

DEPENDENCE SPOIL A WOMAN'S DOMESTIC CAREER? Liberty Accorded to the Sex Rather Than a Drawback Her Marriage



Officially, the steamship... The report of the economic... Liberty Accorded to the Sex Rather Than a Drawback Her Marriage

Made-misselle Miss

October 2, 1915. WORK has begun in earnest. Alas, that I dare not take the time from sleep for more than a hasty scrawl, but when one puts in twelve hours' work daily, one must guard jealously the other twelve. Actually for the first time in my life I begin to feel as a normal being should, in spite of the blood and anguish in which I move. I really am useful, that is all, and too busy to remember myself, past, present or future.

I believe I told you this is a field-hospital—rather big barracks, six of them. In an inclosure, with an operating room in the center, and morgue, kitchen, pharmacy, bureau, etc., grouped around. It presents a very pretty group with the Red Cross flags flying—in defiance of the Taubes which do seem to be coming near—and it would look like a play, with its white nurses and bright uniforms, were it not for the big guns that boom incessantly over by Wy-ford, to remind one of what is afoot. I have the operating ward, and have assisted the surgeon at twenty-two cases in two days. It is perhaps the most important post in the hospital, requiring a head surgeon from the start, hasn't yet corrected me. I also have been directing the sterilization, and yesterday afternoon the Head Surgeon told me he wished me to take charge of the seriously wounded of the celebrated Doctor Fuller.

In the Moment's Modes



The one-piece frock has come into its own once more and blue serge is here employed to good advantage. The very smart effect is produced by a well-balanced arrangement of red embroidery, fringe and the new tablier smartly plaited.

For the Invalid

If when making soup or beef tea for an invalid it is necessary to cool it at once, pass it through a clean cloth saturated with cold water. Not a particle of fat will be left in the beef tea.

Grease the Boiler

If the boiler immediately after use, and while still warm, is rubbed all over with any good household soap, it will prevent rust and will help to make the scales when the boiler is filled for the next working day.

Marking Linens

When marking linen with indelible ink, first write the name with a lead pencil, then write over the pencil with the marking ink. The pencil prevents the ink from spreading.

THE CHEERFUL CHERUB With wags and grand big goings-on My life is all so disarranged I just keep looking in the glass To see if my expression's changed.

WILBUR'S COCOA is more than a good cocoa. It is the result of innumerable experiments to produce a cocoa which would completely satisfy those who demand the best.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS. IT WAS cloudy when I got up this morning and my father had been asleep quite a while and the pancakes he had fried had grown cold, but I ate them just the same and put the dishes in the sink for him to wash when he got up. Then I thought we had better ramble toward the swimming place, and we did. But we came to the Carpenter's, and there was Wilbur sitting on the horseblock, and I went and sat by him, and the very first thing he did was hunch over, and I found myself sitting in the gutter.

Then I was mad and full of cry and Rowdy was growly and only waited for me to say "Go to it!" to eat Wilbur. But I didn't. For I know a better trick than that. I'll speak to God about it. I went on, and at Miss Jones' Miss Jones was out cutting some roses and had a long apron on, and her Angora cat was rubbing against her legs and the next minute the Angora cat was in a tree in the back yard, and Rowdy was sitting under the tree wondering how cats can climb trees and dogs can't and Miss Jones was hollering "Momma! Momma! Momma!" as hard as she could. So I went back and told Rowdy he must never disturb Miss Jones' Angora, and then he came out of the yard with me, and Miss Jones called me a little savage, and said she should think my mother would turn over in her grave, and that I needed a good spanking. That being about all she could think of she told me that if my dog ever got her Angora she would have him ever does get him there won't be enough left to shoot.

I lay down on the bank for a long time, and then I went and sat on the grass by the fence and made a clover chain, until I was dry. The river has almost got me afraid of it, but she won't need to, for if Rowdy goes alone, but I am better fixed than most little girls, for my father is here and my mother is in heaven, so it makes no difference where I am, because I am all right.

The next adventure of Patsy Kildare will appear in tomorrow's Evening Leader.

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WOMAN'S EXCHANGE

Questions submitted to this department must be written on one side of the paper, signed with the name of the writer. Special queries like those given in the column on the left will be answered in this department. Communications for this department should be addressed to W. A. BUTTERFIELD, Editor, Philadelphia, Pa.

TODAY'S INQUIRIES

1. What is a dinner gown? 2. To whom should a letter of thanks for a wedding gift be written when the senders are a married couple? 3. Is colored stationery in bad taste?

YESTERDAY'S INQUIRIES

1. It is in perfectly good form to use "R. S. V. P." on dinner invitations. 2. One should never use the phrase "respectfully yours" unless writing a business letter. 3. Plain heavy white paper should be used for formal written or engraved invitations.

Outfit for Three Weeks' Trip

To the Editor of Woman's Page: Dear Madam—I am going away the last week in April for three weeks. Could you tell me what I would need to be stylish, what to travel in and what would be best? I only want to take the one I wear. Also, would I need a neckpiece? I have brown eyes and hair. READERS: Your outfit would depend very much on your destination and on whether you are to be extensively entertained. If you expect to spend the time in traveling, you would need a rather severely tailored coat suit—a sports suit is very practical for the purpose—several tailored shirts, a silk blouse to match your suit and perhaps a dressy blouse of georgette crepe or chiffon in white or some pale shade. I should imagine that with your eyes and hair brown, green or tan would look well. Buy a semi-tallored hat, which will be suitable for wear with your suit and for more formal occasions. One of black or teal de negra flbers straw, with a few conventional flowers or a feather fancy as trimming, would do very well. If you expect to attend any formal affairs while away you will need an evening frock. If you possess a black one you are fortunate, for it will fit in nicely for almost every occasion. If you do not expect any evening entertainments, but will attend a few informal dinners, teas or bridges you will need a frock of silk or georgette crepe in some dark shade; navy blue is always good. A top coat is also indispensable. If you feel you cannot afford both a suit and a topcoat, dispense with the former. Topcoats are at present in high favor and can be worn while traveling with a dark serge one-piece dress. A neckpiece is not a necessity. READERS:

Gift for Bride

To the Editor of Woman's Page: Dear Madam—What would be nice to send as a wedding gift to a bride who lives in a distant city? I have never seen her and, therefore, know nothing of her tastes. MARY L. If you will go into any of the shops which specialize in these things you will probably get a suggestion. I would not advise you to send separate pieces of flat silver, cream and sugar jars or water bottles, for instance, as most brides receive so many duplicates of this kind; then again, they frequently want their flat silver to be all of one pattern. Your present, too, should depend on the position the young couple will occupy in the world. Lamps, book-ends, candlesticks, decorative mirrors, novelties in silverware, these all make suitable gifts.

To Have Ears Pierced

To the Editor of Woman's Page: Dear Madam—I want a pair of diamond earrings very much, but my husband will not give them to me unless I have my ears pierced. He says that the piercers look cheap and shoddy and that I am apt to lose them. Shall I have my ears pierced? How shall I do it? Please advise me. BRIDE. Very few women have their ears pierced these days. At one time the piercing could be done at almost any jeweler's, but this is no longer the case, several of the leading jewelers in town having told me they had discontinued performing the operation. The new earrings, made with patent clasps, hold firmly to the lobe of the ear and there are many beautiful designs in these. I doubt very much whether you would have a really good selection from which to choose of the old-fashioned kind.

Correct Dancing Position

To the Editor of Woman's Page: Dear Madam—When dancing with a young man, what should one do with one's left hand? Of course, the right hand is held by the man with whom one is dancing. Where should the left hand rest? MOLLIE. A girl's left hand is placed lightly on the shoulder of the man with whom she is dancing. It is never good form to grab a man's hand or to place an arm around his neck. In former times it was considered good form to hold a man's arm at the elbow and to rest it on the arm of the man. But now, about five years the newer dances require the shoulder hold, and it is therefore better to place the hand on the man's

THE GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D. In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, but in no case will he take the risk of making diagnoses or prescribing for ailments requiring surgical treatment or drugs.

Turn the Children Loose

TURN them loose—that is the best way to develop the muscles of boys and girls. Turn them loose and let them live wild—climb trees, jump fences, chase squirrels, play with the dogs, dig in the garden, pick flowers, hop, skip and jump, and do all the wholesome things that a natural human animal wants to do. The trouble is, our boys and girls are too much tamed. We are all born wild, and in the civilizing process have to be tamed more or less. Most of us, however, get tamed too much. We become so tame that we are spoiled. Don't be afraid of the children getting dirty. Dress them for it. Girls should be put into bloomers instead of skirts—little roustabout clothes—and just turned loose to play in the dirt, to make mud pies, to get down and wallow in the earth. There is no danger in this. The soil is clean dirt, so to speak; there is nothing pernicious in it. The things that are produced inside of us—that become the excretions of our bodies—are the really unclean things. We take the greatest pains to keep our hands free from dust and dirt, to keep our face clean, and yet we allow ourselves to be perfectly rotten inside—rotten with decomposing foodstuffs, result of overeating and wrong eating. And our boys and girls are sometimes dirty in this way, allow their faces pale, and with great brown rings around their eyes, their lips bloodless, their tongues coated and their breath foul. These little boys and girls may have the nicest, cleanest clothes; their hair may be combed and parted just exactly right, their nails trimmed and their hands as clean as they can possibly be—the outside all clean, but the inside is rotten. That is what kills the children—that fearful inner decay caused by wrong eating and neglect of the bowels. Young children should be fed cereals, milk, cream and especially potatoes, fruits and vegetables of all sorts, with bran and other foodstuffs that give them a regularity in this biologic diet. The details of the biologic diet we will discuss at some future time.

Harelip

What is the cause of harelip? A. R. J. Harelip is a congenital defect, due to incomplete development. Consult a good surgeon.

Blood Pressure

How can blood pressure be reduced without resorting to drugs? C. W. H. High blood pressure can be reduced by removal of the cause, the only safe and proper method. Pressure-reducing drugs are dangerous. They reduce the pressure by weakening the heart and thus tend to produce the condition known as secondary low pressure, which is much more dangerous than high pressure. One of the most common causes of high blood pressure is the use of tea and coffee. Caffeine, the active principle in coffee and tea, is a pressure-raising drug. It is used by physicians in cases of shock when it is necessary to raise the pressure. A dose is two grains. A single cup of coffee contains, according to Doctor Wiley, four grains, or two doses. Is it any wonder that coffee drinkers have high blood pressure? Smoking raises the blood pressure. A single cigar, according to Doctor Janeway, of Johns Hopkins University, will raise the blood pressure twenty points in thirty minutes. Every smoker who does not get killed by accident will die sooner or later of high blood pressure, apoplexy or heart failure. The free use of fresh foods raises the blood pressure because of the uric acid which the meat contains. Every pound of meat, according to Doctor Hall, of Manchester, England, contains ten grains of uric acid and sweetbreads contain ten grains

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