

# TASTY EMERGENCY MEALS—WHAT REALLY HOLDS MEN?—A CLOAK FOR EVENING—PILL

## APPETIZING HURRY-UP DINNERS; SEVEN MENUS BY MRS. WILSON

The Recipes for These Tempting Meals Are Also Given With Plans for Preparation

They Help the Housewife Who Must Be Absent From the Home Until Nearly Mealtime

By MRS. M. A. WILSON

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SOMETIMES it becomes necessary for the housewife to be absent from the home until nearly time for the evening meal and when she returns she must work so rapidly that frequently the meal is most unsatisfactory.

This can easily be avoided if a little preparation is made earlier in the day.

### Some Hurry-Up Dinner Menus

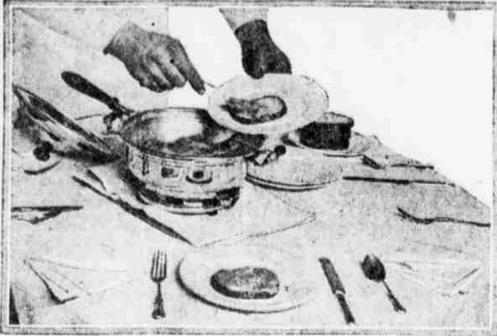
- No. 1  
Pickles Radishes  
Clear Tomato Soup, Demitasse Cups  
Tuna Fish a la Newburg  
Macaroni Neapolitan  
Chocolate Pudding Coffee
- No. 2  
Cheese Canape  
Creamed Salmon and Peas  
French Fried Potatoes  
Lettuce  
Layercake Coffee
- No. 3  
Celery Salted Nuts  
Hungarian Goulash  
Macaroni Corn  
Lettuce Coffee
- No. 4  
Pickled Onions  
Bacon Sandwiches  
Baked Beans Stewed Tomatoes  
Lettuce Coffee
- No. 5  
Olives Pickles  
Oyster Supreme  
Shrimp Salad  
Cookies Coffee
- No. 6  
Watercress  
Cheese or Egg Cutlets  
Celery Salad  
Stewed Fruitcake Coffee
- No. 7  
Chowchow Radishes  
Barbecue of Boiled Ham  
Hashed Brown Potatoes  
String Bean Salad  
Cup Custards Coffee

All the actual preparation for these meals may be made while working in the kitchen during the morning. In menu No. 1 place the pickles in a dish, prepare the radishes and set in cold water. Prepare the clear tomato soup and have it ready to reheat. Set the table, placing the service plates and demitasse cups at each place, and when ready to serve pour the soup up into a pitcher and fill the cups.

Prepare the tuna fish a la Newburg and the Neapolitan macaroni, and place in the oven to heat while preparing the salad, cutting the bread and making the coffee. Make the chocolate pudding in the morning, then rinse the custard cups in cold water and then pour in the pudding. Set aside to mold and turn into a saucer and serve with fruit whip made from the white of an egg left from the coleslaw dressing and one-half glass of jelly.

**Clear Tomato Soup**  
To one-half can of tomato soup add  
One cup of water,  
One tablespoon of cornstarch,  
One teaspoon of butter,  
One tablespoon of finely minced

### TUNA FISH A LA NEWBURG



Tuna fish a la Newburg offers a happy suggestion to the woman who must prepare the evening meal in a very short time. It can be cooked in a saucepan, baking dish, casserole or chafing dish. The recipe is given in today's article.

### Where You Can See Mrs. Wilson's Movies

#### CORN MUFFINS

Then drop into the Globe Theatre any day or evening this week and watch Mrs. Wilson make them in the movies.

#### LEBANON CRUMB CAKE

will be shown as follows:  
Thursday, Friday and Saturday—Sherwood Theatre, Fifty-fourth street and Baltimore avenue.

#### CHARLOTTE RUSSE

Thursday, Friday and Saturday—The Idia Hour, West Chester.

For copies of the recipes apply at box office or send self-addressed envelope to Editor of Woman's Page.

#### MACARONI NEAPOLITAN

Cook one-half package of macaroni and then place  
One-half can of tomato soup,  
Two onions, grated,  
One green pepper, chopped fine,  
Four tablespoons of parsley,  
Four tablespoons of grated cheese,  
One teaspoon of salt,  
One-quarter teaspoon of mustard,

in a saucepan and bring to a boil. Cook for two minutes, and then add the macaroni and mix well. Pour into a baking dish and when ready to serve place in the oven for about five minutes before preparing the Newburg.

#### CREAMED SALMON AND PEAS

Open a can of salmon and turn into a dish. Remove the skin and bones, and open a can of peas. Drain

and turn into a dish, and cover the peas and salmon with a clean towel until needed.

Now add to the liquid from the can of peas and sufficient milk to measure two cups. Place in a saucepan and add  
Six tablespoons of flour,  
One large onion, grated,  
Two green peppers, chopped fine.

Stir to dissolve the flour and then bring to a boil, and cook for five minutes. Now add  
One and one-half teaspoons of salt,  
One teaspoon of paprika,  
Two tablespoons of finely chopped parsley.

Mix thoroughly and then add the flaked salmon and peas and pour into individual custard cups. Set the cups in a baking pan and when ready to serve start the dinner. Place in a hot oven for fifteen minutes.

#### FRENCH FRIED POTATOES

Boil large potato until nearly tender and then cool and pare. Cut for French frying and then set aside until ready to prepare the meal. Place vegetable cooking oil in a pan and when ready to start the meal heat the oil and when it is very hot drop in the potato and cook until nicely browned. Drain on paper napkins.

Prepare the goulash early in the day. Reheat, cook the macaroni and add to goulash when heating. Bake the beans the day before and reheat.

#### BACON SANDWICHES

Butter the bread very lightly on the loaf and then cut in paper-thin slices. Place a strip of nicely browned bacon between each slice and fold over to make the sandwiches.

#### EMERGENCY BAKED BEANS

Open a can of baked beans and turn into a baking dish and add one-half cup of water to a can. Rinse into the beans and then place in a small bowl  
Two tablespoons of salad oil,  
One large onion, minced fine,  
One green pepper, minced fine,  
One teaspoon of paprika,  
One-half teaspoon of mustard.

Mix well and add to the beans. Mix thoroughly and place in a hot oven for thirty minutes. It is possible to place any of the above menus on the table in thirty minutes.

### The Question Corner

#### Today's Inquiries

- Halloween invitations are novel written in white ink on black cardboard. How can this white ink be prepared?
- Describe another novel way to write the invitations.
- From what old song are the following lines taken:  
"Light and rosy be thy slumbers,  
Rocked upon thy mother's breast,  
She can lull thee with her numbers,  
To the cradled heav'n of rest?"
- What should be the weight of a boy four feet tall?
- What convenient little accessory for a child's lunchbox can be made from a piece of oilcloth?
- What new little "pans" for baking have made their appearance?

#### Yesterday's Answers

- The correct weight for a boy forty-four inches tall is forty-five and a half pounds. This, in his stocking feet with indoor clothing on.
- The proper weight for a girl of the same height is forty-four and a half pounds.
- A growing boy of fourteen who is healthy requires a quarter again as much food as an adult.
- A new arrangement for serving sugar and cream at afternoon tea is a little cut-glass cream pitcher that fits in a little glass tray where the hot sugar is placed all around it. The tray has deep sides and handles.
- An old coffee stain (clear) can be removed by soaking for a few minutes in one part gavelle water and one part boiling water. Rinse first in boiling water and after that in weak ammonia water.
- Paper napkins in the kitchen are convenient for wiping up grease spots. This is a much better plan than using a rag, as the napkin can be thrown away.

### The Perfect Guest

She answered by return of post the invitation of her host. She caught the train she said she would. And changed at junctions as she should. She brought a light and smallish box, and keys belonging to the locks. Foods strange and rare she did not beg. But ate the homely scrambled egg. When offered liqueurs she demurred. And did not crave an extra blanket. Nor extra pillows for her head. She seemed to like the spare-room bed. She never came downstairs till ten. She brought her own self-filling pen. Nor once by look or word of blame. Exposed her host to open shame. She left no little things behind. Excepting grateful thoughts and kind. —Rose Henniker Heaton.

### How to Keep Young

To keep young, eat three warm meals a day at regular hours; sleep eight hours, and as often as possible two of them before midnight; begin each day with a cold bath, followed by a glass of cold or hot water.

### WHITE MONKEY FUR IS MODISH NOVELTY



White monkey fur is being effectively used on the sumptuous dark evening wrap. The one in the sketch is of black velvet.

A Daily Fashion Talk by Florence Rose  
NOTHING if not persistent—such has been the vogue for monkey fur, which seems to be with us still in spite of its two odd years of favor. And the woman who avoided getting a gown or wrap trimmed with monkey a year ago for fear that it would be "an out" before the end of the season is now buying it without a question, and rather cross with herself to think that she didn't have anything monkey trimmed before.

White monkey is one of the season's novelties and a very striking one it is, too. Of course there are only a limited number of ways in which this can be used. You would never select it for the trimming of a suit that you intended to wear on every and all occasions. But for the evening wrap when combined with black velvet it is in very good taste and has that characteristic touch of the unusual that women are seeking this year in evening wraps. It is a funny thing, is it not? When a woman goes to buy a street suit she asks, "What are the other women wearing?" But when she goes to buy an evening

something different—not like what the other women are buying." Often the distinction is in the unusual and brilliant color. In the wrap sketched here the color is black, but to offset that fact it is trimmed with white monkey fur arranged in three strips.

### Adventures With a Purse

"THIS cook-book," exclaimed Nancy in exasperation, "insists on providing for a family of six when there are only two of us. To be sure, Tom does eat nearly enough for four. That is," she amended conscientiously, "when my cooking turns out well, but it is so hard to cut down a recipe and to know how much food to order." I sympathized with Nancy so much that when I came across a book of recipes just for two I immediately bought it and sent her one. It gained Nancy's gratitude and would be a welcome present to any housewife with a small family. The price is \$1.75 and well worth it.

How they add to the comfort and luxury of the most uninteresting couch, those gay pillows! Maybe I wrote about pillows not so long ago, but a really attractive different pillow is a find I can't resist. And when you come right down to it, nothing is more dreary than a couch with a few jonesome pillows on it! Those that I saw were simply lovely, made of that wonderful and indescribable Japanese material, silky and crepe, and in the most unusual and striking designs, with lots of bright scarlet and black in them. They certainly appear worth more than the \$3.50 on the price tag.

Efficiency! How that word does creep into our lives these days! First it was efficiency in the office, which seemed to us of the feminine gender quite proper and as it should be, and then, lo and behold, it invaded our private domain, the kitchen! But though some of us sniffed at first at the plans for saving steps and motions, we really do appreciate conveniences. All this preliminary to tell you about one little inexpensive kitchen article! But when you want to make a spice cake, for instance, it would be a saving to get out all the spoons with one reach of your arm, wouldn't it? There's the little brown-painted basket "in" which fit snugly six round spice boxes labeled on their covers. All together where you want them. And only thirty cents for the set.

For the names of shops where articles mentioned in "Adventures With a Purse" can be purchased, address Editor of Woman's Page, EVENING PUBLIC LEDGER, or phone the Woman's Department, Walnut 3000.

**Ladies' Silk Hose**  
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BEST quality silk Black, white and colors. Also cut-line of Ladies' children's "The Three" Special and Popular Brands of Yarns  
McPhilomy's, 1624 Market St.  
Next to Stanley Theatre  
Open Monday, Friday and Saturday Even.

### DOES THE PAINTED DOLL REALLY STEAL BEAUS?

"Judy" Really Thinks She Hasn't the Power and Describes a Simple Antidote—What Do You Say?

"OF THE girls who wall that the boys pass them up for the 'painted doll,'" writes "Judy, an American Girl," "I should like to ask this question: Do you try to make yourself an interesting companion? No one likes a blank who cannot talk intelligently on any topic but the weather. My advice to you is to read more, travel about more, cultivate a sense of humor and develop your personality to its greatest extent. Strive also to gain social courage; mix with other people at every opportunity, and don't be afraid to assume the initiative occasionally. Above all, be natural and sincere."

MUCH has been said of the "doll" type of girl versus all the rest of the world. How the "doll" girl type has only to wink her patent leather

eyelashes, or whatever they may be, and all the boys come running to eat out of her hand, running away from the others!

It is words such as "Judy's" that bring us to our senses. The "doll girl" does not now and never did stand one chance in a hundred with a real girl pal. How otherwise could we account for the very good-looking men who marry and remain perpetually devoted to the very plainest of women? In no other way but that these unobtrusive women have in them that subtle sympathetic something that indelibly indicates the presence of the makings of the real wife-partner.

This is the thing that counts. It surpasses any amount of real good looks; and, therefore, no "doll girl" with mere manufactured good looks can prevail against it finally. Mind, I do not say that she cannot win out temporarily, for every man must have his day to find out that such beauty is indeed only skin deep.

Therefore, the wise woman tolerantly smiles when the man for her falls victim to the vivid creature with one thought per day in her head. She knows that at heart, though it is sometimes hard to believe, men are rational creatures. The reversion of feeling against the little bunch-of-nothing will be as sudden as the accumulation of it. The more tolerant the wise woman the quicker the reversion!

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By Chertak-Wenger  
here unrivaled chic and sartorial personality.

### THE WOMAN'S EXCHANGE

"Home Manufacture"  
To the Editor of Woman's Page:  
Dear Madam—Kindly let me know in your EVENING PUBLIC LEDGER if it is allowable to manufacture wine for home use.

HUBBERT.  
There is no legislation forbidding this at present, but the prohibition enforcement act under consideration deals with home manufacture as follows: "Home manufacture must be confined to non-intoxicating ciders and fruit juices containing alcohol not to exceed one-half of 1 per cent in volume."

Costumes for Halloween  
To the Editor of Woman's Page:  
Dear Madam—I am a girl sixteen years old. I have medium-brown hair, dark skin and no color in my cheeks. I am about five feet two inches in height. I am going to a Halloween party and would like some costume that would look well on me. A DAILY READER.

Joan of Arc would be a pretty costume for a girl of your size and coloring. This consists of a dark blue or French blue tunic falling to the knees over bloomers. Silver fleur-de-lis, made of silver paper, are scattered over the tunic, which is held in at the waist with a loose belt and is scalloped at the knees. Long sleeves and a square neck are worn. Silver slippers and stockings should be worn and a standard carried. The standard should be a square matching the costume in color and design. A sword may be slipped through the belt and a helmet worn, but this is not necessary. The hair should be worn bobbed.

For a Dutch Party  
To the Editor of Woman's Page:  
Dear Madam—I have often read your column in the evening paper and it has interested me very much. I am trying to get up a little Dutch entertainment and would be much obliged if you would give me an outline on this in your column. E. G.

In getting out the invitations for the Dutch entertainment, ask each guest to wear some part of a Dutch costume. It need not be the whole costume. Just the thing that strikes each particular person as being typically Dutch. In this way some of the guests will come in party dresses and stiff caps with flying points, some will be in full skirts and aprons with waists of georgette crepe. The boys may come in full bloomers and light-waisted coats, and there will surely be some attempts at the wooden shoes.

**Wrinkles May Be Easily Coaxed to Leave**  
NEITHER tiny lines nor deep creases are always indicative of age but are always found when the skin is abnormally dry. Such skins crave a liberal supply of some oily preparation—something that will make up for the natural deficiency. Tests in more than half the Beauty Shops have proved beyond doubt that any wrinkles may be made lighter and many may be entirely obliterated by using

**MARINELLO**  
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The Tissue Cream should not only be applied at night but also every time during the day that the skin feels dry and drawn, applying it freely until the surface is well covered.  
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