NO REST, NO SLEEP.

How Energy and Ambition are Killed.

Vitality and Health Destroyed by Wakeful Nights.

Strong and Steady Nerves a Necessity.

To Neglect Them Means Certain Ruin

Dr. Greene's Nervura Gives Strength and Vigor.

How many thousands to-day suffer from sleeplessness caused by nervous weakness. It is one of the incidents of American life, and you who read these lines are no doubt one of the great throng. After the day is done and when its cares ought to cease, you wish that they might fold their tents like the Arabs and as silently steal away. When night has drawn her sable curtains and all nature seems in repose, your weary eyelids long for that tired nature's sweet restorer, balmy sleep. What would you not give for the rest you had in the olden times? But it is denied you. The long hours are full of weakness and weariness, and the coming day brings only headache and heartache, impaired strength and exhausted nerves as you drag through its duties.

There is no burden so painful, and no loss so wasting. It wrecks the body and impairs the mind. It is the fearful harbinger of insanity. It has filled our asylums with its victims. You know this and gloomily dread the future. Weak, nervous and discouraged, the least excitement prostrates you, and you are always worrying over anticipated trouble. Nothing goes right, and you often feel like despairing. You do not feel equal to the burden you once bore so easily.

Take heed while it is time. You are in a whirlwind of destruction. You are in the very Niagara of our nervous modern life. Do not delay. Safety is right at hand, if you will but accept it. That loss of appetite, gas in the stomach, torpid liver, constipation, nervousness, headache, etc., are but the first symptoms of the danger to come. It can be avoided, but only by acting at once.

Thousands have stood where you now stand confronted by the same frightful consequences, and have been cured and restored to health and happiness by that wonderful enchanter of sleep, that marvelous restorer of nerve energy and physical strength, Dr. Greene's Nervura blood and nerve remedy. It is purely vegetable and entirely harmless.

Henry S. Wetzler, 25 Warren St., Revere, Mass, says:

"Early in the spring of 1900 I was taken with an attack of nervous prostration. I became so weak and nervous that I was not able to leave the bed. I could not sleep without taking a sleeping powder. I got so thin and weak I thought I would never recover. I tried three different doctors, but did not get any better; in fact, I was getting worse. One day my sister brought me a bottle of Nervura and I began taking it. Before I had finished taking the first bottle I began to sleep well and that terrible nervousness disappeared, and by the time I had taken four bottles I was entirely cured and about my business again, which is that of collector. I still take Nervura occasionally when I feel a little out of sorts, and take great pleasure in recommending it to my friends. You are welcome to print this testimonial, and I thank you heartily for the good that Nervura has done for me."

This grand restorative for the nerves, Dr. Greene's Nervura, does not contain a particle of anything injurious, and can be given to restless and sleepless infants, nervous children or the most delicate invalids with absolute assurance of beneficial results. Dr. Greene, of 101 Fifth Ave., New York City, the most successful physician in curing nervous and chronic diseases, discovered it, and he can be consulted free of charge, personally or by letter.

Recommended and for sale by all druggists.

DR. GREENE'S LAXURA CATHARTIC PILLS
SUGAR COATED — FOR THE CURE OF — ALL DRUGGISTS
BILIOUSNESS & CONSTIPATION

CLUB WOMEN AID STRIKIMG GIRLS

Chicago Corset Workers Receive Encouragement From Millionaires' Wives.

New York Sun Special Service.

Chicago, March 12.—"Come into our homes and stay as long as you wish." That is the invitation which wealthy club women of Chicago have extended to the locked-out girl corset workers.

This offer is the first of its kind ever attempted during a labor dispute. It originated with the members of the Women's Trade Union league, an organization launched about two months ago for the purpose of bettering the condition of working girls.

Mrs. Laura Dainty Phelham, in an address to the striking girls, said:

Miss Barnum, our secretary, returned from Aurora this morning with a great project which we intend to carry out.

Some of our members are wealthy and do not have to work for a living, but they have sympathetic hearts and can feel for those who are fighting against injustice.

Some of the girls in Aurora are without money and are blacklisted so that they cannot find work in that city. We have urged them never to return to work until their employer agrees to treat them humanely.

WIRELESS TELEGRAPHY

Is the Result of Prolonged Study and Deep Research.

Marconi, the wireless wizard, did not stumble accidentally upon the principles of his marvelous invention.

It was only by deep and prolonged study of the cause of certain known phenomena in nature that he was able to produce the startling effect.

Many people in speaking of Hair Restorers, have a way of bunching them altogether without discrimination.

Herpicide is as different from those so-called "hair restorers" and "remedies" as day is from night.

It is a scientific preparation prepared for the sole purpose of destroying the scalp microbe that causes dandruff and falling hair.

Sold by leading druggists. Send 10c in stamps for sample to The Herpicide Co., Detroit, Mich.

Voegeli Bros., special agents, corner Hennepin and Washington avenues and corner 7th st and Nicollet av.

PULPIT AND PEW

WORK OF RELIGIOUS EDUCATION

Association Organized a Year Ago Held Its Second Meeting in Philadelphia Last Week—Addresses by Leading Religious Men of the Nation—What the Association Stands For.

The religious education convention held a year ago in Chicago was unique. In response to a call issued by over one hundred prominent educators, there gathered in Chicago some four hundred men and women. The people of the churches of Chicago responded to the invitation and on the opening night a vast audience in the Auditorium greeted the speakers. The sessions of the convention continued for three days with large and attentive audiences The enrollment of delegates included many of the most prominent educators of the country, twenty-three states were represented, also Canada and some foreign countries.

The convention resulted in the formation of the Religious Education association and the proceedings of the convention were published. This volume, consisting of 430 pages, is perhaps the most important book ever published on the subject of religious education.

The second meeting of the association was held in Philadelphia last week. It was as representative in character as the former meeting. On the program of the convention were the leading experts of the country and the most intense interest was evident. Dean Frank Sanders, Ph.D., D. D., of Yale divinity school, presided. In his opening address he reported a membership of nearly 2,000 and an expenditure of about $7,000. The work of the year had been in the line of organization. The opportunity of the coming year was in arousing interest in religious education, in promoting intelligent work, in collecting data in the various departments of the association and in placing at the disposal of all the results of progress at any point. The society's chief function lay in assisting the intelligent layman to be a working factor in the religious education problem of the future.

The general subject for discussion was "The Bible." "The Bible in Religious experience," "Religious Education in the Home," "The Bible in Education," and "The Bible in Social and Civic Life," were the chief divisions of the subject.

President Hall's Address.

Dr. Hall's "Annual Survey of Progress in Religious and Moral Education" and his address as the new president of the association were remarkable contributions to the program. These two addresses reflected the thought, the spirit and the purpose of the whole convention. The points discussed were: The vastness of the field of religious and moral education in this country, the lack of co-ordination between the constructive forces in this field—a deficiency somewhat counterbalanced by the underlying homogeneity of ideal and purpose beneath these forces, the presence of certain inimical conditions that must be reckoned with, the timeliness of the Religious Education association as a possible agent of adequate co-ordination of principles and methods and the conviction that the association records progress in recording at this early stage of its life an intelligent perception of the need of progress.

Among the inimical conditions noted the apparent tendency of American life to underestimate the importance of religious conviction as an element of education for citizenship. Dr. Hall continued: "The function of this society was to promote religious education on a basis of true knowledge. Steps therefore should be taken, that are adequate, rational, complete and scientific, to bring within the sphere of conduct the truths of the Bible to every man, woman and child in America. The purpose of this association is, that processes of non-religion shall not go on, but that this Bible, the fountain of divine truth, the well-spring of divine inspiration, shall be so presented to the youth of our land that there shall be a revival of religious life. To have a part in this service is a precious possession."

For the work of the year it is proposed to raise $20,000. Ten thousand dollars of this will come from memberships and $10,000 from gifts. At the business meeting of the association nearly $5,000 of this latter amount was subscribed.

Resolutions.

The resolutions adopted are in effect a declaration of principles and an outline of methods. They are the crystallization of the thought of the convention. In them the association declared its conviction that, owing partly to rapid changes in the conditions of modern life, an emergency has arisen in respect to the training of the young in matters that pertain to character; that such education depends primarily upon the influence of high personality; that the most important institution for the development of character is the family; that in any complete plan for character training the Bible must have a permanent and unique place; that somewhere within our trinity of educational institutions—the home, the church and the school—the child is entitled to receive possession of its truths; that to this end no equipment in the way of personal study on the part of parents and teachers, or in the way of means and methods, can be too costly, and that to promote these ends this association will devote its energies during the coming year, first, to investigation and practical stimulation in the various directions represented by its seventeen departments; second, to agitation and diffusion of information thru its proceedings and other printed matter and thru public speech; third, to the organization of local centers for the study of practical problems in the light of established principles, and, fourth, to personal effort of each member in his own station to practice and promulgate these principles.

The New Officers.

The officers elected were:

President, Charles Cuthbert Hall, D. D., president of Union Theological Seminary; first vice president, Francis G. Peabody, D. D., dean of Harvard Divinity School; vice presidents, Professor Martin G. Brumbaugh, Ph. D., University of Pennsylvania; Caroline Hazard, Litt. D., president Wellesley college; the Rev. John A. McKaney, president Sunday School Editorial association; Glen K. Shurtleff, general secretary Y. M. C. A., Cleveland; the Rev. Charles R. Brown, pastor First Congregational church, Oakland, Cal.; William R. Webb, principal Webb School, Bell Buckle, Tenn.; Richard H. Jesse, LL. D., president University of Missouri; the Rev. Samuel W. Deke, LL. D., corresponding secretary National League for the Protection of the Family; Samuel D. Capen, LL. D., president American Board of Commissions for Foreign Missions; the Rev. Levi Gilbert, D. D., editor Western Christian Advocate; Professor John M. Coulter, Ph. D., University of Chicago; the Rev. E. Morris Ferguson, secretary New Jersey State Sunday School Association; Miss Mary Evans, Litt. D., president Lake Erie College; Professor George Cross, Ph. D., Northwestern University; Bishop Coadjutor Alexander Mackay Smith, of the Protestant Episcopal Diocese of Pennsylvania; Dr. Rivington D. Good, president Free Baptist General Sonference.

Teachers for the S. S.

Altho each of the seventeen sections held meetings and discussed its own problems, those of conspicuous interest were the use of the Bible in the schools, religious teaching by means of the Sunday school and religious instruction in the home. Among the interesting things said in reference to the Sunday school was the declaration by Professor George Pease of Chicago university that the church had almost wholly failed to meet its obligation to provide the right kind of Sunday school instruction. In urging the necessity for getting trained, competent teachers and superintendents, Rev. W. C. Bitting of New York suggested that it was a good thing to have paid superintendents and that it was done in some places.

Concerning the Bible in the schools there was the greatest diversity of opinion. President Faunce of Brown university asked for a close and constant co-ordination of Bible study with all the studies of the school, and believed a representative commission could agree upon certain historical and ethical selections upon which all shades of religious belief and of agnosticism could agree. He suggested a model commission, naming Archbishop Ireland as the Catholic representative. On the other hand, Dr. Walter Hervey declared against religious teaching in the schools. He did not wish to have his boy's religion sandwiched between his reading and arithmetic. Most of the delegates, however, favored the restoration of the Bible to the schools.

The principal address on the home side of the question was made by Dr. Ira Landrith of Chicago. He said we should study home-making as seriously and scientifically as we ever studied the problems of the church and the school.

WELSH PREACHER HERE

Sees a Great Future for the Western Country.

Rev. Z. Henry Lewis, M. A., of Tredegar, Monmouthshire, Eng., who has been traveling thru western Canada for his health, arrived in Minneapolis Wednesday. He is wonderfully impressed with the remarkable progress of the country and its still greater possibilities. In an interview yesterday he remarked that the American push was taking hold of the Canadians, and, tho Canada is nominally attached to England, he believes Canadians reflect the American spirit more than they do the English spirit, and he believes that reciprocity is only a matter of time.

Mr. Lewis is a Welshman, and the Doych, the organ of the Welsh people, speaks highly of his talents as an author and preacher. He is a comparatively young man, and yet is already the author of over half a dozen books. Friends desiring Mr. Lewis' services should write to Dr. O. A. Williams of this city, superintendent of Baptist missions, 701 Lumber Exchange, who preached in Mr. Lewis' church in England forty years ago. Mr. Lewis may remain in the city several weeks.

CHURCH NOTES.

Bishop S. C. Edsall will make his annual visitation at Holy Trinity church, Sunday morning, and will administer the sacramental rite of confirmation.

At the Hennepin Avenue Methodist church, Sunday morning, the offertory will be Buck's "Crossing the Bar." In the evening Rev. Dr. S. D. Hutsinpiller will make local application of "Some Saving Thoughts for a Wide-Open Wicked City."

The Gideons will have charge of the services at the Forest Heights Methodist church, 2022 James avenue N, Sunday, at 7:30 p. m. Take Twentieth and Hennepin car to James avenue N. The meeting at the Volunteer hall, Saturday evening will be in charge of the Gideons.

Professor Maria L. Sanford of the university will address the Sunday school of the Lyndale Congregational church Sunday, at 12 o'clock. Her subject will be, "Temperance in Some of Its Broader Aspects." Those who heard her splendid address on "The Apostle Paul," about a year ago, will not willingly miss this service.

Rev. E. W. Shurtleff will lecture in the First Congregational church, Sunday evening, on the theme "John Greenleaf Whittier, the Lyrist of Faith." The lecture will contain some personal recollections of the poet, and will emphasize the dominant element of his religious lyrics and his life. This will be second in the course on "Great American Poets as Spiritual Lyrists."

Rev. W. B. Riley deferred the preaching of his seventh anniversary sermon as pastor of the First Baptist church last Sunday on account of special meetings. His subject Sunday morning will be "The Sabbatic Year and the Year of Jubilee," in keeping with the fact that he has just finished his seventh year as pastor, and the church, but a while ago, saw its fiftieth anniversary.

The Swedish Lutheran Pastors' association of the twin cities holds its monthly meeting Monday morning at the home of Dr. P. Sjoblom, 2221 Portland avenue, Minneapolis. Dr. L. A. Johnston of St. Paul will read a paper on: "What Consideration Should the Pastor, in the Care of Souls, Give to the Different and Distinct Tendencies of Faith and Spiritual Life that Have Made Themselves Felt Within the Swedish Lutheran Church."

G. L. Morrill will speak at the People's church, Sunday, at 11 a. m., a prelude on "King Solomon" and a sermon entitled "Clairvoyance." D. L. Cubberly will sing "The Land of My Dreams," by Trevelyan. The Danz orchestra will play "Gavotte," by Morse, "Let All Obey," by Leach, with a cornet solo by A. B. Morgan, and "Morceau de Salon," by Ellenberg. Theatrical people and the downtown, nonchurch-going public are especially invited.

The St. Paul mission district of the Swedish Lutheran Minnesota conference holds its next meeting in Anoka, March 15-16. Tuesday evening Revs. C. A. Olander and P. A. Mattson of Minneapolis will speak. Wednesday at 10 a. m. the business meeting will be held. In the afternoon a general discussion on the fifth article of the Augsburg confession will be led by Rev. J. G. Hulkans of Minneapolis, and in the evening special missionary addresses will be made by Dr. J. Tillun, Dr. C. J. Pitman, Rev. J. O. Stone of Minneapolis.

An important and helpful series of Sunday morning addresses will be begun to-morrow in Calvary Baptist church by the pastor, Rev. Dr. Fowler. These addresses are studies of the letters to the seven churches of Asia, and the application of their teaching to the problems of modern life. The series is as follows: March 6, "Leaving the First Love"; March 13, "Poor, Yet Rich"; March 20, "Tolerating Evil on the Inside"; March 27, "The Call to Separation"; April 3, "Professing to Be Alive, but Dead"; April 10, "The Open Door"; April 17, "A Christian with Christ Outside."

At the Wesley Methodist church Sunday morning a special musical program will be given: Prelude, "Prayer," by Dubois; anthem, "Fear Not Ye," Spicker; offertory, "Abide With Me," Liddle, by Miss Marston; anthem, "O Thou to Whom," Morrison; processional, Gounod. Holy communion will be administered by the pastor, Rev. Dr. Montgomery. In the evening at the usual hour, Dr. Montgomery will preach on the subject, "The Thing That Always Comes Home." Miss Runge, Miss Marston and Mr. Davies will sing a trio from "The Vision of St. John"; the offertory will be "Prayer," by Chadwick. Cars at 9:10.

A special musical praise service will take the place of the usual order of worship at Westminster church Sunday evening. H. S. Woodruff, the organist and musical director, has made an especial effort to prepare a program of merit. The following numbers will be given: Organ, "Jubilate," Faulkes; anthem, "Awake, Awake," Stainer; tenor solo, O. T. Morris, "The Sorrows of Death," Mendelssohn; anthem, "They Shall Not Hunger or Thirst," Woodman; alto solo, Mrs. W. N. Porteous, "And He That Sat Upon the Throne," Coombs; soprano solo, Miss Clara Williams, "Jerusalem, Thou That Killest the Prophets," Mendelssohn; anthem, "Hark, Hark, My Soul," Chadwick; bass solo, Addison Madeira, "The Publican," Van De Water.

CHURCH SERVICES TO-MORROW

CONGREGATIONAL.

Lowry Hill—Rev. Henry Holmes; morning, "On Time"; evening, C. E. service at 6:30. Jones-Harrison Home services at 4 p. m. will be in charge of this church.

Fifth Avenue—Rev. James E. Smith; morning, "The Culture of Faith"; evening, "The Shut or Open Door."

Park Avenue—Rev. G. S. Rollins; morning, "The Test of Character"; evening, "The War in the East and Other Wars," second in a series of fifteen-minute sermons. A one-hour service.

Bethany—Rev. M. B. Morris; morning, communion service and reception of new members, conducted by pastor; evening, Rev. Walter V. Haight will preach.

Pilgrim—Morning, Rev. James A. Solandt of Lead, S. D.; evening, Rev. F. A. Sumner, "Some Reasons Why We Are Not Ashamed of the Gospel of Jesus Christ."

Open Door—Rev. W. A. Gerrie; morning, "Christian Diligence"; evening, "The Parable of the Virgins."

Fremont Avenue—Rev. C. A. Hilton; morning, "Environment"; evening, "A More Convenient Season."

Thirty-eighth Street—Rev. William A. Wilkinson; morning, communion and reception of members; evening, "The Old and New Store."

Vine—Rev. John S. Rood; morning, "Christian Brotherhood"; evening, "Boys and Girls—Their Recreations."

Linden Hills—Rev. Charles H. Maxwell; morning, "When the Nations Shall Be Judged"; evening, "The Old Woman—Ann," fourth in the evening series on Bible women. Christian Endeavor at 6:15, led by Miss Stanley.

Como Avenue—Rev. J. M. Hulbert; morning, "St. Paul the Debtor"; evening, "A Hero of Cathay."

Lyndale—Rev. C. E. Burton; morning, "The Works of Jesus as Christian Evidence," third in series; evening, Rev. W. A. Snow, in exchange with the pastor.

Plymouth—Rev. L. H. Hallock; morning, "Providential History"; evening, Brigadier W. F. Jenkins, "Spiritual and Social Work of the Salvation Army."

Oak Park—Morning, Rev. H. B. Beard; evening, Rev. C. E. Burton of Lyndale church in exchange with the pastor.

First—Rev. E. W. Shurtleff; morning, "The New Birth in Hope"; evening, "Whittier, the Lyrist of Faith," second in course, "Great American Poets as Spiritual Lyrists."

METHODIST.

Wesley—Rev. James S. Montgomery; morning, holy communion; evening, "The Thing that Always Comes Home"; special music; cars at 9:10.

North—Rev. W. A. Shannon; morning, "Why Should We Pray?"; evening, "A Gospel Invitation."

Simpson—Rev. W. H. Rider; morning, "A Blessed Extravagance"; evening, "A Profound Question Answered."

Western Avenue—Rev. Frederick Watson Hart; morning, administration of the Lord's supper and reception of members; evening, "God's Message to Ahaz," the second in the series on "Isaiah."

First—Rev. C. W. Parsons, D. D.; evening, Rev. Dr. Fielder.

Hennepin Avenue—Rev. S. D. Hutsinpiller; morning, "Some Heavenly Visions"; evening, "Some Saving Thoughts for a Wide Open, Wicked City."

Bloomington Avenue—Rev. Rupert Swinnerton; morning, "The Upward Look"; evening, first in a series of illustrated lectures on "In His Steps."

Broadway—Rev. T. N. Swinnerton; morning, "The Witness of the Spirit"; evening, "The Highest Inspiration to a Higher Life."

Prospect Park—Rev. C. M. Heard; morning, Rev. Wm. Fielder; evening, no service; quarterly conference Monday evening.

Foss—Rev. J. W. Heard; morning, "The Imminence of God"; evening, "The Gracious Host and the Preoccupied Guests."

Fowler—Rev. P. A. Cool; morning, "The Modern Church as the Body of Christ"; evening, "Solomon's Fool."

Trinity—Rev. L. A. Willsey; morning, "Wide Open Gate"; evening, "Forgiveness."

Franklin Avenue—Rev. A. A. Graves; no Sunday service; Thursday prayer meeting at the home of T. C. Edwards, 2421 Ninth avenue S.

Midway Free—Rev. B. Y. Neal; morning, "Noah's Dove"; evening, evangelistic services.

BAPTIST.

Calvary—Rev. Arthur T. Fowler; morning, "Tolerating Evil on the Inside"; evening, "Launching Out Into the Deep."

Immanuel—C. J. Triggs; morning, "Pressing Forward"; evening, "The State Convention." The evening service will be conducted by the young people and will be of special interest. The program will consist of music and addresses by various speakers.

First—W. B. Riley; morning, "The Sabbatic Year and the Year of Jubilee"; evening, "Sand."

Berean Branch—William Francis; evening, "The Transfiguration of Jesus."

Bethesda—Rev. M. W. Withers, morning and evening.

Norwegian-Danish—Rev. O. J. Ole; morning, "Our Heavenly Citizenship"; evening, Rev. J. O. Gotaas, "A Blood Covenant."

Fourth—G. F. Holt; morning, "The Service That Love and Reason Demand"; evening, "Belief and Life."

Tabernacle—G. H. Gamble; morning, "Let Us Possess This Land for the Lord"; evening, "There is a Lad Here."

Central—Rev. W. W. Dawley, D. D.; morning, "Modern Samaritans"; evening, "Unbelief the Cause of Faintness."

Chicago Avenue—J. E. Conant; morning, "A Man and His Service for Men"; evening, "Is the Young Man Safe?" The services, both morning and evening, will be of special interest to men. All men will be especially welcome.

Trinity—Craig S. Thoms; morning, "Crises in the Life of Christ"; evening, "How to Be Happy." Services in the hall of the Y. W. C. A.

Olivet—Rev. Frank H. Cooper; morning, "People That Do Not Hold Out"; evening, "Reason and Religion."

Free—Preaching morning and evening by Rev. H. M. Ford, D. D., field secretary of the denomination. Saturday evening W. M. S. meeting with address by Dr. Ford.

PRESBYTERIAN.

Stewart Memorial—R. A. Van der Las; morning, "A Glorious Church"; evening, "The Young Man's Relation to the Past," third sermon in the series to young people.

Vanderburgh Memorial—Rev. W. O. Wallace; morning, "Christian Stewardship"; evening, "Finding One's Company." Sunday school, 12 m. Junior and senior C. E. meetings at 6:30 p. m. Visitors welcome at any or all services.

Bethany—In the morning the pastor, Rev. T. J. McCrossen, will preach, and in the evening, Rev. Dr. McKay of Grace Presbyterian church.

Riverside Chapel (Twentieth Avenue S and Two-and-Half street)—Rev. W. S. Ward; morning, "The Willing Mind"; evening, "Giving to the Lord." Sunday school at 3 p. m. Visitors welcome.

Westminster—Rev. John Edward Bushnell, D. D.; morning, "The Privilege of the Strong"; evening, special service of song.

First—Rev. A. B. Marshall, D. D.; morning, "Jesus Nearing the Altar"; evening, "The Young Man Seeing Life." Illustrated in song.

Grace—Rev. Donald D. McKay; morning, "Man's True Life"; evening, Rev. T. J. McCrossan of Bethany church, exchanges with the pastor. Christian Endeavor at 6:45 p. m.

Hope Chapel—Rev. Neil A. Gilchrist; evening, "A Christian Duty."

ENGLISH LUTHERAN.

St. Mark's—Rev. John Keehley; morning, "Christ Feeding the Five Thousand"; evening, "God's Grace and Man's Responsibilities"; evening service conducted by Rev. A. Ramsey of St. John's Lutheran church.

LUTHERAN.

Augustana—Rev. C. J. Petri; morning, "The Poverty of Christ Becomes Our Wealth"; evening, "Art Thou Ashamed of Jesus?" the evening service will be conducted in English; special Lenten service and prayer meeting at 4 o'clock p. m.

Salem English—Rev. George H. Trabert, D. D.; morning, "Seeking the Less and Losing the Greater"; evening, "God's Grace and Man's Responsibilities"; Rev. F. S. Beistel of St. Paul will preach at the evening service.

Trinity German—Rev. Frederick Sievers; morning, "Redemption Thru Christ, Accepted by God"; English evening services, 7:30, Rev. Henry Hascrodt.

St. John's—Alfred Ramsey; morning, "Seeking the Less and Losing the Greater"; evening, "God's Grace and Man's Responsibilities," by Rev. John Keehley.

CHRISTIAN SCIENCE.

Fourth (Second avenue S and Fourteenth street)—Morning, 10:45, "Matter."

First (Fifteenth street between Park and Portland)—Morning, "Matter"; evening, "Matter."

Second (Corner Second avenue S and Eleventh street)—Morning, "Matter."

Third (6 W Lake street)—Morning, "Matter."

UNIVERSALIST.

Tuttle—A. R. Tillinghast; morning sermon by B. Dean Ellenwood of the Church of the Redeemer; evening, good citizenship meeting. Address by Rev. C. H. Crawford of the Antisaloon league.

All Souls—A. N. Alcott; morning, "The Autobiography of Duty."

Church of the Redeemer—Rev. Marion D. Shutter; morning, preaching by pastor; evening, second number of series on "Religion of the Poets"; "Henry W. Longfellow, the Divine Providence."

EPISCOPAL.

St. Marks Procathedral — Holy communion, 7:30; morning service and sermon by Rev. C. Edgar Haupt, 10:30; evensong and sermon by Rev. G. Heathcote Hills, 7:45.

All Saints Church (2619 Clinton avenue)—8 a. m., holy communion; 10:30, morning prayer and sermon; 12 m., parish school; 7:30 p. m., evening prayer and sermon, Rev. George H. Thomas. During Lent, services and address daily, 4:45 p. m.

Christ Church (corner Lake street and Findley place)—Andrew D. Stowe; morning prayer and sermon, 10:30; evening prayer and sermon, 7:30. Lenten services, Wednesday, 4 p. m.; Friday, 7:30 p. m., Confirmation, Sunday, March 20, 3:30 p. m.

Grace Church (corner Twenty-fourth street and Sixteenth avenue S)—Andrew D. Stowe; service, holy communion and baptism, 10:30 a. m.; evening service and sermon, 7:30. Lenten services, Wednesday, 7:30 p. m.; Friday, 4 p. m. Confirmation, Sunday, March 27, 4 p. m.

Holy Trinity—Sermon and confirmation by Bishop Edsall; evening sermon by the rector.

St. Pauls (corner Bryant and Franklin avenues)—Rev. W. C. Pope, St. Paul; 8 a. m. holy communion; evening, Rev. E. James Purdy, Minneapolis, 7:30.

Grand Avenue Church of Christ—C. B. Osgood; morning, "God's Loving Hindrances"; evening, "A Gentile's Faith."

Portland Avenue Church of Christ—Richard W. Abberley; morning, "The Meaning of Lent; Is It Scriptural?"; evening, "The Life and Labors of St. Patrick of Ireland; Was He a Roman Missionary?"

ADVENT CHRISTIAN.

Fremont Avenue—Rev. B. Forester; morning, "Bringing Men to Christ." Tuesday evening, March 13, special evangelistic services will begin. The pastor will be aided by Evangelist G. E. Coopider of Aurora, Ill. An earnest invitation is extended to everybody.

UNITARIAN.

First—Rev. H. M. Simmons; morning, "The Book of Jonah as a Prophecy of Jesus." No evening service.

Nazareth—Rev. Amandus Norman; morning, "Life's Present Tense."

MISCELLANEOUS.

Progressive Spiritualists (K. P. hall, Masonic Temple)—Evening, address and spirit greetings by Mrs. Whitwell and Mrs. Sauer of St. Paul.

Spiritualist Band of Peace Society (229 Central avenue)—Evening, Mrs. Lowell, "What Will Be the Password Thru the Gates of Paradise?"

United Brethren (Maple Hill)—Rev. S. E. Shull; morning, communion service by Rev. Mr. Wolcott of Des Moines, Iowa; evening, sermon by Rev. Mr. Wolcott.

The People's New Thought Church (Richmond hall, No. 3)—Dr. William C. Gibbons; morning, "Man's Place in the World."

North Side Spiritual Society (I. O. O. F. hall, 406 Twentieth avenue N)—Evening, "Mediumship," by Professor Zeno.

Yggdrasil Theosophical Society (408 Cedar avenue)—4 p. m., "Is There a Root Matter?" in the Scandinavian language.

Nazarene Mission (214 Nicollet avenue)—J. A. Dooley and wife; 3 p. m., holiness meeting; 7:30 p. m., preaching.

"STRONGEST IN THE WORLD."

THE EQUITABLE LIFE ASSURANCE SOCIETY

OF THE UNITED STATES.

—HENRY B. HYDE, Founder.—

Outstanding Assurance, Dec. 31st, 1903	$1,409,918,742.00
New Assurance Issued in 1903	322,047,968.00
Income in 1903	73,718,350.93
Assets December 31, 1903	381,226,035.53
Assurance Fund and all other Liabilities	307,871,897.50
Surplus	73,354,138.03
Paid Policyholders in 1903	34,949,672.27

JAMES W. ALEXANDER, President. | JAMES H. HYDE, Vice President

Men of integrity and ability can secure liberal renewal contracts by applying to

WILKES & COVEY, Managers,

404 GUARANTY LOAN BLDG., MINNEAPOLIS. | 202 PIONEER PRESS BUILDING, ST. PAUL.

See Stockwell soon—That life insurance—The Penn Mutual, Andrus bldg.

Excursions, Northern Pacific Ry.

"Homeseekers'"—Round trip. On sale March 15, April 5 and 19 to points in Minnesota, west of Little Falls and Aitken, all points in North Dakota, Montana and Idaho, also points in Eastern and Central Washington. One fare, plus $2.00, for the round trip.

"Settlers'"—One way. On sale every Tuesday in March and April to nearly all points in Minnesota, North Dakota, Manitoba and Ontario.

"Colonist'"—One way. On sale daily during March and April to points in Montana, Idaho, Washington, British Columbia, Oregon and California.

Call at Northern Pacific City Ticket Office, No. 19 Nicollet House Block, for full particulars.

Homeseekers.

Round trip tickets on sale via Minneapolis & St. Louis to points west, south and southeast at one fare plus $2; first and third Tuesdays of each month. Return limit twenty-one days. Stop overs permitted. Call on or write J. G. Rickel, City Ticket Agent, No. 1 Washington Ave. So.

Wyvell & Harrington have the best real estate for sale. Ask them about new houses North.

Fish.

MATERIALS:—Fresh fish has little odor, bright eyes, red gills, firm flesh. When cooked the flesh readily separates from the bones.

Lea & Perrins' Sauce

THE ORIGINAL WORCESTERSHIRE

Seasoning:—White fish have dry flesh, dark fleshed fish are rich in oil, but it is the sauce that makes the fish. Add to all fish sauces several spoonfuls of Lea & Perrins' Sauce and the desired effect is instantly obtained.

JOHN DUNCAN'S SONS, Agents, NEW YORK.

$1,000 paid in June

To those who will use a little patience and skill in

Spelling Egg-O-See

These cash prizes will be distributed among those who send in their lists as follows:

To the one sending the greatest variety of spellings	$100.00
To the second sending the greatest variety of spellings	75.00
To the third sending the greatest variety of spellings	50.00
To the fourth sending the greatest variety of spellings	25.00
To the fifth sending the greatest variety of spellings	10.00
To the 740 sending the next greatest variety of spellings $1.00	740.00
Total	$1000.00

The prizes will be awarded immediately after the close of the contest.

The competition is open to all. It is only necessary to spell the word so it could properly be pronounced Egg-O-See, and to send it to the Egg-O-See Co., Quincy, Ill., on or before June 15, 1904. The only other condition being that for each five ways of spelling you must send in one of the little folders, (same as used in the school children's contest) found inside of each package of the food. Be sure to write your name and address plainly. Save the folders as you will need one of them for each five different ways of spelling "Egg-O-See."

Some of the ways you can spell Egg-O-See are as follows: Eg-O-Sea, Eg-O-Cy, Egg-O-Ce, Egg-O-Cie. Save the folders and get your friends to help you and it will be easy to get one of the prizes.

We have paid many thousand dollars to the school children of America to familiarize all with the merits of the incomparable food, Egg-O-See, and we are offering these spelling prizes for the same purpose.

EGG-O-SEE

Flaked wheat is now recognized as the most healthful, nutritious and delicious of all foods. It only remains for you to select the best. Grocers report now that they are selling practically nothing but Egg-O-See, because it is far and away the best and a large package retails for 10 cents.

ASK YOUR GROCER FOR THE GREEN PACKAGE.

If your grocer does not keep it, send us his name and 10 cents and we will send you a package, prepaid.

Address all communications to Egg-O-See, Quincy, Ill.

Canadian Pacific Ry. Co
New Atlantic Service to Europe

LARGE TWINSCREW STEAMSHIPS "STEADY AS A ROCK."

Excellent Table. Up-to-date Equipments. First Saloon $50 and upwards. Second Saloon $37.50. Third Class (closed cabins), $25, to Liverpool.

Lowest through rates to Scandinavia, Germany, Holland, France, etc.

C. F. WENHAM, GENERAL AGENT, 15 South Third St., Minneapolis, Minn.

"NORTH COAST LIMITED" — NORTHERN PACIFIC

	Leave	Arrive
Electric Lighted—Observation Cars to Portland, Ore., via Butte, Spokane, Seattle, Tacoma	*10:45 am	*1:50 pm
Pacific Express. Fargo, Helena, Butte, Spokane, Seattle, Tacoma, Portland	*10:45 pm	*7:05 am
Fargo and Leech Lake Local. St. Cloud, Little Falls, Brainerd, Walker, Bemidji, Fargo	† 9:10 am	†5:20 pm
Dakota and Manitoba Express. Fergus Falls, Wahpeton, Moorhead, Fargo, (Jamestown Daily Ex. Saturday), Crookston, Grand Forks, Grafton, Winnipeg	* 8:35 pm	* 6:50 am

"Duluth Short Line" TRAINS TO DULUTH AND SUPERIOR — † 8:15 A, * 2:00 P, *10:30 P — *7:00 A, †3:30 P, *7:00 P

*Daily. †Ex. Sunday.
NOTE.—All trains use the Union Station, St. Paul, and Union Station in Minneapolis.

TICKET OFFICE 19 NICOLLET BLOCK. Phones N.W. 1124. T.C. 124.

NORTH-WESTERN LINE — C. St. P. M. & O. Ry.

Ticket Office, 600 Nicollet. Phone, 240, Main.

*Ex. Sunday. Others Daily.	Leave.	Arrive.
Chicago, Milw'kee, Madison.	7:50 am	10:20 pm
Chicago—Fast Mail	6:00 pm	10:00 am
North-Western Limt'd	8:00 pm	7:55 am
Chicago, Milw'kee, Madison.		
Chicago—Atlantic Express	10:20 pm	5:20 pm
Duluth, Superior, Ashland	*7:35 am	*5:00 pm
Twilight Limited	4:00 pm	9:35 pm
Duluth, Superior, Ashland		
Elmore, Algona, Des Moines	*7:10 am	*8:10 pm
Elmore, Algona, Des Moines	7:30 pm	8:30 am
New Ulm, Tracy, Watertown	9:05 am	8:10 pm
Sioux City, Omaha, Blk Hills	*7:10 am	8:10 am
Su City, Omaha, Kan. Cy.	9:05 am	8:10 pm
Watertown, Huron, Redfield	8:30 pm	8:30 am
Worthington, Mitchell, Su F.	8:30 pm	8:30 am
Omaha Limited	7:30 pm	8:10 am
Sioux City, Omaha, Colorado		
Su City, Omaha, Kan. Cy.	8:30 pm	8:10 m

THE GREAT NORTHERN

UNION STATION.

Office, 300 Nic. Av. Phones—Main 860.—T. C. 1763

Leave	*Daily. †Ex. Sunday.	Arrive
† 9:00am	St. Cloud, Fergus Falls, Fargo	† 4:55pm
† 10:00am	Willmar, Su. Falls, Su. City; Watertown, Brown's Valley, Aberdeen, Fargo.	† 5:40pm
*11:01am	FLYER TO PACIFIC COAST	*10:10pm
† 5:10pm	Wayzata and Hutchinson	† 8:55am
*8:32pm	PUGET SOUND EXPRESS.	* 2:15pm
*8:20pm	WINNIPEG FAST EXPRESS	* 7:35am
* 8:25pm	Willmar, Fargo, Grand Forks, Winnipeg, Sioux Falls, Yankton, Sioux City.	† 7:35am
	TO DULUTH	
*9:30am	Gopher State Express	*7:59pm
†