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A MAN without "pep" is a "dead one." He is either a "has been" or a "never was."

"Pep" gives you enthusiasm. It is the accompaniment of throbbing energies. It is the very soul of your physical personality.

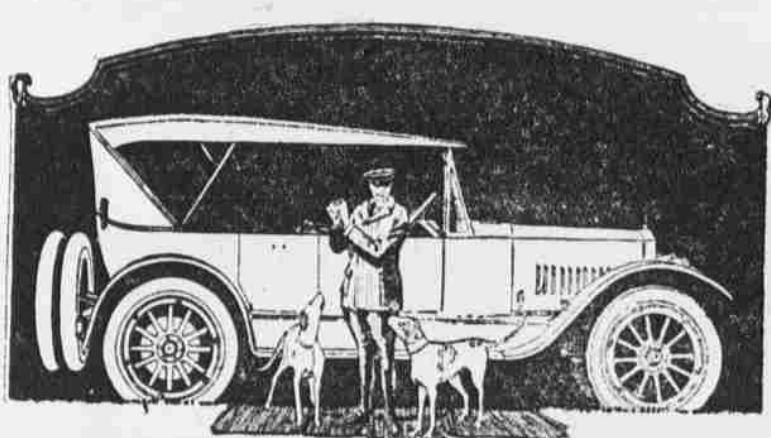
A man with "pep" has perseverance, endurance and power. He can "grit his teeth" and go on. He is ready to fight and win life's great business or other battles. He can not lose.

Physical fitness gives you "pep."

Every month PHYSICAL CULTURE tells by word and picture how to build the kind of health that develops "pep" and power. It sounds the keynote to better bodies—better brains—better efficiency—better money; the four interlocking factors of success.

April Number—On Sale Today—25c

PHYSICAL CULTURE
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FAREWELL ADDRESS URGED FOR SCHOOLS

Washington's Words a Decalogue of Americanism, Beveridge Says.

POINTS ALLIANCE PERILS

Senator Sees Significance in Europe's Opposition to Its Doctrines.

Special to THE SUN AND NEW YORK HERALD.

WASHINGTON, April 20.—Characterizing Washington's Farewell Address as a "Decalogue of Americanism," Senator Albert J. Beveridge declared at the tomb of the first President at Mount Vernon today that publishers of school books should be required by law to print the document in every school reader, history and geography that is issued.

"If our children are brought up in the faith that Washington proclaimed," said Senator Beveridge, "no further effort or expenditure will be necessary to Americanize America and keep it Americanized. The Constitution itself was the child of compromise, but the Farewell Address was the fruit of unprejudiced and unparalleled unity of deliberate thought and unshakable conviction among men of the first order of intellect and character. So well did Washington's plan work out that until recently no American ever so much as thought of departing from it. On the contrary, foreign governments steadily objected to it. From the very first they wished, quite as much as they do to-day, to draw America into alien breeds and intrigues.

"In view of the century long success of the policy so patiently worked out and carefully framed by the ablest statesman of history, the burden of proof that we should now repudiate that policy is on those who propose to repudiate it.

"Only one basic argument is made for such repudiation. It is that our one traditional policy 'isolates' us from the remainder of the world; that invention has so annihilated distance that oceans no longer protect us; that business has so interwoven our destiny with that of foreign lands that we can no longer remain aloof, and that we have now become, in practical effect, a physical part of Europe and Asia.

"Yet we have never been isolated commercially, financially or socially. We have been isolated only in the political sense—only in the sense that we have kept our hands off the political affairs of other countries and compelled foreign governments to keep their hands off our political affairs. If we did not have just such political 'isolation' as this there is no sacrifice we would not make to get it. If any foreign nation could secure precisely the political 'isolation' American enjoys there is no sacrifice that nation would not make to achieve that blessing.

"Our political isolation, instead of being a hindrance, is a priceless advantage to American business, since international politics and trade do not mix. If a nation is so situated as to be able to keep out of the political antagonisms of other governments it is plain that it is in a better position to deal commercially with all countries. Alliances are made for political and not commercial reasons. All countries which have made alliances thoroughly understand this fact. But we, who never made an alliance since Washington's day, do not know it so well.

"It is our geographical situation on the globe that makes it possible for us to keep ourselves free and clear of political embroilments and ancient feuds of other lands. Nothing can change that situation to our disadvantage. Indeed, it was far easier to send a fleet against us and land an invading force on our shores in Washington's time than it is now, since to-day the cables would give us notice the moment a hostile expedition started, whereas a century ago warships and troops could be in our harbors before we could know they were coming.

"Invention has strengthened the ocean defenses with which nature provided us. We have more submarine bases than any three nations in the world combined, and our undersea craft could destroy any belligerent force sent against us. A sufficient number of defensive submarines, as part of an adequate navy, could make impossible the landing of foreign troops upon American soil.

"Our situation is unlike that of any

other nation. It is absolutely unique. America could not possibly gain anything, and surely would lose much, by any alliance whatever, just as actually happened in Washington's time, where as other parties to an alliance with America could not possibly lose anything and surely would gain much by such an arrangement.

"It is, therefore, only natural that foreign governments should seek political partnership with America, but would any of them do so if conditions were reversed—if that foreign nation were in America's place and America were in the place of that foreign nation? Washington merely declared a historic truth when he said that 'it is folly in one nation to look for disinterested favors from another.' Has human nature suddenly become the reverse of what it has been throughout history?

"It is said that duty abroad may call us out of our political 'isolation' and we should discharge our duty, regardless of our interests. It is America's peculiar glory that she has always done that very thing. America always has performed each task that involved duty, no matter what the sacrifice of life and treasure, and she has done so without being forced or held back by alliances of any kind.

"Does any consideration whatever require us to make an international contract without knowing what it means? What, for example, is the meaning of the international scheme called the covenant of the League of Nations? Is there any agreement among ourselves as to its purpose? Have we any assurance that other nations concur as to its interpretation? If honest differences of judgment do exist or are possible concerning the obligations it imposes on member nations, who is to decide? What power will construe that document which high official authority has correctly designated as a 'world constitution'?

"Either each member nation must decide for itself what the covenant means, or else the Central League Government must decide for all member nations what the covenant means. If the former is so, then it is certain that member nations will be in perpetual dispute, since we, ourselves, hotly and sincerely differ among ourselves as to what the covenant means. If the Central League Government through any of its branches—court, council or assembly—is to interpret and enforce the covenant, then the league is a superstate and America will be as subordinate to it as our States are to our nation."

SAYS ADMIRAL SIMS STRAINED A POINT

He Wanted to Make a Case Against Navy, Asserts Capt. Pratt.

NOT AS BLACK AS PAINTED

Delays and Mistakes Admitted, but Heads Never Unwilling to Aid Allies.

WASHINGTON, April 20.—Rear Admiral Sims "strained a point to make a case against the navy" when he charged that its failure to cooperate fully with the Allies during the first few months of American participation in the war postponed victory four months, Capt. Pratt, war time assistant chief of operations, declared to-day before the Senate Committee investigating the Sims. Daniels row.

Pratt said that most of the "lessons" in Sims' letter to Secretary Daniels entitled "some naval lessons of the world war" were not lessons, but criticisms. "None of these criticisms is constructive," he declared, adding that only one charge made by Sims could properly be considered grave. That, he said, was the assertion that failure of the navy to throw its full weight into the struggle from the start cost \$15,000,000,000 and 500,000 lives.

"What does Admiral Sims mean?" the witness asked. "Can we, a nation at peace, no matter what our inclinations may be, perform overt acts of preparation which are only justified as acts of war? I deny the charge."

British Destroyers at Home.

Pratt told the committee that during the early part of the war only nine or ten anti-submarine craft were kept at home to protect the Atlantic coast, while during the same period the British Admiralty kept 111 destroyers with the grand fleet and entirely out of anti-sub-

marine operations. If the nine or ten craft the United States withheld from the war zone could have greatly affected the length of the war, he declared, the British certainly could have spared that number for so important a cause.

"At a pinch could not nine destroyers have left the grand fleet and joined the anti-submarine forces?" asked the witness. "Are we as black as Admiral Sims paints? I leave it to you to decide."

Sims was under a "misconception of his position when he compared his duties with those of Gen. Pershing," Pratt continued. The Admiral was not an independent commander in chief, he said, but the representative in London of the chief of operations.

Difficulties Were Overlooked.

"The problems which confronted us were stupendous and Admiral Sims seems to have overlooked these difficulties, or at least he has not mentioned them," Pratt declared. "His was the task of asking for things; ours the task of supplying them."

The witness said the navy had prepared many war plans, but that none fitted the peculiar conditions brought about by the submarine warfare, and new ones could not be made until Admiral Sims could get in touch with the Admiralty and find out the real needs of the Allies.

There were delays and mistakes made by the Navy Department, the witness asserted, but the heads of the naval establishment had no misconception of the United States' mission and never lacked willingness to fully cooperate with the Allies.

Some of the factors that caused de-

lays and mistakes that might be avoided in future wars, the Captain declared, were lack of material preparation, of adequate supplies and repair bases, of sufficient personnel and training facilities and of modern methods of organization and administration.

"I ask you to consider the navy of April, 1917, then the navy of November, 1918, and finally the navy of to-day," the witness said. "With men leaving the service in droves and ships lying idle at the navy yards, your navy of to-day is but a battered hulk of what it was on Armistice Day. Were war to be declared to-day would it be the navy's fault that we were not instantly prepared?"

NATIONAL SEXTET

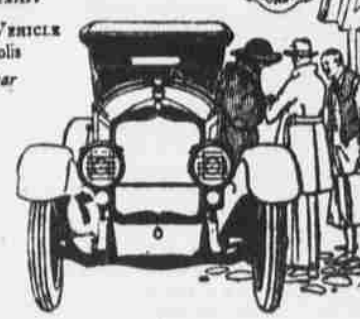
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Just where and how is the money to be spent?



A businesslike Answer to a businesslike Question

1
FOR THE CHURCH'S WORK AT HOME. A score of items come under this head. Consider only one. Five and a half million people in the United States cannot even read and write the English language. Who is to carry forward this vast work of Americanization if the Church does not?

2
FOR HOSPITALS AND HOMES. Every year thousands of men and women seriously ill are turned away from Church hospitals because of lack of room. The children's homes are compelled to turn away more children than they can receive.

3
FOR RELIGIOUS TRAINING. At least 12,000,000 children and young people under 25 years of age are entering American life without any religious training at all. Remembering the faith of Washington and Lincoln, do you think that America will continue to produce Washingtons and Lincolns if Faith dies out of the hearts of its youth?

4
FOR HIGHER EDUCATION. Of the 450,000 American students in institutions of higher grade, one-half are in institutions founded and supported by the Churches. Many of these institutions have had no great endowment campaigns, but their needs are just as pressing as the needs of larger schools; and you have only to read their list of alumni and alumnae to measure the value of their contribution to America.

5
FOR THE CHURCH'S WORK ABROAD. Influences came from the Orient thirty years ago; nearly all plagues are Oriental plagues. So long as China has only one physician to every 400,000 people the Orient will continue to be a menace. So long as one-third of the babies of India die before their second year our own babies are not safe. A Christian doctor or teacher sent abroad is working for America as truly as though he worked at home.

6
PREACHERS' SALARIES. The preacher is called the "Forgotten Man," and well he may be. Eight out of ten preachers are paid less than \$20 a week!

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Every dollar for a better America and a better world. When your church calls on you, give—and give from your heart as well as from your pocket-book



United Financial Campaign
April 25th-May 2nd

The INTERCHURCH World Movement
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