

MILLIONS OF POUNDS OF SUGAR WASTED IN BOTTOMS OF CUPS—OTHER ECONOMY HINTS

"STIR YOUR COFFEE AND TEA" OUGHT TO BE NATIONAL SLOGAN

Only One Pound of Sugar in Country for Every Five Needed, and Yet Billions of Grains Are Being Wasted in Bottoms of Cups

MR. HOOVER asked us to save wheat and we did; he asked us to save beef—and we did; he asked us to save sugar—and we didn't.

WE NEED to eat some sugar every day—sugar restores energy.

OUR new national motto should be: "STIR YOUR COFFEE, STIR YOUR TEA, YOUR LEMONADE—AND WHEN SUMMER COMES BACK AGAIN STIR YOUR LEAD TON."

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer.

TODAY'S INQUIRIES: 1. How can a mirror be used to make small rooms look more spacious?

ANSWERS TO YESTERDAY'S INQUIRIES: 1. The wall table, a dainty, narrow table which is placed above the wall, has made its appearance in the smartly furnished home.

Picnilli and Canning Plums: Dear Madam—Please print in your column a way to can plums.

Care of Lilies and Hyacinths: Dear Madam—Will you kindly advise how to take care of bulb flowers.

Table Decoration for Golden Wedding: Dear Madam—Will you be so kind as to suggest a simple table decoration for a golden anniversary?

American Chop Suey: Dear Madam—I have heard there is a dish called American chop suey that can be made at home.

Two Little Dogs to Give Away: Dear Madam—I have a new little dog I want to give away.

PATSY KILDARE THE OUTLAW

By JUDD MORTIMER LEWIS

Ghost Story

AFTER I woke this morning I lay still awhile, but as soon as I remembered that I had to do a big day's work cutting whiskers I hopped out of bed.

Just as Rowdy and I were going up to the burglar's room we met the nurse and she said, "It was looking for you."

By that time I was busy with the brush and the soap. Making lather is fun, and I lathered my head and plenty till every time he breathed by his whiskers.

I put the razor away in my room and felt so good that when the nurse came I slid down the banister backward.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

Oranges in Fever Cases: THE great value of the orange as a food adapted to certain grave conditions of disease is little appreciated.

Poisoning From Tea Drinking: What are some of the symptoms of poisoning from tea drinking?

Acid of the Tomato Is Wholesome: Is the acid of the tomato injurious? Does it contain oxalic acid?

Tomorrow's War Menu: BREAKFAST: Stewed Peas, Corn Crispetts, Coffee.

Winged Tip Walking Boot: The one-and-half inch Cuban heel makes it a practical walking boot.

CLAFLIN, 1107 Chestnut

Special Prices Tomorrow: SUITS \$39.50—\$59 to \$250

Exclusiveness—Our Specialty: Special Prices Tomorrow

COATS \$35—\$59 to \$225

Our wonderful assortment of self or fur trimmed coats for women and misses are without a doubt the most attractive in town.

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IN THE MOMENT'S MODES

Gold Embroidery Trims This Navy Serge Frock



Make up your mind to tight skirts, for the smart silhouette will not permit much leeway at the hem.

THE CHEERFUL CHERUB

I'm off to find a desert island now, until I find it I shall not return—A place where those who study violin will have to go and stay until they learn.

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TWO YOUNG WOMEN ENLISTED IN PLACE OF BROKER GONE TO WAR

Real Estate Insurance Man Doing His Bit at Watervliet Arsenal—His Sister and a Girl Friend Take Up His Business

ON ONE day Albert F. Brown, real estate and insurance broker, 316 Lincoln Building, went to Watervliet, N. Y., to do his bit in Uncle Sam's ordnance service.

Russian Amazons fare forth to battle, their shaved heads more picturesque than pictures of the quinescent of feminine courage and initiative.

"Bridge parties and teas, of course, will have to be given up—this with a flourish of expression which indicated the sacrifice."

When I entered the office there was an air of quietude over it that we are accustomed to associate before this war, with those places of business with a masculine personnel.

HEMSTITCHING

Done While You Wait Skirt Pleating in Sunray, Box, Side and Accordion Buttons covered in all styles. Best Work. Parisian Plating & Novelty Co.

Luxurious Hair Mattresses and Box Springs

Luxuriousness in bedding is a mark of proper regard for your body. It assures refreshing rest, promises sound slumber.

Dougherty's Faultless Bedding

Hair Mattresses. Box Springs. Bedsteads 1632 CHESTNUT STREET

A Diamond

Look how it sparkles, see it greet With laughing light the ambient air; One little drop of sunshine sweet Held in eternal bondage there.

No airy gossip of what "the said" last night greeted my ears; no telephone chattering was in progress.

Miss Brown and Miss Wilson are such girls. "But we are not wholly untrained for this contingency," the former said, acting as spokesman.

"Yesterday my brother went away. Today we assume our duties. We think we're going to make a success of the undertaking but we're not behaving uppish about it."

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L-Stone Suits. The suits of this new shop merge an artistic combination of "youthful-like" lines, undeniably smart style and serviceability.

Buy Your Victrola Outfit at Heppes. For the convenience of our patrons we have arranged a series of "Heppes Outfits"—each with a Victrola and some Records.

Schmalzbach. Our wonderful assortment of self or fur trimmed coats for women and misses are without a doubt the most attractive in town.