiseptic.

It has a pleasant "smack"—a likable taste that leaves the mouth cooled and refreshed.

It is a smooth, velvety CREAM, not a doughy, sticky paste.

It will not melt or harden. It has no grit or artificial coloring.

It is especially ideal for children.

The usual price, but a better and longer-lasting article.

For sale at all drug stores and department store toilet counters.

TRY IT TO-DAY.

Special Purchase of Round Scalloped Table Cloths 89c each

Every woman takes pride in her table coverings. This special purchase presents an opportunity to obtain attractive, serviceable table cloths at a reasonable price. From one of the leading manufacturers in this country we have secured 1,000 beautiful, round scalloped table cloths of snow white mercerized (cotton) damask. The quality of the material is such that it will bring favorable comment from all who see it. Its wearing quality is unquestioned. The collection includes four different designs—carnation pattern, floral striped design and two neat dice effects. All these table cloths are 64 inches in diameter.



R. H. Macy & Co.'s Attractions Are Their Low Prices.
Second Floor 35th St. **Macy's** Second Floor 35th St.
Herald Square, B'way, 34th to 35th St.

IT MAKES LITTLE DIFFERENCE WHAT YOU NEED—
A WORLD "WANT" AD. WILL GO AND GET IT.

Fifth Floor R. H. Macy & Co.'s Attractions Are Their Low Prices Fifth Floor

Macy's

Herald Square B'way, 34th to 35th St.



All of these Models were Sketched Right from Our Stock

This Event Means Money in Your Pocket!

Tomorrow Begins Our

Annual Clearance Sale of Men's and Young Men's Summer Suits

A CLEARANCE SALE of unusual magnitude has been planned for this year. Prices have been reduced irrespective of the growing scarcity of choice woollens, such as are contained in these suits, and the ever rising cost of labor.

BY supplementing brilliant merchandising with immense cash resources, we have bought timely styles at pre-timely prices, and the quality of the goods is such that you will be agreeably surprised. Every suit is a well-paying investment.

\$13.75 Suits that were \$16.50 and \$18.50

Higher Priced Suits That Were Up to \$38.50

\$18.75 Suits that were \$22.50 and \$24.75

\$15.75 Suits that were \$19.75

at Proportionate Savings

\$23.50 Suits that were \$27.50, \$29.75 and \$32.50

Hand Tailored Clothing--Elegant and Distinctive

CLOTHING produced by prominent tailoring organizations only, is included in this Sale. The Suits are all taken right from our stock and are not special purchases bought merely for sale purposes. A few of the many popular models are illustrated above, prominent among them being the "Pinch-Back," the high waisted and graceful Soft Roll Sack, and more conservative styles. The elegance and smart appearance of these suits will appeal to the most discriminating dresser.

OF materials and colorings there is an abundance from which even the particular man may be satisfied. There are Cheviots, Worsteds, Cassimeres, Flannels, Homespuns, and other fabrics, in attractive browns, grays, greens and fancy mixtures. The patterns are club checks, stripes of various widths, plaids and many other smart and distinctive effects. Good wear is in every fabric and snap in every color. No blacks or blues included in this sale.

For Your Personal Convenience:

Extra Salesmen. Extra Fitters. Extra Tailors.
Special Express Elevator Direct to Clothing Dept. on 35th St. Side of Store.

course and I shall tell you how to do it; stand against the wall, with the heels together and touching it, and allow the limbs and the rest of the body, including the back of the head, to lightly touch it also. In this position you will note that the shoulders are in a perfectly natural position and not thrown back. Your position is now correct save for the fact that the weight of the body is on the heels, and as the correct position of the body depends upon the correct position of the spine and the pelvis over the centre of the feet, gradually sway the body from the wall, without moving the feet or any part of the body but the ankle joints, until the weight of the body rests on the balls of the feet. After you have learned how to stand, to retain the correct position is merely a matter of practice.

During this summer course I shall tell all about the causes for obesity and excessive thinness, the dangers to health which arise through both, and how to correct these two unhealthy conditions, through hygienic living.

Every day I shall give an exercise, health and summer moral suggestion for the day, and on the alternating days have a lesson for the thin woman.

The place to take the exercises, which I will illustrate with personal pictures, is wherever you happen to be and it is the method that I shall undertake to explain to you.

To-day's lesson is for fat and thin readers alike, for all persons must learn to stand correctly if they would attain health and beauty.

Letters From Readers.

GOITRE—SADIE K. writes: "An eighteen years old and 5 feet 7 inches tall and weigh 137 pounds. Please tell me what I should weigh. Can you give me any advice as to how to treat a goitre or where I can get this advice?"

You should weigh 145-150, but you will fill out your coat more. The older the goitre is, the more it will enlarge and it is the danger of the nerves. You should consult a physician about it.

MRS. DALE WINS \$15,000 VERDICT FROM HUSBAND

Mrs. Lillian Patterson Dale, who got a Reno divorce from Francis Colgate Dale, wealthy clubman, was awarded a judgment of \$15,000 to-day against him by a jury before Supreme Court Justice Platt.

Following the divorce Mrs. Dale came East with her son Colgate, now seven, believing that her husband would live up to an agreement to

SAVINGS BANKS.

The Bowery Savings Bank
128 and 130 BOWERY
NEW YORK June 12, 1916.

A semi-annual dividend at the rate of THREE and ONE-HALF PER CENT. per annum has been declared and will be credited to depositors on all sums of \$5.00 and upward and not exceeding \$5,000 which shall have been deposited in this bank for the first day of the month and will be payable on and after Monday July 17, 1916. Money deposited on or before July 10 will draw interest from July 1, 1916.

HENRY A. JOHNSON, K. President.
WILLIAM H. SCHUCH, J. Cashier.
ROBERT G. LINDSEY, Sec. & Adm.

WHEN you go on your vacation this Summer have your favorite paper mailed to you every day.

Evening World, 6c per week
Daily World, 12c per week
Sunday World, 5c per Sunday



89c 9 styles—striped percales, ginghams, lawns, dotted voiles. White poplin or organdie collars; contrasting piping; vestee effects; trimmed with pearl buttons, full flaring skirts. Light and dark colorings.

\$1.29 5 styles—checked and striped ginghams, striped percales, varied collar effects, some with touches of embroidery; skirts with yokes and pockets; others with gored insets and shirrings. One illustrated at extreme right.

\$1.44 7 styles—white pique, dotted or figured voile, striped or figured percales, checked ginghams, plain color linens. White collars and cuffs, buttons and loops; skirts with novelty pockets, yokes, shirring, etc. White pique dress illustrated at centre right.

\$1.89 7 styles—fine quality striped ginghams in pleasing colors; fine count percales in cluster stripes; white poplins with pencil stripes in dainty colors; two-toned striped ginghams; vestees of embroidered batiste, collars and cuffs to match; other collars in contrasting colors, hemstitched or embroidered; skirts with panel fronts, shirrings, pockets, yokes, belts, clusters of tucks to give the necessary fullness in the back, included at this price is a special model for mourning in black and white striped poplin, high girdle, vest of embroidered batiste, black ribbon bows at cuffs. We illustrate at centre a two-toned striped gingham dress with double organdie collar and cuffs. Full flare skirt made with fitted yoke.

\$2.49 14 styles—tub fabrics of fine quality; striped or lace voiles; striped ginghams, batistes or percales; Santiago cloth, linen, in plain colors of rose or Copenhagen; rainbow crepe in lovely colorings; trimmings consist of contrasting bands, velvet ribbons and velvet buttons; embroidery vestees, collars and cuffs; pockets and frills; illustrated at centre left is a dress of lace voile with two-toned design trimmed with bands of plain colored voile to harmonize; embroidery vestee and velvet buttons; another at the extreme left is made of two-toned striped voile, flaring skirt with tucks, new fall at neck, giving high collar effect, velvet ribbon belt. Khaki colored linen makes a smart dress at this price.

600 Extra Size Dresses

Specially Priced

94c \$1.44 \$1.89 \$2.29 \$2.89

A varied assortment of cleverly made styles, proportioned to fit the stout woman; percales, ginghams, voiles, linens, batistes or lawns, stripes, figures, checks, plain colors.

Regular Sizes 34 to 46 Extra Size 48 to 54.

Macy's—Third Floor, 34th Street, near Elevator.