

SCHOOL DOES NOT RELIEVE PARENTS OF RESPONSIBILITY

Sympathetic Interest Enables Them to Keep in Touch With the Child's Mental and Spiritual Development.

THOUSANDS of mothers will give a sigh of relief when school reopens for the long vacation is not an unimpaired blessing either to parent or child.

At any rate the vacation is over now and many women are feeling that a weight of responsibility is shifted from their overburdened shoulders on to the shoulders of the school.

OF COURSE, one must take a certain amount for granted, but some care should be exercised, especially in regard to the companions. There is an old saying, "One rotten apple will spoil the barrel," and it is very easy for one undesirable associate to contaminate an entire class.

A SMALL boy invariably received low ratings for his arithmetic; in his other studies he was unusually well advanced, but incessant complaints were made by the teacher as to his idleness, stupidity and inattention when mathematics were scheduled.



A square hat with well rounded corners.

advanced, but incessant complaints were made by the teacher as to his idleness, stupidity and inattention when mathematics were scheduled. His father was annoyed, every complaint was followed by more or less severe punishment, until the happy relations between Joe and his parents were almost completely severed.

SATURDAY NIGHT BATHS, NEEDED OR NOT— AND WE ARE GOING TO COME BACK TO SUCH



Dean Walsh, of Fordham, Inveighs Against Overclean Bodies and Dirty Minds

By M'LISS

A new thought is being promulgated by those who would follow Hoover's advice and "save the fats" in order to conserve the soap supply. It is that this country is on the road to moral decadence because we are too clean. Sin and soap, it would seem, are boon companions.

OUR MINDS UNCLEAN "Our minds are unclean," he is quoted as saying, "because we are so clean with our bodies and all that relates to them. We think and talk about sex novels and problem plays, birth control, sex hygiene, etc., and we are so clean."



SOME PEOPLE TAKE A BATH TO STORE COAL

"Nowadays everybody who doesn't get his bath every day has a fit. We are clean of body, but we don't think of scrubbing out our minds. We have to choose, you know."

DOCTOR EGBERT'S VIEW "But Dr. Seneca Egbert, a member of the University of Pennsylvania medical faculty and the former professor of hygiene at the Medico-Chirurgical College, issues a sane rejoinder restoring one's faith in soap and the daily bath."

Dr. Seneca Egbert, Famous Hygienist, Says Americans Are Not a Race of Sybarites

Epidemics were rife. The death rate, I should say, was at least four times as great as now.

But when germs get into the glands in too great numbers the glands become crippled and may become useless. Then they should be removed. People who have enlarged glands are sometimes in too great a hurry to have them removed. It must be remembered that they are the natural protectors of the body and when they are removed one of the barriers against the enemies of the body has been broken down.

Need Ambulance Drivers Ambulance drivers are needed in France, according to a cable recently received by the American Military Hospital, formerly the American Ambulance. At the request of the French authorities the ambulance work of the organization has been extended to include the entire Paris zone.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are desired, and the editor does not necessarily endorse the treatment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. How can one distinguish good honey?
2. Which is better, dry-picked or scalded poultry?
3. How can coffee be tested for adulteration?

ANSWERS TO SATURDAY'S INQUIRIES

- 1. If a cocoon is placed in the oven for a few minutes it will open easily.
2. Carpets can be kept bright looking if they are swept occasionally with a broom which has been dipped in water to which a little turpentine has been added.

Recipe for Peach Butter

Dear Madam—Please print a recipe for peach butter and omelette. L. S. M.

Wash, peel and remove the stones from the peaches, place them in a granite kettle with very little water and stew until very tender. Drain off the liquid and place the fruit in a clean preserving kettle. Mash and sweeten to suit the taste and boil until it is very thick and rich in color. Stir constantly to avoid burning.

Crust for Tart

Dear Madam—Please give me a good recipe for tart crust. Do you make them the same way you make pie crust? M. H.

Make a rich puff paste and cut it into pieces six inches square. In the center of each square put a large spoonful of raspberries, strawberries or any other fruit. Pinch the four corners of the square together or fold it in half and pinch the edges tightly together, so that the fruit cannot ooze out. Brown the tart in a kettle of deep boiling lard or oil or fat and fry quickly to a delicate brown. Drain in a colander lined with tissue paper.

Cream of Beet Soup

Dear Madam—Will you please print in your column a good recipe for cream of beet soup? I am tired of different ones and the other ones don't work. W. T. C.

Why don't you try cream of beet soup? Boil young beets in salted water for an hour. Lay in cold water until cool enough to handle. Scrape off all the skin and chop the beets very fine. Turn the beets and the juice which has exuded from them into a pint of mutton stock and simmer for fifteen minutes. Rub through a fine colander or a coarse soup strainer and keep hot at the side of the range. Cook together two spoonfuls of butter and two of flour until thick and smooth, then add slowly the beet and mutton puree. When very hot, season with salt and white pepper and serve.

Suggestion for Birthday Cake

Dear Madam—I thought some of your readers might like to know of a simple way to decorate a child's birthday cake. On my little boy's last birthday I made a plain white cake and then bought some of the animal crackers and made a border of them around the edge of the cake. I was very pleased with the result. (Mrs.) A. S.

Recipe for Peanut Butter

Dear Madam—Will you please tell me through your column how to make peanut butter. W. O.

Peanut Butter—Remove the shells and skins from two quarts of lightly roasted peanuts and put through the food chopper using first a coarse cutter, then a very fine cutter. Add one teaspoonful salt and sufficient cream or melted butter to make a smooth paste.

Search on Linen

Dear Madam—I have a set of very fine linen trousers and one of them has been soiled with a stain of brown. I have tried putting it in the sun and using a search, but that does not seem to do any good. Can you tell me how to get the stain out? R. M. S.

Flat Heels Tire Feet

Dear Madam—Recently I bought a pair of tan pumps with flat heels, but they tire me very much. I am afraid there is nothing which would do them to them to remedy this condition? Would you advise having a higher heel put on? R. M. S.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

Bare Feet

IT GOT very cold last night and rained and the rain blew in at an upstairs window and leaked down on my bed, so that I had to get up in the dark and pull the bed over against the gas stove to keep from getting soaked. Then when I had lain still as long as I felt like it I got up and thought I would go upstairs, so I did, and so did Rowdy.

It was the first time we had been up there since the burglar jumped through the window and off the roof. The burglar must have dropped it. The window was all broken out, so I sneaked around the back end of the pistol and closed the shutter and started them down to keep out the rain. Then I went downstairs and got a pan of water and took it up and poured it on the pistol, but still it doesn't look good to me. I am sure that I shall not need any help in not touching that pistol.

As soon as I had flopped the pancakes and my father and I and Rowdy had eaten them we went to Old Maid Tompkins—that is, Rowdy and I did. She said, "Mersey me, what a mess you've made. You've got your shoes on, where are your shoes?" I told her and she said, "I should think your mother would turn over in her grave." I said, "I know she would, if that would keep my feet warm, but she doesn't make me tired. I did not know how to do it, for my shoes are not more shoes. Did you ever try to climb a tree with shoes on?" She said she hadn't. I told her to try it some time and that if I wanted shoes I could take my \$3 out of the crawfish hole and buy them.

She wanted to know about the \$3 and she did not believe me, so she put on her bonnet and made me show her. I took her to the crawfish hole and reached down into the mud and water and pulled up the \$3. She kissed me and said I was a remarkable little girl, and I had better run along to school now. But I said I would go home with her first, and I did. Then Rowdy and I hustled back and put the \$3 into a new place and went to school.

Rowdy and I were the only ones in school that did not have shoes on their feet. When My Face Wilbur began to josh me about my bare feet I asked him, "Has your mother gone to heaven yet?" He said, "No," I said, "That's not the worst of it, either."

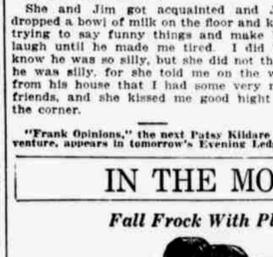
My teacher called me out in the hall after school started and asked me if I knew there was a frost last night. I told her it was not my fault, for I was at home all night. She smiled and said she knew that, but didn't care. I said it was too cold to go without shoes. I thought it was too cold for some people and that was the reason I gave my shoes to the little foreign girl. "I don't like shoes," I said, "and shall never wear them again. You can't climb trees with shoes on and you have to take them off when you go swimming, which I am going to do as soon as school is out."

She said she would go along, and she did and I took off all but my bloomers and dived

IN THE MOMENT'S MODES

Fall Frock With Pleated Skirt and Braiding

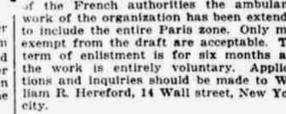
SOME of the fashion folk are emphatically declaring that we are facing a season of very narrow skirts. Meanwhile other fashion folk continue to evolve costumes with skirts of most generous width. And those style creators who steer a safe middle course are concealing the width of their skirts in flat pleats.



This little costume has a bodice trimmed with narrow self-color braid. A novel departure is found in the collar and tucker of pale blue satin.

THE CHEERFUL CHERUB

The sun makes freckles by the score And sends them down in my direction. It has such spots upon itself I sponse it envies my complexion.



Apply the following pomade to your hair to train it back. Three drams of white wax, 3 drams spermaceti, 7 ounces oil of almonds, 7 ounces cucumber juice, 1 ounce extract of cucumber.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will gladly give advice on preventive medicine, but in no case will he take the risk of making diagnoses or prescribing for ailments requiring surgical treatment or drugs. Health questions will be promptly answered by personal letters to trustees who enclose stamped envelopes for reply.

Enlarged Lymph Glands

THE cause of enlarged lymphatic glands is in many cases tuberculosis. In the majority of cases recovery takes place spontaneously. This is because the glands are good fighters. It is their business to resist germs. They are policemen placed about protecting it. If a silver lodges in the finger, an army of germs attacks the body through the wound; then the lymphatic glands in the neighborhood come to the rescue. They capture and destroy millions of germs which, having entered the body through the injured skin, seek to penetrate to the interior. The nearer we approach the center of the body the greater number of glands we find to oppose the germs. Germs must fight their way through a long procession of glands before they reach the vital organs.

Left-Handedness What is the best method for correcting a decided tendency to left-handedness in a seven- or eight-month-old child? Care should be taken to cultivate the use of the right hand; but it is possible that the child is organized in such a way that the left hand is capable of more perfect development than the right, in which case it would be an advantage to the child to be allowed to train the left hand. Life is not long enough for the equal training of both hands; hence, we are compelled to specialize in relation to the hand as well as in relation to the occupation.

Seed Warts

What is the easiest way to remove small seed warts? Put on a little acetic acid every other night with the tip of a wooden toothpick, and in two or three weeks the wart will disappear. Radium and carbon dioxide are painless remedies for warts.

Charcoal

I have been advised to use charcoal for intestinal toxemia. Do you recommend its use? Powdered charcoal, if taken in sufficient quantity, is undoubtedly capable of rendering valuable service in combating toxic conditions of the intestine. Besides producing a laxative effect, the charcoal absorbs a considerable amount of poisons resulting from putrefactive changes in the intestine. Charcoal tablets do not supply enough charcoal to render great service.

Hot Flashes

What can be done for hot flashes? Hot flashes are due to a disturbance of the sympathetic nervous system. The best measures of treatment are an outdoor life, improvement of general health, and special attention should be given to the

Cleft Palate

If a child is born with a cleft palate, can it be cured or remedied by operation? It can be greatly helped by an operation; perhaps entirely cured. It is just as well to wait until the child is six or eight years of age for such an operation. It is caused by deficient development of the palate, so without attention will affect the speech and be a great handicap.

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

"The Boy Next Door"

I FOUND the family in a state of pitiable agitation when I answered their hurried call for advice and counsel. Johnny, the family pride and paragon, was in the toils of an adventuresome, fifteen years his senior. The boy lacked but twenty-one months, when he would inherit a considerable fortune from his grandfather.

Wednesday—Patriots and patriots.



Like the Squirrel and the Honey Bee store up some food for Winter

SAVE THE FRUIT CROP A Franklin Sugar for every use Granulated, Dainty Lump, Powdered, Confectioners, Brown

Tomorrow's War Menu BREAKFAST Bread Griddle Cakes Coffee LUNCHEON Boston Baked Beans Apple Sauce Cookies DINNER Boiled Potatoes Corned Mutton Buttered Turnips Cup Cakes Coffee

ASK FOR AND GET Horlick's The Original Malted Milk Substitutes Cost YOU Same Price.

Unlimited Hot Water at Trifling Cost Without the discomfort of a hot kitchen always on tap if you install a Fleck Ohio Junior Water Heater



Use only a bucket of coal a day. Can be attached to any boiler. Keeps the cellar dry and comfortable. Write for Booklet. True Bros. Co. SHOWROOMS Plumbers 44 to 50 N. 5th St. Heating & Water Supply 500 Arch St.

Sold in 1, 2 and 5 lb. cartons and in 2, 5, 10, 25 and 50 lb. cotton bags.