MEDICAL NOTES.

CUTANEOUS MALADY ARISING FROM VANILLA.—The interesting investigations made by Dr. Layet, of Bordeaux are thought to satisfactorily explain the nature of certain injurious properties of vanilla. The affections have been studied at a warehouse in Bordeaux, where on an average 25,000 to 30,000 kilograms of vanilla arrive every year. In these storehouses the pods are cleaned, and sorted according to quality,—manipulations which seem to cause certain symptoms among the operatives. At first, an itching of the face and hands associated with a powerful smarting sensation is experienced, and the skin becomes covered by a pruriginous eruption, swells, reddens, and desquamates at the end of some days; at other times there is a feeling of malaise with dulness, stiffness, and muscular pains, necessitating a cessation of labor. The cutaneous malady seems to be due to an acarus which appears as a small, white, rounded body, occupying generally the ends of the pod, and determines the affection by its mere contact. The nervous symptoms, M. Layet thinks, may be caused by inferior pods containing much oily juice.

ONE OF THE FEATURES OF MODERN FRENCH LIFE.—*The London Times* cites as one of the most startling features of modern French life the rapid increase of insanity, the number of cases of which, and especially those induced by alcoholism, is, it says, becoming larger each year. During 1842, the number of admissions into the asylums is given at 13,434, of which 10,184 were new cases, the total number under treatment in the year being 58,760, of which about 27,000 were men and 31,000 women, showing that females are most liable to the disease; that they are also less influenced by treatment is shown by the fact that the average duration of treatment for men is 276 days, while for women it is 295. The character of the brain diseases and the average time required by each class in the asylums, is—simple insanity, 33,629 patients, 287 days average; softening of brain and paralysis, 8,665, 250 days; senile dementia, 4,495, 289 days; idiots and cretins, 5,377, 298 days.

SIMPLE TREATMENT OF INSOMNIA.—Dr. Legare has communicated to the South Carolina Medical Association his few simple and successful rules in the treatment of insomnia, as follows: First, retire early to bed, two hours sound sleep before midnight being of more benefit to the body than double the number of hours in the day; second, eat little, and always some hours before going to bed, and cold food only to be taken for supper; third, the cares and burdens of the mind must be put aside—none to be carried to bed—and no reading or studying there; fourth, the bedchamber should contain pure, sound air, be roomy and high if possible, and the windows be always kept open, except in the night-time; fifth, when in bed, endeavor to lie horizontally, with the head slightly raised, avoiding any forced or constrained posture that makes the body form an angle, as by this means the circulation in the stomach is checked.

ERRORS CONCERNING CARBONIC ACID GAS.—A writer in one of the medical journals argues against the common idea that carbonic acid gas is poisonous. He asserts that it is no more so than water—animals immersed in it die just as they do if immersed in water, and for the same reason, namely, want of oxygen. Birds have been made to live in an atmosphere containing 35.40 per cent of pure carbonic acid and about an equal per cent of oxygen. Yet, when the carbonic acid of respired air rises to 1 per cent, that air is very dangerous poison. The solution of this puzzle is that respired air contains a very small proportion of poisonous organic matter, which is constantly exhaled from even the healthiest lungs; its exact nature is not known, but it is the source of the foul odor so characteristic of badly ventilated rooms. The air from the exit of pipes of a crowded hall darkens sulphuric acid, decolorizes potassium permanganate, and causes water, or a sponge saturated with it, to putrify.

SUBSTITUTES FOR HUMAN MILK.—One of the most notable discussions on the substitutes for human milk in children's diet is that which took place at the fifty-fourth meeting of German naturalists and physicians, at Salzburg. A commission had been previously appointed to prepare papers, the discussion being directed to two points, viz: first, the substitution of natural, unadulterated animal (cow's) milk, for the human milk, and its production; second, the substitution of artificial foods, with or without milk, for the natural milk—their nature and value. After earnest discussion for two days, the conclusion reached in regard to artificial foods was expressed in a unanimous resolution, "that these preparations can in no way be substituted for mothers' milk, and, as exclusive foods during the first year, are to be entirely and completely rejected." Cow's milk was declared to be the only substitute for human milk, and that every effort should be made to insure its purity and goodness.

BOOKS OF THE WEEK.

L' EVANGELISTE. By Alphonse Daudet. Translated by Mary Neal Sherwood. 12mo. pp. 304. (Funk & Wagnalls.)

THE SEARCH AFTER PROSERPINE, AND OTHER POEMS. By Aubrey de Vere. 12mo. pp. 384. (London: Kegan Paul, French & Co.)

OLD CARAVAN DAYS. By Mary Catherwood. 12mo. pp. 306. (Boston: D. Lothrop & Co.)

DOMESTIC PROBLEMS. By Mrs. A. M. Diaz. 16mo. pp. 236. (Boston: James R. Osgood & Co.)

AMONG THE CHOSEN. 16mo. pp. 217. (Henry Holt & Co.)

TIP CAT. By the Author of "Miss Tossey's Mission" and "Laddie." 8vo. pp. 336. (E. & J. B. Young & Co.)

ENGLAND AND CANADA. A Summer Tour. By Sandford Fleming, C. E., C. M. G. 8vo. pp. 449. (Montreal: Dawson Bros.)

MARMION. A Poem in Six Cantos. By Sir Walter Scott, Bart. 12mo. pp. 312. (Thomas Y. Crowell & Co.)

THE LAY OF THE LAST MINSTREL POEM. By Sir Walter Scott, Bart. 12mo. pp. 222. (Thomas Y. Crowell & Co.)

CAMPING AND CRUISING IN FLORIDA. By James A. Henshall, M. D. 8vo. pp. 248. (Cincinnati: Robert Clarke & Co.)

STRAY LEAVES FROM STRANGE LITERATURE. By Lafcadia Hearn. 16mo. pp. 225. (Boston: James R. Osgood & Co.)

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NUMBER 13—JULY 19.
Containing a Mt. Desert Love Story entitled
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Apply to MRS. M. J. YOUNG-FULTON, American and Foreign Teachers' Agency, 23 Union square.

TEACHERS' AGENCY, 36 West 21st-st., N. Y. Professors, teachers recommended to schools and families; careful advice in choice of best schools. H. MESSE.

UNION TEACHERS' AGENCY supplies school officers and families with teachers, and aids teachers in obtaining positions. Apply to A. LOVELL & CO., Managers, 16 Astor place, New-York.

Board and Rooms.

East Side.

WALLACE'S RESTAURANT, 121 5th-ave. Handsomely furnished rooms also at 50 Irving place. Summer prices.

GRAMERCY PARK.—To let, elegantly furnished rooms, with board; house and surroundings unexceptionable; references.

21 EAST 20TH-ST.—Strangers visiting city will find large, cool rooms at $3 and upward. References.

31 EAST 20TH.—Parlor and second floors; private bathrooms; private table, or without board. Single rooms.

West Side.

BOARDERS WANTED at 63 West 35th-st., between 5th and 6th aves.—Large cool double and single rooms, with very superior board; experienced caterer on premises. Visiting transients accommodated. Summer prices.

PLEASANT large and small rooms; excellent board at moderate prices. Transient, $1 25 per day. 44 West 10th-st., near 5th-ave.

7 WEST 31ST-ST.—Pleasant furnished rooms without board.

18 WEST 51ST-ST.—With board; large and small rooms on second and third floors; summer prices.

28 WEST 47TH-ST., with or without board, handsome rooms; summer prices; transients taken.

45TH-ST., 171 West.—Two large and three small rooms, newly furnished, painted, papered, etc., to gentlemen.

68 WEST 38TH-ST. House newly furnished; superior board; summer prices; private baths; highest references required.

Rooms and Flats To Let.

VERY DESIRABLE FLATS and APARTMENTS TO LET all parts of the city.
FOLSOM BROTHERS, 1268 Broadway.

Legal Notices.

CITY COURT OF NEW-YORK.—MOSES E. WORTHEN and WILLIAM P. ALDRICH, Plaintiffs, against HENRY ANSTAD and WILLIAM MOORE WHARTON, Defendants.—Summons.—With notice.
To the above-named defendants and each of them:
You are hereby summoned to answer the complaint in this action, and to serve a copy of your answer on the Plaintiffs' Attorney within ten days after the service of this summons, exclusive of the day of service, and in case of your failure to appear, or answer, judgment will be taken against you by default, for the relief demanded in the complaint.
Dated, New-York, July 1, 1884.
JAMES F. CARPENTER, Plaintiffs' Attorney,
Post Office address, New-York City.
(Office, No. 289 Greene-st.)

NOTICE.—Take notice, that upon your default to appear or answer the above summons, judgment will be taken against you for the sum of three hundred and ninety-six 42-100 dollars, with interest from June 1, 1884, and with costs of this action. JAMES F. CARPENTER, Plaintiffs' Attorney.
To Henry Vanderen and William Moore Wharton:
The foregoing summons is served upon you by publication, pursuant to an order of Hon. S. Burlett Hyatt, one of the justices of the City Court of New-York, dated the 2d day of July, 1884, and filed with the complaint in the office of the Clerk of the City Court of New-York, at the City Hall of the City of New-York.
JAMES F. CARPENTER, Plaintiffs' Attorney.

Steamboats and Railroads.

NEW-YORK AND THOUSAND ISLAND LINE.
Via New-York, Ontario and Western Railway and daily line of steamers from Oswego (including Sundays), touching at Kingston, (Canada,) Clayton, Alexandria Bay. Picturesque route to Thousand Islands. Night express, with Pullman sleepers, leaves New-York 7 p. m., arrives Oswego 7:45 a. m.; boat leaves on arrival of train. Day express leaves New-York 9:40 a. m.
Depots and ferries in New-York foot of Cortlandt, Desbrosses sts. and West 42d-st. Tickets, baggage checked at "Summer Homes" at Nos. 187, 207, 261, 363, 946, 1,323 Broadway, No. 272 Fulton-ave., 168 East 125th-st., 5 Union Square, 1a Brooklyn, 4 Court-st., Astor office, 263 Fulton-st., 7 DeKalb-ave., and depots. Steamer begins trips June 29.
J. C. ANDERSON, General Passenger Agent, 24 State-st.

PHILADELPHIA & READING RAILROAD
to
LONG BRANCH
and the
SEA SHORE
from stations foot of Liberty-st. and foot of Rector-st.
SPLENDID EQUIPMENT.
MAGNIFICENT PARLOR-CARS
and the elegant steamers
ST. JOHNS, CITY OF RICHMOND and JESSE HOYT.
CHOICE OF ROUTES by Sandy Hook or All-Rail.
Leave New-York from foot of RECTOR-ST., PIER No. 8, N. R., on week days, 4:30, 9, 11 a. m., 1:15, 3:45, 4:45, 5:30 p. m., on Sundays, 9, 11 a. m., 6:15 p. m.
Leave New-York from foot of Liberty-st., week-days 4, 7:15, 9, 11 a. m., 12 m., 1:45, 3:30, 4, 4:30, 5:15, 7:30 p. m. Sundays 4, 8:45 a. m., 12 m., 4 p. m.
Direct connection to and from Brooklyn via Annex Boats between Jersey City and Bridge Pier, Brooklyn. Tickets, baggage checks and full information may be obtained at the following offices of the Company.
NEW-YORK:
Nos. 944 and 1,323 Broadway, 737 Sixth-ave., 128 East 125th-st., station foot of Rector-st., and station foot of Liberty-st.
BROOKLYN:
Brooklyn Annex Station, Bridge Pier, 4 Court-st., 860 Fulton-st.
FOR MONMOUTH PARK RACES:
On each Tuesday, Thursday and Saturday until August 23. Leave New-York from Pier No. 8 N. R., 9, 11 a. m., 12:15 1:15 p. m.
Leave New-York from foot of Liberty-st., N. R., 7:45, 9, 11 a. m., 12 m., 12:15, 12:45 p. m.
J. E. WOOTTEN, General Manager. C. G. HANCOCK, Gen. Pass. and Ticket Agt.
H. P. BALDWIN, G. E. P. Agt., 119 Liberty-st., N. Y.

STONINGTON LINE.
For BOSTON and all points EAST.
The only direct line to WATCH HILL and NARRAGANSETT PIER. Steamers leave PIER 35 N. R. daily except Sundays, at 5 p. m.
Three trains from steamers landing through to Boston. First train arrives one hour ahead of any other line. Sure to make connections in BOSTON FOR THE EAST.
PROVIDENCE LINE.
For Providence, Worcester, Nashua, and all WHITE MOUNTAIN POINTS.
Train leaves Providence from steamers landing 6 a. m., runs through to WHITE MOUNTAINS (Fabyans) without change. Parlor cars attached.
Steamers Rhode Island and Massachusetts leave from PIER 29 N. R. daily, except Sundays, at 5 p. m.
Tickets and state rooms for both lines may be secured in New-York at 3 Astor House, 257, 397, 457, 785, 942 Broadway, Fifth Avenue and Windsor Hotels; in Brooklyn at 333 Washington-st., 730 Fulton-st.
Send for summer excursion book.
F. W. POPPLE, G. P. A., 177 West-st., N. Y.

WEST SHORE ROUTE.
VIA WEST SHORE OF HUDSON RIVER.
All trains except the 7:40 a. m. and 4:35 p. m. trains leave from West 42d-st., Cortlandt and Desbrosses sts. stations. The 7:40 a. m. and 4:35 p. m. trains leave from West 42d-st. only.
For Chicago and Detroit 10:00 a. m., *8:00 p. m. Pullman sleeping cars through without change.
Suspension Bridge, Niagara Falls, Buffalo, Newark and Rochester, *10:00 a. m. *8 p. m. Sleeping and parlor cars through.
Syracuse and Oneida, 7:40, *10:00 a. m., *8 p. m.
Utica, 7:40, *10:00, 11:20 a. m., *8 p. m.
Albany, 7:40, 10:00, 11:20 a. m., 4:35, *8:00 p. m.
Saratoga and Lake George specials *5:50 a. m., 11:20 a. m., 3:30 p. m. Elegant trains with revolving chair smoking cars, day coaches and Buffet parlor cars.
Sharon Springs 10:00 a. m., with Buffet Parlor Car through without change.
Albany and Kingston, *7:40, 8:50, 9:20, *10:00, 11:20 a. m., 3:30, *5, 4:35, *8 p. m.
Fleetville, Cairo, Mountain House Station, Kaaterskill, 8:50, 11:20 a. m.
Kaaterskill, Hunter, Summit, Pine Hill, Phoenicia, 9:20, 11:20 a. m., 3:30 p. m. Buffet Parlor Cars to Summit on 9:20 and 3:30 p. m. trains.
For