THE EVIDENCE IN THE CASE

Results Following Settlement Show That Conditions in Western Canada Are Highly Satisfactory.

Until a few years ago Mr. Henry Lohmann lived at Effingham, Ill. He thought he would better his condition in a new country, where he would have wider scope for his farming operations. It would not seem essential to refer to Mr. Lohmann, at this particular time, as of German blood, but for the fact that so many false statements have gone out as to ill treatment of Germans in Canada.

Writing from Willmont, Sask., under date of January 30, 1916, Mr. Lohmann says:

"We are perfectly satisfied in this country, and doing well up here.

"I bought a half section of land and took up a homestead, my three sons also took homesteads, two of them buying each 160 acres of land as well. I sold my homestead, and I and one of my sons own a threshing outfit.

"The crop this year was good; the oats went 80 to 90 bushels per acre, and wheat went 40 to 50 bushels and the price is fair."

Sam Morrow, of Millet, Alta., in writing to Mr. J. M. MacLachlan, Canadian government agent at Watertown, S. D., says: "I am well pleased with the country. The climate is better than I ever thought it could be so far north; ideal climate for stock. I have some colts and cattle that have not been inside of a stable in four years. I consider this a fine country for mixed farming. I know of farmers around here who had 42 bushels of barley to the acre and 55 bushels of oats to the acre."

Jacob Goetz of Piapot, Sask., had 43 acres of wheat from which he got 1,200 bushels, and got an average of 93 bushels of oats to the acre.

Golden Prairie, Sask., is a district largely settled by South Dakotans. Horace Blake is one of those. He says: "The crops of 1915 were immense."

Wheat in his locality went from 40 to 55 bushels per acre; oats about 80 bushels on an average. One hundred bushels of potatoes were grown on a quarter of an acre of land; twelve potatoes weighed 30 pounds. His horses run out all winter, and come in fat. He raised excellent corn, and fattened hogs on it. He concludes an interesting letter by saying: "There are schools in every district. The people here are most all hustlers and are fast pushing to the front. When I first came up here on almost every half section stood a little 12x14 shack, now almost everyone has real modern houses and barns."

Some Southern Alberta yields for 1915:

I. H. Hooker, 82 acres, 3,820 bushels Marquis wheat No. 1, 64 pounds per bushel.

I. I. Lee, 40 acres, stubble, 1,500 bushels; 40 acres summer fallow, 2,530 bushels.

Peter Brandon, 164 acres, 7,361 bushels Marquis wheat.

R. Marandi, 135 acres, 6,920 bushels, 64 pounds per bushel.

I. McReynolds, 45 acres, 1,675, stubble.

Ole Christoferson, 50 acres, 2,647 bushels.

Arufhus Gavett, 155 acres wheat, 6,642 bushels; 30 acres oats, 2,000 bushels.

Robert Mathews, 46 acres wheat, 2,016 bushels, machine measure.

D. Dunbar, 130 acres wheat, 5,925 bushels.

Ingauld Hoppy, 80 acres wheat, 2,800 bushels, all stubble.

Louis Kragt, 80 acres wheat, 4,000 bushels.

W. J. Pate, 26 acres wheat, 980 bushels.

W. Roeniche, 150 acres wheat, 5,337 bushels, 80 of this stubble.

J. C. McKinnon, 50 acres wheat, 2,536 bushels.

Gordon Swinehart, 30 acres wheat, 1,140 bushels.

Albert Hanson, 85 acres wheat, 3,760 bushels.

Elmer Hamm, 110 acres wheat, 5,158 bushels; 90 acres oats, 6,550 bushels.

John Larson, 80 acres wheat, 3,000 bushels; 30 acres oats, 2,000 bushels.

John Hecklin, 37 acres, 1,484 bushels.

Wm. Hecklin, 100 acres, 3,376, stubble and breaking.

O. Salisbury, 50 acres Marquis wheat, 1,600 bushels on breaking.—Advertisement.

Italy Comparatively Small.

The area of Italy is 110,000 square miles, while the area of California is 158,000 square miles.

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chas. H. Fletcher

In Use for Over 30 Years.

Children Cry for Fletcher's Castoria

Good Neighbors.

"I hear you have a family tree."

"Yes: that's one thing that you can't borrow."

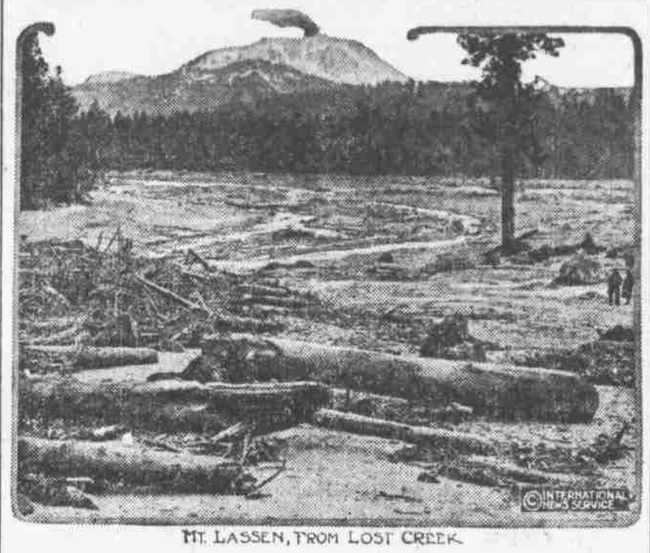
TO STOP TERRIBLE RHEUMATIC PAINS

Get a box of true Mustarine in the original yellow box for about 25 cents at druggists. Rub it on the inflamed joints or muscles, and that almost unbearable agony will go at once.

No rheumatic sufferer can afford to be without true Mustarine, for it never fails to give blessed relief. Use it for aches or pains anywhere, and for sore throat, bronchitis and pleurisy. There's relief in every rub. It stops pain and congestion. True Mustarine is made by Begy Medicine Co., Rochester, N. Y.

A loan widow has money out at interest.

California's Active Volcano



MT. LASSEN, FROM LOST CREEK

CALIFORNIA, the state of perennial self-advertising and of marvels too numerous to mention, has the downright good luck of being in possession of the only volcano which the eyes of white men have ever seen in a state of eruption within the borders of the United States.

It was on May 30, 1914, that the Californians who lived within a radius of fifteen to twenty miles of Mt. Lassen were awakened out of their night's sleep by a roar and a thunder like the sound of thousands of heavy cannon going off.

A black column of smoke, attended with hot ashes, fine sand and hissing steam, was shot up from deep caverns of the earth into the sky 5,000 feet above the summit of the mountain, which is itself nearly two miles high.

The Californians could scarcely believe their senses. They had been used to considering Lassen peak as a harmless old pet, as a quiet old monster who didn't have a tooth left in her head. And then to have her suddenly become one of the most savage active volcanoes in the world was almost too much for them.

But with the true California spirit the Californians got busy and made Lassen peak and its eruption shout for the glory of California. "If California has a dead volcano that won't behave itself and stay dead," said the Californians, "then we'll make a virtue of its misbehavior, advertise it and get more tourists to come to God's favorite spot of earth."

This is just what the Californians did. It was just their luck to come into possession of the only live volcano the United States owns. So they advertised it right and left and got notices and reviews concerning it in all the papers and magazines in the land.

Gives a Fine Display.

Lassen peak is a giant mountain with a height of 10,437 feet. It is built up entirely of materials drawn from the deep interior of the earth. California claims it now as one of her most wonderful scenes. Not only is it a rugged sentinel guarding the state's northern frontier but it is constantly challenging attention and exciting admiration by splendid displays of deep-seated energy and by sending forth magnificent black plumes into the sky often accompanied by a grand bombardment of great rocks.

About 1,200 feet of its summit can be seen from the mail stage at a distance of 20 miles. Steam can be seen gently steaming forth. Every once in a while a column of black smoke comes forth and rises straight towards the zenith. A long horizontal light-colored cloud lies apparently above the volcano. The smoke sometimes reaches a height which mountaineers have estimated as being 5,000 feet above the volcano opening. It impresses itself indelibly upon the memory of anyone who is lucky enough to see it.

The crater itself cannot be approached at present on account of the incessant spurts of steam, and the possibility of an outburst of cinders, ashes and rocks, not to mention flows of lava which may take place any minute.

At such times a fine sand ranging from an almost impalpable but gritty powder to very small pebbles is projected with great violence from the throat of the monster and carried to distances of from fifteen to twenty miles. It was on the northern and eastern side of the mountain that the tremendously large rocks were projected from the volcano and sent tumbling down the steep mountain side toward Manzanita lake, four miles distant, when the tremendous and historic outburst occurred on May 22, 1915.

Some of the daring mountaineers set out with lines to measure these stones shortly after the eruption. They found two great rocks, one 12 by 14 by 10 feet and the other 11 by 9 by 17 feet, both still so hot that they blistered their hands in measuring them. Another great rock which was vomited forth set fire to a green sapling against which it rested.

It was on the northern slope of the mountain that the great disaster of Hat creek occurred. There was a deep snowbank near the summit and the fierce heat of the explosion together with a great mass of hot cinders rapidly melted the snow, and the water mixed with the ashes and the sand to a muddy consistency rushed down the mountainside in an irresistible torrent, covering portions of the valley for a width of two miles with mud from one to two feet deep.

Upheaval That Made Lassen.

There was a time in remote geological ages when Lassen peak did not exist, when the waves of the Pacific ocean rolled over the broad expanse of what is now Sacramento valley and washed the shores of a continent which terminated at the base of the Sierra Nevada mountains. Then began a wonderful upheaval of the earth's crust attended with a tremendous display of subterranean energy and the most brilliant series of thermal, explosive and volcanic outbursts the world has ever known.

This was when the giant volcanoes of Lassen and Shasta and the mountains of the Cascade range were born. The foundations of the great deep were broken up. During the uplifting of basic rock by stupendous subterranean forces they were metamorphosed by the intense heat and veins and dikes were filled with the melted rock from below.

In the imaginative language of an early writer: "The funeral day of the old world had come. It must be buried. The momentous event was ushered in by one of the grandest displays of terrestrial fireworks earth ever witnessed. But there were no human spectators. All the pageantry and pomp of earth and heaven were presented on a scale of magnificence never since equaled. The roar of heaven's artillery was drowned in the more terrible crash of breaking and heaving mountains; the sun was quenched by the fiercer gleams of red flames that shot from a hundred volcanoes; along half a thousand miles, from the foundations of Lassen and Shasta to those of Hood and Rainier, the earth was opened in wide-gaping chasms and tremendous floods of surging, burning, liquid lavas were poured out; and black, suffocating showers of ashes and volcanic dust were shot high in air and carried far out over the ocean, now shallowed by the terrific upheavals."

The area that was affected by this great turning over of nature in her sleep is of immense extent. It includes parts of California, Nevada, most of Oregon and a large part of Washington.

Since the first outburst of the Lassen volcano there have been to date several hundred other eruptions carrying gray ash and fine, dry powder and sometimes rock and rounded lava bowlders, but at no time has there been any flowing melted lava. Yet every explosion, every discharge of ashes and projectiles is accompanied by powerful jets of steam and vapor and a roar like the firing of some monster gun. It gives no signs of letting up.

The KITCHEN CABINET

To be sure of escaping all earthly jar
Just hitch your good wagon to a star.

A laugh is worth a thousand groans in any market.

SOME HOMELY SAVORY DISHES.

Calves' hearts are most delicious and tender and may be served as a hot dish with sauce or sliced cold. They are most appetizing. Simply cook until tender in the oven, adding a little water at first to keep them from burning. Two small hearts will serve half a dozen people.

Stuffed Cabbage.—This is a dish which may be varied in any number of ways. Cut out the center of the cabbage, leaving a thick shell for the filling. Take a pound of sausage or hamburger steak or a mixture of chopped pork and hamburger, add a half teaspoonful of ginger, a pinch of nutmeg or mace, a teaspoonful of salt, a dash of lemon juice; stuff the cabbage and steam until tender. Serve in slices with melted butter for a sauce or a white sauce with hard-cooked egg yolk and lemon juice rubbed smooth added to the sauce.

Braised Liver.—Wash two pounds of fresh liver and flour very thoroughly, seasoning with lemon juice, salt and pepper. Lay it in a casserole or enamel dish; add two sliced onions and six carrots, shredded lengthwise, a bay leaf, a sprinkling of parsley and a pint of boiling water. Place thin slices of bacon over all, cover tightly and bake for an hour and a half; then remove the cover, baste and brown for ten minutes. Serve with tomatoes or chili sauce.

Creole Rice.—Chop one large onion and a small slice of cooked ham, very fine; put into a saucepan with one tablespoonful of butter, add a cupful of cooked rice, a can of tomatoes, a teaspoonful of salt and a little paprika. Mix well, then put into a baking dish, cover with bread crumbs and put into the oven for 15 minutes.

Beef's Heart Browned.—Wash and trim a beef's heart, but do not remove the fat that surrounds it. Soak in weak vinegar and water over night, then stuff with any well seasoned force meat. Lay in a kettle and brown; turn until well browned. Add the water (boiling) in which it was soaked, cover closely and simmer three hours.

SOME GOOD SOUTHERN DISHES.

For the average northerner the southern cookery has too much fat and too much pepper, but with modifications these recipes may become most appetizing and popular. The ever present garlic, a mere suggestion, makes the dish more zestful and tasty, but it must be used with miserly care. Food need not be fried in lard, butter may be used in its place or ham or bacon fat.

Jambalaya of Chicken.—Fry a young chicken, cut in pieces, in hot fat with a few slices of ham. Put into the fireless cooker. Fry a sliced onion, two tomatoes, and when nearly done add a cupful of rice, stirring constantly. Pour these over the chicken with enough boiling water to cover, season with salt, pepper, bay leaf, thyme, chopped parsley and a bit of red pepper. Cook ten minutes, then transfer to the cooker. This may need some cooking to reduce the gravy before sending to the table as the dish should be served quite dry. Two or three hours will be long enough to cook a young chicken.

Creole Gumbo.—Cut in pieces a young chicken. Wash and sprinkle with salt and pepper and fry in hot lard. Pack the pieces in the cooker kettle. Add a sliced onion to the fat, removing some if there is too much. When the onion is tender, add a spoonful of flour, brown this carefully, adding a little hot water to keep it from burning. Have ready some small pieces of ham, two dozen oysters, two dozen boiled shrimps, and add these to the contents of the pan. Then pour over the whole three pints of boiling water. Cook together for a few minutes, then pour over the chicken. There should be enough liquor to cover the chicken. Boil five minutes, season to taste and place in the cooker. Before serving, heat to reduce the gravy. Pour into a tureen, sprinkle with chopped parsley and send to the table with chopped parsley and rice cooked dry.

'Twixt the optimist and the pessimist
The difference is droll,
The optimist sees the doughnut
The pessimist sees the hole.

SOME GOOD WINTER DISHES.

The use of the raisin has been by no means exhausted. Its delicate flavor adds to many dishes.

Raisin Souffle.—Steam a generous half cupful of raisins until plump and soft, chop fine, add three tablespoonfuls of powdered sugar and ten drops of vanilla, mix well and add to the whites of four eggs, which have been beaten until stiff, with a pinch of salt and a quarter of a teaspoonful of cream of tartar. Turn into a buttered dish, dust with powdered sugar and bake in a moderate oven 20 minutes. When it seems firm, well browned and crusty, take from the oven and serve immediately, as it falls quickly.

A most delicious fudge may be made by using raisins instead of chocolate. Take two cupfuls of sugar, a third of a cupful of corn sirup, a half cupful of milk, two tablespoonfuls of butter and boil to the soft-ball stage. Add a half cupful of steamed chopped raisins, and the same amount of walnut meats.

Fruit Salad.—Remove the pulp from two grapefruits, add three tablespoonfuls of pineapple, a half pound of grapes, skinned and seeded, a few marshmallows, cut in quarters, whipped cream, with two tablespoonfuls of cooked salad dressing, stirred into it, add seasoning of salt and a dash of cayenne. Handle as lightly as possible, for the grapefruit crushes and becomes too juicy, spoiling the salad.

Grapefruit Salad.—Take two grapefruit, one red and two green peppers, and one cupful of finely diced celery. Remove the grapefruit to keep the sections unbroken, chop the peppers and arrange the sections (two or three) in a nest of lettuce, sprinkle with the peppers and celery and serve with a good French dressing, substituting the juice of the grapefruit for some of the vinegar in the dressing. Serve on watercress. One may serve this in the grapefruit shells; then the sections should be broken in pieces and the other ingredients lightly mixed with the grapefruit.

CHOICE DISHES FOR TABLE.

A most appetizing and delicious beginning for a dinner when entertaining is:

Grapefruit Cocktails.—Shred the pulp of three large grapefruit into small pieces, carefully rejecting all of the white membrane. Place the pulp in a china bowl, add a half cupful of powdered sugar, four or five drops of cider vinegar, a little grated nutmeg, and the pulp of three oranges; allow the ingredients to stand in the ice chest several hours so that a rich sirup is formed and when ready to serve place in tall glasses, placing a cherry or two on top of each glass.

Waldorf Salad.—Chop fine, four tart apples, squeeze over them a little lemon juice and add two cupfuls of tender, finely cut celery and a cupful of pecan meats; toss all together lightly and add a cupful of mayonnaise dressing. Garnish with chopped green peppers or thinly sliced radishes.

Hamburg Sponge.—Place in the upper part of a double boiler one pint of milk, add two well-beaten eggs and two tablespoonfuls of sugar. Cook until well thickened, remove from the heat and add a half package of gelatin which has been softened in water to cover. Flavor with orange juice and the grated rind of an orange. When the gelatin mixture begins to stiffen, beat to a foam with an egg beater, fold in a tablespoonful of powdered sugar and a cupful of cream beaten stiff. Turn into large sherbet cups which have been lined with macaroons and place on ice to chill. Serve garnished with candied cherries.

Kidney in Scallop Shells.—Soak kidneys in a little acidulated water for an hour, then cook in a little soup stock, to which is added a minced onion, a bay leaf, a stalk of celery and a carrot, both chopped. When tender, drain and chop as fine as possible, add salt, paprika and two tablespoonfuls of grated bread crumbs and a cupful of tomato catchup; then turn into the shells and sprinkle with well-buttered crumbs. Bake 20 minutes in a hot oven. Garnish with parsley.

Nellie Maxwell

AILING WOMEN NEED THIS FAMOUS DOCTOR'S PRESCRIPTION

Thousands of women who are now blessed with robust health cannot understand why thousands of other women continue to worry and suffer from ailments peculiar to women when they can obtain for a trifling sum Dr. Pierce's Favorite Prescription which will surely and quickly banish all pain, distress and misery and restore the womanly functions to health.

This prescription of Dr. Pierce's extracted from roots and herbs is a temperance remedy.

To get rid of irregularities, or catarrhal condition, to avoid pain at certain times, to overcome irritability and weakness, waste no time, but get Dr. Pierce's Favorite Prescription in liquid or tablet form this very day.

"ANURIC!" NEWEST IN CHEMISTRY

This is a recent discovery of Doctor Pierce, head of the Invalids' Hotel, Buffalo, N. Y. Experiments for several years proved that there is no other eliminator of uric acid comparable. For those easily recognized symptoms of inflammation—as backache, scalding urine and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, "Anuric" acts quickly. In rheumatism of the joints, in gravel and gout, invariably the pains and stiffness which so frequently and persistently accompany the disease rapidly disappear.

Send Dr. Pierce 10c for large trial package. Full treatment 50c. All druggists.

Good to Them.

"Is your new servant good to the children?"

"Yes, indeed. She never tells me any of the bad things they do while I am away."

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and removes dandruff. It is excellent for falling hair and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

Differentiation.

"Have you a good cook?"

"Oh, the cook's good enough, but the cooking is atrocious."

Piles Relieved by First Application

And cured in 6 to 14 days by PAZO OINTMENT, the universal remedy for all forms of Piles. Druggists refund money if it fails. 60c.

Heard at the Club.

"Hello, old chap; killing time?"

"No, dear boy; just waiting for it to die a natural death."

TAKE A GLASS OF SALTS WHEN BLADDER BOTHERS

Harmless to Flush Kidneys and Neutralize Irritating Acids—Splendid for the System.

Kidney and Bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night. The sufferer is in constant dread, the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in avoiding it.

Bladder weakness, most folks call it, because they can't control urination. While it is extremely annoying and sometimes very painful, this is really one of the most simple ailments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the acids in the urine so it no longer is a source of irritation to the bladder and urinary organs which then act normally again.

Jad Salts is inexpensive, harmless, and is made from the acid of grapes and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid irritation. Jad Salts is splendid for kidneys and causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-water drink, which quickly relieves bladder trouble.—Adv.

Some Weight.

Redd—How much does his automobile weigh?

Greene—You mean with the mortgage?

To Prevent The Grip

Colds cause Grip—Laxative Bromo Quinine removes the cause. There is only one "Bromo Quinine." E. W. GROVE'S signature on box. 25c.

And Got Run In.

"Ever run over anything in your automobile?"

"Yes; over the speed limit."

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

Marriage is both an illusion and a disillusion.

The bamboo tree flowers once in every fifty years.

Frequently a man thinks he is charitable because he gives advice.

Natural Revenge.

"So your town went dry?"

"Yes, sir, and if you'll believe me, the very next week we had a flood."

Bavaria has rich graphite deposits.

For a Galled Horse

Try It After Others Fail

Keeps Him Working

HANFORD'S Balsam of Myrrh ALINIMENT

For Galls, Wire Cuts, Lameness, Strains, Bunches, Thrush, Old Sores, Nail Wounds, Foot Rot, Fistula, Bleeding, Etc., Etc.

Made Since 1846. Ask Anybody About It

Price 25c, 50c and $1.00

All Dealers OR WRITE G. C. Hanford Mfg. Co. SYRACUSE, N. Y.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure

CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable — act surely but gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes.

SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

Brent Good

Small Investors ATTENTION

Many companies are making enormous profits for their investors. We have a proposition that is unusual from a money making standpoint and equal to the best. Stock sold only to small investors. We want your co-operation. We can convince you of our statements if you will but write us. Address

CHAS. G. ROBERTS

P. O. Box 279 Cincinnati, Ohio.

PARKER'S HAIR BALSAM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and $1.00 at Druggists.

Four Dollars a Month

buys a paper that contains the best elements of an Insurance Policy, Bond and Savings Bank. You are guaranteed four per cent on your money, can borrow $500 on each contract, at five per cent, with ten years to repay. Provides for a home and constitutes insurance before and after death. Send for our booklet, "Co-operative Home Financing". EMPIRE REALTY & MORTGAGE COMPANY, NASHVILLE, TENNESSEE.

Write the J. Wilder Seed Co., 139 West Sixth St., Cincinnati, Ohio, for their free 80 page, 1916 booklet on

Garden Flower and Field Seeds

telling you what to plant, when and how. Also how to spray your trees.

PATENTS Watson E. Coleman, Washington, D.C. Books free. Highest references. Best results.

WRITE FOR INFORMATION on Oklahoma oil leases. Parker & Voss, Woodford, Okla.

W. N. U., CINCINNATI, NO. 9–1916.

BROUGHT DIPLOMACY TO BEAR

How Canadian Political Crisis That Might Have Been Serious Was Averted by Lord Dufferin.

At the period when British Columbia was threatening to withdraw from the Dominion of Canada because the Carnarvon settlement had been ignored by the Mackenzie administration the late Lord Dufferin took part in a public function in Quebec.

While a procession was moving through the principal street a gentleman, breathless with excitement, hurried up to his excellency's carriage to say a "rebel" arch had been placed across the road so as to identify the disloyal inscription thereon.

"Can you tell me what words there are on the arch?" quietly asked Dufferin.

"Oh, yes!" replied his informant. "They are 'Carnarvon Terms or Separation.'"

"Send the committee to me," commanded his excellency. "Now, gentlemen," said he, with a smile to the committee, "I'll go under your beautiful arch on one condition. I won't ask you to do much, and I beg but a trifling favor. I merely ask that you alter one letter in your motto. Turn the S into an R—make it 'Carnarvon Terms or Reparation'—and I will gladly pass under it."

The committee yielded, and eventually Dufferin contrived to smooth over the difficulties and to reconcile the malcontents.

Just About.

A witty schoolmaster used to relate the story of a governess who tried to give her pupils some idea of the relative size of distant countries by saying: "Cambodia is about as large as Siam," but when this information was reproduced in a written exercise, one of the girls put it in the words: "She says Cambodia is about as large as she is."

Some kinds of copra obtained in French colonial possessions contain as much as 13 per cent of glycerin, or about twice the quantity yielded by average animal fats.

Need for Consideration.

"What should one do," asks the young doctor, "when a patient comes in and diagnoses his own case exactly?" "In such a situation," explains the experienced physician, "you must use your best judgment of human nature. If the patient is one kind of man he will appreciate your agreeing with his diagnosis as showing that he knows as much as you do; on the other hand he may go about and say that you don't know any more than he does."

Discouraging.

A baby brother had just arrived and little Edna was greatly disappointed. That night she refused to say her prayers. When the nurse asked her why, Edna replied: "Oh, what's the use? I've been praying for a little sister for six months, and Bobbie, he only began asking for a little brother yesterday, and he got his right off."

Worth While Quotation.

"There's no defeat in life save from within; unless you're beaten there, you're bound to win."—Selected.

Nature's Jewels.

What a world we live in! Where are the jeweler's shops? There is nothing handsomer than a snowflake and a dewdrop. I may say that the maker of the world exhausts his skill with each snowflake and dewdrop that he sends down. We think that the one mechanically coheres and that the other simply flows together and falls, but in truth they are the product of enthusiasm, the children of an ecstasy, finished with the artist's utmost skill.—Thoreau.

Architecture Improves With Age.

The knowledge that age improves architecture as well as wine is not new, but the realization that the improvement is due to the texture of the surfaces and the softening of the rigid lines is recent and has not yet by any means become general.—Aymar Embury.

Gift Above All.

If, instead of a gem, we could cast the gift of rich thought into the heart of others, that would be giving as the angels give.—Selected.

Kansas City Women Opposed To Giving Children Medicine

They Find "External" Treatment Better Than Internal Medicines for Children's Colds.

We give below letters from a number of Kansas City, Mo., ladies who were selected by their druggists to try out Vap-O-Rub—the "outside" treatment for cold troubles, introduced in Kansas City last winter. Vap-O-Rub is the invention of a North Carolina druggist. It comes in salve form, and has a two-fold action—first, the body heat releases the ingredients in the form of vapors, that are inhaled with each breath—second, Vap-O-Rub is absorbed through and stimulates the skin, aiding the vapors inhaled to relieve the congestion.

Mrs. James Hollens, 1928 Tracy Ave., has used Vick's herself for colds in the chest and asthma, and has also used it on her children, and "finds it excellent."

Mrs. Almira Turner, 1214 E. 24th St., relieved her husband of bronchitis with two nights' applications. She also used on her four months old baby for cold and on the other children, and says—"I find Vap-O-Rub does everything you say."

Mrs. T. L. Marshall, 139 N. Lawndale Ave., has two children, one six years old and one eight months old. The baby last winter had an obstinate cough for quite a while. Mrs. Marshall used Vap-O-Rub and writes—"The cough soon yielded to this treatment after several different cough medicines had been tried with no effect." Mrs. Marshall also writes—"Vap-O-Rub appeals to us because the delicate little stomachs are not being loaded down with medicines containing opium and other harmful ingredients."

Mrs. J. S. Hollis, 3622 Forest Ave., used Vap-O-Rub for "a terrific cold—could not breathe through my nose at all—impossible to go to sleep. Used Vick's Vap-O-Rub and in five minutes was asleep and breathing easily."

Mrs. W. A. Winkler, 6228 E. 15th St., says—"My baby had a cold, almost pneumonia. I used Vap-O-Rub on him as directed, and in one day's time he was better."

Mrs. Anna Taylor, 6040 Walrond Ave., has four children, and says—"I have never used anything as good for coughs and colds as Vap-O-Rub."

Mrs. Harry Webb, 2123 E. 37th St., says—"Our little girl is very susceptible to colds, and in fact this is the only winter and spring that she has escaped pneumonia, and we believe it is Vap-O-Rub that has kept her from a spell this year." Three sizes—25c, 50c and $1.00.

VICK'S "VAPORUB" SALVE