SAILOR BOYS LIKE TO VISIT IN A REAL HOME : OTHER TOPICS OF INTEREST TO WOMEN

RECREATION CENTERS LOOK GOOD TO BOYS WITH "GEORGIA BLUES"

Skeptics Who Did Not Believe in Organized Amusement Have Changed Their Minds—All Soldiers Alike When They're Lonely

DO OUR fighting boys want to be entertained? Do they want recreation centers, do they want to be asked to people's houses to dinner, to play their talking machines and to read their Sunday newspapers? Or would they rather be—well, just plain let alone?

These questions are still in the air. People have been giving answers to them ever since the first intrepid hostess invited a squad of jackies to her home—ever since the first whirlwind campaign of a committee on recreation swept through the country.

There have been many answers.

"WHY, our John was never that kind of a boy," said one mother. Some one had asked her for a contribution on the particular score that her boy was one of those who would need some place to write his letters and to get rid of his loneliness.

"Why, a team of horses couldn't drag our John near a place of that sort," continued his proud mother, a bit proud of the superior social qualities of her son. "He likes to dance and play golf and—"

But, after all, it didn't take a team of horses to drag John into the recreation center. He was just like everybody else's boy—the lady admits it now—and when he got the "Georgia blues" he found it didn't make any particular difference that he had been a shining light of the country club. He was allowed to get the same kind of blues everybody else got. And the recreation center looked pretty good to him!

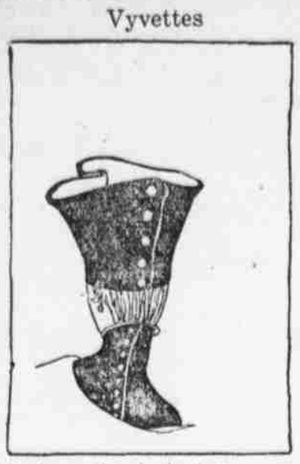
DO THEY like to be asked to our homes?

Here is the experience of one woman, a woman who has a talent for recognizing loneliness when she sees it. Two sailor boys were standing on a street corner. She looked at them and thought wildly about what her family, who dislike the unusual event, would say. Then she took the plunge and asked them to come for Sunday dinner.

They came and they didn't want to go! There were no girls there to amuse them, but there was "home." They came to dinner, they stayed to supper and still they stayed. And when they left they wanted to know when they could come back again, not to a meal, but just to "fool around" in a real home.

There doesn't seem to be more than one way to answer any of these questions. The skeptics may refuse to believe the queer twist the war has given to this world of ours. But the boys who are fighting for us are not skeptics. They are part of the twist!

Vyvettes



Looks as though the buttons got started on the dress and couldn't stop and went right on up the hat! But we'll tell you that the buttons on the hat don't *really* button at all—they're strictly ornamental.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

A Happy Day

IT WAS late when I woke this morning, for this is Saturday and there was no school. Rowdy had not come to let me kiss him, so I looked and he was standing with his front feet on the window sill and his hind feet on the floor, and looking out of the window and wagging his tail for all he was worth. I got up and looked out and there were Jim and Maggie and my baby cow and Jim had a big pan of milk with a handle on it in one hand and the baby cow in the other, and he was trying to get the baby cow to stick her nose into the pan, but she would not do it.

Then Jim set the pan on the ground and wet his finger with the milk and gave it to the baby cow to suck, and she liked that. While the baby cow was sucking his finger Jim picked up the pan with his other hand and lifted it slowly till the hand the baby cow was working on was in the milk all but the finger. He kept putting the finger deeper and deeper into the milk and the baby cow kept following the finger with her nose till she was drinking the milk. Jim turned his head and smiled at Maggie and she smiled back kind of mushy, and just then something made the baby cow mad and she butted Jim and he sat down in a rose bush with the upside down pan of milk in his lap.

That pleased Rowdy and Maggie very much. Rowdy nearly wagged his tail off and Maggie laughed out loud and the baby cow kicked up her hind feet and ran out behind the barn. Jim got up and handed the pan to Maggie and went after the baby cow and brought her back, sliding on all four feet. Maggie came out with the pan full of milk again and handed it to Jim, and Jim put his legs over the baby cow and said: "You have got to drink it now or I will drown you," and pushed her head into the pan to her eyes. I was just going to ask Jim whose baby cow that was when the baby cow's mother called her and she started to go and Jim went with her a little way, waving his feet and the pan in the air. Just before he fell off the baby cow the hand with the pan in it was away up in the air and it turned over and all the milk poured on his head.

Then he lay on his stummick with the pan over his head and watched the baby cow go around the corner of the barn. I said, "Are you going to try it again?" Jim and Maggie looked up and Jim got up and grinned and said, "Not this morning." I said, "How long has this been going on?" He said, "What?" I said, "Your making the baby cow drink." He said, "Oh, for about a week." I said, "Gee! Think what I have been missing!"

I did not teach the baby cow to turn over endways today, as I had intended, but Jim made a bridle and a long pair of lines for her and told me to drive her around the lot till she got used to it. I didn't drive her as long as that, for before she got used to it she started to run and I don't think any little girl ever stradded such wide straddles as I did. Jim ran after me to catch me and then the baby cow called for her mother and her mother broke the fence down and came running after Jim and Maggie came running after her and the mother went right past Jim and he grabbed her tail as she came, but could not stop her, and she was kind of close to me when Rowdy got her by the nose and threw her down. Then I let go the baby cow and Jim sat on the mother cow's face to hold her down, and told me and Maggie to go into the house, but we didn't, we just got out of the lot and Rowdy, too. Then Jim got up and tried to beat the mother cow to the fence, which he did, but not any too much.

We certainly had a good time and Rowdy never did enjoy himself quite so much before. I stayed all day and we played hide and seek. When it was bedtime I kneeled with Rowdy and we prayed, "Dear mother which art in heaven, you and the other angels may think you know what fun is, but I have got you skinned a thousand miles for fun. Jim and Maggie are so nice that I have a notion to adopt them. Ask God to bless them and you and my father. Amen."

"Close Quarters," the next Patsy Kildare adventure, appears in tomorrow's Evening Ledger.

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

The Little Mother at Home

TWO letters have come to me recently, each with its little drama. One is from a mother and the other to a mother, or, at least, to her in my care.

The first is from Kansas, from a widow whose son enlisted at the first declaration of war. She doesn't know whether he is somewhere in France or still in the training camp, for he has forgotten to write home. She wants to know if I can tell her how to find news of him.

"MA" SUNDAY

The other letter has come to me from a young man in one of the training camps who wants me to break the news to a mother in Indiana that her son Frank, who marched away in khaki with the other boys from the home town, has been badly injured—so badly that he will be crippled for life.

No, he was not hurt in the line of duty. That is the tragedy of it. He received a blow from a flying bottle in a saloon fight on one of his days of leave from camp. The blow and his intoxicated condition at the time resulted in a severe blood poison, which not only incapacitated him from the service of his flag, but which will doom him to spend the rest of his days as a crippled, physically unfit man.

The boy, who left town to the accompaniment of cheers and music as one of the defenders of his country, and whose strong, erect young figure in his new uniform brought tears of pride to his mother's eyes as she watched the marching column from the curb, will come back to her a hopeless cripple—not from the bullets of the enemy, but from his own dissipation.

Do you wonder why with this last letter before me I dread the results that may meet me from my inquiries for the other son—the boy who has forgotten to write home?

It seems to me that in our preparations for war we should lay more and more emphasis on the letters back home. I don't know how large a proportion of our young soldiers are unmarried, and with only a mother or sister to whom to write. But the percentage must be very large.

And it is true that the average young man, who is breaking into the new and harshly diciplined life of the "rookie," is very apt to take refuge in all kinds of excuses for evading letter writing.

The letter home not only is a duty, but very often it is a life saver. The young soldier who keeps the home ties fresh is a better man—and a better soldier. The biggest man in the world always has a place in his heart for love and sentiment.

Show me a young man who in his own work and pleasure finds time for a letter to mother and the home folks and I will pin my faith to him every time, no matter what his temptations.

It is not a sign of weakness—this idealism and love of mother—but a sign of strength. And this is only one angle of the subject, the selfish angle. What of the little mother back home, scanning every newspaper and watching the corner for the first sign of the postman on his rounds for possible news of her absent boy? Don't you picture the wonderful smile if the carrier turns in at the gate with a letter from her boy? And can't you see the disappointment, the tired little droop in her face and the weary sagging of her shoulders when the postman trudges by, and she knows she will have to wait until the next time for her letter?

Of course, you can see this picture.

And here's where you come in, wives and sweethearts of America! It's largely up to you whether the little mother at home will smile with happiness and tender pride, or whether she will return to her weary routine of household duties, trying to hide the tears in her eyes when the neighbors ask how the boy is! Make your soldier boy first promise he won't forget the little woman who lovingly cared for him all the years before he knew you. She comes first. Make him see what a vital thing his letters to her are.

It's a small matter—that letter home, but it is just such little things that make or break us when the supreme test comes. When the order comes "over the top" give me Mother's Boy. He will never be a slacker in the big moment!

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Wednesday—"The Girl Who Played Kissing Games."

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, *Evening Ledger, Philadelphia, Pa.*

TODAY'S INQUIRIES

1. How can cauliflower stalks be tastefully utilized?

2. How much food in ounces is the regulation ration of the army man?

3. In "doing over" the walls of a Dutch hall what is the best kind of paper to use?

1. What is the Kitchener heel-and-toe used in knitting the socks for our fighting men?

2. What very smart bag can be made from an old piece of sealskin?

3. Who is the national commandant of the National League for Woman's Service?

ANSWERS TO SATURDAY'S INQUIRIES

1. Men's "half-silk" shirts should be washed in lukewarm water and white soap and never boiled. They should be allowed to get quite dry and then ironed over a piece of thin muslin with a moderately hot iron.

2. Vegetable fats are the most wholesome to use in preparing fried stuffs. These are fats made from olive, cocoanut, peanut and refined cottonseed oil.

3. If salt is sprinkled on the window ledge it will keep frost and snow from getting under window sash and making the window impossible to open.

1. "Furs" for a very little girl can be made of small pieces of white, black or gray silk velvet, trimmed with tiny white fur tails and little bunches of artificial flowers. Padded muslin muffs, ready to be covered, can be bought in the department stores.

2. The frock with long straight skirt lines that taboo all pockets or side draping makes the stout woman look slimmest.

3. A military mirror is simply a square of polished steel. It makes a practical gift for the soldier, because it cannot break or rust.

Silk Shade for Lamp

To the Editor of Woman's Page:

Dear Madam—I am one of your readers and would like to ask you a question. I am anxious to know how to make a dining-room lampshade, a very nice one, in silk. Please have the directions in the paper if you can help me out. Do any of the readers know how? ANXIOUS.

Most dining rooms have metal-framed lampshades in them. These can be removed, of course, but it will probably take the services of one skilled in managing fixtures to attach the silk shade.

As a foundation for the shade buy a wire frame in the lamp department of one of the stores. You can get this in various shapes. The saleslady will tell how much silk will be required for the size shade you buy. Cover the wire with tape. Then you are ready for your silk. Rose is very pretty, so is old blue. Use the silk on the double to cover the lamp or line one thickness with a cheaper material of the same shade. After cutting your material the length of the lamp, with allowance for shirring and hem, shir it at top and bottom. Then sew it on the frame very evenly, catching your stitches to the tape. Finish the shade at the top with a piece of gold braid and at the bottom with fringe the color of the silk and gold braid.

Perhaps some of our readers who have had experience in making lamp shades will have further suggestions to make.

Puppy Offered to Mrs. M. F. F.

To the Editor of Woman's Page:

Dear Madam—Will you please tell Mrs. M. F. F., who asked for a puppy for her little boys, that I can give her one six months old that is very fond of children. M. R.

Will Mrs. M. F. F., who asked for a puppy for her little boys, seven and nine years old, please send her address to the Woman's Page? Through an error in filing it has been misplaced. The above note refers to her request, and we are anxious that the little boys have their pet at the earliest possible moment.

Pattern for Sweater

To the Editor of Woman's Page:

Dear Madam—In the EVENING LEDGER the other evening you were asked to publish directions for knitting a slip-on sweater with purling at waistline, which you said you would do if a self-addressed envelope were inclosed. I would certainly be glad if you would send it to me, although I wasn't the one that asked you.

But would you please tell me how many skeins it would take to make the sweater, size 38, having the collar and cuffs the same as the sweater, and also how many skeins it would take of angora to make the collar and cuffs if made of angora? I made a sweater, but would like to have one with the purling at the waistline. OUT OF TOWN.

The pattern for the sweater has been mailed to you. All of the materials required are specified in that.

Gingered Pears

To the Editor of Woman's Page:

Dear Madam—I would like to know how to ginger pears. Will you please tell how this is done? (Mrs.) M. R.

The fruit chosen should be a trifle underripe. After peeling and coring, cut the pears into thin slices. Use six pounds of sugar, one cupful of water and the juice of four lemons for eight pounds of pears. For flavoring use the lemon rinds cut into narrow strips. One-eighth pound of ginger root, cut into pieces, should be added. Let the mixture simmer until it is the thickness of marmalade. Pack while hot in hot jars. Seal immediately or allow containers to stand in hot-water bath for thirty minutes at simmering point, 180 degrees.—Recipe by National Emergency Food Garden Commission.

If in place of sealing you use the hot-water bath, put the pears in a vessel in which there is a false wooden bottom. Do not quite seal them, and have the water an inch above their tops. This dries out all the air and immediately upon removing the jars from the bath [illegible]

To Kiss Or Not to Kiss

To the Editor of Woman's Page:

Dear Madam—A young man came to see me recently for the fourth time and when he left he wanted to kiss me. I would not let him, and he has not been to see me since, though three weeks have passed. I told my girl friend, and she said I was silly not to let him; that there was no harm in it. What do you think about it, please, as you have helped many of my friends? GIRLIE.

You were quite right, my dear girlie. No girl who wishes to keep her self-respect will allow a man to kiss her unless he has told her he loves her and wants to marry her. To go into a discussion as to whether there was harm in it or not would be foolish, as what is harmful for one individual might not be for another. But a man who has the proper respect for a girl will not ask or take such liberties, and your little friend would do better to take your advice in such matters than to give you hers, which is not high-principled, I should say. A girl can never be too reserved in such matters, and some day you will be very glad if you have kept the first kiss for the man you will marry.

Clothes Depend on Part Played

To the Editor of Woman's Page:

Dear Madam—Is it permissible to wear a sack suit at an afternoon wedding? ANXIOUS.

It depends very much on what part you are to play at the ceremony. If you are only a guest, yes, a business suit may be worn, though a cutaway and gray trousers are more correct for an afternoon affair. If you are to be the bridegroom, best man, an usher or a close relative of the bride or bridegroom, you should wear the customary gray trousers, black cutaway coat, standing collar, gray cravat, gloves, gray spats and high silk hat. A boutonniere of white flowers is also worn in the left lapel of the coat.

Xmas Gift for Boy in France

To the Editor of Woman's Page:

Dear Madam—Please help me. I have a soldier sweetheart "somewhere in France" in the marine corps and I should like to send him something for Christmas, but am at a loss as to just what to get. I shall be extremely grateful for any suggestions which you may make. I should like something which would cheer him and remind him of the one who sent it. Please tell me where to purchase what you suggest and how soon to send it so that he will receive it by Christmas? F. C.

Waterproof picture frames are being made specially for soldiers. One of these with a picture of yourself in it I am sure would be appreciated and would cheer up your boy "somewhere in France." Any gift that adds to the comfort of the boys will cheer them, because they are as a rule quite tired. A pillow of waterproof khaki that is inflated with air would add materially to his rest. Cigarette cases and writing portfolios fitted with paper, pencils, etc., are being made especially for the fighting men. Flashlights, pocketknives and fountain pens are acceptable. In addition, don't forget that your marine boy will like some Christmas goodies.

Everything must be sent before November 15 in order to reach France. A personal letter further covering this will be mailed to you.

To Find "Ragtime" Teacher

To the Editor of Woman's Page:

Dear Madam—Could you tell me of a good teacher of "ragtime" music? E. H.

I am afraid I cannot help you, because it is a rule of the Woman's Exchange that no recommendations such as this be made. If you look in the yellow part of the Telephone Directory under music schools you will perhaps find the names of some of these teachers. You will have to judge for yourself of their merits.

Use Crumbs in Making Bread

Crusts and stale pieces of bread that have not too much fat in their composition can be worked into the dough "on the next baking day." Put the pieces in a paper bag to dry and then crumble them up well or put through the food chopper. In mixing them with the dough use a cupful of crumbs to three of flour. Use these leftover bits just as you would the flour itself.

Knitting News

The secret of the sock you are knitting for the fighting man lies in the looseness of its knit. This is the secret, because most persons have a tendency, in their eagerness for firmness and warmth, to knit too closely. The woolen sock is more durable when it is elastic, but almost more important than this is the fact that the soldier is able to get the loosely knit piece of footgear on his foot, while he is often unable to get into the tight one at all.

At One Week Old

He will be straight and strong and fair,
With eyes that have a laughing flash;
A rumble always in his hair,
And, if he likes, a short mustache.

His voice must be a grumbly bass,
With nearly all his father's charm,
And when we stroll about the place
I'll love to lean upon his arm!

And when he marries some nice girl—
Oh, me! He'll do it soon, I fear—
I'm sure she'll love the little curl
Like that behind his daddy's ear!
—Burgess Thornton.

Tomorrow's Menu

Meatless Day

BREAKFAST

Rice in Molds and Apple Sauce
(With Top Milk)
French Toast Coffee

LUNCHEON

Scalloped Tuna Fish
Cornmeal Muffins Cold Beets
Grapes

DINNER

Vegetable Hot-Pot
Green Peppers Stuffed With Cottage Cheese
(On Lettuce)
Dinner Rolls Jelly
Pumpkin Pie

VEGETABLE HOT-POT

The ingredients are: Five tablespoonfuls butter or drippings, 3 onions, 3 carrots, 1 stalk of celery, 1 teaspoonful of salt, ½ teaspoonful pepper, a can of string beans, 1 pound of potatoes, 1 bunch of parsley, 1½ pints of stock or water and 6 tablespoonfuls flour.

Melt the butter or drippings in the pot, add the vegetables cut in slices and cook for ten minutes until a nice light-brown color. Remove the vegetables, add the flour and cook until brown; then add the salt, pepper, stock or water and bring to the boil; then add the vegetables and cook gently for two hours. This hot-pot will not only appeal to the palate of the vegetarian, but will prove a welcome addition to many a family menu.—Pictorial Review.

About Bellows

A small pair of bellows comes in handy for lots of things. It will blow out the dust from upholstered chairs, from behind the open, where it can be gathered up with a mop or dustless duster, from behind pipes, radiators, bathtubs, etc., into

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IN THE MOMENT'S MODES

Coat of Wistaria-Color Silvertone Velour

The all-enveloping topcoat that really goes all the way down to the shoetops has a range of usefulness beyond any other garment. It allows the greatest latitude of apparel for daily wear, for whatever you want to put on you can slip your coat over it and be perfectly dressed for the street. Spot clothes are perfectly hidden and delicate afternoon and evening frocks quite protected, and you can go about in car or bus as suitably dressed as if you had on a severe suit. Now that the vogue for dresses has to a large extent supplanted that for the waist and skirt for indoor wear, a long coat makes it possible for you to use your one-piece dresses all winter. The model illustrated is an especially good one, having straight lines and a very tailored effect and at the same time being long and ample enough to cover any frock. It is of wistaria-colored silvertone velour. The buttons are self-covered, and the muskrat collar falls almost to the waistline in back. The cape nearly covers each arm, as it does not extend entirely across the back. The back is gathered and belted with a narrow belt at the natural waistline.

Uncle Sam, Housekeeper

The United States Department of Agriculture says extend the flavor of your meat if you want to get the last penny's worth of value out of it.

Common household methods of doing this, advises the department, are to serve the meat with dumplings, generally in the dish with it, and to combine the meats with crusts as in meat pies or meat rolls. Borders of rice, hominy or mashed potatoes on the platter with the meat, says our Uncle Sam, take on the flavor and nourishment of the meat and afford a dish which comes a good bit nearer being a balanced and healthy ration than when the meat is served alone.

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GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, but in no case will he take the risk of making diagnoses of or prescribing for ailments requiring surgical treatment or drugs. Health questions will be promptly answered by personal letters to inquirers who inclose stamped envelopes for reply.

Rest

PEOPLE never tire of insisting upon the value of work and exercise. Activity, of course, is necessary to the proper development of the body. But quite as important is a proper amount of rest.

The increase of nervousness and neurasthenia, so much in evidence today, is plainly accounted for in most cases by the increased tension, nervous hurry and habitual worry in the life of today. The ill results are not due purely to overwork or increased activity, for hard work alone, whether physical or mental, does no harm; but to the needless strain and worry with which the modern woman bears her larger responsibilities. The busy business man and the equally busy housewife and mother stand in need of plenty of refreshing sleep and rest.

Every one should cultivate the habit of devoting a few minutes some time during the day to complete relaxation. The little time thus devoted to rest is more than repaid by increased energy, less irritability and higher resistance against illness.

The full benefit of rest cannot be secured unless it is properly taken. Those who learn to relax completely, regardless of their surroundings, are soon able to profit considerably by only a few minutes of rest. No matter how little time one may be able to spare, one should slip away from cares and duties and lie down on a couch or a bed, stretching out at full length, and relaxing every muscle until the body feels heavy and one is conscious that the bed is supporting the body.

The clothing should not be worn too snugly in the first place, but if any constraint is felt when relaxing, the clothes should be loosened further—and should remain so. Cares and worries should be banished utterly; the mind should be as much of a blank as possible, unless it can think only of pleasant and restful things. If one can fall asleep, so much the better; if not, close the eyes, thus resting the eyes as well as the mind, and lie still. To read while lying down is harmful and tires the eyes. It ought to be possible at times to receive callers while relaxing in this way and keep up a pleasant conversation while getting the benefit of the rest.

Business people of today are under a constant strain, much of it self-imposed. Often one does not take sufficient time to eat his meals comfortably. This is a great mistake, for the lunch hour may be one's only chance to relax during the day, and one should make the most of it. Sit down comfortably to the meal, no matter how simple a one it may be, relaxing the strained nerves and putting all worries out of the mind. Eat deliberately and slowly, and in short, take all the time that is due one. If there are a few spare minutes after the meal is finished, a short, pleasant walk in the fresh air will prove restful and stimulating.

Even the rest obtained by the regular night's sleep does not yield its full dividend to many women because of this same nervous tension. Nothing is so damaging to proper sleep as the habit of taking one's worries to bed—a habit less common among women than among men, but still too common among both. If persisted in, the practice is harder to overcome and leads to insomnia.

Plenty of sound, refreshing sleep is a requisite for the maintenance of health in every condition of life. The child or youth, man or woman, deprived of necessary sleep soon becomes ailing and miserable. From a physiological standpoint, the time spent in sleeping is the most important portion of our lives. It is during sleep that the processes of growth and repair chiefly take place. After fatigue and during illness, sleep restores strength and energy as no other remedy can.

(CONTINUED TOMORROW)

Nature of Catarrh

What is the nature of catarrh? G. R. H.

The word catarrh means a "running" and catarrh usually implies a free flow of mucus discharge. Catarrh is really an infection of the mucous membrane and of the nose, throat, bronchial tubes or any mucous membrane of the body.

Dust and Smoke

What is the reason a man cannot stand dust and smoke? RAY A. R.

It is because he has an instinct for clean air. Some people have become so used to smoke they do not mind it, but others find it is very difficult to endure impure, dirty air.

Nightmare

What is the cause of nightmare? What is the prospect of being cured after one has had it many years? PHILIP.

Nightmare is a nervous disorder most frequently caused by indigestion. The remedy is to avoid eating at night and also to avoid sleeping on the back. Be sure that the bowels are emptied before retiring. Take a neutral bath (94-96 degrees F) for half an hour just before going to bed.

Cancer

Is cancer curable? J. P. Q.

Most cancers are at first purely local in character. Early and thorough removal of the diseased tissue will then effect a cure in many cases. It should be remembered, however, that the predisposition to cancer remains and a new development may occur; therefore, simply removing the cancerous growth by operation is not sufficient. The patient must follow a restricted antiseptic and laxative diet. Lead an out-of-door life both day and night and adopt all possible means for building up bodily resistance.

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