and favorably known in the community. Her testimony is direct and strong, and can be easily verified. She says: "I will be

sixty-one years old next April, and all my life had been a great sufferer with dyspepsia and indigestion. Up to three years ago

I was sure that nothing would help me, as I had tried almost

every known remedy—none giving me much relief. One day my family physician, Dr. Lund, told me to try RIPANS TABULES, as he had found them of great benefit in several

obstinate cases of indigestion and dyspepsia. I will say can-didly that I had little faith in them or in any other medicine

when I began taking the TABULES. Much to my surprise, I felt better within a day, and was soon greatly relieved. I kept

taking them and continued to improve. I felt like a new

the better in my health.

woman, and my neighbors and friends saw a great change for

too much in favor of RIPANS TABULES. Before I began

taking them I could eat nothing but the very plainest food-

a little bread and butter and tea being my principal diet for a

long time. Especially was this true at night, and when I ate of

something at all rich I quickly suffered in consequence. Now

this is all changed. If I desire to eat anything extra for supper —cake, pie or other delicacies—I simply take a TABULE at meal time and before I retire. I feel perfectly safe in taking

Dr. W. E. Lund, a leading physician of Burlington, Vt., in an interview

"I have recommended RIPANS TABULES to my patients on many

occasions as an excellent remedy for stomach troubles. I am a busy man,

and am frequently stopped on the street by patients who suffer from dys-

pepsia and indigestion and desire me to treat them. Instead of stopping to

"Dyspepsia runs in the family; my mother had it for years, and other relatives have suffered tortures with it. I can't say

Then at dinner I can eat almost anything with impunity. Last summer I wanted a strawberry shortcake. For years I

could not eat a piece of shortcake. You know, to be good it

should be rich, and I am exceedingly tond of it made so. How-

ever, I always suffered much if I dared touch any. Well, as I

was saying, last Summer I wanted some and thought I would chance it, knowing of what benefit the TABULES had been to me. I ate some and found that it agreed with me perfectly.

"Of course I take the TABULES regularly and just as

directed on the box, at every meal and before going to bed. I don't know how many boxes I have taken-several hundred at

least, and I would not be without them for anything. A year or

so ago I did stop taking them for a time, but concluded to begin again, they were of so much benefit. I like the popular five-

"Some of the neighbors have laughed at me for having so much faith in the PABULES, saying that I had more faith in

them than I had in God; but of course this is not so. I have

always been subject to bad sick headaches until I began taking

the TABULES, and you don't know what a relief it is to be

entirely free from these. It is truly wonderful the change it has

made in me. My friends tell me I look and act twenty-five

years younger. I have been a widow nineteen years and have

had five children. They have all been helped by taking RIPANS TABULES, and I can't say too much in praise of the remedy.
"MRS. S. C. WARNER."

write a prescription I simply say: 'Take RIPANS TABULES.' They do so

don't remember. Mrs. Warner is my patient. I consider the TABULES

"I believe I did, although I have recommended them so often that I

"Did you recommend the TABULES to Mrs. S. C. Warner?"

a simple and effective medicine for all stomach troubles."

cent boxes, with ten in a box, the best.

## MISS EDITH GIBBONS

TI E WINSOME LITTLE LADY WHO PLAYS "THE MAID" IN "THE TELEPHONE GIRL" AT THE BLIOU IN A VIVACIOUS MANNER.



### HONORS AT GUSTAVUS ADOLPHUS

THESE NINESTUDENTS OF THE GRADUATING CLASS CARRY OFF THE HONORS.



B. A. BANSTRUM, Buffalo. (Salutatorian.)

MAUDE KALVORSON,



C. E. BLOMQUIST.
Duluth.

EDNA MURPHY,



G. HOLMQUIST, Mattson,

The Canteen and the Soldiers. To the Editor of The Journal.

In your issue of the 17th you say: The testimony of the officers at Fort Snelling is that the abolition of the canteen has been demoralizing to the troops stationed there. Since the abolition of the canteen, saloons then su there has been more drunkenness, more men

the canteen within, therefore keep the can-



MINNESOTA LINSEED OIL PAINT @

MINNEAPOLIS MINN.

LDEST AND LARGEST MANUFACTURERS OF

STRICTLY PURELINSEED OIL &

fact, that there are dens-horrible places, outside of the barracks, where our soldiers are debased and debauched with "vile whisky and other poisons."

Without going into the reasons for it this If the boys of the family are reduced and that this bad work is done. Please see what debauched by the foul places along the is admitted. The United States government streets, then set up the drinks on the sidestate of Minnesota. If these men go outside If the railroad men get drunk at the saloons, then supply them with liquors at the and snares, traps and snares set up, allowed, there has been more drunkenness, more men in the guardhouse, more court-martials, more desertions; men have been degraded in rank because of their going on sprees in the effect that when congress abolished the post canteen it did not abolish the soldier's appetite. \* \* Those who are more interested in theory and sentiment than they are in the men themselves refuse to recognize the canteen as the lesser of two evils, and very much the lesser.

The officers at Fort Snelling should be good in the force of men in The Journal office become drunken, then set up the canteen it did not abolish the soldier's appetite. \* \* Those who are more interested in theory and sentiment than they are in the men themselves refuse to recognize the canteen as the lesser of two evils, and very much the lesser.

The officers at Fort Snelling should be good in the first should be good in the first should be good in the saloons, then supply them with liquors at the stations, under the eye and control of the permitted by the state of Minnesota, and under her laws and administration, accomplishing the ruin of military discipline and greatly damaging the soldiers. Are we not extend the first should be good in the grand should be good in the first should be good in the firs

of Bishop Ireland still earlier, all agree with

the officers at Fort Snelling in one important

said

much the lesser.

The officers at Fort Snelling should be good authority as to the facts at Fort Snelling. But the facts at other stations, under other officers, with other privates and with different surroundings, may not be the same. Reports differ, and it is hardly fair to make a general conclusion, till all the facts are in. Yet allowing the facts to be as stated, is the reasoning good? The men get more and worse drink in the dens without the barracks and are more drunken and disorderly, than with the discipline, power and control of the gov-ernment, and ought he not to be more surely protected? Does not the power and ability of the government carry with them the duty and the obligation to protect its soldiers from the foul dens of the state of Minnesota? There may be some good reason why the Indian should be saved and the soldier not, but I do not know it.

for the saloon curse. Your argument is that it is better that the government should own and furnish intoxicants to its soldiers, under the watch and care of its officers, than chance these same solders among the saloons. Good! That is just what some of us, lo! now for these many years, have claimed—claimed it is better for our citizen boys as well as our mist. soldier boys, that as they have both appetite and passion, these should not be flyblown in these dens. Better that the government, state or local, should own and serve the stuff by its own salaried men and officers better than to farm out this dangerous busi-

ness to reckless men.

Do not understand me as favoring the canteen, but only the given a new which you commend.

Some parts of the south have given a new name and a new method to this general plan, and if you will kindly open your columns we can give facts and arguments for this —John Edgar.

etter way. Rochester, Minn., May 20.

The underground telegraph cable which the postal authorities have just completed between London and Birmingham is 1171/2 miles long:

Synopsis of a most Remarkable Lecture Delivered Before the Ninth Medical Congress, by Dr. A. L. A. Toboldt, of Phila.

The famous fountain of health at Carlsbad, in Bohemia, which has been the refuge of invalids for five centuries, is certainly well worthy of a careful study. states law, and, climax of absurdity, if by the civil process these defilers of the Indians could not be reached, these very soldiers, made drunk by the same whisky, may be called out to enforce the law for the Indians but not for the soldier. Is not the soldier as good as the Indian? Is he not more under the discipline, power and control of the sort. chronic hypochondriacs, whose afflictions have baffled all my previous efforts as my subjects, I was truly astonished to note that, although no rigid diet was prescribed, and only a limited amount

of exercise was indulged in, But, perhaps inadvertantly. The Journal and others agreeing with its argument, have opened up a method of cure and help sults—the complexion, even after a week's use, began to clear up, the step became more firm and

> The Carlsbad Sprudel Water is a specific in all diseases of the Liver and Kidney's, Catarrh of the Stomach Gout and Rheumatism.

If a decided laxative action is desired, add a small teaspoonful of the Carlsbad Sprudel Salt to a tumblerful of the water and take one hour before breakfast.

EISNER & MENDELSON Co., Sole Agents,



Corroborated by Her Physician.

There is scarcely any condition of ill-health that is not benefited by the occasioned use of a R.I.P.A.N.S Tabule, and the price, ten for 5 cents, does not bar them from any home or justify anyone in enduring ills that are easily cered. A family bottle containing 150 tabules is sold for 60 cents. For children the chocolate coated sort, 72 for 25 cents are recommended. For sale by druggists,

and are relieved."

troubles is given by Mrs. S. C. Warner, whose home is situated about 4% utiles north of the city of Burlington, Vermont.

Mrs Warner is a long-time resident of the city and is well them and have never been troubled in the least



Electric Lighted-Ob- rvation Cars to Port- nd, Ore., via Butte. Missoula,	* 10:10		
okane Seattle, Tacoma  Pacific Express	am	pm	I
			l
Fargo, Jamestown, Boze- an, Helena, Butte, Spokane, attle, Tacoma, Portland	* 11:15 pm	* 7:05	
Targo and Leech Lake Local	10.10		
St. Cloud, Little Falls, Brain- d, Walker, Bemidji, Fargo	†9:05	†5:10 pm	
Dakota & Manitoba Express			

\*8:40 \*6:40 'DULUTH SHORT LINE" Leave DULUTH & SUPERIOR 13:30 pm 7:00 pm

Daily. †Ex. Sunday TICKET OFFICE-19 NICOLLET MILWAUKEE STATION, UNION STATION, Minneapolis. St. Paul.

CHICAGO GREAT WESTERN RY. "The Maple Leaf Route."
City Ticket Office, 5th & Nicoliet, Minnear Depot: Washington & 10th Ave. S.

tEx, Sunday; others daily. Legye For Affive From Kenyon, Dodge Center, 7:40 am 10:35 pm Oelwein, Dubuque, Free 7:35 pm 8:25 am port, Chicago and East. 10:45 pm 1:25 pm Cedar Falls, Waterloo, Marshalltown, Des Moines,
St. Joseph, Kansas City 10:45 pm 1:25 pm St. Joseph, Radasser, T:40 am 110:35 pm Northfield Faribault, 5:30 pm 10:25 am Waterville, Mankato. Mantorville Local ...... 5:30 pm | 10:25 am

Minneapolis, St. Paul & Sault Ste. Marie Office, 119 Guaranty Building. Telephone 1341. Depot, 3d and Washington Aves S.

Leave | \*Daily. †Except Sunday. | Arrive.

9:45am ....Pacific Coast Points.... 6:15pm 6:35pm ...Atlantic Coast Points... 9:30am

Depot 5th and Washington Aves. N.

Ticket office, 418 Nicoliet Av., Phone, 240 Main †Ex. Sun. Others daily. Badger State Express— Chi'go, Milw'kee, Madison of Chicago—Atlantic Express.— Chigo, Milw'kee, Madison of Chi'go, Mil

Ticket office, 418 Nicollet Av., Phone, 240 Main

1Ex. Sun. Others daily. | Leave | Arrive

Chicago, Milwaukee & MILWAUKEE LINE St. Paul Ry.

Office, 328 Nic. Phone 122. Milwaukee Depot. Leave. | \*Dally. †Except Sunday. | Arrive. 7:50am Chicago, La Crosse, Milw'kee \*10:50pm 3:00pm Chicago, La Crosse, Milw'kee \*12:30pm 6:25pm Chicago, La Crosse, Milw'kee \*3:20pm \*7:30pm Chicago-Pioneer Limited \*8:20am 3:45pm Chc'go, Faribault, Dubuque 10:50am 3:46pm Chc'go, Faribault, Dubuque 10:50am 7:50am LaCrosse, Dub., Rk. Island †10:50pm 7:50am Northfield, Faribo, Kan. Cy, 6:15pm 9:90am ... Ortonville, Milbank ... † 5:45pm 7:35pm Ortonville, Aberdeen, Fargo 6:55am 6:50pm .Northfield, Faribo, Austin. †10:00am

# THE GREAT NORTHERN

Office, 300 Nic. Phone, main 860. Union Depot Leave. |\*Ex.Sun. ‡Sun.only. Oth. daily. |Arrive beave. Ex.Sun. Isun.only. Cun. daily. Arrive.

9:00am | St. Cloud, Fer.Falls, Fargo | 5:10pm

9:00am | Willmar, via St. Cloud . | 5:10pm

9:00am | Fiyer to Mont. and Pac. Co. | 2:00pm

9:40am | Willmar, SuB-, Yan., Su City | 5:02pm

6:10pm | Elk River, Milaca, Sandat'ne | 9:40am

9:00am | 7:40pm | Fargo, Gd. Forks, Winnipeg | 9:00am

9:00pm | Minn. and Dak. Express. | 7:00am EASTERN MINNESOTA.

\* 9:20am ...Duluth, West Superior.... 6:00pm 11:50pm ...Duluth, West Superior... 6:10am Sleeper for 11:50 train ready at 9 p. m.

LAKE MINNETONKA TRAINS.

Leave Minneapolis—\*9:15 am, \*5:05 pm, 6:15 pm, 4:10 am. Returning, Leave Spring Park—8:20 am, 4:40 pm, \*7:25 am.

Burlington Route. Office, 414 Nicollet Ave. Phone 548. Union Depot Leave for | Terminal Points.

7.80am Chicago — Except Sunday.
7.30am St. Louis—Except Sunday.
7.30pm Chic. and St. Louis—Daily. | Ar. from

Minnneapolis & Si. Louis R. R.

Leave. | \* Dally. +Ex. sunday. | Arrive. 79:35 NEW SHORT LINE TO + 6:50 OMAHA. p. m. a. m. \* 7:25 \* 8:35 a. m. AND DES MOINES.

†9:35 am Chicago, Kansas City.

†7:35 pm Chicago, Kansas City.

†9:10 am Wulm-St. James,

†9:10 am Watertown&Estherville

†9:10 am Watertown&Storm Lake WISCONSIN CENTRAL RAILWAY CO.

Office, 230 Nicollet. Phone 1936. Union depot Leave. | All Trains Daily. | Arrive.

> hears, Razors and Clippers R. H. HEGENER, 207 NICOLLET AVENUE

BARBERS' SUPPLIES

AND CUTLERY.

Boyd Transfer & Fuel Co., 46 So. Third St

NENRY BROS, 88 SOUTH THE STREET. STEAM DYE HOUSE. General Dry Cleaners and Dyers. TELEPHONE 3570-J2.

When you patronize The North American

Telegraph Co., You encourage competition

and foster a Minneapolis enterprise. PROMPT AND

RELIABLE SERVICE