

WOMAN'S VARIED INTERESTS

A Sunday Dinner—Menu and Recipes

- Midwinter Soup**
Trout a la Normande
Ducks with Mushrooms
Creamed Potatoes
Artichoke Salad
Almond Pudding
Strawberry Ice
Spice Cakes
Coffee

Midwinter Soup.
 One can corn, one quart milk, one small onion, sliced; three tablespoonfuls flour, one-half cupful water, one can tomatoes, one-quarter teaspoonful soda, one-third cupful butter, two teaspoonfuls salt and one-eighth teaspoonful pepper.

Trout a la Normande.
 Boil a sea trout, add one sliced onion, one carrot, chopped; two sprigs of parsley, one bay leaf, a few peppercorns and one tablespoonful of butter. When done beat the yolks of two eggs with a little cream, add salt and a pinch of cayenne. Remove the fish to a platter. Mix the egg sauce with the water in which the fish was cooked. Add one-half cupful of cream. Beat and pour over the fish.

Ducks with Mushrooms.
 Clean and season a pair of ducks and cut into pieces at the joints. Heat two tablespoonfuls of butter in a saucepan, add the ducks, one large onion chopped fine, two cloves of garlic and one herb bouquet, chopped. Cover and brown for a few minutes; add one cupful of water and stew until tender. Then add one cupful of mushrooms and two tablespoonfuls of lemon juice and simmer for ten minutes.

Creamed Potatoes.
 Wash potatoes, boil with their skins

on until soft, drain and let stand several hours. Peel, cut in cubes. Put in saucepan, adding one tablespoonful of butter to each cupful of potatoes. Sprinkle with salt and paprika. Add enough cream to cover and cook slowly for thirty minutes. Serve garnished with chopped parsley.

Artichoke Salad.
 Boil artichokes until tender. Drain and cool. Separate the leaves and mix with an equal quantity of grapefruit pulp. Place on lettuce leaves and serve with mayonnaise.

Almond Pudding.
 Pound one-half pound of almonds in a mortar. Mix with yolks of six eggs and one cupful of sugar, two tablespoonfuls of lemon juice, one cupful of cake crumbs and the whites of the eggs beaten stiff. Put in a well buttered baking dish and bake in a slow oven about thirty minutes.

Strawberry Ice.
 Three cupfuls water, one and one-half cupfuls strawberry juice, one cupful sugar and one tablespoonful lemon juice.

Spice Cakes.
 Sift two cupfuls of flour, beat the yolks of four eggs with one pound of sugar, add one-half tablespoonful each of cinnamon and ginger, one-fourth teaspoonful of cloves, one teaspoonful of grated lemon peel and a pinch of salt. Mix all into a dough and roll into small cakes. Bake in a moderate oven about ten minutes.

Nature Made Woman the Conservator of Energy; She Is Changing Herself Into a Dispenser of It, Kate Douglas Wiggin Finds.

The Authoress Believes Women Will Accomplish the Highest Good by Being "Sovereign Women" Rather Than Voters, Defining the Former as Priestesses of Fine and Pure Ideals and High Standards.

"NATURE has spent some thousands of years making women conservers of energy, and now we are trying to reverse the process and become even as men, who are 'atavistic,' or dispensers of energy."

"I BELIEVE in the old-fashioned woman, but I also believe that women must be influenced by modern thought and by the problems of today."

"I HAVE always been opposed to suffrage for women. It has always seemed to me not just the thing we should do next. There are so many other more important things to do, and we already have all the tools to do them with."

"WOMAN SUFFRAGE is coming. I know it is inevitable, but not everything that can be had by the asking is desirable."

"I'N looking back on my busy life I can recall no incident where I could have done more had I been able to vote."

"ECONOMIC independence of women? Yes, I believe in it. I couldn't bear to appeal to my husband every time I wanted money."

THESE are the utterances of an old-fashioned woman. At least, that is what Kate Douglas Wiggin calls herself—and then she disproves it by the very breadth of her outlook on life.

"Please don't ask me to talk about feminism or divorce, or any of those topics newspapers want people to discuss," she laughed. "And then she went on to say that while she didn't believe in suffrage, she didn't read suffrage or anti-suffrage speeches, or interviews, and was not in a position to discuss the latest phases of the woman movement."

"It bores me to death," she confided. "I simply can't read or listen to talks about women and the ballot. It seems to me that if women could be made to look at the situation dispassionately, to



Mrs. George C. Riggs (Kate Douglas Wiggin) Believes in the Old-Fashioned Woman with Some Elements of Modernity.

other mothers. Kate Douglas Wiggin answers in her definition of the world-mother, the "sovereign woman" she has called her. And she doesn't need suffrage to help her do all that Mrs. Riggs says she must do, the latter believes.

The World-Mother.
 "It is the world-mother who is the sovereign woman, and if she is really that, she will see reflected in the shining eyes of her own children the tired, hungry faces of other people's children," she argues. "She will feel their need of her beneficent aid, their right to her inspiring touch. For these are the children not of 'sovereign woman,' but of those who have been dragged through the heat and mire and dust of life; children born without love and nourished in fear and despair. In such a woman the heart of her husband may safely trust," but, Mrs. Riggs adds, "that is not enough."

"The 'sovereign woman' must be something more splendid even than that. She must be the priestess of fine and pure ideals, the guardian of high standards. The heart of childhood must be able to trust in her, and the heart of the nation, too. Mother of children, yes, that is much; but she must be mother of soldiers, of statesmen, of scholars, of kings and queens, and, if it be the will of God, even of saints; for the saints must be mothered, and none but the 'sovereign woman' are worthy."

And by striving to be "sovereign women" Mrs. Riggs believes woman-kind can accomplish more good in the world than by striving to be voters.

"I never saw an incident where I could have done more if I had been able to vote," she added.

But Believes in Economic Independence.
 But in the next breath she announced her belief in the economic independence of women.

"However, I don't know just how it will be accomplished. I am a writer and can do my work at home, and have time to devote to my husband. An artist or sculptor could do the same, but I don't see how a woman doctor can be a wife, too. And it must be hard for a woman journalist who must work at night. At the same time, I should never be satisfied to depend on my husband for every cent I needed. It is a difficult problem, and I don't know just how it will be solved."

But Mrs. Riggs admits that doesn't bother her now. At present she is spending her time and talents in trying to save a beautiful river near her country home in Maine. "A big corporation is going to dam it up and spoil our lovely rapids and our waterfall," she explained, indignantly, "and I am fighting it with all my power. I don't suppose I'll win out against it, but my opposition may make it harder to ruin some other beautiful river."

And it didn't even occur to Mrs. Riggs that if she and her women neighbors had the vote they might perhaps put up a more effectual fight.

Development of the children. The mother had not even permitted her relatives to send gifts to the children, for fear that they might not select suitable things. The result of this isolation was a very ungracious, though healthy, pair of children.

Took Baby to Visit Grandparents.
 The opposite extreme is illustrated by a couple who took their first child with them to visit the grandparents, going alternate week-ends to the two families and exposing the child to new faces and new surroundings constantly. The admiring cousins and uncles and aunts did their share in providing excitement—for their own amusement, of course, and not out of special consideration for the needs of the child. The effects of years of overstimulation were quite noticeable when the child finally reached the kindergarten.

It is the extremes to which people are likely to go when they get a new idea that so perplexes the grandmother. With her more mature judgment she is usually quite ready to cooperate in anything intended for the improvement of the child—if the plans appear reasonable. It is generally feasible to suggest gifts for the baby to the dotting relatives, rather than to reject all advances. It is quite possible to be careful without being ridiculous. And the grandmother will in most cases be "modern" if the mother gets modern ideas, and not merely fashionable formulas.

children up on the roof of a private house, where they were safe from all excitement and germs. She never allowed the children to go into the kitchen, or into any other room of the home except the living room and the nursery, until they were four and five years old respectively. When the children came to the kindergarten they were rather slow to take hold of the activities there provided, and they were considerably behind the other children in their knowledge about common things and about intercourse with other people. The most that the mother could claim for her years of care was the perfect health of the children. Since both parents came of healthy stock it is probable that she could have attained this without sacrificing the social and intellectual de-

RELIEF STEAMER HAS 11,000 GIFTS

Harpalyce First Ship from New York State for Belgians.

CHARLEROI SENDS HER GRATITUDE

Resolution of Citizens Will Learn Future Generations Will Learn to Honor America.

On the Harpalyce, which sailed Sunday from the Bush Terminal piers in Brooklyn, were more than 11,000 individual gifts for the relief of the Belgians. The Harpalyce is the first relief boat of New York State. She is under charter to the Commission for Relief in Belgium. Lindon W. Bates, vice-chairman of the commission, has no fear for her safe arrival.

Mrs. Charles S. Whitman, wife of the Governor, gave 100 pounds of rice. There were 2,300 food boxes, weighing in all 96,000 pounds, that were given by 2,300 persons in towns and cities of the state. Some of the food boxes were for babies and some for adults. For the babies also there was 5,500 pounds of condensed milk. About 3,000 other individual gifts of food and clothing came from this state.

From other parts of the United States came 6,000 more gifts, which were included in the Harpalyce's cargo. The Girls' Camp Fire Club of Tilton, N. H., collected its vacation money early and invested it all in food for Belgium. Pupils of the Martindale School, Martindale, Mont., sent a case of toys. The Merry Playmates' Club, of Oradell, N. J., gave condensed milk.

Mr. Bates yesterday received a resolution adopted by the citizens of Charleroi in their battle-scarred town hall. It is signed by Emile Devreux, Burgomaster of Charleroi, and Max Raquin, provisioning manager. It is in part, as follows:

"If our country is a small territory, it, however, comprises a great many persons of stanch character, who will vow their gratitude to you and will teach future generations what the honored representatives of the great Republic of the United States did for us in the years 1914 and 1915.

"When peace will have caused all arms to be laid aside, when the vile war will have ceased to sow death in our homes, then the entire world will learn from certain and incontestable sources of all the benefits with which the great Republic of the United States has overwhelmed small and unfortunate Belgium."

The province of L'ainault, in which Charleroi is, has received 21,725 tons of food. Four thousand tons were being distributed when the mass meeting was held.

Contributions to the Belgian Relief Fund yesterday amounted to \$4,151.93, making the total \$964,299.06. Among the contributors were Mrs. E. F. Shepherd, \$100; Miss Florence Matthews, \$100; "R. D. M.," \$100; Dorchester, N. Y., \$2,400; Providence, R. I., \$250, and the Petrus Stuyvesant Club, \$139. At the New York office of the American Red Cross \$875.80 was received. The total contributions are \$466,547.07.

The Prince of Wales National Relief Fund acknowledged the receipt of \$144.90. Herbert Barber gave \$100, and \$125 came from Oklahoma City, Okla.

Almost 1,500 pieces of knitted wear have been forwarded to London by the United States Guild for Soldiers' Comforts, of which Mrs. Arnold Schramm is organizer and president.

FERRER SCHOOL SHAKY

Will Close at Once Unless it Gets \$1,250, It Says.

An appeal for immediate funds has been issued by the Francisco Ferrer Association for its school at 63 East 107th Street. Unless some \$1,250 can be raised, the members say, the institution will have to close.

There are four teachers and a number of visiting instructors. Luncheons are prepared and served there every

"I'LL KILL THE KAISER!" VOWS THIS FAIR BELGIAN

Mlle. Perichon, Decorated by Her King for Gallantry, Says She'll Slay German Emperor with Her Own Hands and Avenge Nation's Wrongs.

"I will kill him! With my own hands I will kill him—if not during the war, after it. Who could blame me?"

Thus Jeanne Perichon, the only woman who has won the Military Order of Leopold during the present war, declared in the Plaza yesterday, her intention to slay the Kaiser for the wrongs inflicted on her country.

Mlle. Perichon is companion to the Countess de Hempling, who is on a mission to this country to secure funds enough to rehabilitate the lace industry in Belgium, which has been wrecked by the war. She is the daughter of a Belgian broker who, knowing her intense hatred of the enemy, persuaded her to leave the city before she was poisoned. "Had I stayed I would have done so," she said last night.

"I have seen what they have done in Belgium," she said bitterly, "and it passes all conceivable horror. I have seen a Belgian, taken prisoner by the Germans, after he was rescued. His hands had been scalded in boiling water because he would not give out information concerning our forces."

Household Hints No. 3



Mayonnaise Mixer

Here is a device that will produce better mayonnaise than you ever tasted before—and do it more quickly, more easily and without the least bit of bother or inconvenience.

Ingredients (except the oil) are placed in the bowl, and the oil poured into the funnel. Opening the valve at the base of the funnel allows the oil to run in at just the correct speed and the crank is turned until the mixture is of the right consistency. Top is open in the center so that the mixing may be watched.

Mayonnaise Mixer... \$1.75

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day, the art class has been extended from two to four evenings a week and new classes have been added in voice culture, piano and other subjects. The extra courses, the directors say, are largely responsible for the school's flight.

Two hundred and fifty dollars is needed at once, the appeal says, and \$1,000 to keep the institution running for the rest of the winter.

In addition to the school proper there is a free theatre, and the association plans to establish a summer school if enough money can be raised for a building. A site is owned by the association.

MISS RICHARDS TO SPEAK

Lecture for Benefit of Waring Juvenile Citizens' League.

Miss Janet Richards, of Washington, will lecture for the benefit of the Waring Juvenile Citizens' League, under the auspices of the Women's Municipal League, at the Friends' Meeting House on Friday evening at 8:30 o'clock.

The subject chosen by Miss Richards, "The Big Question of the Hour," leaves much open to conjecture and gives full play to her gift of keeping her audience guessing until the end and then giving them a surprise. Tickets, \$1, may be had at the Women's Municipal League, 42 West Thirty-ninth Street, or at the door.

LENOX FUND GETS \$7,350

Contribution from Cigarmakers Especially Valued.

In the seventh day of its campaign to raise \$100,000 the fund collected by the Lenox Hill Settlement advanced \$7,350.60. The total is now \$49,643.66, but members of the committee are hopeful that contributions will increase in the next few days and enable them to reach their goal of \$100,000 by Thursday night, when the campaign ends.

Yesterday's largest contribution came from Henry C. Frick, who sent a check for \$5,000. Another much valued gift was from the employees of an East Side cigar factory, who took up a collection among themselves, amounting to \$750.

The purpose of the campaign is to build a new settlement house, which is greatly needed by the workers. All contributions should be sent to the campaign headquarters, at 446 East Seventy-second Street.



ENTIRELY of shining black pineapple straw is this hat with its flowers of Stygian shade, with curling feather tendrils. From Rawak.

Candlesticks for Use and Ornament

WHILE the use of candlesticks and lanterns seems paradoxical in this age of electricity and gas, they are unquestionably much in demand. They add much to the decoration of a room, lending a touch of quaintness to almost any setting.

In the Russian brass candlestick the familiar copies of the simple Colonial candlestick can be found from \$1.50 to \$4 a pair, and the ecclesiastical Russian candlestick, with the nine branches, from \$4 to \$12. While these candlesticks are recommended by their low cost, they lack the feeling, however, in the quality of the brass of the English brass candlestick, which, even in reproductions, has a soft finish and quality that are lacking in the highly polished modern Russian brass that bespeaks newness.

In the early English models the tall, slender candlesticks, some with plain columns, some fluted, some twisted, are desirable for use in the living room, on the piano to throw the light down on the music rack, or upon a table or mantle. The double stem, with centre bird decoration, and the sliding stem candlestick are also excellent. All of these can be found at prices ranging from \$1.50 to \$9 a pair.

Small Types Best for Bedroom.
 For bedroom use no doubt the small-

er types are best, such as the five-inch Adam model, characteristically delicate. It has a low, broad-based candle holder, with the candle socket rising from a grease ledge or dish, and there is the "Lincoln" candlestick, which corresponds with the bedroom knocker of this well known type. The candlestick in which a bell appears at the top, beneath the socket and above the ledge, is a type well applied to the dining room. The low candlestick rising from a tray with a handle will be found both decorative and useful to carry about in the country house, where candles are usually a necessity. The latter can be found in a variety of types, hand riveted and "antiqued."

For the studio or den a most unusual array of candlesticks can be found. There is the Elizabethan wrought iron spiral, rising from a tray and having a handle which regulates the height of the candle; the queer shaped, brilliantly colored candlesticks of African pottery, made in unusual forms of kneeling camels, or a series of pine cones, each holding a candle, and surrounding a small receptacle that can be used as an ink well; the folding Korean brass candlestick, that can be made to stand or to hang, and is joined so that a number of positions of the candlestick can be obtained, and also the low tripod candlestick with the long handle.

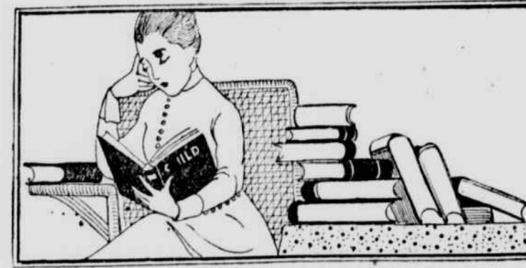
educators who have given attention to the developing infant have provided for games that would reach the senses and stimulate the activities.

Danger of Overstimulation.
 But there is also the danger of overstimulation. A child needs to see and to hear and to do, but he does not need to get excited or worked up to the point of hysterics or sleeplessness. The perplexed grandmother understood this, although she did not say it just that way. She was puzzled simply because she had met two extremists who both thought they were doing just the right thing.

A mother of two children who was very solicitous about their health and about all the dangers that lurk in ignorant friends and relatives brought her

care of the baby and its apparent intelligence.

Now, it is very certain that if we should place our babies in dark, sound-proof incubators with arrangements for feeding and cleaning them without their noticing anything about them, they would probably grow up to be rather stupid little creatures. The child must have a great deal of stimulation for his sight and hearing and touch senses, as well as for his taste and smell, if he is to develop normally. Moreover, he must have a great deal of opportunity to exercise his muscles if he is ever to acquire the kind of control over his limbs that makes possible purposeful action and higher intelligence. It is with this idea in mind that Froebel devised his "mother play," and it is for the same reason that all



The New Grandmother Came for Suggestions on What to Read.

Modern and Old-Fashioned Baby-Rearing Methods

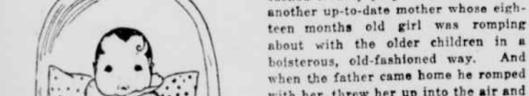
By SIDONIE MATZNER GRUENBERG.
 EVERY mother who has but one child realizes how little grandmothers know about the proper care of children, no matter how much experience they may have had. And I have been repeatedly assured that they do not even care to learn. I was therefore somewhat astonished when a woman who had but recently become a grandmother came to me for suggestions on what to read to bring her up to date on the subject of "Care of Infants." She confessed to a certain fear lest she be considered old-fashioned, and she was also anxious lest she make a nuisance of herself.

Curiosity as to the sources of her fears and anxieties made me question her, and I learned that she had been somewhat upset by the behavior of a young mother she had recently visited. When she held the baby in her lap, the mother explained patiently that we do not hold babies that way any more. And I have been repeatedly assured that they do not even care to learn. I was therefore somewhat astonished when a woman who had but recently become a grandmother came to me for suggestions on what to read to bring her up to date on the subject of "Care of Infants." She confessed to a certain fear lest she be considered old-fashioned, and she was also anxious lest she make a nuisance of herself.

This Baby Romped on the Floor.
 The uneasiness resulting from this visit to an up-to-date mother was turned to deep perplexity by a visit to another up-to-date mother whose eighteen months old girl was romping about with the older children in a boisterous, old-fashioned way. And when the father came home he romped with her, threw her up into the air and caught her in his arms, made her tumble about on the floor, and otherwise gave evidence that he did not consider the baby a piece of delicate bric-a-brac to be kept under a glass globe. It is no wonder the good woman was perplexed. She remembered that the hothouse baby, that no one was allowed to handle, did not look as bright as the one that was played with so heartily; but she did not know whether there was any connection between the

care of the baby and its apparent intelligence.

Now, it is very certain that if we should place our babies in dark, sound-proof incubators with arrangements for feeding and cleaning them without their noticing anything about them, they would probably grow up to be rather stupid little creatures. The child must have a great deal of stimulation for his sight and hearing and touch senses, as well as for his taste and smell, if he is to develop normally. Moreover, he must have a great deal of opportunity to exercise his muscles if he is ever to acquire the kind of control over his limbs that makes possible purposeful action and higher intelligence. It is with this idea in mind that Froebel devised his "mother play," and it is for the same reason that all



THIS BABY WAS CHERISHED AS A PRECIEUSE.



AND THIS ONE'S PARENTS OVER-STIMULATED IT.