

FOR All Run Down—No Appetite.

If you feel all worn out, have very little appetite, and hot much sleep caused by over-work or sickness, try VINOL on our guarantee.

Pale Women—Pale Children

Need a tonic-reconstructor that will create flesh and make pure, red blood. Pale, haggard faces show that the blood is poor and thin, and also indicate indigestion. VINOL will correct such troubles as sure as the sun shines. Children love VINOL, it is so delicious. Try it on our guarantee.

Debilitated—All Tired Out.

Why drag out an existence without life or ambition? It is not natural to feel continually tired. We guarantee VINOL will bring life, strength and vigor to the debilitated. If you do not feel well try VINOL. If it does not help you your money will be refunded.

Gain Flesh—Get Strength.

You can get fat without taking disagreeable Cod Liver Oil. Fat taken into the system does not create fat. We believe VINOL will create flesh faster than any other preparation containing grease. We have proved in many cases that VINOL quickly creates strength. Try on our guarantee.



Indigestion—Dyspepsia.

Only those who actually suffer know its terrors, for to them life is robbed of all joy. It produces many serious complications and enfeebles the entire system. Relief only comes when a scientific remedy enters the stomach to dissolve food. There is no medicine that will do this so successfully as VINOL. Try it on our guarantee.

Old People—Weak People

Need a strengthening and invigorating builder. VINOL is of exceptional value in such cases. We guarantee to give strength and health to those who are weak and debilitated from disease or old age. Try it on our guarantee.

Nursing Mothers—Weak Mothers.

If women with nursing babies who have difficulty in keeping up their health and strength would take VINOL, we know positively that the best results would be obtained. Know the life and future development of the child depends upon proper nourishment. Try it on our guarantee.

Chronic Colds—Hacking Cough.

Be sure signs of danger ahead. One might as well commit suicide as to let them go unchecked. VINOL is the very medicine needed. Unlike other Cod Liver Oil Preparations, it does not upset the stomach, and it is delicious to the taste. Try it on our guarantee.

VOEGELI BROS. DRUG CO.

Minneapolis, Minn.

New Goods Arriving Every Day.

Our stock is most complete for the holidays. We invite you to call, see the late styles, and get our prices.

CHAS. D. WHITE & CO. JEWELERS. 407 NICOLLET AVENUE.

A. V. REYNOLDS

A. V. Reynolds, General Agent for... Mabel, Minn., Nov. 16.—Miss Edna Manuel and H. H. Hamann, prominent young couple, were married yesterday at Canton.

NORTHWESTERN WEDDINGS

Specials to the Journal. Winona, Minn., Nov. 16.—Mr. and Mrs. C. W. Miller of this city gave a reception last evening for their son, Rev. C. H. Miller of Lake City, and his bride, formerly Miss Clara Heins of Lydia, Minn. The couple were united in marriage on Wednesday night at that place, Rev. W. H. Miller, a brother of the bridegroom, officiating.

Fergus Falls, Minn., Nov. 16.—Mr. and Mrs. Gustaf Altner have issued invitations for...

How many mothers realize that when the baby's advent is expected they need strength for two instead of one. Women, weak, nervous, just able to drag around, and themselves confronted with coming maternity. They have not strength enough for themselves, how can they have strength to give a child?

We don't look for the birth of strong ideas from a weak mind. Why should we expect the birth of strong children from weak mothers?

The way to ensure health and strength to mother and child is to use Dr. Pierce's Favorite Prescription as a preparative for motherhood. It brings the mother's strength up to the requirements of nature, so that she has strength to give her child. It nourishes the nerves and soothes them. It encourages a natural appetite and induces refreshing sleep. "Favorite Prescription" makes weak women strong and sick women well.

There is no alcohol in "Favorite Prescription" and it is free from opium, cocaine and all other narcotics.

"I wish to let you know the great benefit my wife derived through taking your 'Favorite Prescription,'" writes Mr. Robert Harden, of Brandon, Manitoba, Box 33. "It was when her baby came. We had heard so much of your medicine that my wife decided to try it. I may say my wife's age was thirty-three and this was her first child. She commenced to take 'Favorite Prescription' five months before her child was born. We have a healthy girl and we believe that this was mainly owing to the 'Favorite Prescription,' taken faithfully according to directions. We shall certainly recommend it whenever we can."

Dr. Pierce's Common Sense Medical Adviser, paper covers, is sent free on receipt of an one-cent stamp to pay expense of mailing only. Address Dr. R. W. Pierce, Buffalo, N. Y.

In Social Circles

The engagement has been announced in Washington of Miss Helen W. Skiles, daughter of Mrs. K. W. Skiles of Minneapolis, to Allen Wright of South McAlester, I. T. The wedding will take place in January. Miss Skiles is visiting in Washington.

Mrs. A. Schrader announces the engagement of her daughter, Miss Louisa Katherine Schrader, to Edgar Helen of Leadville, Col. As Mr. Lepper is physical director of the local tuberculosis and physical instructor in the public schools he is unable to come to Minneapolis for the bride. Miss Schrader will go to Leadville in December and the marriage will be solemnized there. Miss Schrader is a teacher of physical culture, who has made a specialty of teaching. She met Mr. Lepper in Chicago while studying with Dr. Crow, a friend of the prospective bridegroom.

Mr. and Mrs. R. H. Kelly of Bloomington have issued invitations for the marriage of their daughter, Miss Lillian May Kelly, to Percy L. McClay, which will be solemnized Thursday evening at the home of Mrs. Kelly, Eden Prairie gave a parcel shower last Saturday for the bride-elect, and yesterday Mrs. Arthur Tucker of Oakland avenue gave a linen shower for her.

Mr. and Mrs. Edmund G. Walton will give a dinner to-night for Mr. and Mrs. George C. Squires of St. Paul.

Mrs. J. B. Gillilan, who is to be sponsor for Miss Helen Avery at the Hortense ball, will give a tea for the debutante Wednesday afternoon.

Miss Susanne Fletcher will give a luncheon on Wednesday at her home on Tenth street.

Mrs. William Asbury Norred, nee Jones, will be at home informally Thursdays in November.

The Seventeenth Street Euchre Club will meet Tuesday with Miss Carrie Merriam, 1603 W. Lake street.

The senior class of the South Side high school will give a reception to the football team Wednesday evening, Nov. 27, at the Holmes Hotel. The committee of arrangements includes Frank Lyon, Lena Falk Gjersten, Blanche Kellieckson, Gertrude Scharpf and Joseph Hedding.

The marriage of Miss Augusta L. Gifford and Edwin W. Favill was solemnized last night at the residence of Mr. and Mrs. A. L. De Eili, of Chicago. The ceremony was witnessed by a small company. The house was decorated with palms and white chrysanthemums.

The marriage of Miss Agnes Catherine Mulligan and Martin T. Moran took place Tuesday in St. Anthony of Padua church at 9 o'clock in the morning. The ceremony was read by Rev. J. M. De Laney of Minocqua, Wis., and was followed by the nuptial mass. There was a large attendance of guests. The bride wore a gown of gray Venetian cloth with hat to match. She was attended by her sister, Mrs. W. A. Stanton of Hudson, Wis., and W. J. Moran served as best man. The bridal music was furnished by the organ. During the mass Mrs. Nell Moran sang "O Wondrous Love" and "O Salutaris Hostia."

A wedding breakfast for the intimate friends was served at the new home of the bride couple, 2211 Buchanan street N.E. They will be at home after Dec. 1.

Mrs. T. C. Boynton gave a luncheon of twelve covers yesterday for her sister, Mrs. W. V. Eames, who will leave next week to reside in Fergus Falls. The decorations and appointments were in pink and white. Carnations formed the centerpiece of the table. The colors in the parlors were red and white, with clusters of white chrysanthemums arranged through the rooms.

Mrs. M. W. Koons entertained informally yesterday afternoon from 2 to 6 o'clock in honor of her guest, Miss Minnie Johnson of Stillwater.

Thursday afternoon Mr. and Mrs. Herman Spring of 911 Twentieth avenue NE entertained a party of thirty young people at a 5 o'clock dinner many of the Van Cleave school teachers. The house was prettily decorated with red and yellow chrysanthemums. A musical and literary program was given, and then all joined with the children in a number of popular games.

Mrs. W. H. Fisher gave a luncheon Wednesday afternoon for Mrs. Charles Lewis. Covers were laid for eight and Miss Osborn furnished the music.

Miss Sadie Norris, whose marriage to Robert M. Byers will take place this month, was surprised Tuesday evening at her home, 301 University avenue SE, by about fifteen Paul friends who gave her a parcel shower.

Miss Madeline Leavitt of Sixth street SE entertained a merry party of thirty young people last night with a book party. Each girl came costumed to represent a character from a book and the prizes were given to the young men. Parlor games were played and refreshments served. The young girls and the characters represented were Clara Lougee, Madame Chrysalis, Butte, and Corinne Broughton, Martha Washington, Ethel Carter, Nell Gwynn; Nina Blackburn, Cinderella; Viva Stetson, Topsy; Letta McDermott, Lydia; Naomi Crabbe, Desdemonda; Lucille Martin, Trilby; Lillian Simpson, Jocelyn Leigh. The fun was brought to a gay finish with a cakewalk.

Personal and Social. T. W. Burghaus is home from a western trip. Miss Jessica Davidson is spending a few days in Duluth.

Mr. and Mrs. S. L. Kennear of Independence, Iowa, were guests of A. Chrystie this week.

Mrs. A. E. Merriam of Chicago is visiting her son, E. A. Merriam, 2713 Irving avenue S.

Miss Lettie Kramer of Webster, S. D., is the guest of Mrs. Joseph Parker, 1632 Hennepin avenue.

Mr. and Mrs. R. H. Patterson have taken apartments at the Hampton, 2109 Blaisdell avenue.

The ladies of the Church of the Redeemer will hold their annual fair the afternoon and evening of Dec. 11.

Mrs. William A. Sautny and Mrs. Frank Olin visited Mrs. H. Barber of Seventeenth street this week.

Mr. and Mrs. L. J. Bardwell, Mr. and Mrs. George A. M. and Mrs. A. W. Armata went to Madison last night.

Minneapolis people at New York hotels are: Olney, Mrs. E. H. Moulton; Cadillac, L. A. Gardner, St. Paul; Manhattan, Elizabeth M. James; James Curtis, Mrs. Thomas Donald; Dr. Farr, Miss M. Seallen and the Misses Graham left for Madison last evening to attend the football game.

There was a large attendance at the informal given this week by Miss Lillian Baker. The hostess gave Tuesday in the hall, 722 Nicollet avenue.

Mrs. Sarah Farr entertained a progressive euchre party of sixteen at her home, 1256 Nicollet avenue, Tuesday evening. Refreshments were served after the games.

The New Century Club will be entertained Tuesday evening by Mrs. F. J. Meyer. The next meeting will be with Mrs. Haines, 3221 Franklin street S.

Mr. and Mrs. Frank La Wae of Tacoma, Wash., who have spent the summer at Buffalo, N. Y., where Mr. La Wae was engaged with the fishing outfit, Elizabeth M. James and Mrs. King of Bryant avenue for a few days.

The D. A. C. club met Wednesday afternoon with Mrs. Dames, 429 Jefferson street. Misses Pittman, Standenmayer and St. Germain were the guests of the evening. Next Saturday with Mrs. Saunders of Twenty-second avenue and Monroe street.

BEFORE THE PUBLIC EYE

announcement that Dr. Richard Burton will give two more of his delightful lecture recitals in this city before the holidays. Minneapolis is always eager to hear Dr. Burton, and there is a strong sentiment in which the recital is peculiarly happy. His series of three lecture-recitals at the Unitarian church early in the season has been one of the most popular courses of the year so far, and the new program promises to be even more interesting. The dates and subjects are as follows:

Saturday, Nov. 30, "The Short Story," with reading of Kipling's "Dinah Shadd." Sunday, Dec. 1, "The Place of Parody," with readings from Bret Harte, Thackeray, etc.

The lectures are to be given at the First Unitarian church. Tickets may be secured at the Williams music store. Tickets for both evenings, 50 cents; single lecture, 25 cents.

An entertainment under the auspices of the Ladies' Home Missionary Society of Westminster church will be given Monday evening, Nov. 25, at the home of Mrs. William Donaldson. Mrs. William Donaldson, Miss Alberta Fisher and C. E. Fisher will sing, and Mrs. Edgar Runyan will be the accompanist. Dr. Eugene Storke will give an illustrated lecture on "The Royal Homes of France." Dr. Storke has recently returned from an extended European trip and has some superb photographs of royal palaces of France.

A series of recitals now being given in Boston, interpreting the romantic and poetic drama, is of special interest to Minneapolis people on account of the fact that the readers are well known and in high favor in Minneapolis. It is an unusual marketing of the stars in the recital field, and the interpretations will be authoritative and important from both the literary and dramatic standpoint.

The recitals are under the direction of Mrs. Lawrence Southwick and began last week with his masterly interpretation of "Richard III." The remaining evenings will include Ida Pfeiffer, who will read "In a Balcony," "The Sand," "The Riddle," "The Bishop's Soutcheon"; Leland Powers, "Cyrano de Bergerac"; Samuel A. King, "The Hunchback"; and Mrs. Jessie Eldredge Southwick, "Fraust."

Mrs. Crosse will give the second of her series of lecture recitals in Studio hall this Saturday, Dec. 1, at 8 o'clock. The subject will speak particularly of the philosophy of expression as applied to dramatic art and will illustrate the same by an interesting program, including one melodramatic selection in which Mr. Crosse will assist.

The young people's society of Gethsemane church will give a literary and musical entertainment in L. O. O. F. hall at Camden place Wednesday evening.

A large audience attended the Lilliputian Old Folks' meeting at Park Avenue church. The national church last evening by the children of the congregation, directed by Mrs. O. S. Chapman. The small singers were in excellent voice, and their program was a Martha Washington costume. The singing of John Crosby, the boy soprano, was very much appreciated.

CLUBS AND CHARITIES. Club Calendar. Monday.—Chicago Avenue Literary Club, Mrs. Lizzie Canterbury, 409 Second avenue SE, afternoon.

Chicago Avenue Literary Club, Mrs. Lizzie Canterbury, 409 Second avenue SE, afternoon. Chicago Club, Mrs. J. K. Wetherby, 1515 Spruce place, 2:30 p. m.

The Columbian Club, Mrs. Charles Bicknell, 1394 Irving avenue S, 2:30 p. m. The Young Women's Club, Mrs. L. L. Dunsmore, 515 W. Third-second street, 2:30 p. m.

Ladies' Shakers Club, Mrs. Emerson, 2215 Dupont avenue N, 2:30 p. m. The Young Women's Club, Mrs. L. L. Dunsmore, 515 W. Third-second street, 2:30 p. m.

Westminster Club, Dr. A. G. Bennett, 137 E. Fifteenth street, evening. Disco Club, Mrs. W. H. Cooper, 2148 Harriet avenue, 2:30 p. m.

Open Gymnasium Lesson. Mrs. A. W. Wood will give a gospel talk at the Young Women's Christian association, 321 First avenue S, at 4 o'clock Sunday afternoon. All women are invited to the service of song which precedes the talk.

An open lesson will be given by the members of Miss Douglas's Advanced Gymnasium class on Wednesday evening at 8 o'clock at the Young Women's Christian association. Work on the apparatus will be one of the chief features of interest, while drills and games will also be given.

A social hour will follow and chocolate will be served by the ladies of the gymnasium committee of the association.

Kenyon Chusses Reorganize. The Kenyon Current Event classes have reorganized for work, under the name of the Kenyon Study Club. All ladies formerly members of the Kenyon classes are eligible for membership in the new organization. Miss Knapp will be held every Tuesday at 10 a. m. in the San Angelo. Those wishing to join please address the secretary, Mrs. F. B. Godfrey, 1814 Hawthorn avenue.

Northwestern Hospital Annual. Thursday, Nov. 21, the directors of Northwestern hospital, 227 Chicago avenue, will hold a reception from 2 to 6 o'clock at which the public is most cordially invited. At 3 o'clock a short program will be given, including an address by Mrs. W. B. Walker, president; a statement by the secretary, treasurer, Miss Maud Ulmer Jones. The directors, of which Mrs. H. H. Kimball is chairman, will preside at tables from which light refreshments will be served.

Nurses' Demonstration Lecture. Dr. R. O. Beard delivered the lecture before the Physicians and Surgeons' Nurses' Bureau yesterday. It was on "Food for the Sick." It was illustrated by demonstrations by Miss Wilkinson and for this reason was given in the lecture's laboratory at the university. There were thirty nurses present.

Club Notes. The women of St. Paul's guild will hold an all-day party on Wednesday, Nov. 20, with Mrs. A. R. Rogers, 525 Summit avenue.

J. Adam Bede will address the Westminster club Monday evening at the residence of Dr. A. G. Bennett on "The Yankton Nation."

The Ladies' Social Circle of the Church of the Redeemer will hold an all-day meeting Wednesday, beginning at 10 o'clock. Box lunch noon.

A reception will be given for Miss Fannie Perkins, a missionary from India, at the home of Mrs. E. C. Berry, 312 Chestnut street S, on Monday afternoon from 2 to 6 o'clock. All interested are welcome.

The professional collection of garments for the Needlework Guild closed yesterday and 123 pieces came in after the annual meeting. It was a total for the year of 9,653, a gain over last year of \$50.

A reception was given by the Anna Gordon Y at the home of Miss Florence Simon, 3721 Clinton avenue S, Wednesday evening. A very interesting program was presented and light refreshments were served.

The committee of arrangements for the midwinter luncheon of the Minnesota Federation of Women's Club will hold its first meeting for the organization of the committee Monday afternoon with the chairman, Mrs. H. A. Tuttle, at 406 Ninth street S.

The Chauvauque Circle of Wesley Church will meet in the church parlors 725 W. Washburn street Monday evening, Nov. 20. A review on "The Poetry of Italy" will be given by Miss Vig. The Burtons will be the chief attraction. In "American Diplomacy" there will be a reading. "The Flow of 'Presentism,'" by Mrs. Josephine Workman and Mr. Robinson will give a quiz on chapter II, in the second part of "Men and Cities of Italy."

"I know that a good many people do not like my business," said the chimney sweep, as he sootied.

After due acknowledgment of the courteous smiles of his audience, he went up the flue.

OUR DAILY BREAD

Valuable Suggestions for the Kitchen and Dining-room.

By KATHERINE KURTZ

SOME ORDINARY FAMILY RECIPES. Not infrequently the inexperienced housekeeper is guilty of extravagance in materials and time through her ignorance of the nature of recipes that "sound good," but do not convey to her casual glance ever the formula, how much time or expensive materials must be employed in their construction. Many of these dishes are palatable and enjoyable for a change, but not suitable for every-day diet, even if time and economy of means were not to be considered.

Use the Best Materials.

There is no economy in purchasing inferior materials, no matter how plain and simple your fare; pure milk, the freshest eggs and butter, wholesome cooking fat, the best brands of baking powder, spices, extracts and the best grade of flour are the cheapest in the end, and can be relied upon to give satisfactory results when used in various compounds, and also promote the general health; while the use of inferior substances cannot, even under skilful manipulation, be made to give the best returns for money or time expended.

The woman who is fortunate enough to have a gas stove to do her cooking can, if she be systematic in the arrangement of her cooking appliances and deft in her handling, find a great deal of pleasure in her kitchen laboratory if she has reliable formulas or possesses the discrimination necessary to select those that will not produce a delusion and a snare as well as a vexation of spirit.

Meat Soups.

All kinds of meat soups now come canned and ready for reheating, so that it is advisable to use these unless you desire to make some particular kind, such as bouillon, that you are very successful with. Such soups as barley and mutton broth are easily made, requiring little time or care and the materials are very cheap. If your family is small, the supply of bouillon and meat trimmings will hardly supply you with sufficient soup and gravy stock, too, so it is better to have a supply of canned soups always on hand. Vegetable soups, such as pea soup, are a delightful change occasionally, but so much trouble to make that one would never think of preparing them at home under ordinary circumstances.

Vegetable soup, on the other hand, may often be prepared much cheaper at home. We allude to a soup made of broth with such vegetables as carrots, cabbage, turnips and potatoes.

Breads, Cakes and Pastry. These should be made at home; and if this rule is strictly adhered to, there will be no danger that the family will indulge in too much pastry in the average modern household.

Broiled Meat Cakes. The tough ends of the steak may be used in this way, or any tough, raw, lean beef. Chop very fine; season with salt, pepper and a few drops of Worcestershire sauce. Lay them on a fine wire griller and grill them a few minutes, turning them so the juices will not seep out. Lay on a hot dish, spread with butter and serve very hot with garnish of cream and small radishes or gherkins.

Egg Vermicelli.

Boil five eggs for at least twenty minutes; then cover with cold water and let stand until cold enough to handle. Remove the shells and separate the yolks from the whites; make a cup of cream sauce; season with salt, pepper and cayenne and two tablespoonsful of grated cheese. Shred the whites fine like vermicelli; put in a cup of the cream sauce; sprinkle with salt and cayenne; stir into the heated oven a few minutes to get hot, but do not let it dry. Then serve. Garnish the dish with two or three sprigs of parsley. Nice for tea or luncheon dish.

Lancashire Pie.

Take cold, cooked beef, veal or mutton; chop fine as for mince; season well. Have three cups of mashed potatoes to two cups of meat. Butter and crumb a rather shallow baking pan; put in a cup of the seasoned potatoes, then a cup of meat; another cup of potatoes; the second cup of meat and cover with remaining cup of mashed potatoes. Bake in a hot oven for half an hour; make little holes here and there in the potatoes and put in bits of butter; brush with milk and put in the oven and bake a nice brown. If you have a little stewed tomatoes left over add them to the meat as seasoning or use for a brown tomato sauce to serve with the dish.

Brown Tomato Sauce.

This can be made to serve with the pie by using the scraps of meat and bone left over from steak or roast for the stock. Brown two tablespoonsful of butter and two of flour until rich color; then add a cup of the stock and the tomatoes rubbed through a sieve; salt and pepper to taste. Stir until it boils up; then serve or keep hot over a saucepan of boiling water.

Tripe Salad.

Out pickled and spiced tripe into half-inch strips; dress with a little oil and moisten with French dressing. Add potatoes to the tripe and put into a bowl lined with lettuce or cress. Garnish the top with mayonnaise and capers.

Splendid New Stock

Artistic Picture Frames

The Beard Art Co. 624 Nicollet Av.

DIAMONDS

immense assortment; moderate cost. Latest ideas. When purchasing of us you have all the security and advantages of our years of experience.

HUDSON'S, 519 Nicollet Avenue.

DANCING CLASSES

Malcolm's South Side Academy, 500 E. 24th St., Tuesday, Nov. 19. Hall subject for private parties. Tel. Main 3007.

Do You Wish the Finest Bread and Cake. It is conceded that Royal Baking Powder is purest and strongest of all baking powders, absolutely free from alum, ammonia and every adulterant. "Royal" makes the best and most wholesome food. ROYAL BAKING POWDER CO., 100 WILLIAM ST., NEW YORK.

Weak Backs Omega Oil. The weak spot in many men and women is the back. It gives out before the other parts of the body. It gets tired and aches terribly after a day's work or night's pleasure. A tired, weak back pulls a person right down and renders life miserable. The kidneys are often supposed to be the cause, but usually the muscles and tendons in the back have been strained. Omega Oil is the proper and only permanent remedy. Rub it into the pores of the back, and a feeling of renewed strength and vigor will come immediately, and a few such treatments will fix you up all right again. Omega Oil takes out soreness and inflammation. It invigorates and freshens all the muscular tissues. It contains ingredients that you never used before.

RATS EAT Stearns' Electric Rat and Roach Paste. It is a safe and sure exterminator also of Mice, Water Bugs, Croton Bugs, Cockroaches and all other vermin. It has been in general use in houses, stores, hotels, factories, offices, public buildings, etc., for twenty-five years. Absolutely guaranteed. CAUTION: Substitutes and imitations are worthless. Insist on STEARNS' ELECTRIC; take nothing else. STEARNS' ELECTRIC PASTE CO., Chicago, Ill.

TOASTED WHEAT FLAKES. Thoroughly Cooked. sweetened with Malt Honey. Builds Muscle and Force. 100% Nutrition. They invite, strengthen, satisfy. The genuine bear a picture of the Battle Creek Sanitarium on the package. Others are imitations. ORIGINAL MANUFACTURERS OF BATTLE CREEK FOODS. HUDSON'S, 519 Nicollet Avenue.