SHAKESPEARE FOR THE YOUNG—MYTH OF THAT POPULAR GIRL—HOUSEHOLD NOTES—FASHIONS

A HOMILY FOR WALL FLOWERS OR THOSE WHO THINK THEY ARE

The Young Men Who Crowded Around the Heroine in the Book Are Still in the Book. And Most of Us Buy Our Own Orchids!

ALONG time ago the first novelist drew a pen picture of a very lovely young lady all surrounded with young men. Ever since that time the persons who write story books have been crowding young men around their heroines.

She is inclined to make one feel badly—this girl with the waiting list! Sometimes on the trolley car one is tempted to turn around to the young lady occupying the next strap and ask her if they all try to sit each other out at night at her parties so as to have one words alone before leaving. How strangely runs the mind to searching around at the last minute for enough young men to go around at the next meeting of the Tuesday bridge!

IT WOULD be interesting for all girls to get together about the girl with the waiting list. Is she a fact or just something novelists are loath to part with?

Of course in getting together we would all have to be honest. All those who have been buying their own orchids for the dance and blaming it on a devoted escort would have to 'fess up. All those who have had "a man for a girl" at their parties would have to tell the whole thrilling story of the hunt—how their fingers tripped feverishly over the telephone book; the return phone calls with male voices attached to them on the day of the party; the evening that must be spent at the office; the friend who is passing through town—all must be told.

What a consolation it would be to get together about ourselves and rise up and call the girl in the book unreal! We who have been known to buy our own lunches, who have given up dances because there was no dancing man in sight.

A MAN'S THOUGHT

WOMEN for the most part do not love us. They do not choose a man because they love him, but because it pleases them to be loved by him. They love love of all things in the world, but there are very few men whom they love personally.—Alphonse Carr.

IS THE girl in the book unreal? It is consoling to the girl whose knight comes riding singly and not in an army to know that if she is not unreal she is at least one in a thousand.

The majority of women—pretty women are included here, too—do not have a line of men standing in one-at-a-time fashion waiting to dance attendance on them. In real life, on the whole, popularity is fleeting. A girl of eighteen who is spending her first winter flitting from dance to dance is very apt to be "rushed." But as a rule the same thing happens. A season or two simmers down the telephone callers and eventually—if she does not marry—she becomes one with the fold who sit up and do for themselves occasionally.

THERE is no moral to this tale. It is just a little homily to be tucked away for an evening when the telephone refuses to ring and there have been no candy or flowers since last Easter.

EDITH WYNNE MATTHISON REGARDS THE HUMAN VOICE AS INDICATOR OF SPIRITUAL QUALITY

Deplores Lack of Training in Schools and Recommends Reading of Shakespeare Aloud

Acting of Bard's Plays by Youth, She Says, Would Correct Faults Criticized by Foreigners

EDITH WYNNE MATTHISON

THE American public is pretty well used to hearing slighting or scornful things said about the American voice by visiting French and English persons. Indeed, so frequently have aspersions been cast on the American manner of expression that the American public has become hardened and indifferent to criticism. We make ourselves understood, anyhow, and the fact that nine-tenths of us sound like fret saws in our lower registers and steam sirens in our upper tones bothers us not a whit.

Now another woman has turned her attention upon the American voice—but this time not so much to censure as to help. This reformer is Edith Wynne Matthison, and her plan is to catch the American voice young, bring it up on Shakespeare and thus transform it into something beautiful, well modulated and expressive. What she plans to do is to give, with the co-operation of a number of fellow artists, a series of Shakespeare matinees for young people, which she believes will so interest students of literature in the plays that to so many of them are now merely "required reading" that they will learn to love the masterpieces of literature, to read them aloud, to quote them, to act them, to profit by their majestic cadences.

TEXTBOOK STUDY MADE EQUAL

"Textbook study of Shakespeare will never reveal his beauty," declared Miss Matthison to a reporter who asked her about her plan to give special performances of Shakespeare's plays to high school students of literature.

"I believe that students should be encouraged to read Shakespeare's plays aloud in their classes, to act him whenever possible. Reading his lines unconsciously teaches them to cultivate their voices, to enunciate well and to breathe properly. Their interpretations will take care of themselves.

"Elocution has through abuse come to mean something quite different from what Ruskin meant when he said, 'Elocution is a moral faculty; and no one is fit to be the head of a children's school who is not both by nature and attention a beautiful speaker.'

"Could anything I might say express even slightly what Ruskin says so fully?" she asked enthusiastically.

VOICE INDICATES SPIRIT

"Does any one ever read Ruskin these days?" the interviewer wondered.

Miss Matthison smiled.

"Oh, yes! I have been rereading Ruskin a great deal lately, and have come to realize that he laid the foundations for my art. We have not yet begun to cultivate our voices as we should. I believe the voice is an indication of a person's spiritual quality. Everywhere I have been the last few months, giving readings of Shakespeare in the schools and colleges, I have talked to the teachers and students of the necessity of speaking our own language musically and clearly."

OF MUSICAL LINEAGE

Small wonder that Edith Wynne Matthison respects the human voice. Her mother and her aunt, Edith Wynne, were famous singers. Her aunt was called "Eos Cymru, the nightingale of Wales," and was honored with the title of bard at one of the ancient Druid festivals still celebrated in Wales. Her uncle was Arthur Matthison, who played with Edwin Booth and Henry Irving. She was brought up on the Bible and learned to read from it. Her introduction to Shakespeare came through finding an illustrated copy of the plays in her father's library, and she read them to find out what the pictures were about. So she never knew them as classics until it was too late to mar her enjoyment in them. She wishes all children might learn him in that way.

"Which was the first play of Shakespeare that you saw?"

FIRST HEARING OF SHAKESPEARE

With a reminiscent laugh that sounded like a child's she said: "'A Midsummer Night's Dream.' I remember that after the final curtain I refused to leave the theatre. I wanted it all over again. It had all the lovely fairies in it that I had ever dreamed about without the ugly men who did the inexplicable things in the pantomimes which I had seen."

"Do you find that most young people respond to Shakespeare? They used to regard him like the other tiresome old classics."

"My best audiences are young people. I love to play or read to them. It seems to make Shakespeare's characters living beings to them, to open their eyes to his poetry, his drama, his message. The audiences I have had recently gave me the idea of giving a series of young people's matinees on Friday afternoons and Saturday mornings. We are doing them chiefly for the young people, though, of course, we hope the general public will like them, too."

"Who is in the company?" she was asked.

"COMMERCIAL" CO-OPERATION

"I have been most fortunate in arousing the interest of other actors and securing their co-operation through the courtesy and kindness of their so-called 'commercial' managers. As our matinees take place on days when players engaged in other productions are free, we have been able to choose our company with great care and with a view to the best ensemble playing. For instance, David Belasco has loaned us Pedro de Cordoba; Arthur Hammerstein, Albert Bruning; Weber and Anderson, Adrienne Morrison.

"Through a curious coincidence we have brought together most of my old comrades from past Shakespearean seasons. Thus, from my associates at the New Theatre have come Pedro de Cordoba, Albert Bruning, William Raymond, Elsie Herndon Kearns; from Sir Herbert Tree's Henry VIII company, Eric Snowdon and Douglas Ross; from the Ben Greet days, Frank McEntee, Percival and Ruth Vivian. It seems like a large family party—we are all used to playing together, and I feel we ought to do fine things."

So perhaps Shakespeare will come into his own again through the efforts of Miss Matthison and this group of actors and actresses, who are planning this little adventure in idealism, this revival of Shakespearean plays for the benefit of the rising generation—and the improvement of the American voice.

GIVES $50,000 TO RED CROSS

Security for Yacht at Wilmington Goes to Fund

LONDON, Jan. 17.—Christopher Hannevig, a Norwegian from New York, has given £5000 (about $25,000) to the British Red Cross and a similar sum to the French. His brother here bought at a prize-court sale the famous yacht Germania for £10,000 (normally $50,000) and as a guarantee £10,000 also was deposited that the yacht would not be sold to an alien enemy.

The brother has transferred the yacht to Christopher Hannevig, and the vessel is now at Wilmington, Del. A new guarantee was substituted, and the former amount was divided as above.

Oscar Hammerstein Better

NEW YORK, Jan. 17.—Oscar Hammerstein's operation at the German Hospital left the impresario in better shape than had been expected, and the reports were that his improvement was continuous and that he would be able to leave the institution within two weeks.

PUT FAT CHILD ON STRICT DIET

Advice on preventive medicine will be given by Doctor Kellogg in this column daily; but in no case will diagnosis or treatment of ailments be attempted. Personal queries on health will be promptly answered if postage is inclosed.

By J. H. KELLOGG, M. D., LL. D.

HAVE you a child who is very obese, who always craves sweets and who shows no tendency to engage in vigorous play with his companions? If so, your child is probably a victim of hypopituitarism. This means that his pituitary gland, situated at the base of the brain, is undeveloped or diseased, and is either secreting fluids that produce an abnormal absorption of the substances that produce fat, or else is not secreting the fluids that inhibit such absorption.

In the very young extreme fatness is almost always due to an abnormal condition of the pituitary gland. In adults it is generally due to eating too much and taking too little exercise. Eating too much does not necessarily imply gluttony, for it is well known that many fat persons have small appetites; it means that they are eating certain kinds of food in quantities that may be all right for others, but that are too much for them. There is some peculiarity in the way their organs of digestion and absorption turn food into body-building material that makes them extract an inordinate quantity of fat from what they eat.

The physician, if consulted, will order your child to diet. At first the food and drink must be carefully measured, but as soon as you have learned to estimate accurately, this weighing may be dispensed with. Fat reduction must be slowly progressive. And if too rapid the dietary must be enlarged, especially with regard to carbohydrates and fats. There is no general rule for a dietary, and this must be regulated according to the individual patient. Attention to details is vitally important, and the child's progress must be watched regularly and with great care.

QUESTIONS AND ANSWERS

Physical Examination Once a Year

"Do you believe a thorough examination for a person at least once a year is practical, and what is the fee for the same?" B. O. M.

Certainly, one should take an account of his health stock once a year, just as he would of his business. There is no stated fee for such examination. It all depends upon the physician or the institution where you have such examination made.

Scalp Itches

My scalp itches violently for about an hour every day. What is the cause and remedy? B. B.

If you are sure there are no vermin in your hair, it is probably due to dandruff and you should keep the scalp cleansed with soft water and castile soap. Massage the scalp with the fingers dipped in cold water. A little vaseline applied to the scalp is a useful remedy. There are many kinds of scalp disorders which have dandruff as a symptom. It will be well for you to consult a skin specialist.

Cancer After Superfluous Hair Is Removed

Is there any danger of cancer resulting from having superfluous hair removed from the face? Can it be permanently removed? Is there a simple home remedy for removing hair? ANXIOUS.

There is no danger if the superfluous hair is properly removed by electrolysis. That is the only safe method and should be done by some one who is an expert in this method of treatment. Do not use any advertised pastes or try home remedies because there are none that are effective.

Chilblains

What is the best treatment for chilblains? MARY.

The alternate hot and cold foot bath is an excellent remedy for chilblains. The hot water should be as hot as can be borne, and the cold water as cold as can be obtained. Allow the feet to remain half a minute in the hot water and fifteen seconds in the cold water. Alternate ten or twelve times. Apply this treatment twice daily.

Pain in Back and Chest After Eating

I have pain in my back and chest two hours after a meal and sometimes nausea. If I eat apple sauce and oatmeal gruel I feel all right, but if I eat potatoes, vegetables and meat I have the same symptoms. What shall I do? A SUBSCRIBER.

Drink a cup of very hot water a half hour before meals. Take it in small sips. Eat some cooked or ready-to-eat cereal into which you may put two tablespoonfuls of bran uncooked. Try eating stewed prunes, stewed apricots, peaches and pears. These dried fruits, properly prepared, will probably agree with you. If the cereal gruels agree with you, try purees of vegetables and then fresh fruits and fruit juices. You will probably be able to extend your diet if you experiment carefully. You should have at least two bowel movements daily. The bran will help to move your bowels. You should also eat lettuce, celery, spinach, etc. Do not use vinegar at all.

(Copyright)

Tomorrow's War Menu

BREAKFAST

Oranges
Fried Bread Dipped in Egg Batter
Maple Syrup Coffee

LUNCHEON

Oyster Stew
Vegetable Salad Rye Bread
Cup Custard

DINNER

Halibut Aurore
Creamed Potatoes Chowchow
Apple Dumplings

HALIBUT AURORE

Two-pound cut of halibut, one tablespoonful flour, one tablespoonful butter, cupful milk, one tablespoonful minced parsley, juice of one lemon, one tablespoonful mushroom ketchup, one tablespoonful tarragon vinegar, one tablespoonful capers, salt and one teaspoonful vinegar.

Place fish in baking dish with a little water, the vinegar, and one dessertspoonful of salt, and bake until tender, but not broken. Remove to a large dish and allow to cool. In one saucepan make a sauce of the butter, milk, flour and parsley. Meanwhile, in another, heat the mushroom ketchup, tarragon vinegar, lemon juice and capers. When the white sauce has cooled a little, blend the two, beating well, and pour over the fish. Serve very cold garnished with cut lemons and sprigs of parsley. This may also be served hot, if desired.—Good Housekeeping.

Don't Throw It Away

If you have burned a layer of loaf cake badly, do not throw it away or try to make an unappetizing cake out of it.

Cut away all of the burned portion, cut the rest into finger lengths, criss-cross them on small plates or saucers and serve as a dessert with whipped cream or a tart sauce.

Home Flowers

So many persons fail to recognize the decorative qualities to be found in the use of the all-year-round flower boxes. And there is no doubt at all that flowers make a room more cozy and homelike.

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THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiments expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, *Evening Public Ledger, Philadelphia, Pa.*

TODAY'S INQUIRIES

1. How is carrot honey made and how can it be used?

2. What is the best way to clarify the fats from cooked meat so that they may be quite sweet and clear?

3. When there are several children in the family, what successful method of keeping their rubbers together and in proper sizes can be employed?

1. What is the woman's Inter-American Round Table?

2. Is it correct for a young girl to accept a man's invitation to dine at his home when she never met his people?

3. What is the general rule for massaging the lines or wrinkles on the forehead?

ANSWERS TO YESTERDAY'S INQUIRIES

1. French housewives make cheese from sour milk without heating it. The milk is poured through a sieve and the curd left has the consistency of custard. The cheese is eaten with sugar and cream.

2. If cuffs frayed at the edges are wet and then wrung out as dry as possible there will be no difficulty in ripping them open to turn in the frayed part. New edges can thus be made and basted together while the cuff is still damp.

3. When it is found that a meal with a baked dish for its foundation requires more gas than a fried meal try using the oven to cook the entire meal. Place the vegetables in a saucepan or eater inside the stove instead of on top of it. Have a dessert, too, that can be cooked in the oven. In this way all the heat that sometimes goes into just one dish can be utilized to cook the side dishes that, as a rule, use up gas on the top of the stove.

1. Lady Arabella Stuart was the court belle in England during the reign of Queen Elizabeth. The latter was intensely jealous of her. After the queen's death she married William Seymour secretly. When the marriage was discovered by King James, who succeeded Elizabeth, he separated them. Overcome with grief, the Lady Arabella lost her reason and in four years died.

2. The ambulance pillows used for the hospitals abroad are made with any soft material such as sateen, cretonne or gingham. They are filled with finely cut scraps of old linen and mixed with cotton waste. The pillows should be 12 by 18 inches.

3. Georgette satin is a soft heavy fabric with a lustrous silvery sheen.

A Homeless Cat

To the Editor of Woman's Page:

Dear Madam—Do you think you could find a home for another poor homeless cat? Last spring she came to the store of a grocer of this town, who gave it a home in his store the bad mice until about three weeks ago, when he turned it out because a good customer gave him a kitten. Since then this poor creature has been living in a barn back of the store with nothing to eat, for the grocer told me that he had ceased feeding it so that it would go away. I discovered the poor cat's starving condition when I happened to hear it throwing itself against the back door of the store in a frantic effort to obtain food and warmth. I take it food nearly every day, and would give it a home, but have a cat of my own.

What do you think of a man who can do a thing like this? This man must be a Christian, for he says he is. He preaches occasionally and, I hear, even prays with the dying, yet he can treat one of God's creatures like that!

The cat is a female, small and very beautifully marked. I would gladly send it to any one who would give it a good home.

Trusting this letter will appear in your helpful column very soon, I am,

(Mrs.) L. O.

A host of cat lovers we are sure will be touched at this story of a poor neglected cat. Offers of homes will be forwarded to Mrs. L. O., who has so kindly interested herself in this hungry kitty.

Cornmeal Pie Crust

To the Editor of Woman's Page:

Dear Madam—Will you tell me if it is practical to make a cornmeal crust for pies with custard filling, such as pumpkin custard? If so will you give the recipe? (Mrs.) S. C.

Experts working for the United States food administration recommend making pie crust for pumpkin pies out of cornmeal. The following recipe is given by them: Grease a pie plate well. Cover with raw cornmeal, giving the plate a rotating motion so that an even layer of the meal will stick to the plate about one-sixteenth of an inch in thickness. Fill the plate with pumpkin pie mixture. Bake in a hot oven.

Shrimp Gumbo

To the Editor of Woman's Page:

Dear Madam—Can you please print a recipe for making shrimp gumbo—something with a little seasoning? (Mrs.) B.

Here is a shrimp gumbo recommended by Marion Harland: Brown one small onion in a heaping teaspoonful of butter. Add one quart of sliced okra and fry it well, stirring all the time to prevent burning. Now add a half-gallon of hot water and let it cook until simmered down to one quart. Add one-half a can of tomatoes and the shrimps. Season with salt and cayenne pepper and serve with a tablespoonful of rice in each plate.

A Sagging Chair

To the Editor of Woman's Page:

Dear Madam—Is there any way to tighten the cane seat of a chair that is beginning to sag? It is not broken and only sags slightly. HOME.

Washing the seat of a cane chair in hot suds and then letting it dry in the open air is said to be an effective way of tightening the cane. Isn't there some reason the seat is beginning to sag? Perhaps the children, if there are any, must be in the habit of using it as a place to pile heavy books, etc., on it. Try and remove the cause and no doubt the sag will go no further.

Make Many Friends

To the Editor of Woman's Page:

Dear Madam—I am a girl of sixteen, considered good-looking by both sexes. I had been going with a fellow my own age for two months steady when I was told that he went with another girl. So I told him about it and we quarreled and have not spoken for three months. I wrote to him, asking him to speak to me, but he refused and told another girl to tell me that I could keep my letters. When he sees me on the street he will look at me until I look at him, then he turns away. Now, I love this boy dearly and would like to get him back. I will take any advice you give me. HEARTBROKEN.

Suppose you were told, my dear, that this boy went with other girls, why should he not? You were not engaged to him and had no rightful claim on his time or engagements. Boys and girls are very wrong to keep steady company, as they call it. The more friends you have the better it is and the more likely you will be to marry the right one when the time comes to marry, as you will have had many to choose from. Your best plan would be to let this young man alone now, but if he makes any advances be polite and cordial, but do not make any special claims on him. I am afraid you were to blame for the estrangement. You are only sixteen, my little girl, and very young. Cultivate as many friends of both sexes as you can. That's my advice to you.

Let's All Work Together

To the Editor of Woman's Page:

Dear Madam—Will you be kind enough to thank yourself or whoever is responsible for the very fine three-column layout on the Woman's Page on January 16 telling of food conservation as it is being conducted by Mrs. Edwards and Mrs. King? We wish you would do that in our behalf and express to everybody concerned that we greatly appreciate your co-operation.

NATIONAL EMERGENCY FOOD GARDEN COMMISSION

Coming, as this letter does, from the famed organization that has helped to put the "war" in war garden, we beg leave to thank in return for this kind note of appreciation. We are all working for the same thing and the EVENING PUBLIC LEDGER feels this matter of helping to win the war by co-operation is a very "large" duty.

Becoming Colors

To the Editor of Woman's Page:

Dear Madam—We are two girls, a blond and a brunette, and we would like to know what colors are generally supposed to be the most becoming to girls such as ourselves. We have been helped many times in your column and hope to be this time.

BLUE EYES AND BROWN.

In her book "What to Wear," Belle Armstrong Whitney quotes a famous portrait painter as giving the following directions for wearing colors:

Brunettes, with clear skin and color in their cheeks, red, yellow, orange, olive and russet.

Blonds, with clear skin and bright eyes, blues, greens and mauves. A fresh-complexioned blond looks especially well in green. Pale-skin blonds well in purple.

For youth nothing is prettier than pink.

To Brighten Gold Lace

To the Editor of Woman's Page:

Dear Madam—Will you please tell me through your valuable paper how to clean heavy gold lace that has become tarnished? Thanking you, GRACE.

Take pulverized burnt alum and brush the lace thoroughly. Go over the lace thoroughly with a brush dipped in this. This will bring back the gold.

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