

MRS. ROBERT LOGAN

1127 BRYANT AVE. NORTH

CURED BY PROF. RUSSELL

A MOST WONDERFUL AND SENSATIONAL CURE

"Manual Manipulation and Magnetic Vibration—the two harnessed forces in nature that reach every malady—even untold cripples and deformities—righting all wrongs as by magic—a complete and easy mastery over drugs, medicines and the knife."

There is something in it. That is sure. Or such wonderful and sensational cures could not be made. People know when they are cured. And people know when they are "faked"—"fitted"—"hammed"—by "hot air" promises. If you were to go to Professor Russell's offices and ask to look at his scrapbook of press notices, printed in slips cut from the papers, and not one of two papers, but dozens of them in as many different states: articles by the hundreds recounting the cures that this wonderful man has wrought, of almost every known malady, including cripples and deformities, it would start you to thinking, too, as it has thousands of others before you, and you would find yourself inquiring

But listen. Let us come nearer home. A MINNEAPOLIS CURE. Mrs. Logan, 1127 Bryant Avenue North, can best tell of her own trouble. "For eleven years my life was an endless 'torment'. It seemed as though everything was 'the matter' with me. My stomach troubled me most with fits of vomiting. Constipated for seventeen days at a time. My nerves were 'shattered', and for eight of those eleven years, 'with all the rest of my troubles, there was 'no sleep for me. Not more than one hour 'of each night. Had no appetite, and what I 'did force into my stomach gave me such distress. 'Drowsed? Yes, I drowsed with the 'very best for eleven years, and while I got 'relieved at times, it came through morphine. 'Took morphine until my whole system rebelled 'at it. Then I began to defer hope. I was 'a physical wreck, and as I laid awake the 'long hours of the night, right in and night 'out, for eight long years, I thought that surely 'I would lose my mind. Prof. Russell was 'recommended to me, and I went to see him. 'He gave me a few treatments and I com- 'menced to feel better with the first one. My 'appetite improved, bowels moved regularly, 'slept like a child, could eat anything, nerves 'roused up, and daily gaining in strength, no 'trouble with my stomach at all, and I feel 'like myself again. No more electricity. His 'coming to Minneapolis has been a blessing to 'me. His power to heal is certainly wonder- 'ful, and I cheerfully recommend him to any 'and all who may be afflicted in any way.' Do you think that Mrs. Logan is mistaken as to the condition she was in before going to

see Prof. Russell—a life of torture for a period of eleven years? Do you think she is mistaken as to how she feels now? Do you doubt that Prof. Russell cured her? Her residence number is here given. Go and see her, or write her, as you like. There is something in these potent forces. The 'Big City' (Chicago) 'Courier', speaking of Prof. Russell's power in

WHENCE COMES THIS MIGHTY POWER?
Then if you should go to one of his public demonstrations, the hall crowded to the doors, and see the ailing, sick, diseased, afflicted, crippled and deformed press and elbow each other to get upon the platform, and this mysterious man start his potent power and the blind see, the deaf hear, the sick healed, the diseased made whole, the lame, halt and crippled walk, run and leap for joy and all rise and tell what he did for them, then you would be pretty well satisfied that there was something in it.

CRUTCHES AND CANES.
Then when this great concourse of people were leaving the hall you saw men carrying their crutches and canes on their shoulders, and women and children with theirs under their arms, you would begin to get serious yourself.

CURING CRIPPLES.
recites a case in that city, as follows: "Among the marvelous and almost miraculous 'cures the writer noted the following: Mr. 'John Bissonette, residing 115 Atlantic street, 'criticized for seventeen months. On Sunday 'afternoon Prof. Russell treated him, and on 'Monday he was cured and walked home with 'them over his shoulder. This was a wonderful 'and sensational cure.' 'Hundreds of similar testimonials given Prof. 'Russell, have been printed. He especially de- 'scribes all cripples seeking a cure to call on him, 'write him, as he makes no charge for telling 'them the plain truth, while many have paid 'dearly for falsehood and received 'hot air' 'promises only for their hard earned money.'

NERVOUS & CHRONIC DISEASES.
Rheumatism, and its result; nervous prostra- 'tion; stomach trouble; kidney trouble; heart 'trouble; lack of proper circulation; insomnia; 'neuritis; growths; malformations; irregular bones; 'cripples and deformities. No matter what your 'trouble may be consult Prof. Russell in person 'or write him. His office is located in Minne- 'apolis, where he is permanently located. Office hours '10 a. m. to 5:30 p. m. No medicine or drugs 'given. No electricity used or setting done. 'Manual manipulation and magnetic vibration.

MINN NAVIGATION REPORT PRINTED

GEN. MACKENZIE CONDEMNNS RED LAKE PROJECT.

River and Harbor Act Only Provides for Improving Navigation—Proposed Works Would Hardly Protect Red River Valley from Floods—Commerce Would Not Justify Expense.

From The Journal Bureau, Colorado Building, Washington, March 19.—General Mackenzie's report on surveys of various rivers and lakes in Minnesota, with a view to improving navigation in the Minnesota river and Red River of the North, which was referred to briefly in these dispatches several weeks ago, has been printed for the information and use of congress.

General Mackenzie quotes from the river and harbor act of June 13, 1902, which authorized the following work: 'Otter Tail lake and Otter Tail river, Minnesota: Continuing survey with a view to the construction of a dam at the outlet of said lake; for the purpose of improving the navigation on the Red River of the North, Minnesota.

Red Lake and Red Lake river, Minnesota: Continuing survey with a view to the construction of a dam with locks at the outlet of said lake; for the purpose of improving the navigation of the Red River of the North and the said Red Lake river, Minnesota.

Big Stone lake and Lake Traverse, Minnesota and South Dakota: Continuing survey with a view to constructing reservoirs therein for the improvement of the navigation of the Minnesota river.

Major Hoxie, then in charge of engineering work in Minnesota, made the surveys and submitted a report without any recommendation as to the advisability of the contemplated improvements.

Cost of Work.
He did, however, submit estimates of the cost, as follows: For Red lake and Red Lake river, \$270,456.50. For Otter Tail lake and Otter Tail river, \$58,095. For Big Stone lake and Lake Traverse, three alternative estimates of \$357,957, \$435,266 and \$1,176,972.

Major Hoxie's report was received by a board of engineers, who advised against all the projects contemplated except as to Red Lake river, where the construction of a dam was recommended in the interest of economical administration.

General Mackenzie's conclusions are as follows: 'I concur in the opinion expressed by the 'division engineers and by the board of en- 'gineers for rivers and harbors that the 'construction of a dam at the outlet of 'Otter Tail lake, for the purpose of im- 'proving the navigation of the Red River 'of the North, and the construction of reser- 'voirs on Big Stone lake and Lake Traverse 'for the improvement of the navigation of 'the Minnesota river are works which it 'is not desirable for the United States to 'undertake.

I am constrained to dissent from the 'conclusion regarding the proposed works 'at the outlet of Red lake. 'The necessity of dredging to maintain 'the present navigable depth in the Red 'River of the North arises, at least in part, 'from causes which would continue to 'operate even with the low-water surface 'raised, as proposed, by the discharge 'of flood water impounded in Red lake. I do 'not think it probable that the cost of the 'work proposed, which in itself is 'costly, would do away entirely with the 'annual dredging charge; and further, the 'type of lock which can be built for the 'sum named by the district officer cannot 'be of a permanent character, nor is it 'probable that any of the works forming 'part of the plan can be executed that they 'will not require an annual charge for 'operation, and a recurring expenditure for 'care, repair and renewal.

Red River Commerce.
The commerce on Red river was 20,086 tons in 1902, and that on Red Lake river, exclusive of logs, which can be run without increased depth, was 500 tons. At present the improvements carried on in Red Lake river cost, say, \$10,000 per annum. If this annual charge could be saved, it might be proper to expend the total sum of \$270,456.50, as estimated by the local officer, in the effort to assist the small navigation now exist- 'ing; but I do not believe that it would be 'saved, and fear that, on the contrary, it 'would be increased. Disregarding the 'saving of the annual charge, the com- 'merce itself does not appear to me to 'warrant the expenditure of so large a 'sum as that named.

For the reasons stated, I do not believe 'that the United States should construct 'a dam and locks at the outlet of Red lake, 'for the purpose of improving the naviga- 'tion of the Red River of the North and of 'Red Lake river.

The matter of protecting the Red river 'valley from floods is not touched upon by 'the law calling for these examinations 'and surveys, the object of the investiga- 'tion ordered being simply the improvement 'of navigation. The district officer's report 'shows, however, that even were the works 'would cut off so small a portion of the 'Red river drainage basin as to have prac- 'tically no effect upon the flood height.

—W. W. Jermans.

NEW PATENTS.
Washington, March 19.—(Special)—The following patents were issued this week to Minnesota and Dakota inven- 'tors, as reported by Williamson & 'Merchant, patent attorneys, 925-933 'Garanty Loan building, Minneapolis, 'Minn.: Madison Cooper, Minneapolis, 'cold-storage apparatus; John Henry, 'Grand Forks, N. D., pneumatic 'stacker; Joseph Johannack, Wabasso, 'Minn., gun; Sanford Ponoy, Byron, 'Minn., cistern top; Frank J. Prochaska, 'Park River, N. D., ventilator; Henry A. Swenson, St. Paul, Minn., 'drafting implement; F. W. Temple, 'Canova, S. D., tension device; Max 'Toitz, St. Paul, Minn., passenger car 'brake.

Hot Springs and Return.
For 47.50. Limit three months; via (St. Louis Short Line) Minneapolis & St. Louis R. R. Take the famous 'North Star Limited, leaving 7:45 p. m. thru Pullman Buffet Sleepers and free Reclining chair cars to St. Louis daily. Trains stop at main entrance World's Fair Grounds. Call on or write J. G. Rickel, City Ticket Agent, No. 1 Washington Ave. S.

To California
Tickets on sale during March and April by the Minneapolis & St. Louis Railroad, which operates two through tourist cars each week. Double berth, \$6.75. This is your opportunity. J. G. Rickel, City Ticket Agent, No. 1 Nicollet House, Minneap- 'olis.

Women with pale, colorless faces, who feel weak and discouraged, will receive both mental and bodily vigor by using Carter's Iron Pills, which are made for the blood, nerves and complexion.

LA GRIPPE

Spring Colds--Neuralgia--Rheumatism--Chills and Fevers

VANQUISHED

From Every State--From City, and Town, and Farm--The Homes of the Nation Are Sending Their Thanks and Praise for the Celebrated Nerve Vitalizer and Tonic.

Paine's Celery Compound

ANNA BALLOU SUFFERED WITH Grip, Nervousness, Pneumonia, Blood Trouble.

The doctor told her she might never walk again. To-day she is well and strong. Paine's Celery Compound cured the REAL cause of her sickness, fed strength to her nerves, purified her blood and drove out disease.

Paine's Celery Compound makes people well. It is the one Spring Remedy that purifies without weaken- 'ing. It feeds strength to the nerves and gives buoyant vitality and health to the whole system.

It stops the drain on the nervous system, expels harmful humors from the blood and increases its volume and its strength-giving qualities.

Her Letter:
Tunbridge, Vt., Dec. 11, 1903.—'I began taking Paine's Celery Compound in the spring after having spent a year and a half confined to my bed on account of having pneumonia and a bad knee, due to blood trouble. At the time I began taking your medicine I was very nervous and did not want to see any one—only my own folks.

'The doctors all said there was not anything else they could do for me, and also said they did not think that I would ever be any better, and if I was better I would never be able to walk again.

'A friend of mine was taking Paine's Celery Compound at the time and I thought I would try it. I took

one bottle of Paine's Celery Compound. It helped me to regain my strength.

'I can truly say your medicine has been of great benefit to me.—Anna C. Ballou.

Mrs. J. R. Bennett, widely known in Astoria, Long Island, suffered with malades resulting from the same cause. She had:

Grip, Neuralgia, Pains in the Back.

Paine's Celery Compound gave her health. It cured the REAL cause of her sickness. Is it any wonder that in her home, Paine's Celery Compound is the first resort in all sickness? Is it any wonder that she de- 'lights to recommend it to her friends, and watches with pleasure the benefit that they get from Paine's Celery Compound?

Her Letter:
Astoria, L. I., Dec. 4, 1903.—'For several years I have used Paine's Celery Compound, and it is held in high



MRS. J. R. BENNETT, ASTORIA, L. I. Grip Was Cured—Neuralgia and Pains in the Back Banished—Paine's Celery Compound Gave Her Strength—It is the One Spring Remedy in Her Home.

esteem in our household. I would not be without it, for certainly it has been of great benefit to me. I have not had an attack of neuralgia since I began using it.

'Have taken the Compound recently for pain in the back and grippe, with complete curative result. Have also recommended your valuable medicine to many of my friends and know positively that they have had good results.—Mrs. J. R. Bennett, 11 N. Henry st.

'The only Real Cure is that which cures the REAL CAUSE. Treating symptoms, pimples, eruptions, is mere waste of time. The Cause of nearly all disease and blood impurity and pain is in the INNER NERVES.

—Prof. Edward H. Phelps, M. D., LL.D., of Dartmouth University—Famous Discoverer of Paine's Celery Compound.

BE WELL THIS SPRING.



MISS ANNA BALLOU. Grip Was Cured—Blood Was Purified—Her Whole System Strengthened by Paine's Celery Compound.

several bottles before I saw much im- 'provement. But soon my nervousness left me. I again enjoyed seeing all who called at the house.

'I kept right on gaining until now I call myself VERY WELL AND HEALTHY.

'I had a light attack of the grippe and after getting up from that I took

AGING

Is a vitally important process in making the best Beer. Beer aged under three months is what is known as "green" beer—that is to say, the yeast has not had sufficient time to properly work on the other elements.

Hamm's Beer is aged from four to six months. We constantly carry in stock 100,000 barrels. If you want the oldest and best Beer on the market order

Visitors to the big brewery always welcome.

Free Wine

We want to send you FREE, costing you absolutely nothing, a trial bottle of "Drake's Palmetto Wine." You know that "way back in bible times" people took wine for the stomach's sake. But the modern grape wine is not good either for stomach, brain or pocket. "Drake's Palmetto Wine" is vastly different. It comes gushing from the palm-fruit of our own sunny South. It is a superb appetizer, tonic and nerve-bracer. It cleans and purifies the blood and thus feeds brain and brawn. It builds up athletes and nourishes thinkers.

Drake's Palmetto Wine

is also a natural medicine. It is a wonderful specific for constipation, flatulency and all dyspeptic troubles. It positively heals catarrh of nose, throat, stomach or bowels. It regulates perfectly the liver, kidneys and bladder. For women it is a true God-send. A tablespoon dose daily cures all these troubles. The wine has a rich, appetizing smack and plucks you up instantly.

We Prove All This by Sending You a Free Trial Bottle on Request.

DRAKE FORMULA COMPANY, Drake Bldg., Chicago, Ill.

READERS TAKE NOTICE—"Drake's Palmetto Wine" is 75 cents at drug stores for a large bottle—usual dollar size—but a trial bottle is sent to you free and prepaid if you write for it.

OFFER TO THE FEEBLE

Do You Want to Be Strong? Write Today.

Everybody Admires and Honors a Strong Man. Are You One?

I Will Pay \$1,000 Forfeit

For a case of Nervousness, Rheumatism, Lame Back, Lumbago, Sciatica, any case of Kidney Disease that has not gone as far as Bright's Disease, Indigestion, Constipation, or any ill health which I cannot cure with my new Improved Electric Belt, the marvel of the electricians, the most wonderful curative device that has ever been introduced. This belt is complete with electric attachment.

This Attachment carries the current direct and cures all feebleness, etc. It develops and expands all nerves. No disease can resist the powerful Electric current. It never fails to cure. It is free with Belts.

No person should be in ill health, no person should suffer the loss of that strength which renders life worth living. No person should allow himself to become less a person than nature intended him, when there is at hand a certain cure for his feebleness.

Most of the pains, most of the weakness of stomach, heart, brain and nerves, from which people suffer, are due to an early loss of nature's reserve power. You need not suffer for this. You can be restored. The very element which you have lost you can get back, and you may be happy as any person that lives.

Easy to Wear! Cures While You Sleep! Never Falls!

Cures Nervousness, Loss of Memory, Loss of Strength, Weak Back and Kidney Trouble, Rheumatic Pains in Back, Hips, Shoulders and Chest, Lumbago, Sciatica, Torpid Liver, Indigestion and Dyspepsia.

Minneapolis, Minn., (Stomach and Kidney Trouble.)
Courtney, N. D., March 12, 1904.

Dr. McLaughlin, Dear Sir: In justice to you and your electric remedies, must say, after being under your treatment for two months—only half the time you required me to wear your Electric Appliance—that after the first two or three days I could feel a great change for the better. My ailments were many, and some of them, as you stated, were very serious, as I was informed that I was in the first stages of Bright's Disease. I had been treated by a number of doctors and received very little if any benefit until I commenced with your treatment. Since then I can feel that I am very much better. The bloating sensation that I invariably experienced has almost entirely disappeared. The benefit that I have had for my kidneys and bladder is almost miraculous. I am gaining all the time and am perfectly satisfied. I will be sound and well before the four months time expires you said was required to make a permanent cure in my case.

Thanking you very sincerely for the great benefit I have received at your hands, I am
Yours very truly,
G. W. POSEY.

2002 James Ave., N.

Call and test it today! If you can't call send for my book--FREE

I know that no person remains an invalid because he wants to; I am sure you want to overcome every indication of loss of health that has shown itself on you. I don't think the person lives who would not like to feel as big and strong as a Sandow, and I know that if you have a reasonable foundation to build upon I can make you a bigger person than you ever hoped to be. I want you to know that, you who can't believe it, and I want you to have my book, in which I describe how I learned that strength was only electricity, and how I learned to restore it; also I want to tell you the names of some people who will tell you that when they came to me they were physical wrecks, and are now among the finest specimens of physical manhood.

I want you to read this book and learn the truth about my arguments. If you are not as vigorous as you would like to be, if you have rheumatic pains, weak kidneys, loss of vitality, nervous spells, varicocoe, or any ailment of that kind, it would assure you future happiness if you would look into this method of mine. Don't delay it. Your best days are slipping by. If you want this book, I send it closely sealed, free, if you send this ad. Call for free consultation.

FREE CONSULTATION.

Caution: Beware of medical concerns offering Electric Belts Free. This offer is only a Trick to foist a package of medicine upon you C. O. D. Write me for the explanation of the trick.

Office Hours: 8 a.m. to 5:30 p.m.
Sundays, 10 to 1.

DR. M. E. McLAUGHLIN, Tuesday, Thursday and Saturday, 8 p.m.
304 NICOLLET AVENUE, MINNEAPOLIS.

Headlights of the Cremo

You see them everywhere—the signal of enjoyment and satisfaction that shines brightly from the face of every Cremo Smoker—5c.

Largest Seller in the World.

The Band is the Smoker's Protection.