

HOW TO BE GIRLISH THOUGH STYLISH

Maiden Charm Preserved in \$7 Graduation Dresses of Washington Irving High School Girls.

No draped skirts. Skirts at least sixty inches wide. Cost, \$7 or under. Petticoat opaque. No silks allowed. These are the rules which curb the sartorial ambition of the chic girl graduates of Washington Irving High School.

Fifth avenue that it is imperative that some one point out to these schoolgirls that simplicity is their greatest charm.

"We have to fight all the time against silk. A girl sees a beautiful silk gown in a Fifth avenue shop. She wants one like it. We have to point out to her that that gown is worth hundreds of dollars, perhaps, and she could not hope to achieve anything that would be more than a caricature of it.

"The \$7 limit was made for those girls who cannot make their own dresses, but must pay a dressmaker. The girls who make their own keep within the \$7 limit, though, of course, they are not obliged to. One of the prettiest dresses has cost about \$5. That is because the girl bought a good quality of shadow lace. The overskirt is made of the lace, and the blouse has a little draped jacket of it, too.

"Yes, we had to forbid the draping of skirts. That is a style very pretty in girls, but not graceful in cotton. The girls all wanted these fantastic draped effects, but when I told them to go into a couple of the best stores and look at the high priced cotton dresses, they saw my point. It wasn't necessary then to remind them of ironing day, when they should come to that draped skirt in the wash.

"The last rule we had to make in regard to the petticoat came after we had seen some of the girls being fitted. In their anxiety to get material that would not be clumsy under the light dress skirt, they had provided themselves with skirts that were altogether too diaphanous. 'A lady is a lady from her dress down,' we told them, and they all went off to find some fabric that is soft but opaque."

GIRL BEGINS 'FRISCO TRAMP

Fair Vegetarian Has Letter from Gaynor to Harrison.

Bearing a letter from Mayor Gaynor to Mayor Carter Harrison of Chicago, Miss Gladys Mason, a comely and athletic young woman, about twenty-five years old, who lives at No. 214 West 8th street, started from the City Hall yesterday to walk across the continent.

Miss Mason was unable to see the Mayor, as he was engaged with other callers, but she talked with James Matthews, his executive secretary, who secured a letter from the Mayor which will introduce her to the Chicago Mayor.

From Mayor Harrison she intends to get another letter to the Mayor of San Francisco.

Miss Mason is an exponent of the simple diet, and this trip is taken largely for the purpose of showing that exhausting physical exercise can be taken on a diet of fruits, cereals and vegetables. She does not eat meat. A woman friend goes ahead of Miss Mason to take charge of her baggage. A man is accompanying her as an escort.

The Woman About Town

LEMONADE AND THE HEART.—The owner of the lemonade stand in the Greek section at the lower end of Washington street is a firm believer in advertising. Hanging over his stand is a very crude sketch, which, he said, is meant for a hint to the lads when they take their lasses a-strolling. The picture is of a young lady. Underneath is the sign, "I penny." Could anything be more obvious? Picture bashful maids passing, with heads averted and their artless manner proclaiming they didn't know there was any lemonade in sight. And the young swains? Do they also turn their heads to avoid noticing? We hope they aren't so foolish, for who knows but what in Athena's heart a glass of cold lemonade may be the deciding point in their favor.

TO DUST RETURN.—Such a glorious time was the toddler in Elizabeth street having by her "lonesome" with a chunk of watermelon that we stood, fascinated, to watch her, when down she flopped, the melon landing in a heap of dirt. Did that matter? Bless you, that only lent additional flavor. She sat down, in a perplexed way, as if wondering why equilibrium was so often upset. She munched for a time, walked a few paces and down she went again. The remaining piece of melon was a sight. We just couldn't let her eat it, but at that instant she crammed it, rind and all, into her small mouth, lay down on the walk and kicked up her heels, while we continued our walk, cogitating upon the many ways of bringing the kiddies up—and down.

THE WEIGHTY QUESTION.—All sorts and conditions of people were getting on and off the penny scales. The Fat Woman: "Mercy! Two hundred pounds? There's something wrong with your scales. Last time I was only 199 pounds. Two hundred! Oh, dear! That means I must go back to butter-making!" Those troubled with a voracious look sympathetic. The "average weights" seemed amused, while those built on lines of the string bean appeared positively envious. She of the perfect figure got on and beamed. She didn't have to be told her weight.

THE TECHNIQUE OF RESTING

All Workers Should Master It, but Particularly the Home-Maker—Dortzal's Rules for Relaxing.

The woman who meets every day worries in a sensible manner is the one who is a success, no matter how small her sphere. In making a success of one's duty and one's life it is far easier to go along the lines of least resistance than to worry and hurry and fret over conditions that cannot be altered by such mental gymnastics as worry and torment.

To flog the nerves into hard work is almost as cruel as to flog slaves into tasks. When these sensitive members scream out in pain there is never any one to understand or to be compassionate; the burden of worn out nerves must be borne and the lash painfully regretted.

One must be able to husband strength and keep in reserve some of the forces lavished upon us by a kindly nature. This is particularly the case in the home life, for the "home maker" does not even have the amount of distraction and change that the business woman has. The business woman's hours are fixed, and as a rule she gets needful change of scene as she goes to and from her office, but the "home-maker" does not get even this little glimpse of alien faces and scenes.

Home duties should and can be regulated in the same way as business, but even then there must be a large degree of flexibility; peace and rest are needed in the home as well as in any other phase of life. In creating a "home" one must not stifle or sacrifice one's self. And above all the fact must be realized that rest is only a balance of forces.

Routine is one of the deadly sins. A sense of old age invariably follows upon a steady routine method of life and thought. Bodies decay and lose vigor through thinking over the same set of thoughts and doing the same thing over and over, day in and day out.

Complete relaxing of every muscle is absolutely necessary to keep the mind and body sweet and cool. Do not fret over trifles, the little details of every day life, let things quietly take their course doing the very best within your power. Learn to keep still, keep still inwardly as well as outwardly. Allow the hands, feet and head to become relaxed, and a mental calm will be the result that is both refreshing and invigorating. Allow yourself to make no motion that has not a purpose and an aim.

Take the advice of Herbert Spencer and rest your head first. "I always put my head to sleep for an hour a day," he said, when asked how he did so much work. Dortzal, who at one time took the great French beauty prize, is quoted as giving this talisman for rest: "I know how to rest, even when I am talking. When I am tired I don't try to get away but rest where I am. I have learned the secret. I stop talking for one thing, so rest my face, my throat and my lungs. Then I rest my neck. I take the strain off my eyes. You can do this only by elevating your feet. Do not attempt to put them too high, but on a high footstool. That is the best way in the world to take the strain off the spine. Lift your feet, get the pull away from off the back of the neck. Rest the head against something. Don't turn or twist the neck. Don't tip the head too far back. Don't attempt to rest the head against anything that is unstable. Rest the shoulder blades against something firm and about the shape of your back. Have the elbows supported. And don't let the hands be cramped."

weight, for she already knew that she was just right. You secretly suspected her object was merely to give the on-lookers an opportunity to admire her trim form. Then the children jumped on and off gleefully, caring nothing of the result which their mothers anxiously awaited. Throughout it all the weighter maintained perfect calm—now and then upholding the accuracy of his machine, for to him the weights of his patrons are immaterial, while their pennies are a weighty consideration.

Daily Bill of Fare.

THURSDAY. BREAKFAST.—Creamed farina, porridge with cream, rolls, coffee. LUNCHEON.—Baked cheese omelet, strawberries, buns, tea. DINNER.—Breaded veal cutlet, tomato sauce, mashed potatoes, stringbean salad, pineapple sponge, coffee.

WANT MRS. CATT TO STAY

Delegates Ask Her to Continue as President of I. W. S. A.

Budapest, June 17.—Mrs. Carrie Chapman Catt, of New York, president of the International Woman's Suffrage Alliance, was presented to-day with an address signed by the delegates of all the countries represented at the congress, assuring her of their love and esteem and begging her to reconsider her intention to resign the presidency. The whole meeting rose and remained standing while the address was being read.

Mrs. Catt warmly thanked the delegates. She said she would announce her decision later, but her personal opinion was that the president should serve only one term. Great efforts were being made to persuade her to continue in office, as international jealousies, especially continental dislike of Great Britain, render it very difficult to elect a president from any European country.

This anti-British feeling, it is said, was largely responsible for the defeat of the proposal made by an English delegate to establish an international press bureau, which was strenuously opposed by the German, French and other continental delegates.

James Adams, of Chicago, and the Rev. Anna H. Shaw, of New York, were at a largely attended mass meeting this evening.

SPECIAL EUROPEAN COLMNS

EUROPEAN ADVERTISEMENTS. LONDON SHOPS.

RARE ANTIQUE FURNITURE. Visitors to London are invited to inspect the splendid Exhibition on view in the Galleries of MAPLE & CO LTD TOTTENHAM COURT ROAD LONDON

AMERICAN Groceries DIRECT IMPORTERS RT. JACKSON & CO. 171-172, Piccadilly, London Purveyors to The American Embassy Detailed Price List on Application

IRISH LACES.—IRISH LACES. The Irish Warehouse. 147, Regent St., London.

IRISH LACE COATS. Irish Hand Embroidered Shirt Waists, Irish Table and Bed Linen, Towels, etc. Irish Lace and Linen Dinner and Luncheon Cloths, Irish Linen Centre, Cushion Covers, etc.

LOWEST CASH PRICES. One Retail address, 117 Regent Street. THE IRISH WAREHOUSE. PENBERTHY'S Gloves and Hosiery.

PARIS SHOPS. SPAULDING & CO., DIAMONDS—JEWELRY. WATCHES—SILVERWARE—ETC. 36 Avenue de l'Opera, Paris, Michigan Ave. and Van Buren St., Chicago

PASSAIC MOOSE HOLD FETE. Carnival Week Is Attracting Big Crowds of Lodge's Friends.

Advertisements. AIDS TO BEAUTY AND HEALTH SEARCHERS. GROWING HAIR—You can prevent dandruff, itching scalp and falling hair and put your scalp into a perfectly healthy condition by using a good quality tonic made in this way: Get an ounce of quinine, dissolve it in 1/2 pint alcohol and add 1/2 pint cold water. This tonic is refreshing and restful to the head as well as being much more effective than any of the ready-made, expensive remedies you might buy.

WRINKLE REMOVER—Make your own greaseless cream-jelly wrinkle remover at little cost by pouring 2 teaspoonfuls glycerine into 1/2 pint cold water, then adding 1 ounce almond. Disperse thoroughly before using. Apply thickly and leave over night. Then apply more cream and massage skin until the cream-jelly disappears. This is splendid for correcting every facial complexion because it gives natural beauty and certain results follow when this almond cream-jelly is used to banish wrinkles and round out hollows.

MAKING EYES SPARKLE—If your eyes lack sparkle and expression, try dropping one or two drops of the following tonic in each at brief intervals. It will strengthen your weak, tired eyes and lend the brilliancy and depth which can only be noted in a perfectly healthy eye. Get an ounce of crysots at any drug store and dissolve in a pint of clearest water. Good also for inflamed eyes.

Official Record and Forecast.—Washington, June 17.—Temperatures above the seasonal average continued on Tuesday throughout the middle Atlantic states, and the warm wave prevailed with somewhat increased intensity in the lower Ohio, middle Mississippi and Missouri valleys and the southern states. Tuesday's high temperatures were reported on Tuesday: Evansville, Ind., 109 degrees; St. Louis, Springfield, Ill., Cairo, Ind., 107; Pierre, S. D.; Savannah, Augusta and Thomasville, Ga., 98 degrees. A temperature of 92 degrees was recorded at a number of places in the middle Atlantic states. The weather is somewhat cooler in the region of New York, New England and the interior of New York. There were widely scattered thunder showers in the last twenty-four hours in the Atlantic states, the Ohio Valley, the upper lake region and the upper Mississippi Valley and general showers in Texas.

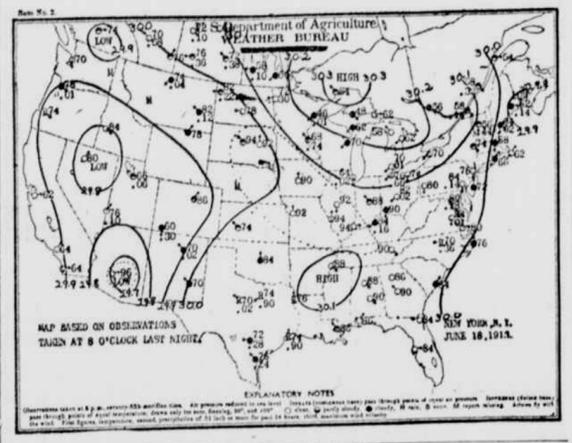
The indications are that showery weather will continue in the Southwest states and local thunder showers are probable along the north border from upper Michigan westward. With these exceptions the weather will be generally fair during Wednesday and Thursday throughout the fair weather zone. High temperatures will continue on Wednesday and Thursday in the southwest states, the lower Ohio and middle Mississippi valleys. In the middle Atlantic states and Southern New England slightly lower, while over the lake region moderate temperatures Wednesday will be followed by warmer weather Wednesday. Moderate temperatures will prevail Wednesday and Thursday over the southwestern states and the Rocky Mountains and the New England and middle Atlantic coasts will be light to moderate with some drizzle or rain, moderate east and west Gulf coast, moderate southeast and east, on the upper lakes, moderate east.

Forecast for Special Localities.—For Eastern New York, fair to-day, not quite so warm south portion; Thursday fair; light to moderate north winds. For Eastern Pennsylvania, New Jersey, Delaware, Maryland and the District of Columbia, fair and not quite so warm to-day; Thursday fair; light to moderate north winds. For Southern New England, fair and not quite so warm to-day; Thursday fair; moderate north winds.

Humidity. S. M. 42 | 1 p. m. 35 | 8 p. m. 44 Official observations of United States weather bureau, taken at 8 p. m. yesterday, follow: City. Temperature. Weather. Albany 72 Cloudy. Atlantic City 72 Cloudy. Boston 70 Clear. Buffalo 70 Clear. Chicago 70 Clear. New Orleans 84 Cloudy. St. Louis 84 Clear. Washington 80 Clear.

Local Official Record.—The following official record from the Weather Bureau shows the changes in temperature for the last twenty-four hours in comparison with the corresponding date of last year: 1912 1913. 3 a. m. 62 74 6 p. m. 71 82 9 a. m. 69 80 11 p. m. 71 75 8 p. m. 79 84 12 p. m. 84

Highest temperature yesterday, 87 degrees (at 2 p. m.); lowest 72 (at 7 a. m.); average, 80; average for corresponding date last year, 78; average for corresponding date last thirty-three years, 69. Local Forecast.—Fair to-day, not so warm; to-morrow, fair, light moderate north winds.



THE WEATHER REPORT.

Official Record and Forecast.—Washington, June 17.—Temperatures above the seasonal average continued on Tuesday throughout the middle Atlantic states, and the warm wave prevailed with somewhat increased intensity in the lower Ohio, middle Mississippi and Missouri valleys and the southern states. Tuesday's high temperatures were reported on Tuesday: Evansville, Ind., 109 degrees; St. Louis, Springfield, Ill., Cairo, Ind., 107; Pierre, S. D.; Savannah, Augusta and Thomasville, Ga., 98 degrees. A temperature of 92 degrees was recorded at a number of places in the middle Atlantic states. The weather is somewhat cooler in the region of New York, New England and the interior of New York. There were widely scattered thunder showers in the last twenty-four hours in the Atlantic states, the Ohio Valley, the upper lake region and the upper Mississippi Valley and general showers in Texas. The indications are that showery weather will continue in the Southwest states and local thunder showers are probable along the north border from upper Michigan westward. With these exceptions the weather will be generally fair during Wednesday and Thursday throughout the fair weather zone. High temperatures will continue on Wednesday and Thursday in the southwest states, the lower Ohio and middle Mississippi valleys. In the middle Atlantic states and Southern New England slightly lower, while over the lake region moderate temperatures Wednesday will be followed by warmer weather Wednesday. Moderate temperatures will prevail Wednesday and Thursday over the southwestern states and the Rocky Mountains and the New England and middle Atlantic coasts will be light to moderate with some drizzle or rain, moderate east and west Gulf coast, moderate southeast and east, on the upper lakes, moderate east.

Walpole Bros. Irish Linen Manufacturers. PURE LINEN HUCKABACK TOWELS. Hemmed—per dozen. 3.00 3.50 4.50. Hemstitched—per dozen. 5.00 6.00 8.00 9.50 10.50 12.00 15.00 18.00. PURE LINEN DIAPER TOWELS. Hemstitched—per dozen. 10.50 11.50 12.00 15.00 16.00 18.00. PURE LINEN GUEST TOWELS. Hemstitched—per dozen. 3.50 4.50 5.50 6.00 6.75 7.00. Scalloped—per dozen. 4.50 6.00 10.50 11.50 15.00. Embroidered—each. 1.00 1.25 1.50 1.65 2.00 2.75. BATH TOWELS. Hemmed—per dozen. 3.00 4.50 6.00 7.50 9.00 12.00 16.00. Hemstitched—per dozen. 6.00 13.00 17.00 21.00 24.00. BATH MATS. 1.00 1.25 2.00 2.25 2.75 3.00 each. WASH CLOTHS. 1.20 1.50 1.75 3.00 per dozen. Please Write for Our Illustrated List. 373 Fifth Avenue, New York. Also of LONDON DUBLIN BELFAST MELBOURNE. Factories in Belfast and Waringstown, Ireland. Established 1766.

Laurette Taylor. In "Peg O' My Heart," now playing to crowded houses at the Cort Theatre. Uses La Rosita Hair Tonic. SHE SAYS: "Don't envy the woman with beautiful hair. Go to your nearest druggist, get a 50c. bottle of LA ROSITA HAIR TONIC and give the roots of your hair the necessary nourishment by using daily." Toilet Products Co., 294 Pearl Street, New York.

FOREIGN RESORTS. The Most Fashionable HOTEL PARIS and RESTAURANT in PARIS IS THE CONTINENTAL ENTIRELY RENOVATED. The home of many DISTINGUISHED AMERICANS when in Paris.

GERMANY'S EXCLUSIVE LEADING HOTELS. BERLIN. ATLANTIC-KAISERHOF. HAMBURG. ATLANTIC-PORDE. The choice of Critic and Connoisseur. High class service a feature at these unusual hotels. Each under same management ensuring excellence and attention. Free Booklets from N. Y. Tribune, or Town & Country 389 5th Ave., N. York.

The Finest Seaside Resort on the North Sea OSTEND (Belgium) 5 Hours from London or Paris. HOTELS ON THE SEA FRONT. Hotel de la Plage The Continental . . . 400 Beds. And Restaurant De Luxe "Splendid . . . 400". Entirely Rebuilt & Refurnished. 400 Beds—Rooms from \$1.20. ALL HAVE PRIVATE BATHS & BALCONIES. OVERLOOKING SEA. A. DELEURCH & CO.

VICHY—Leading Finest Hotels: DU PARC, MAJESTIC, CARLTON, & THERMAL. J. ALETZ, Director.

INTERLAKEN Hotel Jungfrau. A. Müller, General Manager. BOTH ON THE HOHEWEG.—Adjoining Casino. Near American Hotel Comfort & Luxury, Golf etc. Hotel Victoria.

INTERLAKEN HOTEL REGINA JUNGFRÄUBLICK. Visited by the Queen of England. First Class Residential and Transient Hotel. Elevated position; Superior view of Jungfrau, etc. Immense private park. Garage. Tennis & other sports.

EMS Leading Spa for Throat Troubles, Bronchitis, Etc. —Garage—SUITES with PRIVATE Bath.

BADEN-BADEN, HOTEL REGINA. The most up-to-date. Beautiful Garden. 12,000 square yards. Private Baths, etc. Terrace Restaurant. Garage. Fine View Black F. rest. Mountains, and Town. J. LIPPERT, Prop.

BONN-GRAND HOTEL ROYAL. (On Rhine). Finest Hotel on the Rhine; with large Terrace facing Steamer Landing. Up-to-date. W. O. KONIG, Manager (late of Dom Hotel, Cologne).

WILDUNGEN - Gd HOTEL FURSTENHOF. (Germany). —MAGNIFICENT TERRACE RESTAURANT—Eminent American Patrons. Entirely Rebuilt. The Newest, Largest and Finest. 200 Apartments and Rooms. 80 Thermal and Private Baths. Booklets from Town & Country, 389 5th Avenue, New York, or Tribune Office.

GENOA - HOTELS. BRISTOL SAVOY LONDRES. The New Palatial and Luxurious Hotel in Town. Distinguished. Unique. First Class. Telephone in every room. First Class, Opposite Station and Port. Newly Renovated. Royal Patronage. Near Garage International. Climate of Genoa same as the Riviera. No Smoke or Noise from Trains.

TURIN HOTEL D'EUROPE. Up-to-date. Very best and Central Position. Autobus. No Charges for Garage.

GRAND VENICE Hotel Royal Danielli. Every American comfort and luxury. Located on the Grand Canal, the view from balconies and terraces is marvellous.

LONDON HOTELS. THE CARLTON Hotel, Restaurant, and Grill Room, LONDON.

HOTELS IN GERMANY. MUNICH The Most Beautiful and Modern in Germany. FOUR SEASONS HOTEL. NUREMBERG The Hotel de Luxe. 250 Rooms with Baths. Sendig's Wurttemberger-Hof. STRASSBURG—Facing Station. Private Bath, etc. HOTEL NATIONAL.

WIESBADEN (Hot and cold water in every room.) PALACE Hotel & Baths. WIESBADEN OPPOSITE KURHAUS & PARK. IMPERIAL HOTEL.

HOTELS IN RUSSIA. RUSSIA:—MOSCOW, 1st Class HOTEL BERLIN. Up-to-date—150 Bedrooms, American and English Patrons, Swiss Proprietors.

AUSTRIA, HUNGARY, SWITZERLAND. VIENNA The Finest Hotel in Austria. HOTEL BRISTOL. Located on the Fashionable Karntnering and the favorite resort of Americans. Perfect French Cuisine and choice wines.

AUSTRIA:—The Tyrol HOTEL TYROL, INNSBRUCK. Great Motor and Coach Excursion Centre. The Passion Play in all simplicity this season at Brinsley, 1 1/2 hours by motor from Hotel Tyrol.

BUDAPEST Gd Hotel Hungaria. First-Class Hotel with Panoramic View over the Danube. Every modern comfort. Exclusive American and English patronage. Directors, BURGER-WONKE, Managers.

BUDAPEST HOTEL BRISTOL. Overlooks the Danube. Highest Class. All American Comforts.

CARLSBAD HOTEL NATIONAL. Marienbad Resort Cure of King and Queen. Hotel Edward. 1899-1909.

MARIENBAD HOTEL WEIMAR. In Beautiful Private Park. GENOA. "EDEN PALACE".

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