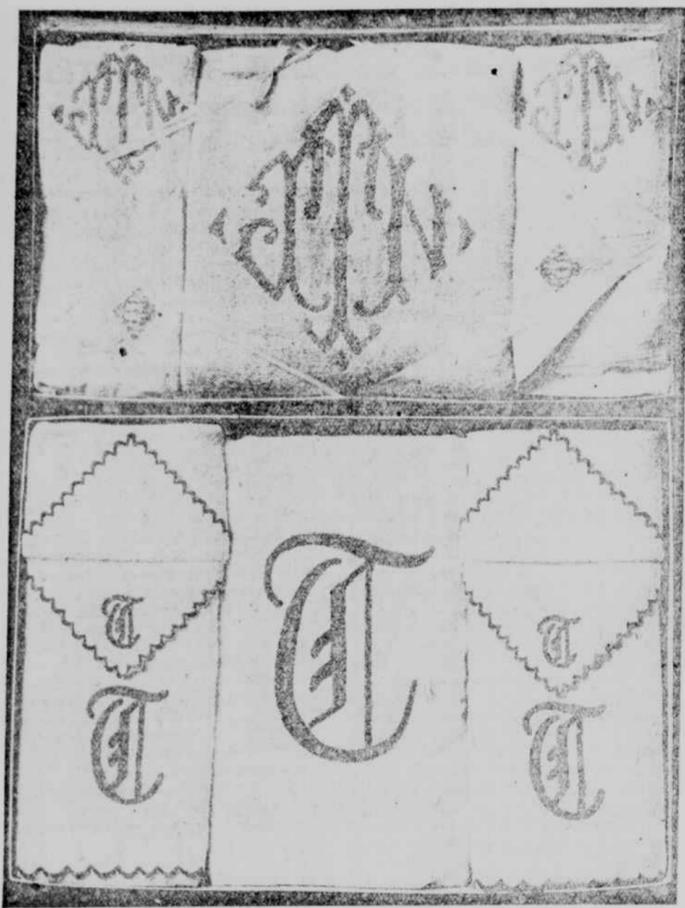


WHY NOT AN ARTISTIC BATHROOM, TOO?



Colored machine embroidered scalloped edged bath set consisting of two towels, 24x45 inches, bath mat, and two washcloths, with Old English initial in green, blue, pink, red yellow or heliotrope, to match scallop, \$5.00 a set. Bath set with two towels, mat and two washcloths, with any monogram of three initials in a variety of colors in circle or diamond, \$6.50 a set.

By Elizabeth Lounsbury.

There is no room in the house that we are more likely to accept as being one with an invariable treatment than the bathroom, yet this should not be so. With the exception of an unrelenting rule of daintiness, cleanliness and sanitation, the bathroom can be made as consistently attractive as the bedroom, and to this end one should consider the details of equipment as carefully as in any other part of the house.

In the construction of the room, needless to say, the white tiled, marble or glazed composition walls are the most desirable with a marble floor. The tiling need not necessarily extend beyond 4 1/2 to 5 feet high, but it is quite the most practical wall to withstand the heat and moisture of the bathroom and can be readily washed and kept clean. A plaster wall, scored off and glazed, when the former tiling is found too expensive, is also practicable for this use. Above this wainscoting, paper of a glazed character, simple in design and possibly made to resemble tiles, can be continued to the ceiling, but even with the greatest care the paper will become stained and soon be less

attractive than the painted wall and ceiling, which in most instances are kept white. This is not an invariable decoration, however, for some of the newer bathrooms carry out in their wall decoration the color of the room which they adjoin and are most harmonious in their treatment.

The curtains used in the bathroom should never be elaborate, and even if a color scheme

Harmony May Be Observed from Floor to Ceiling by Keeping Uniform Colors in Rugs and Curtains, Tilings, Toilet Appointments—Flowers Bloom on Hangings.

is carried out to correspond with the bedroom only washable materials should be used. For this reason, white cotton fabrics will be found most serviceable to withstand frequent tubbings.

HARMONY IN HANGINGS

The rug used here should also be washable. In these there is a wide choice of colors and designs, but these, too, are usually of cotton and should be woven so that they lie flat and cling to the floor to avoid sliding about. The newest rugs of this type are the solid toned rugs, resembling Wilton carpet, which come with green, red, rose, blue, lavender and tan centres, and an inch and a half black border, (\$3.50 to \$7.50, according to size), and the English cotton chintz design rugs (\$3.25 to \$7.50) which consist of a cream ground with flower borders broken with black stripes and a centre medallion of blue, gray or rose, surrounded by flowers. These are charming for the bath that opens from a chintz hung room and where black is carried out in the decoration of the bathroom accessories. Where a solid color is preferred, the washable reversible cotton rugs with white striped ends are desirable and reasonable, at prices ranging from \$2 to \$5.50.

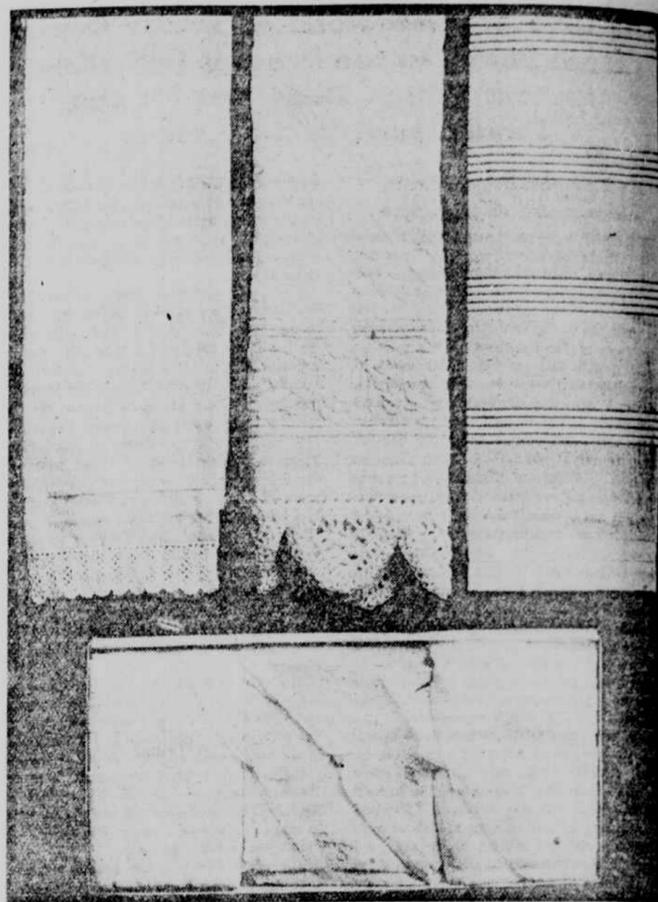
Once having decided upon a color scheme for the bathroom, as shown in the curtains and rugs, then the towels and bath mats must be made to correspond. In these there are many to choose from, and this season appear in a variety of new patterns. The stripe, which is an ever popular treatment for all fabrics, is seen in the broad delicate pink and white striped Turkish towel, trimmed with a two-inch, hand-made lace edging at the ends (\$2.10 each), or without the lace at 90 cents each. These are likewise made in different colors. Then in the solid color towel, intended rather for display than for actual use, is seen the pink Turkish towel, with yellow and green narrow silk corded broken stripes, pink with blue

stripes, and blue with yellow stripes, at \$1 each.

For practical use the pure white Turkish towel, with two or three broad stripes at the ends in color, is desirable, at 50 cents each. Towels with merely the broad banded end embossed in color, either in a floral or a fruit pattern (\$7.50 a dozen), also carry out the distinct note of color, while those of this same pattern, made of a white embossed terry, trimmed at the ends with scalloped blue-edged hand made lace, again represent the decorative rather than the practical bath towel. The white and pink and the white and blue honeycomb towels are effective in their solid tones and are not expensive at 50 cents each, but for ordinary use the white hemmed and hemstitched Turkish towel (79 cents to \$2 each) is the most satisfactory. These, of course, can be embroidered with a monogram (at extra cost), which should comprise three letters in a circle or diamond. The same monogram should appear on the bath mat, although somewhat larger than that on the towels, namely, about 9 inches in diameter. On the wash cloth, the monogram should be relatively smaller.

Sets of two bath towels, a bath mat (Greek border pattern) and two wash cloths, all marked with any desired monogram, can be bought for \$6.50 a set. These are embroidered in green, blue, yellow, rose or heliotrope, as preferred. The sets with two machine-embroidered scalloped ended towels, a bath mat with scalloped edges and two cloths to match are also attractive with a single old English initial, at \$5, and are quite new.

Baby sets of two white 18x37-inch towels and four wash cloths with "Baby" embroidered on all pieces in pink or blue, can be had at \$2.50 a set, while other appointments of the bath, such as friction towels, used to stimulate the circulation, can be found for \$1.50, and Turkish towelling sheets, to be used in place of a robe, at \$5 each. The flowered towels, with



Pink and white striped fine grade Turkish towel, also in other colors, lace trimmed, \$2.10 each. Pink Turkish towel, with green and white broken silk stripe, \$1.00 each. Embossed Turkish towel, with chrysanthemum border, in blue and trimmed with hand-made blue edged scalloped lace, \$2.60 each. Baby set, comprising two towels, 18x37 inches, and 4 washcloths, embroidered in pink or blue, price \$2.50 complete.

rosebuds woven in natural colors through the white towel or flowers in broad borders with colored bow-knots, are among the newer patterns. These designs are carried out in all the details for the bath, namely, the mat, wash cloth, bath slippers (as a lining of a straw slipper) and in loose robes and hooded capes of generous proportions.

In the toilet bottles and sets for the wash-

stand the painted glass have a decided vogue just now. They can be decorated to match any color scheme or in any design. (Large size bottles, \$3.50 each; small bottles, \$3.75; hand decoration, \$2.25.) These toilet sets comprise a covered soap dish, brush holder and mug (\$9.50 a set) with a sponge dish, 6 1/2 inches in diameter (\$8.75), to complete the equipment. The new striped decorated china sets (\$4.75) and those with bands and flowers (\$4.50) are also much used. A gold lined decoration with an etched and gilded monogram is also desirable in its simplicity, but this is much more expensive.

In the matter of furnishings, the bathroom should have but few pieces, and these with white enamelled wood or iron frames. All shelves, including those of the tables used here, should be of glass and the fixtures for holding towels, drinking tumblers, etc., of nickel, either in the usual finish or with the celluloid coating, such as is now often applied to fixtures used in houses located near the salt water and which do not corrode. A white enamelled hamper, scales, a chair or stool of two and possibly a couch, if the space admits, are all that should be placed here.



Hand painted glass sponge dish, 6 1/2 inches in diameter. Price \$8.75. Small bottles for toilet use, decorated with any desired pattern, \$3.75. Large size, \$3.50 each. Band decorated bottle, any color, \$2.25 each. Black and rose decorated glass toilet set comprising mug, brush holder and covered soap dish, \$9.50 complete, in any desired decoration.

Yellow band and floral decorated China toilet set, consisting of brush vase, mug and covered soap dish, complete, \$4.50. Can be had in any color decoration. Black striped China toilet set, comprising brush vase, mug and covered soap dish, complete \$4.75. Can also be found in green, yellow, lavender, turquoise blue, pink or red striped decoration.

HAVE YOU EVER TAKEN A VACATION FROM YOUR CHILDREN?

The Benefit Is Mutual—By Too Conscientious Devotion a Mother Creates Martyrdom for Herself and Monotony for Her Offspring.



We must find ways for mothers to have vacations daily.

By SIDONIE MATZNER GRUENBERG.

HAVE you seen that woman lately—you know her name—who is so devoted to her children that she has not left them for a single day in these many years? Did you again envy and admire her devotion as you used to? Or, now that you know something more about children and about mothers, did you rather pity the children—and the mother?

At first thought it does seem so admirable that a mother, in her conscientious devotion, should be continuously looking after the details of her children's welfare, so that they are hardly ever out of her sight. But when we consider the purpose of such devotion we may well question whether, after all, the thought and care of such mothers are wisely applied. If we were to be merely, the tenders and housekeepers for our children it would be well, in the interests of the children, that we took

an occasional day for resting and refreshing the spirit.

When a person is so unfortunate as to need the attendance of a trained nurse for any length of time he soon gets to the point at which he urges the nurse to go out for an airing, if the nurse has not been wise enough to do this before being urged. There is something palling in the constant presence of the same face, the same voice, the same ideas. This is just as true of us when we are well; but then we are able to escape the monotony, without being conscious even that we have anything to escape.

MARTYRDOM FOR MOTHER—MONOTONY FOR CHILD.

The mother who assumes her task in meek resignation may glory in her martyrdom; but she is likely to become dreadfully monotonous—which is not very good for the children. For we expect the mother to be more than a nurse or housekeeper. She is to be their companion and constant source of inspiration. This she cannot be if she allows herself to become a slave to detail and routine.

There is no occupation in which the worker can retain his freshness and enthusiasm, year in and year out, without taking a vacation from time to time. This does not mean merely a rest from exhaustion. It means a change of scene, a change of associations, a refreshing and stimulating experience in a new physical and spiritual environment. And as there is no occupation more exacting than that of the mother the need for a real vacation in her case should be recognized as a matter of course.

A woman in moderate circumstances—and her case is probably not unique—declared that in her ten years of married life she had had but two vacations, and both of these were spent in the hospital. She had been away from home at other times, but then she had

always had her children with her, and instead of having a real vacation she had but transferred the work and care of the household to more inconvenient surroundings. She was greatly impressed with the effect upon her spirits of the temporary separation from her children and home. This same mother would have had serious misgivings as to her loyalty if she had deliberately planned to abandon her daily routine for a while. But in view of the beneficial results of such a vacation, can it be doubted that it is much wiser to take it for what it is worth than to have it forced by sickness or by some other untoward incident?

In emergencies we all know that it is possible to arrange for a hurried departure and an indefinite absence from our regular duties. With a little forethought it should be

possible to arrange for a more pleasant excursion in search of new strength and new spirit. The co-operation of relatives and neighbors would seem to be as welcome and as available when there is a reasonable purpose in view as when there is grief or dismay to be relieved.

CULTIVATION OF OTHER INTERESTS.

In thinking of the beneficial effects of an occasional vacation, we must not let ourselves accept this as a satisfactory compensation for years of monotonous and colorless drudgery. The vacation should not be a substitute for a life's programme that has in it enough variety to insure constant freshness and interest, but it should supplement such a programme. The mother who has some serious occupation in

affairs not directly connected with her domestic problem is likely to that extent to be a better mother. Even where a woman is obliged to do all of her housework in addition to caring for her children she is likely to neglect them so much that she will come to them a little fresher than she would if she gave them all of her attention. Of course, for mothers in this situation there is the danger that they will be too tired physically to give up the energy that profitable companionship with children requires.

The mother who is able to purchase relief from most of her household cares is often the one who imposes her continuous presence upon her young children. With the best of intentions she thus works an injury upon herself as well as upon her children. She might



It should be possible to arrange a pleasant excursion in search of new strength.



She is their companion and constant source of inspiration.

more profitably purchase relief from some of the care of the child.

No woman would willingly neglect her children by leaving them in charge of incompetent assistants. But with woman's expanding interests and responsibilities in the community life come new problems. One of the most pressing of these is, how can mothers who are unable to afford trained assistance get occasional relief in a way not merely to avoid injury to the children, but to insure positive benefit?

We must find ways for mothers to have "vacations," for a little while daily, and for complete relief at longer intervals. In the meantime, the overburdened mother should realize that her sense of duty must be guided by an intelligent appreciation of the needs of her children.