

REMARKABLE EXPERIMENTS AND STUDIES ON THE STOMACH.

How To Eat Properly

BY DR. VALENTINE.

Not long ago Horace Fletcher published a book called "The A. B. Z. of Our Own Nutrition," in which he advocated, "Do right the feeling of your body; Nature will do all the rest for you..."

TOURISTS WILL SEE THE KING

LARGE PARTY LEAVES THIS EVENING FOR SWEDEN.

Nils Nilson, General Representative of the Swedish Tourist Society, to Direct the Tour Which Will Occupy Two Months—Many Prominent Swedish-Americans Going.

The large party that Nils Nilson, general representative in America of the Swedish Tourist society, and northwestern agent for the Anchor Line, has organized for a tour thru Sweden to the "Land of the Midnight Sun," will leave Minneapolis at 8:30 this evening.

Dr. Roberts Bartholow, Professor in Jefferson Medical College of Philadelphia, a recognized authority on Materia Medica and Therapeutics says of Hydrastis (Golden Seal root): "Very useful as a stomachic tonic (stomach tonic) and in atonic dyspepsia. Cures gastric catarrh (catarrh of stomach) and headaches accompanying same. Constipation, dependent upon different deficient secretions, with hard and dry stools, may be overcome by the remedy. Chronic catarrh of the intestines, even if it has proceeded to ulceration, is remarkably benefited by Hydrastis. It may be given as a remedy for intermittent, chronic and malarial poisoning, and enlarged spleen of malarial origin. It diminishes mucous in catarrh of the bladder."

From "Organic Medicines," by Grover Coe, M. D., of New York, we extract the following: "Hydrastis (Golden Seal root) exerts an especial influence over mucous surfaces. Upon the liver it acts with equal certainty and efficacy. As a cholagogue (liver invigorator) it has no equal. In affections of the spleen and abdominal viscera generally, it is an efficient and reliable remedy. Also in serofula, glandular diseases generally, cutaneous eruptions, indigestion, debility, diarrhoea and dysentery, constipation, piles and all morbid and critical discharges."

The "Golden Medical Discovery" not only produces all the good effects to be obtained from the use of Golden Seal root, in all stomach, liver and bowel troubles, as in dyspepsia, biliousness, constipation, ulceration of stomach and bowels and kindred ailments, but the Golden Seal root used in its compounding is greatly enhanced in its curative action by the other ingredients mentioned above. Each of its ingredients has the endorsement of those medical writers and teachers most eminent in their profession.

A little book of extracts treating of all the several ingredients entering into Dr. Pierce's medicines, being extracts from standard medical works, of the different schools of practice, will be mailed free to any one asking by postal card or letter for the same, addressed to Doctor R. V. Pierce, Buffalo, N. Y., and giving the writer's full post-office address, plainly written.

In cases of chronic ailments, attended by marked, or persistent, constipation, Dr. Pierce's Pleasant Pellets should be taken conjointly with the use of the "Golden Medical Discovery," to regulate the bowels. They act in harmony with the "Discovery," and will be found to be a most valuable laxative, or, in fuller doses, a powerful cathartic.

Railroads GOULD IS READY TO CLAIM REWARD

IMMENSE STEEL TONNAGE GOES TO WABASH.

Bargain With Carnegie for Quarter of Freight of United States Steel Corporation Soon to Be Closed—Story of Fight Against Pennsylvania to Get into Pittsburgh.

Special to The Journal.

New York, May 30.—Within ten days Gould will be in a position to demand that the United States Steel corporation fulfil the contract made years ago between Andrew Carnegie and the Wabash railroad, under which the railroad was to receive one-fourth of the annual tonnage of the great steel mills, now handled exclusively by the Pennsylvania road and its controlled systems.

It was announced in Wall street yesterday that the link connecting the Wabash with the Carnegie mills will be completed by June 1. This means that the Goulds have triumphed in one of the bitterest wars in the history of the country. It means that the Wabash will receive at least 1,000,000 tons of freight from the mills of the steel corporation, which has announced its intention of carrying out the contract whenever the Wabash road is in position to accept the freight.

The great Pennsylvania system has lost its freight and the millions of dollars it has expended have been in vain. The Wabash has not only established its passenger terminals in Pittsburgh, but is gradually extending its lines to all the big steel plants in the Monongahela valley.

Story of a Fight. The Pennsylvania has fought every foot of this advance. The fight has not been without cost to the Goulds. Because of the Western Union telegraph company lost its entire telegraph business of the Pennsylvania system in Pennsylvania. The railroad chopped down the Pennsylvania stock was selling at 142. The new stock was offered at 120, and it seemed a rare bargain. Before the issue was ready for delivery, however, Pennsylvania began to decline; the strong banking houses allied with the company strove in vain to support it; a mysterious influence which they were unable to combat, steadily touched 123, within 3 points of the price at which the new stock was to be offered. Then it was that John D. Rockefeller sent word to A. J. Cassatt, president of the Pennsylvania, that his broker would put the stock at 113. This would have meant complete failure of the stock issue and Mr. Cassatt capitulated. A compromise was arranged and Rockefeller's brokers formed a syndicate to underwrite the stock issue.

NEW OFFICERS TAKE HOLD. San Francisco, Idaho & Montana Road Is Reorganized. Reorganization of the San Francisco, Idaho & Montana road has resulted from the election, just held at Boise, Idaho, of W. P. Mackay, former president, as president and C. H. Fleming, lately of Minneapolis, retires as vice president. The new officers are: President, Donald Grant of Fairbank; vice president, E. T. Prosser of Iowa; secretary, E. E. Springer, formerly of Sheldon, Iowa; general counsel, J. Hamilton Lewis of Chicago. W. E. Foran and G. T. Prosser, who have been in Minneapolis, were also slated for retirement. The road has thus passed from the promotion to the construction stage. Mr. Mason, a well-known railroad promoter, has handed over the reins to Donald Grant, the railroad builder.

NEW TRAINS, EQUIPMENT, SERVICE

Effective Sunday, June 3d, the Burlington Route will not only inaugurate a new daily night train, leaving Minneapolis at 9:50 p. m., arriving Chicago 11:15 a. m., but will also place in service two of the finest modern equipped limited day trains to be found anywhere—models of the car builder's art—with every comfort and convenience.

The Scenic Line for 300 miles along the majestic Mississippi. An everchanging picturesque panorama, cool, interesting and withal a trip to enjoy and remember.

The famous electric-lighted "Chicago Limited" will continue to leave Minneapolis 7:50 p. m., arriving Chicago 9:00 a. m.



TICKET OFFICE: Cor. Third and Nicollet Ave. J. F. McELROY, City Passenger Agent. V. D. JONES, City Ticket Agent. MINNEAPOLIS, MINN.

Natural Teeth. If you would like your teeth to look as though they were your own, come to us for your dental work. FULL SET (that fit) \$3 and \$5. GOLD CROWN (22k) \$3. BRIDGE WORK (per tooth) \$3. FILLINGS, at \$1.00 up to \$5.00 up.

ABSOLUTE SECURITY. Genuine CARTER'S LITTLE LIVER PILLS must bear Fac-simile Signature of Brewster. CARTER'S LITTLE LIVER PILLS. Absolutely CURE BILIOUSNESS, SICK HEADACHE, TORPID LIVER, FURRED TONGUE, INDIGESTION, CONSTIPATION, DIZZINESS, SALLOW SKIN.

RHEUMATISM. Troublesome Pains and Aches. While Rheumatism is usually worse in Winter because of the cold and dampness of a changing atmosphere, it is by no means a Winter disease entirely. Persons in whose blood the uric acid, which produces the disease, has collected, feel its troublesome pains and aches all the year round.

Prominent Persons Going. A few of the names on the list indicate the composition of the party: Professor Carlson of the state university; Rev. J. G. Hultkrantz, pastor of the Red Wing seminary; Dr. Edward A. Viokner, professor of the French and German languages at Gustavus Adolphus college; Professor Hagbard Brase, a pioneer in organ and musical theory in Bethel college, Lincoln, Neb.; Dr. Joseph Fogelberg, another member of the faculty of Bethel college; Rev. C. A. Bar, pastor of the Swedish Lutheran church at West, Minnesota; G. J. Melon, instructor in Spanish at the University of Minnesota; E. P. Tredson, a business man of Puyallup, Washington; and Rev. J. G. Hultkrantz, pastor of the Bethlehem Swedish Lutheran church; Rev. Emanuel O. Stone, pastor of St. Paul's Swedish Lutheran church; Rev. B. Howe, pastor of the First Swedish Methodist church; and Rev. Gustaf M. By of the Danish and Norwegian Baptist church, all of Minneapolis.

Mr. Nilson, who will direct the tour, has been at work for several months making ready for the journey. Arrangements with various railroad and steamship lines in America, Scotland and Sweden have required great care. Fortunately, Mr. Nilson has been assisted by the General Tourist society, and this has made possible unusual conveniences which will expedite the progress of the party and make the journey more pleasant. This is the first of a series of tours which Mr. Nilson is planning.

GANNON MUST BE TRIED FOR CARLSON ASSAULT. William Gannon is not insane now and he will have to stand trial on the indictment charging him with assault upon Adolph Carlson. This was Judge H. D. Dickinson's decision rendered yesterday after listening to evidence and a careful examination of the defendant, who has friends and attorneys say, should be sent to an insane hospital rather than to a jail. The court held that the man is now apparently sane, and altho the facts tend to show that he was laboring under some hallucination when he committed the crime, that this is a question of fact that a jury must decide.

Gannon is charged with striking with a sled and nearly killing Carlson in Bros Brothers' boiler shop last April. He is said to have had no reason for his act, while his friends claim that of a maniac.

The complaining witness was in court yesterday. He is bitterly scorned by the blow struck him between the eyes. He admits that his assailant must have been at least temporarily deranged at the time he dealt the cruel blow. Gannon was taken back to the county jail where he has been for several weeks, and will probably be kept there until the next term of court, unless the developments more marked signs of insanity, he will be brought to trial. He has once been committed to the asylum.

Famous for its nutritive, age and faultless flavor, Pickwick Eye and Sallow is pleasing the most particular people. One Fare for Round Trip Chicago to Buffalo, N. Y., and return, via Nickel Plate Road, June 9th, 10th and 11th, return June 25th, 26th, 27th. Tickets at Nickel Plate Office, Room 298, No. 113 Adams St., Chicago.

NATURAL LAXATIVE MINERAL WATER. Hunyadi Janos FOR CONSTIPATION.

Little Things That Count. WRITE US FREELY. and frankly, to strictest confidence, telling all your troubles, and stating your age. We will send you FREE ADVICE, in plain sealed envelope, and a valuable book on "Home Treatment for Women."

A Woman's Health depends so much upon her functions, that the least upset of them affects her whole system. It is the little things that count, in woman's life and health. The little pains, and other symptoms of womanly disorder, soon lead up to big things—serious pains, serious diseases. It is for just these ordinary, common, womanly troubles, that the use of a gentle, strengthening, female tonic, like

WINE OF CARDUI Woman's Relief. has been found so successful, in thousands of cases, in relieving and curing. "I had been troubled with female complaints for 12 months," writes Mrs. Bettie Arp, of Ballplay, Tenn., "and although I was under doctors' care for four months, they did but little good. I took one bottle of Wine of Cardui and one dollar's worth of Theodor's Black-Draught, and now I am better. I believe Cardui saved my life. We are poor people, but I shall always keep it in the house." It relieves woman's worst pains and regulates fitful functions. Try it.

Milwaukee Will Issue Notes. Special to The Journal. New York, May 30.—The Milwaukee railroad will finance its new Pacific coast extension by the issue of \$25,000,000 of two-and-a-half per cent notes according to high authority. The directors meet within a few days when it is expected they will take final action on the new financing.

Trainmasters Transferred. Special to The Journal. Chicago, May 30.—W. B. Heinrichs, trainmaster of the Wisconsin Valley division of the Milwaukee road, has been transferred as trainmaster to the north division. E. G. Atkins has been appointed as Mr. Heinrich's successor as trainmaster of the Wisconsin Valley division.

RAILROAD NOTES. The St. Paul union station has opened its baggage delivery rooms on East Third street. The St. Louis road announces a round trip ticket to Chicago at one fare plus 50 cents, on account of the session of the State Bar. Tickets will sell June 10 to 12, returning June 17.

Boston and Back. A variety of excursion rates to Boston, ranging from \$28.00 to \$37.50, according to route, are offered May 31 to June 9, by the Chicago, Milwaukee & St. Paul Railway. Return limit June 18, with extension privilege to July 15. Stopovers allowed at Detroit, Niagara Falls, Toronto, Montreal, Chautauqua Lake points, Washington, Baltimore, Philadelphia and New York. These tickets will be honored on the Fast Mail and the Pioneer Limited.

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