HUSBANDS Recommend and Use Pe-ru-na. **WIVES** Keep Pe-ru-na in the House and Use it as a Family Medicine. **DAUGHTERS** Find Pe-ru-na an Invaluable Friend in Every Time of Need. **SONS**

EVERYWHERE THE ENGLISH LANGUAGE IS SPOKEN PE-RU-NA IS USED BY MEN AND WOMEN ALIKE FOR ALL CATARRHAL DISEASES

Catarrh Destroys More Lives Every Year Than All Epidemics Combined.

MISS N. NIEMANN.

MISS MABEL ELLIS.

MISS ELIZABETH UBER.

GENEVA PARKER

MISS DELLA JANVEAU.

MISS NETTIE NIEMANN, White Mound, Wis., writes:

The Peruna Medicine Co., Columbus, O.:

"I have been afflicted since childhood with a most unpleasant catarrh of the head. Nothing I did seemed to cure me and when I caught a cold my troubles increased. While visiting a friend I learned the real value of Peruna. I had often heard it praised, but never paid serious attention to it. My friend, however, had been cured of catarrh by Peruna and I decided to use it faithfully and await results. I am glad to say that my greatest expectations were realized and I was surprised to find how readily I was cured and how speedily. Within a month all the catarrh was out of my system and I have not been troubled a particle since. I do recommend Peruna for catarrh."—Miss Nettie Niemann.

Miss Mabel H. Ellis, President of the Woman's Athena club, Trout Creek, Mich., says:

"I suffered for three years with chronic catarrh of the bronchial tubes and found no relief until I tried Peruna. Seven weeks' constant use of Peruna cured me permanently."—Mabel Helen Ellis.

Miss Elizabeth Uber, No. 57 Bassett St., Albany, N. Y., writes:

"I have always dreaded unsettled weather because of my extreme liability to catch cold, when a catarrhal trouble would quickly develop thru my entire system, which it would take weeks to drive away. I am thankful to say that since I have taken Peruna I do not have any reason to dread this any more. If I have been at all exposed to the damp, wet or cold weather, I take a dose or two of Peruna, and it throws out any hint of sickness from my system."—Miss Elizabeth Uber.

Miss Geneva Parker, an actress of New York City, in a letter from 114 E. 25th st., New York City, says:

Peruna Drug Mfg. Co., Columbus, O.:

Gentlemen—"I have suffered for years with catarrh of the stomach—especially after a season's travel. Your valuable Peruna was recommended to me this spring by a professional friend and after three months of its use I am happy to say I am a well woman. Highest praise to Peruna."—Miss Geneva Parker.

Peruna cures all such cases of dyspepsia, simply because it cures catarrh wherever located. The reason so many cases of dyspepsia suffer on and on without any relief, trying this medicine and that medicine, is that these conditions are not recognized as catarrh of the stomach.

Any one suffering from dyspepsia, having tried the ordinary remedies without relief, would be safe to assume that their case is one of catarrh of the stomach, and should at once begin a course of Peruna. Peruna is sure to cure these cases. It never fails.

Miss Della Janveau, Globe Hotel, Ottawa, Ont., is from one of the oldest and best known French Canadian families in Canada. In a recent letter to The Peruna Medicine Co., of Columbus, Ohio, she says:

"Last spring my blood seemed clogged up, my digestion poor, my head ached and I felt languid and tired all the time. My physician prescribed for me, but a friend advised me to try Peruna. I tried it and am pleased to state that I found it a wonderful cleanser and purifier of the system."—Miss Della Janveau.

All Dainty Women Dread Chronic Catarrh

Hacking, Spitting, Coughing, Sneezing Cured by Pe-ru-na.

Miss Hertha Munn, 608 Atlantic St., Appleton, Wis., writes:

"I tried catarrh remedies, some of which guaranteed a cure or money refunded, and have taken as high as eight bottles of some without any material benefit. I had made up my mind that all were worthless, so it took a great deal of persuasion to get me to try Peruna. But I bless the friend who persuaded me, as I had not taken one bottle before my head and throat began to clear up, and the hacking and spitting soon ceased and when four bottles had been used there was not a trace of catarrh in my body. It is a great relief to be clear of it."—Miss Hertha Munn.

Catarrh Sixteen Years.

Mrs. Elizabeth Scherer, Monte Vista, Col., writes: "For sixteen years I suffered with catarrh and stomach trouble. I doctored and took patent medicines without benefit. I read in one of your almanacs about Peruna and thought it would perhaps help me. I have used nothing at all in the way of remedies except Peruna for about two years, and my health could not be better than I now enjoy. This remedy is also good for coughs and colds. I shall never be without it in my house."

Don't Neglect Colds; Colds Are Dangerous

A Case Where a Common Cold Deranged the Whole System.

Mrs. M. J. Brink, No. 820 Michigan Ave., St. Joseph, Mich., writes:

"This past winter during the wet and cold weather I caught a sudden and severe cold, which developed a catarrhal condition through my entire system, and so affected my general health that I was completely broken down and became nervous and hysterical and unfit to supervise my home. My physician prescribed for me, but somehow his medicine did me no good. Reading of Peruna I decided to try it. After I had taken but three bottles I found myself in fine health."—Mrs. M. J. Brink.

Peruna is not simply a palliative, to relieve some of the most distressing symptoms of catarrh. It is a permanent and radical cure. A multitude of women are praising it every day.

Headache, Backache, Pe-ru-na Cures

"I Am Perfectly Well," Says Mrs. Martin, of Brooklyn. "Pe-ru-na Cured Me."

Mrs. Anna Martin, 47 Hoyt street, Brooklyn, N. Y., writes:

"Peruna did so much for me that I feel it my duty to recommend it to others who may be similarly afflicted. About a year ago my health was completely broken down; had backache, dizziness and irregularities, and life seemed dark indeed. We had used Peruna in our home as a tonic and for colds and catarrh, and I decided to try it for my trouble. In less than three months I became regular, my pains had entirely disappeared, and I am now perfectly well."—Mrs. Anna Martin.

It is no longer a question as to whether Peruna can be relied on to cure all such cases. During the many years in which Peruna has been put to test in all forms and stages of acute and chronic catarrh, no one year has put this remedy to greater test than the past year.

Peruna is the acknowledged catarrh remedy of the age. Dr. Hartman, the compounder of Peruna, has written a book on the phases of catarrh peculiar to women, entitled "Health and Beauty." It will be sent free to any address by The Peruna Medicine Co., Columbus, Ohio.

Prominent People Cured of Catarrh

Would These Two Cures Been Made if Some Remedy Had Been Substituted for Pe-ru-na?

Attorney D. Young, counselor of Aurora Lodge, No. 68, of the Mystic Workers of the World, writes from 103 South Broadway, Aurora, Ill., as follows:

"I suffered with catarrh for eight years before I found anything that would help me. I have wasted hundreds of dollars trying to get relief, and never found any until I read what Peruna claimed to do for catarrh. A few bottles cured me completely; it not only cured my catarrh, but invigorated my whole system, until to-day I feel ten years younger and in complete and perfect health—in fact, a new man—thanks to Peruna."—Delancy Young.

Hon. W. S. Lane, Ordinary (Probate Judge) for Wilkes county, Ga., writes from Washington, Ga., the following letter;

The Peruna Medicine Co., Columbus, O.:

Gentlemen—"This is to certify that I have used two and one-half bottles of Peruna for a very bad case of catarrh, and am happy to say to you that I have been entirely cured, and gladly recommend Peruna to any one suffering from catarrh in any form. Have also used it in my family with satisfactory results, both as a tonic and remedy for catarrh."—W. S. Lane.

Many Have Catarrh Who Don't Suspect It

Peruna Is a Tonic That Cleanses the System of All Catarrh.

Diseased nerves are directly traceable to poor digestion, and poor digestion is directly traceable to catarrh. With the slightest catarrh of the stomach no one can have good digestion.

Very few of the many women who have catarrh of the stomach suspect what their real trouble is. They know they belch after meals, have sour stomach, a sensation of weight or heaviness, a fullness, irregular appetite, drowsiness, gnawing, empty sensations, occasional pain—they all know this; but they do not know that their trouble is catarrh of the stomach. If they did they would take Peruna.

Peruna cures catarrh wherever located. As soon as Peruna removes catarrh from the stomach the digestion becomes good, appetite regular, nerves strong, and trouble vanishes. Peruna strengthens weak nerves, not by temporarily stimulating them, but by removing the cause of weak nerves—poor digestion. This is the only cure that lasts. Remove the cause; Nature will do the rest. Peruna removes the cause.

If the symptoms are a general feeling of lassitude, poor circulation of the blood, restless, disturbed sleep, with fantastic dreams, confusion of mind, craving appetite, heavy, tired feelings, indigestion, nervousness, etc., Peruna is adapted to the case, and never fails to cure every case.

A Georgia Congressman Endorses Pe-ru-na

One of Over Fifty Members of Congress Who Praise Pe-ru-na.

Col. L. I. Livingston, member of the Industrial Commission and the leading democratic member of the Committee on Appropriations in the House of Representatives, whose home is at Atlanta, Ga., writes the following in regard to Peruna, the catarrh cure.

Col. Livingston says: "I take pleasure in joining with General Wheeler, Congressman Brewer and others in recommending Peruna as an excellent tonic and a catarrh cure."—Col. L. I. Livingston.

Peruna is recommended by more men of prominence than any other proprietory medicine.

Peruna cures catarrh wherever located. Peruna is not a guess nor an experiment—it is an absolute scientific certainty. Peruna has no substitutes—no rivals. Insist upon having Peruna.

Few Women Free From Pelvic Catarrh

Catarrh of the Pelvic Organs Is the Bane of the Female Sex.

Mrs. Florence Aitkins, 922 Forsythe St., Toledo, O., writes:

"I am to-day cured of that dreadful disease I wrote to you about when I asked your advice. I at once began taking Peruna and Manalin, and have just finished the fifth bottle. It has cured me of leucorrhoea. I had the trouble for nine months and had given up hope of ever being strong again. I cannot tell how happy I feel, but you will know. I never heard of such medicine. It is the only medicine on earth. I will always keep Peruna in my house.

"I cannot find anything to talk about from morning till night but Peruna. I was a sick woman when I first wrote you. I have a bright, clear color now, and I am altogether a well woman.

"Peruna is the best friend I ever had on this earth—it must be praised—it cured me."—Mrs. Florence Aitkins.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, president of The Hartman Sanitarium, Columbus, Ohio.

MUSIC

Symphony Orchestra Concert.

Ruby Cutter Savage, soprano soloist with the Minneapolis Symphony orchestra next Tuesday evening will sing two favorite soprano numbers. The first is the aria from "The Magic Flute" (Mozart), "Non Paventar," and the other is the "Scene de la Folie" from Ambroise Thomas' "Hamlet." As her voice is peculiarly adapted to the rendition of this music, and her temperament dramatic, it is expected that her songs will win for her as high a place in the minds of her Minneapolis audience as she has already attained in eastern cities where she has sung.

The orchestra is to be heard in selections which will show off the result of the hard work of the winter. Beethoven will be represented in this program with the celebrated Pastoral Symphony. This is one of the best known of his works, and one best calculated to appeal to all those who are not highly trained musicians but who listen, simply with the love of music in their hearts, and not so much knowledge of it in their minds.

It is a happy coincidence that the orchestra should have elected to play the overture from the "Magic Flute," forming a most dramatic introduction as it were, for the singer.

In the Lohengrin transcription a novelty is offered. The selection embodies all of the most important arias

RUBY CUTTER SAVAGE.
Soprano, with Minneapolis Symphony Orchestra, at Wesley Church Tuesday Evening.

of the opera, with a splendid orchestral effect, and considerable length.

The program is as follows:

Overture, "Magic Flute" ..... Mozart
Symphony Pastorale ..... Beethoven
Orchestra.
Aria, "Non Paventar," Il Flauto Magico ..... Mozart
Ruby Cutter Savage.
Suite, "Scenes Pittoresque" ..... Massenet
(1) March. (2) Angelus. (3) Scene de Ballet. (4) Fete Boheme.
Orchestra.
"Scene de la Folie" from Hamlet..... Ambroise Thomas
Ruby Cutter Savage.
Lohengrin, Symphonic Fantasy (Dupont).. Wagner
Orchestra.

Ladies Thursday Musicale.

The Ladies Thursday Musicale holds its regular program meeting Thursday morning in the Unitarian church. The instrumental numbers on the program will be as follows:

Sonata, Op. 31 ..... Beethoven
Miss Helga Olson.
La Fileuse ..... Raff
Bolero ..... Moszkowski
Miss Bessie Lum.
Sonata for Violin and Piano, Op. 13..... Grieg
Miss Mary Espy Thomson, Mrs. Alex N. Lidell.
Prelude, Op. 3, No. 2 ..... Rachmaninoff
Barcarolle in F Minor ..... Rubinstein
Mrs. E. W. Runyan.

Mrs. W. N. Porteous will sing "Chant D'Alsace," by Duvernoy, and there will be other vocal numbers.

Two Piano Recitals.

Miss Viola Graves and Miss Jessie Anderson, pupils of Vienna Neel Riedelsberger, will give piano recitals next Wednesday and Friday evenings. That of Miss Graves will take place on Wednesday evening at Kimball hall, and that of Miss Anderson on Friday evening at Home Studio, 106 Willow street.

Mr. Douglas Janney, violinist, will assist Miss Anderson and Miss Kendall Bailey, soprano, will assist Miss Graves. The programs are as follows:

MISS ANDERSON.

Fantasie and Sonata, C Minor ..... Mozart
Grieg Second Piano part by Mrs. Riedelsberger.
"Gipsy Song" ..... Coleridge Taylor
Douglas Janney.
(a) Prelude, D Flat ..... Chopin
(b) Polonaise, Op. 26, No. 1 ..... Chopin
(c) Maiden's Wish" ..... Chopin-Liszt
(d) "The Trout" ..... Heller
Berceuse ..... Godard
Douglas Janney.
Rhapsodie No. 2 ..... Liszt

MISS GRAVES.

Introduction and Allegro, Op. 49..... Godard
Three lyric pieces after poems by Heine
..... McDowell
"Impatience" ..... Schubert
Miss Kendall Bailey.
"La Campanella" ..... Liszt
"All Ye Who Have Yearned Alone" Tschaikowski
Miss Bailey.
Violin Obligato .....
Mr. Riedelsberger.
Andante Spianato and Polonaise, Op. 22..Chopin
Orchestral accompaniments to Nos. 1 and 6 by string orchestra.

Scholarships Awarded.

Four vocal scholarships offered by the Northwestern Conservatory of Music have been awarded as follows: Two full scholarships consisting of twenty weeks instruction, to Miss Agnes Hallin of Cambridge, Minn, and Leslie L. Williams of Minneapolis. Two partial scholarships to Miss Addie Pierce of St. Paul, and Miss Mamie Kuenecke of Minneapolis. A number of contestants appeared before the judges, Messrs. Willard Patten, Carlyle Scott and Clarence Marshall.

The Conservatory will probably offer other scholarships in several branches if the present experiment proves successful.

Successful Concert Work.

Miss Florence Verge, violinist, returned this week from an extended western visit. With Miss Florence Burtis, whose piano work will be remembered by Minneapolis musicians, Miss Verge made a very successful concert trip in British Columbia.

Miss Verge and Miss Burtis were fellow students at Berlin for several years. Miss Burtis is now making her home with her sister in Seattle.

Church Music To-morrow.

.. ST. MARKS PROCATHEDRAL. ..

The first of the special Lenten musical services will be given on Ash Wednesday, Feb. 17, at 8 o'clock in the evening, at St. Marks' Procathedral, when the full vested choir of forty boys and men will sing Gounod's "Messe Solennelle," under the direction of G. H. Normington, organist and choirmaster.

The soloists at this service are: Soprano, Master Eugene Pauly; tenor, Thomas G. McCracken; bass, Ernest Hldman.

The following is the order of music for Quinquagesima:

Sunday morning. Processional hymn, "Love Divine" ..... G. F. LeJeune
Venite and Gloria ..... Gregorian Tone VIII.
Te Deum in F ..... Henry Smart
Benedictus ..... Gregorian Tone I.
Introit Hymn, "When Morning Gilds the Sky" ..... J. Barnby
Kyrie Eleison ..... S. P. Tuckerman
Office Hymn, "Gracious Spirit, Holy Ghost" ..... Stainer
Offertory, "Blessed Be the God and Father" ..... S. S. Wesley
Recessional Hymn, "Thy Kingdom Come, O, God" ..... Hayne
Evening—Same processional and recessional as morning.
Magnificat ..... Gregorian Tone VII.
Nunc Dimittis ..... Gregorian Tone III.
Office Hymn, "Lead Kindly Light" .. J. B. Dykes
Offertory Anthem, "O, Taste and See" .... Goss
Vesper Hymn, "The Sun Is Sinking Fast" .. Irons

No ticket admission is required for the special services on Wednesday evenings during Lent.

PORTLAND AVENUE CHURCH OF CHRIST.

Morning—Quartet, "Our Blest Redeemer Ere He Breathed," H. Houseley; offertory solo, "The Plains of Peace," Barnard, Miss Genevieve Lawrence; quartet, "My God, and Father, While I Stray," G. W. Marston; duet, "Sweet Hour of Prayer," T. L. Irwin, Miss Brazie and Miss Lawrence.

WESTMINSTER.

Mrs. W. N. Porteus will sing Liddell's "Abide With Me," an alto solo, as the offertory. The opening anthem by the quartet, "The Earth Is the Lord's," by Hollins.

In the evening Miss Williams and Mr. Maderia are to sing as the offertory Hoffmann's beautiful "Sweet Is the Light of Sabbath Eve." Other selections for the evening are: "Andantino," an organ number by Salome; anthem, "Savior, Thy Dying Love," Thompson; response, "Pray Tho the Gate of Mercy," Hanscom. com.

OUR SAVIOR'S NORWEGIAN LUTHERAN.

Sunday evening song services will be conducted at Our Savior's Norwegian Lutheran church. Several organ preludes by Bach will be given. Miss Margareth Kvittum and Miss A. G. Andersen will sing "He Shall Feed His Flock" and "Come Unto Me" from "Messiah." Rev. J. W. Preus will lecture on hymn tunes and the choral society of eighty-five voices will give several selections.

TOLD IN A LINE

Manila—It is reported here that thirteen of the runaway mutineers of the Vigan constabulary have been captured.

Chicago—The steamer Empire State with thirty-eight passengers and crew, is icebound forty miles out in the lake.

Chicago—The old battleship Maine, now at the bottom of Havana harbor, will be raised and exhibited at the St. Louis fair.

Topeka, Kan.—The Parkhurst-Davis wholesale grocery establishment was destroyed by fire early to-day, causing a loss of $250,000.

Port Said, Egypt—The United States cruiser San Francisco, which arrived here Feb. 10 from Beirut, proceeded to-day for Bombay and Singapore.

Sacramento, Cal.—The blockade of the Central Pacific railroad between this city and Truckee is reported to be serious. Snow sheds have been broken down.

Oakland, Cal.—William A. McCowan, defaulting secretary of the University of California, has been sentenced to serve six years and eleven months in San Quentin prison.

San Francisco—Second Lieutenant Paul McLane has arrived here from Manila on the transport Logan, under sentence of one year's imprisonment in Fort Leavenworth for embezzlement.

Roanoke, Va.—Henry Williams, colored, under arrest on suspicion of having committed a murderous assault on Mrs. George L. Shields and her 3-year-old daughter, has made a full confession of the crime.

New York—President Eliot of Harvard, Andrew Carnegie, Principal Frissell of Hampton institute, and Booker T. Washington discussed negro education and the race problem at a meeting held here last night.

New York—While experimenting with gasolene and volatile chemicals in an endeavor to perfect an invention, A. J. Brunson, president of the First National bank of Plainfield, N. J., lost the sight of both eyes, thru an explosion.

Tucson, Arizona—At the annual Lincoln Day banquet of the Arizona republicans held here, a boom for John W. Springer, former president of the National Live Stock association, for the republican vice presidential nomination was launched.

It Is Scarce Worth Trying

To reduce your coal bill and keep warm unless gas house coke is used. At the reduced price it is economical and satisfactory. The Pioneer Fuel company.

French Opera

is one of the many attractions that New Orleans provides during the Mardi Gras festivities. Low excursion rates Feb. 9 to 14. Only $36 via the Chicago, Milwaukee & St. Paul railway.

Tickets—328 Nicollet avenue.

FOREIGN FLASHES

Paris—A new Russian 5 per cent loan, issued at 92, may be floated here.

Colon—A rebellion is under way in the department of Bolivar, Colombia.

Rome—President Loubet's visit to Italy has been postponed because of the Russo-Japan war.

Paris—When Charles M. Schwab arrives here on his rest quest he will be served with papers in a $30,000 civil suit, brought in connection with the ship trust scandal.

Paris—The statement is made that Emperor William of Germany has secured promises from the Sultan of Turkey to do nothing to precipitate trouble in the Balkans.

Woodstock, Ont.—Burglars blew open the safe of the Molson bank at Aylmer and stole $15,000. They also blew open the safe of the private bank of James Munro at Embro, securing a large sum of money.

CAPITAL CULLINGS

The house yesterday passed 320 private pension bills in 155 minutes.

Fourth Assistant Postmaster General Bristow, who has been very ill with grip, is improving.

Representative Bede will introduce a bill providing a revenue cutter for use on Lake Superior.

Minister Powell has reported that a battle was fought recently at Sanchez, San Domingo, in which many were killed.

The controller of the currency has received a telegram announcing the suspension of the First National bank of Matthews, Ind.

Further reports of the revolt among the Filipino constabulary at Vigan show that the deserters numbered only seventeen. They are being pursued.

The house committee on commerce has favorably reported the bill permitting the building of a dam across the Mississippi river at Sauk Rapids, Minn.

IT ALWAYS CURES

Hostetter's Stomach Bitters is today recognized as the most popular family medicine in the world. It has been thorougly tested in cases of stomach, liver and bowel complaints, and has always effected a cure. Every member of the family can take

Hostetter's Stomach Bitters

safely because it contains nothing injurious and the weakest stomach can easily retain it. We therefore urge a trial. It positively cures

Sick Headache, Bloating, Heartburn, Indigestion, Dyspepsia and Malaria, Fever and Ague.

Delicate Women will also find the Bitters beneficial.

Canadian Pacific Ry. Co.
New Atlantic Service to Europe

LARGE TWINSCREW STEAMSHIPS "STEADY AS A ROCK."

Excellent Table. Up-to-date Equipments. First Saloon $50 and upwards. Second Saloon $37.50. Third Class (closed cabins), $25, to Liverpool.

Lowest through rates to Scandinavia, Germany, Holland, France, etc.

C. F. WENHAM, GENERAL AGENT, 15 South Third St., Minneapolis, Minn.

He's a WISE MAN

who changes

FOOD

until he finds that which keeps him in prime

HEALTH

For when we use the kind of food fitted to our needs we KEEP Well.

After 2 days' use of

Grape-Nuts

FOOD you will discover

"There's a Reason"

and a profound one.

It will make it's mission well understood by the increase in brain and nervous power, and that indescribable "all-over" feeling of comfort which comes with well digested food and bounding good health.

Secure the little book, "The Road to Wellville" in each pkg.

Woman's Nightmare

No woman's happiness can be complete without children; it is her nature to love and want them as much so as it is to love the beautiful and pure. The critical ordeal through which the expectant mother must pass, however, is so fraught with dread, pain, suffering and danger, that the very thought of it fills her with apprehension and horror. There is no necessity for the reproduction of life to be either painful or dangerous. The use of **Mother's Friend** so prepares the system for the coming event that it is safely passed without any danger. This great and wonderful remedy is always applied externally, and has carried thousands of women through the trying crisis without suffering.

Mother's Friend

Send for free book containing information of priceless value to all expectant mothers.

The Bradfield Regulator Co., Atlanta, Ga.

The best run for your money

Pickwick Rye

Quality High