

Make your boy's food tasty—Mother—for it has to do some big things. It has to make flesh, blood, bone and muscle and supply boundless Energy.

Remember, the boy of today is the man of tomorrow. Don't injure him physically and mentally with indigestible meats, pastries, rich puddings, etc., that act as a drain on his nervous energy. But feed him plenty of

# EGG-O-SEE 10¢

all there is in wheat—and he'll be your heart's joy—strong, healthy, bright, smart and quick at his studies. You won't have to coax him to eat it either, Mother, for its delicious rich flavor when eaten with cream and sugar is just what he craves most for.

**Egg-O-See keeps the blood cool and is the ideal summer food.**

Give him some tomorrow—"there won't be no leavin's." Prepared under conditions of scrupulous cleanliness. Every grocer in the country sells EGG-O-SEE—the whole wheat cereal. If your grocer has not received his supply, mail us 10 cents and his name (15 cents west of the Rocky Mountains) and we will send you a package of EGG-O-SEE and a copy of the book, "back to nature."

### FREE "back to nature" book

Our 32-page book "back to nature," outlines a plan of right living, including menus for 7 days and recipes for preparing the necessary dishes, based on a whole wheat diet, with suggestions for bathing, eating and exercise, illustrated from life, exceedingly simple and attractive. By following its precepts, abounding and vigorous health is sure to result.

Published to sell at 25 cents a copy, this handsomely illustrated book will be mailed FREE to anyone who writes, as long as this edition lasts. Address

EGG-O-SEE CEREAL COMPANY  
560-610 Front Street Quincy, Illinois

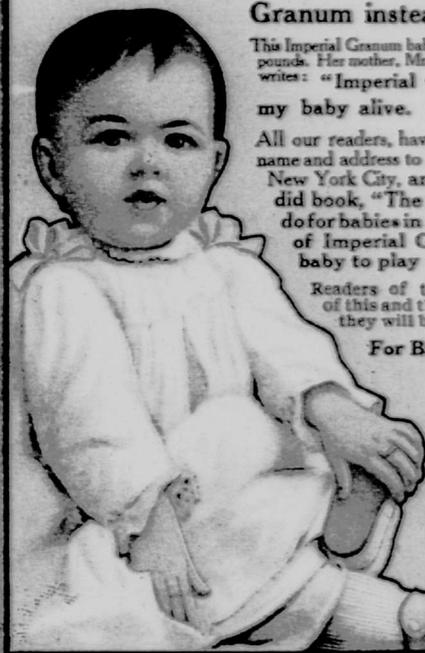


Hot weather is hard on babies especially when teething

# IMPERIAL GRANUM

## THE UNSWEETENED FOOD.

stops bowel troubles quickly and carries the little ones comfortably and serenely through the teething period and warm weather. It is retained and relished by the feeblest stomach when everything else is rejected. It cures the sick babies and keeps the well babies well. Use Imperial Granum instead of barley.



This Imperial Granum baby is Edith McNeill, when one year old, weighed 14 pounds. Her mother, Mrs. L. F. McNeill, 1919 N. Gaetz St., Philadelphia, writes: "Imperial Granum is the only thing that kept my baby alive. I cannot recommend it too highly."

All our readers, having babies, are urged to promptly send their name and address to John Carle & Sons, Desk 61, 153 Water St., New York City, and they will receive FREE the splendid book, "The Care of Babies" which tells what to do for babies in summer, together with a large sample of Imperial Granum and a cute RAG DOLL for baby to play with.

Readers of this paper are advised to take advantage of this and the following offer immediately. We know they will be pleased with each one of the articles.

### For Baby's Skin and Yours Nothing Equals Formical Cream

It quickly cures Itching, Chafing, Sunburn. Better than any powder because it does not clog the pores.

To introduce, we send a large 25-cent tube for 15 cents, charges prepaid, if your druggist's name is sent. Address as above.

N. B. ONLY ONE TUBE TO A FAMILY

## I Want to Place a Chatham Kitchen Cabinet in Your Home for 100 Days' Free Test

SEND for my new Kitchen Cabinet catalogue, pick out the one you like best, tell me which it is and I will quote you a price on it that will surprise you. On that quotation I will let you use the Cabinet 100 days, as a Free Test, in your own home—to prove it is all I claim. When that 100 days is up, if the Cabinet hasn't won its way into your heart—if it hasn't made your work easier—if it hasn't saved time, steps and backache for you—if it hasn't made your household supplies go further and helped you to keep your kitchen in better order—in other words, if you are not thoroughly satisfied and pleased with it, you needn't keep it. You can send it back to me at my expense, not yours. The 100-day test won't cost you a penny for freight, as I will pay freight both ways. You see, I am so sure you will find the Chatham Kitchen Cabinet all I say that I feel I can afford to make you this offer.



### Back of this Liberal Offer

is the 25 years' reputation of my company for high grade cabinet work and our two big wood-working factories—probably the largest in the world. The price I will make you on a Chatham Kitchen Cabinet will surprise you. Let me tell you why. In addition to being the largest in the world, my factories are equipped with the latest improved wood-working machinery. We have ample capital to buy lumber and materials in great big quantities, and we get them at rock bottom prices. Then, our workmen are experienced—they know the kitchen cabinet making business from A to Z. All this means first class Kitchen Cabinets at the lowest possible cost. I save you 30 to 40% on what other people charge you for cabinets not so good as the Chatham. I allow you to take the Chatham on 100 days' free test, because I want you to see for yourself just why and how the Chatham Kitchen Cabinet is better, in every way, than any others you have ever had a chance to get on any plan.

Now there isn't room enough to tell you about the points of superiority—the dust-proof partitions between drawers—the mouse-proof metal bottoms of the Cabinets—the special chair which enables you to sit down to work with everything within arm's reach, and a lot of other advantages. If I could tell you about all these things here, it wouldn't be necessary for me to send you my catalogue, because you would then know just why the Chatham Kitchen Cabinets are best and most complete, and you would want one at once. But, advertising space costs too much to tell you the story here, so write and get my catalogue and let me quote you a price and tell you all about the Chatham Cabinet—the 100 days' free test—and if it doesn't prove everything I say about it the test won't cost you a cent. Write TO-DAY—do it now—for my catalogue and personal letter, and I'll tell you the rest of the Kitchen Cabinet story.

Let Me Quote You a Price on a Chatham Cabinet NOW.  
**The Manson Campbell Co., Ltd.**  
700 Wesson Avenue, - - DETROIT, MICH.

## As Dainty as the Fragrance of Flowers

There is a subtle charm in daintiness, whether it be that of flowers or of foods—the dainty always appeals to our senses, and particularly to the sense of taste.

You like dainty foods, whether you are a man, a woman or a child, and of all the dainty, delicious, appetizing and satisfying foods there is nothing that can compare with

# Quaker Rice (Puffed)

The marvelous, patented process that both puffs the rice kernel to many times its natural size and cooks it to a dainty, nut-like crispness at the same time, makes of rice a new food, far more enjoyable than anything made of rice which you have ever tasted.

All the purity, strength and goodness of the rice is retained, and to it there is added the charm of a most delicate flavor and an exquisite lightness that make you think you can never get enough.

To the joy and delight of every child who loves sweets, full directions for making many wholesome confections, such as Quaker Rice Candy and Quaker Rice Brittle, will be found on each package. Made in your own home, you know they are pure.

Quaker Rice is sold by grocers everywhere at 10 cents the package. Made by the Manufacturers of Quaker Oats. Address, Chicago, U. S. A.

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