# SOME SAVORY NEW RECIPES: ON GETTING ENGAGED: CYNTHIA'S LETTERS: WOMAN'S EXCHANGE

FOR COOL FALL DAYS

### MRS. WILSON TELLS NEW WAYS TO SERVE SEASON'S VEGETABLES

If the Family Is Tiring of Corn, Try Serving It in This Delicious Pudding-Garden Chowder, Baked Snap Beans With Bacon and Other Tempting Dishes to Vary the Monotony of the Table

By MRS. M. A. WILSON (Copyright, 1919, by Mrs. M. A. Wilson

**PETURNING** recently from a trip into the country, I had in mind the appeal of one of the housewives who complained of having to serve the vegetables in the same old manner day in and day out. "I dunno, but sometimes I feel that after we've et the third or fourth mess of greens. corn and sich the family gets jest as sick of them as I do"-this was the nature of her complaint.

So after persuading this good woman to let me have the kitchen for a day so that I could demonstrate that these delicious, succulent foods could be served three times a day without monotony, I finally had to nd three days going over recipes id methods, and even actually cooking these palatable old standbys before I could leave.

For, as pa said, "Wall, I swann, in a saucepan and add but thet there corn puddin' and the garden chowder are the best I ever et, and I thought ma was some cook, than the cookbook ever told her.

Corn Pudding

Score four large ears of corn and then with a corn scraper scrape the pulp from the corn. Place in a bowl and add

One red pepper, One small onion. Four branches of parsley, minced

One cup of prepared bread, One cup of thick cream sauce, Two tablespoons of shortening,

Two teaspoons of salt, One teaspoon of paprika, One teaspoon of sugar, One well-beaten egg.

Mix thoroughly and then place in well-greased and floured loaf-shaped pan and spread the top smoothly. Place the pan containing the pudding in a larger pan containing water and minutes. Just before removing from eggplant. Use baked eggplant in the oven lay three or four strips of the following menu: on on top to brown.

To prepare the cream sauce place Six tablespoons of flour, One cup of milk

in a saucepan and stir to dissolve the our. Bring to a boil and cook for three minutes.

To prepare the bread soak stale

Garden Chowder

Shell a sufficient amount of lima mince two ounces of salt pork fine and place in a deep saucepan,

One cup of sliced onions, Two sweet red peppere, chopped

One green pepper, chopped fine. Cook gently until the pork begins to turn color and then add

Three cups of diced sweet potatoes, The prepared lima beans. One cup of com pulp, One and one-half cups of water.

Cover and cook slowly until the potatoes are tender. Now add

One cup of thick cream sauce, Four tablespoons of finely minced

Two teaspoons of salt, One teaspoon of pepper, Two tablespoons of butter. Toss gently to mix. Serve garden chowder in the following menu:

Fried Tomatoes Garden Chowder Lettuce

Brown Bread and Butter Apple Dumplings Coffee

Scalloped Tomatoes and Corn Grease a baking dish and dust well with fine bread crumbs or flour. Now ove the skins from six tomatoes and cut into thick slices, then cut the slices into quarters. Dip in bread crumbs and lay in the bottom of the dish, making a layer about one inch deep. Season with salt and pepper and a little grated onion. Now ice one-half inch deep a layer of fresh corn pulp. Season and add a layer of the tomatoes, and repeat until the dish is filled. Cover with one cup of well-seasoned cream se and cover the top with crumbs, and place two tablespoons of butter in tiny dots on top. Bake in a modthe scalloped tomatoes and corn in e following menu:

Water Cress Scalloped Tomatoes and Corn Baked Sweet Potatoes Peach Fritters

Peach Fritters

Cut firm free-stone peaches in half d remove the stones and pare. crinkle lightly with sugar and a hlespoon of lemon juice. Now ce in a mixing bowl

three-quarters cup of milk, Dra cup of flour,

quarter teaspoon of salt, leaspoons of baking powder, tablespoons of strup, to tublespoons of shortening.

WHERE MRS. WILSON'S MOVIES ARE PLAYING THIS WEEK

EACH day finds more and more women interested in Mrs. Wilson's cooking movies. For the benefit of those women who have not yet had the opportunity to see these pictures here is this week's schedule: CHARLOTTE RUSSE Monday, Tuesday and Wednesday, afternoons and evenings, Alhambra,

Thursday, Friday and Saturday afternoons and evenings, Globe, Juniper

QUEEN VICTORIA SPONGE CAKE

Monday and Tuesday, afternoons and evenings, Empress, 4441 Main Wednesday afternoon and evening, Benn Theatre, Sixty-fourth and Woodland avenue

Thursday, Friday and Saturday, afternoons and evenings, Sixtieth and Market streets. For copies of the recipes ask at the boxoffice of the theatre or send a self-addressed envelope with one cent postage to the Editor of Woman's Page.

One tenspoon of salt,

One teaspoon of sugar,

Four teaspoons of flour.

Mix well and then add

One onion, grated.

One egg.

Cress

Peach Cup Custards

One-half teaspoon of pepper,

One and one-quarter cups of water

Beat to mix and then add the to-

matoes, mixing carefully. Drop

from the spoon into smoking hot fat

and cook until golden brown in the

Cheese Sauce

One ounce of grated cheese,

One green pepper, minced fine,

to one and one-half cups of cream

sauce to serve with the tomato frit-

Peach Custard

the custard cups in a pan of water

The Prepared Custard

One and one-half cups of milk.

Beat until thoroughly mixed and

then pour ever the sliced peaches,

Answers Queries

kindly tell me what causes sour cucumber pickles to become shriv-

eled instead of remaining plump and firm? Kindly give me a recipe. E. L. K.

Methods for pickling-see cucum-

My dear Mrs. Wilson-Will you

please tell me in your columns how

I can make raspberry sirup to use on ice cream to make sundaes and to use for milkshakes, etc.? I can

make the chocolate sirup easily out of cocoa, but as we all love rasp-berry I thought I would write you

and ask you to publish a recipe for that.

J. B. K.

Raspberry Sirup

n a preserving kettle and add

Two pounds of sugar.

One cup of water.

Place three baskets of raspberries

Bring to a boil and cook slowly

twenty minutes. Cool and then

My dear Mrs. Wilson-I must

thank you ever so much for your grand helps in cooking and from

which I have had great success. I would be grateful if you could tell

me whether you have any way of

keeping green peppers for winter use, as I would like to do some

while they are cheap. Also can you tell me how to make pepper

hash? My family is very fond of it. If it is not taking up too

much of your valuable time, can you tell me how to put up mixed

vegetables for soups for winter

use? Thanking you in advance,

See canning mixed vegetables.

Go buy it today!

ber and pickles, August 11, 1919.

My dear Mrs. Wilson-Will you

One-half cup of sugar,

Mrs. Wilson

One teaspoon of nutmeg.

Place in a bowl

Two eggs.

Four branches of parsley, minced

Radishes

fry until golden brown in hot fat knife into one-inch blocks. place in a mixing bowl Serve with almond sauce. Two cups of flour,

Almond Sauce Place three-quarters cup of sirup

One-half cup of water,

Two tablespoons of cornstarch Then mother said her club has and the liquid left from the dish of now found ever so many nice ways of peaches. Stir to dissolve the starch cooking these things; so much better and then bring to a boil and cook slowly for five minutes. Add one teaspoon of almond extract and

Baked Eggplant

fat. Lift to paper napkins to drain Pare the eggplant and then chop fine. Parboil for ten minutes and and then serve in the following then drain well, and place in a mix- menu: ing bowl and add

Four slices of bacon, minced fine, Baked Sweet Potatoes Lima Beans Two grated onions, Two green peppers, chopped fine, One cup of bread crumbs,

One cup of thick cream sauce, Two tenspoons of salt,

One teaspoon of white pepper.

Mix thoroughly and then turn into well-greased baking dish and spread the top smooth and sprinkle with fine bread crumbs and bake thirty-five minutes in a moderate oven. Ten minutes before removing from the oven sprinkle with one tablespoon of bake in a moderate oven thirty-five grated cheese over the top of the

> Pepper Hash Sliced Tomatoes Baked Eggplant Succotash and bake slowly until firm. Mashed Potatoes

Lettuce Baked Peaches

Baked Peaches

Cut the peaches in half and re move the stone, then pare and roll bread in cold water and then place each half of peach in flour or cornin a piece of cheesecloth and squeeze starch. Place in well-greased baking dish, the cut side up. Lay three seeded raisins in each half of peach. and bake as directed. Sprinkle thickly with brown sugar beans to measure one cup. Cook and then pour in the dish threeuntil nearly tender and then drain. quarters cup of water. Sprinkle with nutmeg and bake for twenty-five minutes in moderate oven.

> Baked Snap Beans and Bacon Remove the strings and cut the beans in one-inch pieces; cut enough green string beans to measure two pints, then parboil and drain. Now

place in a saucepan One and one-half cups of milk, Six tablespoons of flour.

Stir until dissolved and then bring to a boil. Cook slowly for five minutes and then add

Two onions, minced fine, Two green or red peppers, minced

Four branches of parsley, minced

Two teaspoons of salt, One teaspoon of white pepper, Two ounces of bacon, chopped fine.

Place the beans in well-greased casserole dish and pour over them the prepared sauce. Smooth the top with a knife and sprinkle with fine crumbs and one tablespoon of for twenty minutes, crushing the grated cheese. Bake in a moderate berries well. Tarn into a jelly bag oven for thirty minutes. Serve this and let drip. Place the sirup in botdish in the following menu: in a hot-water bath and process for

Home-Made Chowchow Baked Snap Beans and Bacon Mashed Sweet Potatoes Corn on the Cob

Coleslaw \* Coffee

Peach Rolls Peach Roll

Pare and slice sufficient peaches, about six. Now place in a mixing

One and one-half cups of flour, One-half teaspoon of salt, Four teaspoons of baking powder, Six tablespoons of brown sugar.

Rub between the hands to mix and erate oven for thirty minutes. Serve then rub in six tablespoons of shortening and mix to a dough with one-Pickled Onions half cup of water. Roll out oneboard and spread with the sliced Coleslaw peaches, and dust lightly with nutmeg and spread over the peaches two-thirds cup of brown sugar. Roll like for jelly roll, tucking in the ends and place in a well-greased and floured baking pan and bake in a moderate oven for thirty-five min-

utes, basting every ten minutes with One-half cup of sirup, Six tablespoons of water, Two tablespoons of shortening. Stir to thoroughly blend and serve the roll with almond sauce.

BAKING POWDER Temato Fritters Remove the skins from four firm



In spite of the warm days now, soon the cooler ones will be traveling on apace and here is a Sunday best suggestion for some of them. This attractive frock for the little girl is developed in navy blue corduroy a Mother Hubbard waist emphasized by stitching and a touch of embroidery. The collar is in a lighter shade of corduroy

# Please Tell Me What to Do

If the young man cares a great deal for you he isn't going to run away simply because you refuse to kiss him in our family and work hard all day good night. He is going to be patient long, while my sister goes out and has enough to wait until he can afford to a good time. And when I ask to go enough to wait until he can allord to ask you to marry him and then claim out they all jump on me. I do nothing his kiss. Try to keep him interested by all day but cry. No friends, and lone-looking your sweetest and being as some. If I was twenty-one years old

It would be a nice courtesy to write a note to the girl's mother and would note to the girl's mother and your not be overdoing it. If I were in your and just reasoning with your people? I can understand not permitting a girl

Dear Cynthin-Please tell me what to do. Recently I met a girl one year in taking the stand that you are old my junior (I am nineteen), and made enough to go out in the afternoon and an engagement for next Sunday, but my then just occasionally go. an engagement for next Sunday, but my mother objects against going out with her on account of my youth. Alborhood who could be your friends? girls, and unless there is something ob. you the nearest one to you. jectionable in the girl's character it seems to me asking you to break the seems to me asking you to break the engagement is unreasonable. Why not try to reason the thing out with your mother? Understand, I do not mean for a second that I advocate your going a great deal with any one girl, but I do think boys of your age ought to be getting to know many girls in a nice friendly way. If you have been going around with the girl to any great extent you could see her fewer times by saying that you find pleasure is interfering with business and that you will have to give up going out for a

Not Allowed to Go Out

Dear Cynthia-I am a young girl looks I would pass in a bank. Now

healthful

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my trouble is, Cynthia, that my people Pare and slice the peaches and then looking your sweetest and being as some. If I was twenty one years old fill well-greased custard cups half sood company as possible when he is with you. At the same time don't young to lead the world myself. Now, let him be sure of you. That's the dear Cynthia, be kind and answer this the custard cups in a pan of water. letter by next Tuesday, as I hardly can wait for an answer, and tell me what to do. BROKEN-HEARTED.

Have you tried not crying, dear

place I think I would write; courted, never offends.

Wearing your hair on top of your head will make you look tailer and a little older looking, too. But don't worry because you look young, dear!

I can understand not permitting a girl of sixteen to go out to any great extent at night, but surely there cannot be very valid objections to her going out in the afternoon. Ask those in charge of you frankly and in no mean charge of your frankly and in no mean charge. spirit just why you are not permitted more freedom. If there are no walld reasons I think you would be justified

her on account of my youth. At though I like this girl I do not wish to go against my mother. How can I break with her? I have not spoken to her about love. Three cheers for the rabout love. Three cheers for H. L. S.

borhood who could be your friends? Or how about joining a sewing class or millinery class at the Y. W. C. A.? The main branch is at Eighteenth and Arch streets. In the neighborhood who could be your friends? A boy of nineteen is old enough to houses you would also meet nice girls. become accustomed to the society of If you send me your address I will tell

### The Woman's Exchange

In Need of Help

To the Editor of Women's Page: Dear Madam—I am a daily reader of your column. I am in trouble. My son-my support at sixty-nine years of age-is not strong, and is very much run down from catarrh and over work, and has been urgently advised are as follows: by his doctor to go to the mountains several months, or to some place of high and dry climate. He is not financially able to go to a hotel or regular resort, but would prefer some quiet family in such a locality, where board would be reasonable, or where he might take part in some light occupa-

He is educated and very refined and of very gentle and lovely nature. I wonder if you know or any of your Little Lady Precaution, about a matter sion. readers could help me find such a place, could have air and good home food. He likes fishing, reading, etc., is twenit is needful to be colder, perhaps, but high and a dry air. If you will please give this a place in your column I will be broken than shorter ones, for the sertion: When a girl and man are mar-

This letter has been printed just as it came to me. The Editor of the Woman's Page has not the facilities for looking into cases before passing them on to the readers. But I will be more than happy to forward "Troubled Mother's" address to any one who is interested, and I am sure, "Troubled Mother," some one will be. As a last esort, however, you could go to the federal employment bureau, at Third mate beneficial to your boy could be ob-

#### The Question Corner Today's Inquiries

 Describe a game that can be played at very little children's parties.

2. Who pays for the wedding invitations—the bride's family or the

bridegroom? bridegroom?

3. Is it necessary for the bride to give the bridegroom a present?

4. What little article tucked away in the pocket of the apron proves a great time-saver to the house-

5. How does the luncheon set used in place of the tablecloth save ndry? What makes an excellent way to store articles left at the summer

Yesterday's Answers

Yesterday's Answers

1. In China the bride stands in a shallow basket as she dresses for her wedding so that she may have an amiable disposition in her wedded life.

2. For a person with large hips a corset one inch less in size than the waist measure is required. For a slim straight up and down figure a size two inches less is required.

required.

Have one measuring cup for dry ingredients and one for wet ingredients. This saves time.

When a hat is caught in the rain stuff the crown of it with tissue paper until its shape is perfect. Then lay flat on a board and press the brim, laying a cloth over it.

press the brim, laying a cloth over it.

In marking her pillow cases it is a novel and helpful plan for a bride to use different styles of initialing. For instance a Japanese initial can be used on guest linen, an English initial on another pair of cases, etc. This marking facilitates keeping the

marking facilitates keeping the cases in pairs.
By filling a cigar box with sand, sealing and decorating it a novel doorstop can be made. A little wooden lattice can be fixed up and tacked to the side and this twined with artificial vine. The top of the box is equipped with a handle.

Fall and Winter

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#### THE LONG ENGAGEMENT VERSUS THE SHORT ONE

Is the Former Apt to Be Broken and How Long Should a Girl and a Man Know Each Other?

and that they are usually broken ere eighteen months have passed?

If a young couple are desirous of understanding each other thoroughly should they be engaged?

as gigantic and at the same time as even a very humble home, just so he flimsy as love, what an easy, easy world man and girl a long engagement is ty-seven years old. I don't know that there aren't any infallible general rules. However, here's an opinion:

> subject to Blue Monday, to the weather, to payday and all such prosaic things. Given a short engagement young people are too much up in the clouds to be aware of this common clay under Now we come to your second question to be aware of this common clay under

analyze. A man is forever meeting new thing to say on the subject.

TITLE Lady Precaution has brought | girls and a girl is forever meeting new up two interesting questions. They men. Until the knot is tied it is never too late to change. Such is apt to be Is it true that, as a general rule, the philosophy of those who are enlengthy engagements are not popular, gaged for, let us say, more than the eighteen months of which you speak

When I say engaged, I mean an announced engagement. When an engagement is not made known it may, before marriage, about how long in a certain sense, be regarded as an understanding between the man and If there could only be a general rule, girl, and comes under different discus-

With a certain dependable type of it would be. But that's the trouble; equally as safe as a short one. There engagement isn't safe, then how is marringe safe for the same young people Lengthy engagements are more apt to concerned?" I go back to my first asthank you, and I hope for some one's answer soon. Sincerely.

TROUBLED MOTHER.

TROUBLED MOTHER.

TROUBLED MOTHER.

their feet. Then they get married and is tangled up in it. The safe, sane the thing is done and both girl and man plan that speaks for future happiness is become so busy about the business of that a man and girl should know each making a home and a staple place for other a long time before they become themselves in the world that they have engaged. You see by a comparatively no time for questioning or analysis. short engagement I do not by any means Given a long engagement, the young indorse on - the - spur - of-the-moment and Walnut streets, and it is very man and woman have a chance to get marriages. A man and girl really likely some sort of position in a clitheir feet on the solid and very practical half or two years anyway before makenth. Having no reasonably near plans ing this important decision. Then I for getting married and therefore no practical dreaming and plotting and thing definitely settled would about finselvening with which to occur their scheming with which to occupy their ish up the period of thoroughly underminds, they have plenty of chance to standing each other, begin to question, to reason and to Perhaps our readers will have some-





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"THE DARK STAR"

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BROADWAY Broad & Snyder Ave. 2.6.45 49 P. M. MACK SENNETT GIRLS IN TANKEE DOODLE IN UERLIN" COLONIAL Gtn. & Maplewood Aves. 2:15 and 8:15 P. M. GRIFFITHS OF THE WORLD"

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11 A.M. to 11 P.M.
HALE HAMILTON in
"THE FOUR FLUSHER"

RIALTO GERMANTOWN AVE.
VIOLA DANA IN
'THE MICHORE'

THE MICHORE'

SAVOY 1211 MARKET STREET & A. M. TO MIDNIGHT BERT LYTELL, In "IT'S EASY TO MAKE MONEY" STANLEY MARKET ABOVE 16TH II. 18 A. M. to 11:15 P. M. PAZIMOVA IN THE RED LANTERN