

TEMPERANCE NOTES

THE DRUG HABIT.

Use of Narcotics Spreads Faster Than Any Other Vice.

"The narcotic habit is spreading faster than any other vice, and unless its insidious march can be checked it will not be long before it will outstrip whisky and gambling combined in the number of its victims," says James Forbes, chief of the bureau of mendicancy of the Charity Organization Society of New York.

"Opium, morphine and cocaine today have nearly 50,000 abject slaves in New York city alone. There must be several times as many more who are as yet comparative beginners—those who are dallying with these drugs, taking their first steps along the poppy path that ends in the potter's field.

"The 'dope habit' is an evil that has permeated through every class of society, except, perhaps, that which earns its bread by manual labor, and it is beginning to make its inroads on that.

"I know several physicians who are honored and envied in their professions who are hanging about Chatham square by day and sleeping in Mulberry Bend park at night, whose sole ambition is to get enough money each day to buy themselves 20 or 30 grains of the 'white stuff.' The cocaine habit is especially prevalent among girls and women of all classes."

TEMPERANCE TEACHING.

Schools in India to Give Special Instruction to the Children.

As a result of the wide-spread interest recently caused in India in regard to the drink evil, and to the largely on the increase, especially among the native population, an order has been issued by the director of public instruction for the United Provinces of Agra and Oude, directing that teachers and public instructors devote special attention to the teaching of temperance and effectively point out to scholars the physical and moral evils arising from the use of alcoholic drink.

Inspectors of public instruction are enjoined to see that the subject is given due consideration by the professional staff of teachers, and that the teaching is not given in a perfunctory manner.

In taking this step, the authorities are taking a wise method of combating an evil whose growth is so destructive, since the real hope of future betterment lies in training the coming generations to abstain from alcoholic drink on reasonable and scientific principles.

The experience of all countries where this course has been taken points to its effectiveness in promoting habits of health and sobriety, not only among the children affected by the teaching, but in the homes from which they come.

Incarnate Calamity.

The saloon is an evil. It may be deemed a necessary evil by those who feel bound to apologize for it; but it can have no defenders. Even where it is licensed, protected by law, under restrictions which narrow its iniquities to moderate and expedient vice, the saloon personified by its devotees, may be characterized by no adjective more flattering than miscreant. At its highest estate it is an outlaw, and the greatest legal distinction that the saloon has achieved after a century of fighting for statutory recognition is to be branded generally by the United States supreme court as a nuisance. Its purposes are all venal. It is in business to promote violence and crime; to injure the public health; to burden our charities, and to corrupt the civic morals. The saloon is incarnate calamity. Because its work is slow and indirect, people fail to see how much it kills, and maims men and tortures women like a malicious spirit.—Richard Allen Waite in Saturday Evening Post.

A Temperance Success.

As the result of a legal action taken recently at Sainte Genevieve, Mo., ten saloons have been forced to close, and for the first time in 172 years the town is "dry." Ste. Genevieve was founded in 1735, and since its founding, drinking places, in spite of repeated efforts of the temperance forces, have never been effectually closed until the present time.

Liquors Adulterated.

Julius Horvot, Minnesota's state chemist, has just completed an examination of a miscellaneous collection of liquors which have been sent in for analysis on the ground that they contained many adulterations more harmful than the alcohol itself. In his report, Mr. Horvot declares that alcohol is without doubt the worst poison in whisky, whether "pure" or "blended."

Saloons in Rock Island.

Rock Island, Ill., has 95 saloons, which is, in round numbers, one for every 250 people. Rock Island's case is not unusual, but with the rising tide of temperance sentiment it soon will be.

Drink and Pollax.

New York's daily drink bill amounts to a million dollars, which is \$355,000,000 a year. Can we wonder that Commissioner Bingham needs more police?

Half Are Saloonless.

Out of 1,454 towns in Wisconsin, nearly 700 are now saloonless. A large number of the cities and villages close the saloons on Sunday.

Children of Inebriates.

The mortality of children of drunken parents is 91 per cent. as compared with 9 per cent. amongst children of teetotal parents.

A Harmless "Jag."

The Swedes are a temperate, sober people, in spite of the fact that the Swedish word for "I" is "Jag."

VETERAN OF THREE WARS.

A Pioneer of Colorado and Nebraska.

Matthias Campbell, veteran of the civil war and two Indian wars, and a pioneer of Colorado and Nebraska, now living at 218 East Nebraska Street, Blair, Neb., says: "I had such pains in my back for a long time that I could not turn in bed, and at times there was an almost total stoppage of the urine. My wife and I have both used Doan's Kidney Pills for what doctors diagnosed as advanced kidney troubles, and both of us have been completely cured."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

FOUR SHAFTS OF HUMOR.

Pithy Remarks from One of the Foremost Jokesmiths.

With the truly artistic temperament the bird in the bush has a notion of doubling its value by changing to the hand.

A has-been is a man who has spent his time with hair vigors, electric brushes and newspaper recipes, when he should have been winning a laurel wreath to cover his ignominy with.

When you enter a shop state just what you want. For then the merchant can go intelligently to work to sell you something else. The great law of commerce is to sell people what they don't want. What they do want will sell itself.

But, probably it is no harder to live up to your reputation when you are young than it will be to live it down when you are older.—Puck.

ITCHING RASH 18 YEARS.

Girl's Rash Spread and Grew Worse Under Specialist's Care—Perfect Cure by Cuticura Remedies.

"When my daughter was a baby she had a breaking out behind the ears. The doctor said that she would outgrow it, and it did get somewhat better until she was about fifteen years old, and after that she could get nothing that would drive it away. She was always applying something in the way of salves. It troubled her behind the knees, opposite the elbows, back of the neck and ears, under the chin, and then it got on the face. That was about three years ago. She took treatment with a specialist and seemed to get worse all the time. We were then advised to try the Cuticura Remedies, and now I don't see any breaking out. M. Curley, 11-19 Sixteenth St., Bay City, Mich., May 20, 1906."

Distinction and Difference.

In Dean Ramsay's book of anecdotes there is one which refers to a conversation between a Scotch minister and a sexton. The minister was a stranger to the gravemaker, and discussed with him the doctrines of the neighboring clergy. As one after another was mentioned the sexton wagged his head scornfully, and said: "He's no sound." At last the minister—who was a long-winded and rather empty preacher—mentioned his own name, and inquired: "Or, now, isn't he sound?" "Oo, aye," said the sexton, with a twinkle in his eye. "He's a sound."

His Word Not Good.

John and Jim agreed to settle a difference by fighting it out. It was understood that whoever wanted to quit should cry "nough!" John got Jim down and was hammering him soundly, when Jim cried "nough!" But John paid no attention to his cry and kept on pounding him. Again and again Jim called out "nough!" But John paid no heed and kept busy with his fists. A boy standing near asked: "Why don't you let the fellow up?" He yelled "nough!" "But he's such a liar you can't believe him."

The Barker and St. Luke.

The rubberneck wagon, filled with sightseers, was approaching St. Luke's hospital, says the New York Times. A white-haired woman stood in the grounds, and near her a man was using a lawn mower. "There," said the Barker, with a swing of his arm toward the hospital, "is St. Luke's hospital, one of the most noted in the metropolis. The white-haired lady is one of the nurses, and there you see St. Luke himself cutting the grass."

SCHOOL TEACHERS

Also Have Things to Learn.

"For many years I have used coffee and refused to be convinced of its bad effect upon the human system," writes a veteran school teacher.

"Ten years ago I was obliged to give up my much loved work in the public schools after years of continuous labor. I had developed a well defined case of chronic coffee poisoning. "The troubles were constipation, flutterings of the heart, a thumping in the top of my head and various parts of my body, twitching of my limbs, shaking of my head, and, at times after exertion, a general 'come' feeling with a tapper's desire for very strong coffee. I was a nervous wreck for years.

"A short time ago friends came to visit us and they brought a package of Postum with them, and urged me to try it. I was prejudiced because some years ago I had drunk a cup of weak, tasteless stuff called Postum which I did not like at all.

"This time, however, my friend made the Postum according to directions on the package, and it won me. Suddenly I found myself improving in a most decided fashion.

"The odor of boiling coffee no longer tempts me. I am so greatly benefited by Postum that if I continue to improve as I am now, I'll begin to think I have found the Fountain of Perpetual Youth. This is no fancy jester but stubborn facts which I am glad to make known."

Name given by Postum Co., Battle Creek, Mich. Read the book, "The Road to Wellville," in pkgs. "There's a Reason."

ENCOURAGING FACTS

THOSE CONTEMPLATING CHANGE OF RESIDENCE SHOULD READ THEM.

The other day the writer was in the Office of the Canadian Government at St. Paul, Minnesota. On the windows of the building were signs to the effect that homesteads of 160 acres, were given free to actual settlers, and in the windows were displays of wheat, oats, barley, other grains and vegetables, which he was told were grown in Western Canada. This could be readily believed for in no other country on the Continent would it be possible to grow such splendid specimens. The world is now pretty well advised that in the growing of such cereals as have been named and vegetables as well the Provinces of Manitoba, Saskatchewan and Alberta have no competitor. For several years past specimens have been exhibited at State and County Fairs throughout the State, and these exhibits are looked upon as one of the chief attractions. They have demonstrated what can be done in the climate of a country possessing a soil that will grow things. But that it was possible to grow vegetables such as were seen there seemed to create some doubt. But it was the case. And apples too. Not of course the splendid fruit grown in countries more congenial to such culture, but they were in evidence. Throughout Indiana, the hoosier farmers were forced to stop and think. When a similar exhibit was placed before them during the past few weeks, many of them were forced to stop and remark: "That is much ahead of anything we can do. The quality of the grain we have sown, for has not so-and-so sent us samples grown on his own farm the like of which we had never seen before. But to think of the vegetables—and such vegetables. Why, we thought everything was frozen up there, and these turnips, cabbages, cauliflower, beets, manzobis, pumpkins, and squashes are away ahead of anything we ever saw grow." That is the story everywhere. Thousands of Western Canada homesteaders, formerly United States citizens, are growing just such grain, just such vegetables, which yield them a splendid profit with little outlay on the farms that they have secured from the Government of the Dominion of Canada at the nominal cost of \$10 for 160 acres. If adjoining land is wanted it can be secured from the railway companies or from private individuals at moderate prices and reasonable terms. By placing your name and address on a postal card and addressing it to the Canadian Government Agent, whose name appears elsewhere, a copy of "Last Best West" telling you all about it will be sent you free.

FOUND OUT JUST IN TIME.

Or Finger Bowl Would Have Been Put to Novel Use.

The late William Cassidy, one-time editor of the Albany Argus, possessed the traditional Irish wit. On one occasion, a number of years ago, he was a guest at a political banquet in Albany. At that time finger bowls were seldom used, and their correct usage (a passing dip) meant to dip a corner of the napkin in the water and there-with daintily cleanse the finger tips. Most of the men present eyed the innovation, when introduced at dessert, narrowly and uncertainly. One after another ended by plunging the hand into the crystal dish. But Mr. Robert Pruyn, a well-known Albany gentleman, corrected a mistaken bit of his napkin and laid his fingers. Mr. Cassidy watched him admiringly, not having as yet touched his own glass. "That's good," he whispered to a neighbor. "That's good. If Pruyn hadn't done that I should have put my foot in it."—Harper's Weekly.

DOCTORS IN GRAND JURY NET.

Two Indicted in Iowa for Conspiracy to Force an Independent Physician from a Surgical Case.

Waverly, Ia.—The Bremer county grand jury, which a few weeks ago indicted fourteen members of the county medical association, alleging violation of the anti-trust law, recently reported additional indictments against Dr. W. A. Rohlf and Dr. O. L. Chaffee on the general ground of conspiracy.

Their alleged offense was of forcing an independent doctor from a surgical case, in which he as well as one of the accused doctors had been employed, after he had refused to sign the union scale.

Missed His Vocation.

Reginald de Koven, the composer, tells of a grocer and a druggist who attended a Wagner concert. As the program did not please them they began talking on music in general and on Wagner in particular.

"Another example of the fact that every man wants to do something out of his line," said the druggist. "That's all right," assented the grocer. "Now, I'm a grocer, but I've always wanted to be a banker."

"You'd probably fail," added the druggist. "Look at me. I'm a success as a druggist, yet I've always wanted to write a book. This man Wagner tries to hit me at music. Just listen to it. And yet we all know he builds good piano care!"—Tolledo.

FREE TO OUR READERS.

Write Murine Eye Remedy Co., Chicago, for 48-page Illustrated Eye Book and if this paper is mentioned they will send you a Free Bottle Murine for Your Eyes. Write all about Your Eye Trouble and their Oculists will advise as to the proper Application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Cures Eyes. Makes Weak Eyes Strong. Doesn't Smart. Soothes Eye Pain. Aids those Wearing Glasses and Sells for 50c.

The Eternal Feminine.

"Did your wife scold you much for getting in so late last night?" "You bet she did—for about four hours!" "When? What did you do?" "Fell asleep, as usual, during the lecture."

Won Wife's Affections.

There are many ways of winning your Wife's Affection, but the method adopted by a Pennsylvania man is peculiar to itself. Seeing his wife worn out every week with the washing, he contrived to help her, but soon found it Double Drudgery. This set him thinking, and he invented a Wash Machine which anybody can make at home. For 25c in money order or silver he will send full plans and instructions how to make this "Wash Machine" for Easy Washing and save Doctor's Bills. Address John R. Smith, 2450 N. 6th St., Harrisburg, Pa.

Where Legislature Meets Every Year.

There are now only six states in the United States whose legislatures meet every year. In the others the legislatures meet only once in two years, and this is true of the great states of Pennsylvania and Illinois. Only the legislatures of New York, New Jersey, Massachusetts, Georgia, South Carolina and Rhode Island meet once a year.

Not Caretaker's Fault.

In answer to a complaint made by the town council of Camborne, England, that the caretaker of the recreation ground had allowed the grass to grow to an inconvenient height, that officer replied that the donkey which had formerly eaten the grass had died of lockjaw and he had been unable to buy another one to take its place.

DOCTORS ORGANIZE UNION.

Toronto Physicians Fix Higher Scale of Prices.

Toronto, Ont.—The doctors of this city west of Yonge street have formed a union under the name "No. 11 Territorial Division of the College of Physicians and Surgeons." The objects of the organization are to improve the condition of the profession against quacks, establish minimum fees and amend lodge terms. The lowest fee for medical examination for fraternal societies has been fixed at \$2, while the minimum fee for minor operations has been fixed at \$10, and that for major operations at \$50. For a first visit to a patient \$2 hereafter will be charged, and \$1 for each subsequent visit, while the fee for night visits will be doubled, being fixed at \$3. The charge for an office visit has been made \$1, including prescription, while to give anesthetics \$5 will be charged.

Proved Useless.

"When you was little was you spanked like I am to make you good, papa?" "I was, my son—and spanked hard, too."

Important to Mothers.

Examine carefully every bottle of CASTORIA as a safe and sure remedy for infants and children, and see that it bears the Signature of *Chas. H. Fletcher* in Use For Over 30 Years. The Kind You Have Always Bought.

Split the Difference.

In a dog case at Felixtowe, England, one witness testified that the dog whose loss was being sued for was worth \$125, while another swore it was worthless. So the judge awarded \$62.50 damages as a fair average.

DODD'S KIDNEY PILLS
ALL KIDNEY DISEASES
GOUT, GRAVEL, RHEUMATISM, BRUISES, SWELLINGS, DIABETES, ETC.
375 "Guaranteed"

\$30 AN HOUR Has Been Taken In With Our **MERRY GO ROUNDS**
We also manufacture Hazle Dazels, Strikers, etc. HERRICK & STEWART, N.Y. General Amusement Vendors. Dept. 8, North Fourth St., N. Y.

NATURE PROVIDES FOR SICK WOMEN
A more potent remedy in the roots and herbs of the field than was ever produced from drugs.
In the good old-fashioned days of our grandmothers few drugs were used in medicines and Lydia E. Pinkham, of Lynn, Mass., in her study of roots and herbs and their power over disease discovered and gave to the women of the world a remedy for their peculiar ills more potent and efficacious than any combination of drugs.
Lydia E. Pinkham's Vegetable Compound is an honest, tried and true remedy of unquestionable therapeutic value. During its record of more than thirty years, its long list of actual cures of those serious ills peculiar to women, entitles Lydia E. Pinkham's Vegetable Compound to the respect and confidence of every fair minded person and every thinking woman.
When women are troubled with irregular or painful functions, weakness, displacements, ulceration or inflammation, backache, flatulency, general debility, indigestion or nervous prostration, they should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound.
No other remedy in the country has such a record of cures of female ills, and thousands of women residing in every part of the United States bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound and what it has done for them.
Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. For twenty-five years she has been advising sick women free of charge. She is the daughter-in-law of Lydia E. Pinkham and as her assistant for years before her decease advised under her immediate direction. Address, Lynn, Mass.

DR. HAUX SPECTACLES
Are Now For Sale at All Up-To-Date Stores.
PERFECT VISION
Dr. Haux famous "Perfect Vision" Spectacles are the finest on earth and will fit the weakest eyes. Ask your optician for them and if he does not show them to you, write to us and we will send you our advertisement and get him to show you for us. We will send you our name and address, and for your trouble, we will mail you our Perfect Home Eye Tester, FREE, also full particulars of our special Rolled-Gold Spectacle Order. Address, DR. HAUX SPECTACLE CO., Dept. C, St. Louis, Mo. **SPONGEREFRES, DISEASES AND JEWELRY** If you want to increase their profits \$25 to \$100 monthly, should write us and say "Send My Free Spectacle-Catalogue Order" as above.

20 Mule Team BORAX
All dealers, Sample Books and Patent Card issued. Agents: Pacific Coast Borax Co., Chicago, Ill.

STIFF, YES?
WET AND DAMP CAUSE GOLD IN THE JOINTS
ST. JACOBS OIL
TAKES OUT THE PAIN AT ONCE, REMOVES THE STIFFNESS, PREVENTS ITS RETURN, TOO. FINE FOR BRUISES, SPRAINS AND SORENESS.
Price 25c and 50c.

Revillon Freres, Inc.
invite trappers, collectors and shippers to send all their raw furs to Revillon. Because we are the largest manufacturers in the world we can afford to pay highest prices for all your raw skins. Write for our price list immediately and send us a trial shipment to our nearest Fur Warehouse, 133-135 W. 25th St., New York; 155 Wash Ave., Chicago; 134 McGill St., Montreal, Can. and Edmonton, Alberta, Canada.

W. L. DOUGLAS
\$3.00 & \$3.50 SHOES THE WORLD
\$25,000 Reward
THE DOUGLAS SHOE IS WORN BY MORE PEOPLE IN ALL WALKS OF LIFE THAN ANY OTHER MAKE, BECAUSE OF ITS EXCELLENT STYLE, COMFORT, AND SUPERIOR WEARING QUALITIES. The selection of the leathers and other materials for each part of the shoe, and every detail of the making is looked after by the most complete organization of workmen, foremen and skilled shoemakers, who receive the highest wages paid in the shoe industry, and whose workmanship cannot be excelled. If you could see how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape so better, wear longer and are of greater value than any other make.
My \$2.00 and \$3.00 Gilt Edge Shoes cannot be equalled at any price. CAUTION: The genuine W. L. Douglas shoes are made in Brockton, Mass. No substitute. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send direct to factory, shoes sent everywhere by mail. Catalogue free. W. L. Douglas, Brockton, Mass.

FREE PAXTINE
To convince any woman that Paxtine does not make & sell more than \$25 & \$3.00 above. THE HEASONS W. L. Douglas shoes are worn by more people in all walks of life than any other make, because of its excellent style, comfort, and superior wearing qualities. The selection of the leathers and other materials for each part of the shoe, and every detail of the making is looked after by the most complete organization of workmen, foremen and skilled shoemakers, who receive the highest wages paid in the shoe industry, and whose workmanship cannot be excelled. If you could see how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape so better, wear longer and are of greater value than any other make.
My \$2.00 and \$3.00 Gilt Edge Shoes cannot be equalled at any price. CAUTION: The genuine W. L. Douglas shoes are made in Brockton, Mass. No substitute. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send direct to factory, shoes sent everywhere by mail. Catalogue free. W. L. Douglas, Brockton, Mass.

DR. HAUX SPECTACLES
Are Now For Sale at All Up-To-Date Stores.
PERFECT VISION
Dr. Haux famous "Perfect Vision" Spectacles are the finest on earth and will fit the weakest eyes. Ask your optician for them and if he does not show them to you, write to us and we will send you our advertisement and get him to show you for us. We will send you our name and address, and for your trouble, we will mail you our Perfect Home Eye Tester, FREE, also full particulars of our special Rolled-Gold Spectacle Order. Address, DR. HAUX SPECTACLE CO., Dept. C, St. Louis, Mo. **SPONGEREFRES, DISEASES AND JEWELRY** If you want to increase their profits \$25 to \$100 monthly, should write us and say "Send My Free Spectacle-Catalogue Order" as above.

20 Mule Team BORAX
All dealers, Sample Books and Patent Card issued. Agents: Pacific Coast Borax Co., Chicago, Ill.

At Middle Life
Every woman has to go through the change that exerts such an influence on her future health. Nearly all suffer, at this time, from symptoms which Wine of Cardui has been found, in thousands of cases, to prevent or relieve. Some symptoms are: Headache, backache, irregularity, hot and cold flashes, peevishness, numbness, etc.
Wine of Cardui
relieves the distress and assists nature in passing the danger point.
"I had change of life," writes Mrs. J. F. Haxel, Los Angeles, Cal., "and was very sick. Three doctors failed to help me, so I took Cardui and got relief at once." Try.
WRITE US A LETTER
Write today for a free copy of valuable 64-page illustrated Book for Women. If you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain sealed envelope. Address: Ladies Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

For old people who suffer from rheumatism, stiff joints, gout, lumbago, neuralgia, sciatica and paralysis
Sloan's Liniment
gives quick relief. It penetrates through the nerves and tissues, relieves the inflammation and congestion, quickens the blood and gives a pleasant tingling sensation of comfort and warmth. Needs very little rubbing.
At all dealers
PRICE 25c 50c & \$1.00
Dr. Earl S. Sloan, Boston, Mass.