

The Pauline Furlong Women's National Army For Health

Daily Drill No. 9 For the Shop Girl

Recently been advised that large manufacturing houses...



With hands on hips, cross leg for over with each step. leader, they become doubly interesting...

The smaller picture shows the deep-knee bend, which lends balance and poise and exercises the thighs, hips and legs...



Practice deep-knee bend, with a on hips. a little clubs for physical exercises...

Questions. KLES—E. M. B.: Freckles more than an excess of matter in the skin...

SWIMMING—EDITH N.: Swimming is neither particularly reducing nor fattening...

RACKED AND CHAPPED LIPS THEL B.: Care of the general health and local applications of cod-liver butter...

HEAD NOISES—MRS. FRANK The head noises and ringing in ears may be caused by auto-oxidation and retained waste matter...

SORENESS AROUND THE NAILS—MARGERY L.: Do not cut the cuticle, and keep the nails anointed with cocoa butter...

NERVOUSNESS AND HEAD-ACHE—E. B.: Yes, indeed, diseased nerves cause many distressing headaches...

RED EYES—ANNIE D.: Burning and red eyes are the result of strain and overwork...

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Such Is Life! By Maurice Ketten

Comic strip panels with dialogue: MR JOHN I'M GLAD TO TELL YOU I HAVE REDUCED YOUR RENT, OH LANDLORD! ARE YOU IN YOUR RIGHT MIND?, MR JOHN I HAVE DECIDED TO STAY AND COOK FOR YOU FOR EVER AT LOWER WAGES, HAVE YOU BEEN TAKING DOPPE MANDY?, MR JOHN I HAVE CUT THE PRICE OF MEAT IN HALF, ARE YOU SOBER?, MR JOHN I HAVE REDUCED THE PRICE OF ALL MY SUITS, MR TAILOR HAVE YOU SUDDENLY GONE CRAZY?, MR JOHN I HAVE DOUBLED YOUR SALARY, AM I DREAMING? PINCH ME BOSS, WAKE UP JOHN!, YES, I WAS DREAMING.

The Evening World's Kiddie Klub Korner CONDUCTED BY ELEANOR SCHORER

My Favorite Hero THE U. S. SOLDIER BOY Award Winner



In these stirring times the world possesses many heroes, but very little is said about the plain, every-day soldier...

JOHN PAUL JONES (Honorable Mention)

Born at Kirkham, Scotland, July 8, 1747. Died at Paris, France, July 18, 1792. TALL, graceful man, with black hair and eyes, broad shoulders and a winning manner...

Cousin Eleanor's Klub Kolumn

Dear Cousin-Kins: TO-DAY I am writing especially to the little cousins, those who are six, seven and eight years old...

A COURTSHIP IN DISGUISE By E. J. Rath

shall expect to see you occasionally. There are lots of nice people aboard, and some who are really very interesting. We have a music composer, and a mining engineer, and a chorus girl. There are two ministers. We also have a professional ballplayer and a lady who paints deep sea pictures...

How to Earn a Klub Pennant

THE drawing contest for this month will be for Klub Cousins to illustrate in pictures some event in news—something that happens in your neighborhood...

How to Obtain Your Klub Pin

Beginning with this month, the Klub Pins will be given to each Klub member who secures five new members...

Coupon for Klub Pin: CHILDREN AND OTHERS: Children under 12 years of age are not eligible for Klub Pins...

BEST NOVELS PUBLISHED ON THIS PAGE COMPLETE EVERY TWO WEEKS