

WOMAN'S VARIED INTERESTS

Nourishing Bananas

Contain More Food Value Than Most Fresh Fruits—Recipes.

BANANAS furnish a greater degree of nourishment than is found in any other of the fresh fruits. In the large cities they give the purchaser more for the money expended than almost any other fruit. In addition to their nourishing qualities, the taste is very agreeable to nearly every one, either in their raw state or cooked and combined with other foods.

Children, in particular, are usually very fond of bananas, but, like many other articles of food, they are easily digested by some people, while others find them a trifle heavy when eaten raw. For that reason it is better to cook them before serving to children. The following dishes will prove very palatable and nourishing for the lunch-room table:

Baked Bananas.

Parse half a dozen bananas and cut in halves. Place in an earthen baking pan, well buttered, dust with sugar, put a little butter on each and squeeze lemon juice over them. Bake until delicately browned. Serve either hot or cold.

Fried Bananas.

Cut in thin slices lengthwise and put in hot butter in frying pan. When browned, sprinkle with lemon juice and serve. They may be served with a little tart jelly or marmalade or with maple syrup.

Banana Salad.

Cut into four strips, chop some peanuts fine and roll bananas in the chopped nuts. Fill lettuce heart with mayonnaise. Arrange banana slices around lettuce heart, and serve cold.

Banana Fritters.

Cut in quarters. Place the pieces in a bowl, with two tablespoonfuls of sugar and three tablespoonfuls of orange juice or wine, and let this preparation stand for one hour. Make a batter, add slices, being careful to get the latter all over them. Drop by spoonfuls into hot fat and fry. Drain, and serve with maple syrup.

Banana Custard.

To make enough for five persons, allow one pint of milk, half a teaspoonful of salt, one teaspoonful of vanilla, two tablespoonfuls of cornstarch and two tablespoonfuls of sugar. Wet the cornstarch in half a cupful of milk, then beat the rest of the milk in a double boiler, and when it is boiling add the custard. Cook eight or ten minutes and then put in the salt and sugar. Remove from the fire, and when partly cooled add the vanilla. Slice three bananas very thin and add to the custard, turn into moulds and set on ice until thoroughly chilled.

For Matron, Maid and Child Are the Forthcoming Dutch Spring Costumes



It appears as though Fashion were recognizing the admirable conduct of Holland in the world war and in grateful recognition patterning her modes for the year after her costumes, for both Worth and Bernard have launched Dutch designs this season. Worth's creation, received with much applause, was called "Hook of Holland," and Bernard showed a "Dutch Lady." Both of these designs have been much copied in New York and London.

The diagonal closing of the front of the dress and the embroideries on the big side pockets of the Worth model give it its character, while the outline of the skirt suggests the clumsy breeches of the Dutch peasant's costume, and as if to show one how faithfully the model has been copied from her attire, the little Dutch girl stands at the back

of the illustration. Especially for young girls and for children should the Dutch appeal to makers of attire, for it lends itself well to harmonization with the ordinary apparel of the modern days. The Dutch influence is forecast to be much in evidence in headgear.

The wide skirt grows wider, if such masters of dressmaking art as Cheruit and Callot are to be believed. Two copies of forthcoming spring models are here illustrated at the right. The first is a gown from Cheruit, made with full, uneven-length skirt of sheer white lace over a foundation skirt of white satin, appliqued with pink roses.

The black velvet bodice is extremely low and sleeveless. The slippers are silver, with black and white buckles, with flesh pink hose.

With this is worn a scarf of white wool, crocheted in Russian pattern, with an inlay of scattered black designs.

At the right is a gown from Callot, worn in London by an American

actress. The foundation is of white pleated tulle, and the godet drape is formed of black and silver brocade, the points being heavily weighted with jet ornaments. High white boots with red heels accentuate the shortness of the skirt.

The very scanty bodice is entirely of white tulle, and is held across one shoulder by a string of black pearls.

Sketches from *The Dry Goods Economist*

If You Delight in Home Carpentry

THE woman who delights in home carpentry and desires efficiency in the kitchen will want to take hammer in hand at once and construct either or both of these useful kitchen shelves. Not only are they simple to build, but they have the additional advantage of taking up so little room that one does not realize their presence.

10 inches, fitting snugly into a corner or behind a door where no other piece of kitchen furniture would be adaptable. It is also entirely open in its construction, the slender uprights that support it being so placed—two at the front, across the ends, and two at the back—that there is not a dust-collecting corner. A damp cloth quickly passed over each shelf easily removes every particle of dirt.

For the sink rack two planks of the same lumber are needed, each 12 feet long and 10 inches wide. They are sawed into four boards of equal length—5 feet 9 inches—two of them serving as shelves and the other two as the supports. The standing parts are adjusted to the top shelf and nailed, each end extending about two inches to give finish and proportion. The second shelf, ripped to seven inches in width, is then fitted and set in, resting upon two cleats that are nailed to the uprights.

The little cabinet, which holds a surprising number of supplies, mixing bowls and canisters on its six shelves, covers a space of only 22½ inches by

Materials for Construction.

To build this convenience one clear Georgia pine plank 12 feet long and 10 inches wide, and four strips, 1 by 3, each 12 feet long, are required, double dressed to three-quarters of an inch in thickness. The plank, sawed into lengths of 22½ inches, will form the six shelves, while the narrow pieces, each cut to 5 feet 10 inches, will constitute the standards.

Easy to Install.

It is in the installation of this unique rack that the greatest surprise is in store, for when adjusted over the sink and drainboard only two nails, driven through the right-hand support and into the end of the drainboard, are necessary to hold the shelves firmly in place. Of course, this would not be true if the pieces were not carefully and strongly joined and the structure did not stand squarely upon its two broad feet.

Having Returned to Stage, Motherly Actress Says She Missed Only Glorious Vagabondage.

Acting Herself More Comfortable Than Watching Husband Perform

Mrs. Otis Skinner Tells of the Agonizing Suspense Attending a Star's Wife.



MRS. OTIS SKINNER

"I CAN imagine nothing more agonizing than watching a first night, when one's husband is the star. It is a million times worse than one's own first night. For seven years I have borne with agonizing suspense the testing first nights, and now—I am one with it again, and with my husband."

Mrs. Otis Skinner, who is appearing on the stage in "The Silent Voice," for the first time in seven years, was explaining how it feels to "come back." She returns with fresh enthusiasms and new viewpoints after her contented life in the little home at Bryn Mawr, Penn. She felt no urgent desire to return to the stage until her husband, who is starring in "The Silent Voice," told her of his plans for her. Then she found the old enthusiasm was still surprisingly present.

"Did I miss acting? Not a bit! Do you know what I missed more than anything else? I am ashamed to tell you, and she smiled in humorous acknowledgment of guilt. "I miss the glorious vagabondage of the road. You know we actors have always been known as the mummies and gypsies of professions. And it is true. We are gypsies and we adore it. One night when I was sitting in my cozy little cottage, a lamp at my elbow, a bright fire on the hearth, and the wind whistling outside, I heard the call, and was wild to take the sleeper to some place or other, just to be going again."

Despite the brightness of her brown eyes, Mrs. Skinner has the look of one who loves her home and family above everything else. To her a bit of change but makes the home standards more clear and appreciable. "Tawnoker," meaning "The Dear Little House" in Roman language, is the name of their home.

Mrs. Skinner proves that home life and the stage are not incompatible. Here is exemplary husband and devoted wife.

"I have never missed one of my husband's first nights. And the torture of first nights"—she sighed in retrospective terror. "You don't know how hard they are for the actor's wife."

"An actor's wife, and especially a

its consequent breadth that induced her to make the town of Bryn Mawr her home, where, surrounded by colleges and preparatory schools, the strongest intellectual forces would bear upon not only her, but her daughter particularly.

"We live in a wonderful community. It is always inspiring, for the women there are big souls. They have reached the greatest fullness of life, and have realized all its beauty, all but that of love."

Her daughter, Coligny, who is but fifteen years old, shows already rather fine abilities in acting.

"But," said her mother, "we intend that she should not think of it at all seriously until she is at least nineteen. There will be time for consideration of the subject then. We want her to go to Bryn Mawr. I think a college education is a splendid thing for women to-day. I always regret that I have not had one. So much is open to the college woman, for her life has given her a tremendous verve, has thrown open to her so many interests, and has laid the foundation for so broad a knowledge. I think an actress should avail herself of its tremendous advantages."

"Now I have to go and be good. I feel as excited as an ingenue. Even more, for I know lots more about audiences now than I did then. For while I was the private lady I was really sitting in the front row most of the time, watching."

We went to see Mrs. Skinner to find out just why she had returned to the stage. Popular mind, which has always been very fond of her, knew of her after her retirement merely as a model wife. She had turned into a home-loving woman, one who shunned publicity and allowed the world to know of her only as the wife of her husband.

And now she is back before the footlights again, partly because she feels that the home is not large enough for any woman, and partly because of the old call of vagabondage—the gypsy call which seven quiet home years could not quell.

It was this thirst for education, and

UNUSUAL CHILDREN'S FROCKS



The unusual note is sounded in these frocks for children. The first, with overskirt of black velvet, is worn with a dress of fine white linen, while the second, of figured silk, has a yoke of light green silk, silk braid and button adorned.

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CENSURES SUFFRAGE PARADES

Mrs. Scott Warns of Social Evils That Menace Girl Marchers—"Anti" Lecturer Bids Women Reform Dress and Care for Home.

That suffrage parades are in part responsible for the social evil was asserted yesterday by Mrs. William Forse Scott, the anti-suffrage lecturer, in a debate with Mrs. Thomas W. Hepburn, president of the Connecticut State Suffrage Association. A large audience of suffragists filled the rooms of the Equal Franchise Society, at 8 West 37th st., to hear the clash between the two.

Mrs. Scott's attack on votes for women parades followed a criticism of women's clothes, which were, she said, in many cases indecent, and which the wearers had better reform instead of demanding the ballot.

"In your parades," she continued, "I have seen little girls out at 10 o'clock at night, wearing yellow badges—yellow badges, ladies, on the street! You talk of trying to cure the social evil. It is such things as I describe that start girls on the downward path. My advice to you is to cease demanding the vote, with which you could do nothing, and to stay at home and take care of your children. Remember, that all the votes in the world cannot accomplish as much as one obscure woman doing her womanly duty at home. I don't know whether Mrs. Hepburn has any children—"

"She has four!" cried a voice. Mrs. Scott's reply was lost in the laughter that followed.

When she could make herself heard the "anti" lecturer told her audience that women oughtn't to tell men that they could make the world better by their vote, when morally they were far more in need of retraining than men.

"That is not just my opinion," she said. "I take it from the United States census. I find by the last census that 90 per cent of women were divorced for adultery against 65 per cent of men. In the face of that, we have no right to say we can teach men morals. We ought first to make a record of which we need not be ashamed."

"Your statistics," said Mrs. Hepburn

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Montclair Solving The Servant Problem

They are sending Wall Street brokers to school and giving post-graduate courses to salesladies—now, the servant is going to be cultured.

The present-day servant is demanding so much money in exchange for her labor that housewives have put their heads together and are insisting on getting their money's worth. On the Woman's Page tomorrow you will learn how Montclair housewives have planned to accomplish the result. It is an article that will aid you in doing away with some of your own servant troubles.

The Tribune

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