# Useful Hints | Woman and Home | Ethical Talks

## "Life Is Service"

### ...int Words Over the Desk of a Surgeon.

(By Ada Patterson.)

...thought the builders are the ...ful persons on earth. I still ...at no class of the world's ... can surpass those who build ...ges across spaces that were ...med impossible, who cause cities to ... out of deserts, and who link cities ... those beneficent parallel bands of ...el we call railroads.

But there is a class that equal them ... doing the world's work well. I had my first clear vision of them when one hot afternoon I issued from the green shade of the park and crossed the street to a square building, whose front was broken by a balcony on which were stretched a row of little white cots.

Within the cots lay little whitefaced children, their heads in odd metal hoods that looked like ancient helmets, or their feet fastened to the end of a bed by a pulley that slowly stretched the little limbs to the length and shape nature had intended those limbs to be.

And as I went in at the big hospital gate it closed after a rosy-faced child of three, who was being led out by a mother whose face was transfigured by a great gratitude.

Foolish folk spend most of their hours pleading for things they want, and when they get them they at once begin wrestling with fate or providence for something else they want. This humbly clad mother was one of the wise folk on earth. It was plain from that illuminated face that she would give at least half her time to thanksgiving for the great, unex-...ed good that had come to her. For ...busy, white doctors bustling about ...eir white linen coats, had wrought ...iracle for her. Her rosy child with ... happy eyes, who walked lightly ...des her, had been pale and sombre ..., with twisted body, even as that ... of little ones on the balcony. The ...ors had cured what had been be-...d incurable.

...ly this morning I passed in and ...of the office of one of the famous ...eons of New York. On his desk ... three small significant words, in ...e letters on a dull brown back-...nd. "Life is Service." The man ... the graying hair and the kindly ... and hurried manners by his life ...ered all the questions that puz-... the philosophers. "Why are we ...? What shall we do with this ...ked for gift, life? For what pur-... were we born? Why should we ... to bear existence?" He answered ...puzzling queries in the way pro-...nded by Hamlet. It is simple when ... have the vision. Life is service. ... life is of especial service if you ... one of earth's healers.

...e do not need a long medical ...se to become one of the healers ...rth. We do require the under-... attitude, the gently guiding ... voice that soothes, the heart ...es but is not cast down.

...st whirling world deals many ...t deals us all about the same ... Some hurts are more clearly ...han others. Some of the hurt ...e loudly than others. Some ... all but mourn in poignant ... The hurts are all about us. ...lp to heal them, or hurt the ...

...no general prescription. ...ose the disease and suit ...it. But if we have the ...ealer we can cure many ...ameliorate many another, ...ommonest disease, sorrow.

## ...eeth, Bad Health

(...NTOINETTE DONNELLY.)

...ht, 1915, by Antionette Donnelly.)

...re is a cavity in your teeth, no ...how small, visit a dentist at ...d have it filled. There is noth-... shows such inexcusable shift-... about a person as ill-kept ...teeth that show plainly a ...brushing are thoroughly dis-...d unpardonable. Yet there ... who are careless in this ... cannot have good diges-... unless your teeth are ...ation, for the first stage ... takes place in the mouth. ...rect or decayed teeth proper ...n is impossible.

... your dentist twice a year so ...ll cavities shall be discovered ...rly stage, the tartar removed, ...e teeth kept in their best con-...

...le it is generally known that ... if neglected will destroy a tooth, ... not so well known that many ...are lost as the result of accumu-... of tartar at the gum margin. ... people who are most particular ...sh their teeth night and morn-...ever think of touching their ...with the toothbrush. You should ... brush the upper teeth right ...he top of the gums downward ...e lower teeth from the bottom ... gums upward. If the gums ...llowed to get unhealthy both ...nd digestion will suffer.

...hy gums are hard and firm. ...hy gums are soft and spongy ...eed easily. If you find your ...bleed easily when cleaning the ...ou may be sure they are not ... condition. Try massaging a ...lt into them with the tips of ...gers once or twice a week. ...s as a tonic and corrects a ... to sponginess if taken in ...

### ...nette Donnelly's Answers.

... D.—To prevent the hair ...ing out and to promote its ...use tincture of cantharides, ...s; tincture of capsicum, two ...logne water, one ounce; and ... oil a sufficient quantity to ...r ounces. Mix well and ap-...ght. Continue the treatment ... hair becomes glossy and full ... shall be glad to send you ...ctions for scalp massage if ...end me a stamped, addressed ...

...Yellow vaseline will darken ...ws, but it will take time. I ... dye my eyebrows if I were ... don't you try using an eye-...ll? It will not harm the ...can be used so cleverly that ...be detected. I shall be glad ...u my formula for promoting ...h of eyebrows and eyelashes ...ll send me a stamped, ad-...velope.

...o, the sun will not hurt your ...in and air bath is the best ...r can have. Always make ... you can, to wash your ...t, clear day so you can ...n. The white spots on ...ily caused by lack of ... Be careful not to ...om the nail, as the ...nd takes away the ...e glad to send you my instructions for care of the nails if you will send me a stamped, addressed envelope.

Mamie—I fear, as long as you have reached the age of twenty-four, that there is but little, if any, hope of your growing any taller. However, you don't know what you may be able to accomplish by taking stretching exercises, such as swimming, rowing, playing golf and tennis, exercising with Indian clubs, using the traveling rings in a gymnasium, and practicing wand movements.

Genevieve—Maybe if you would take more pride in your personal appearance and try to "pretty up," Genevieve, you would gain more favor in your little circle. Try using a hair curling fluid for your hair and have it wavy and pretty about your face, instead of hanging in strings and I am sure you will have a delightful surprise in store for the girls as well as the boys on your next picnic. This is a simple formula for hair curling fluid. Take one ounce of gum arabic and half an ounce of moist sugar and dissolve them in three-quarters of a pint of water. When dissolved add two ounces of rose water and shake thoroughly. Bottle and use when required. Dampen your hair with this lotion before putting it up in papers or kid curlers.

## Dr. Brady's Health Talks

**Eminent Medical Authorities.**

A great shibboleth of the fellow who has a food, a drink, a remedy or an appliance to sell is the statement that the article is approved by eminent medical authorities, or that certain ingredients or features which enter into the construction of the article are praised by these same eminent authorities.

We suppose this must influence the lay reader, else the advertiser would not waste printer's ink telling about it. But for the life of us we can't see why the laymen should "fall" for arguments of this kind when "eminent medical authorities," voluntarily or involuntarily, can be quoted to uphold almost any foolish idea you care to mention.

Beer brewers, tobacco manufacturers, sawdust breakfast food manufacturers, divers and sundry petroleum oil purifiers, all sorts and conditions of patent medicine exploiters, patent or mail order "systems" of exercise, diet or mental gymnastics, "institutes" flitting from town to town with their fly-by-night expert "specialists"—all of these can quote you the most convincing words of eminent medical authorities to support their various claims.

A criminal court trial with eminent medical authorities serving as "expert witnesses" on either side for pay ought to show the thinking person how much reliance is to be placed in the testimony of "eminent authorities."

Suggest any doubtful question bearing upon health or hygiene and we will undertake to show you eminent medical authorities supporting each side.

No article so worthless but that eminent medical authorities can be, willy-nilly, made to say a pleasant word for it, or made to seem to say a pleasant word for it. The way some eminent medical authorities are misquoted to suit the requirements of some fakers is scandalous.

Beware of the eminent specialist who isn't named and definitely identified. Also look askance at the quotes which are slapped outo certain remarks attributed to well-known medical men. You know, it is possible to make a fool out of most any man by quoting only selected excerpts from his sayings or writings.

**Questions and Answers.**

Neuralgia or Neuritis—Please explain the difference between neuralgia and neuritis.

Answer—Often it is a difference of about $100,000. Neur means nerve; algia means pain; itis means inflammation. Neuralgia means pain in the nerve; neuritis means inflammation of a nerve. Neuralgia is commonly a mere name for a pain which is localized, but not due to anything wrong with the nerve—as "neuralgia" of the heart, or the stomach, both of which are bad guesses. Facial neuralgia, however, is a common condition of the facial nerve. In neuritis there is much tenderness along the involved nerve trunk, much pain which is present for weeks instead of hours or days as in neuralgia, more or less weakening or paralysis of the muscles supplied by the nerve, atrophy and shiny appearance of the skin.

After a Bunion Operation—Would it be dangerous to leave the hospital and go home in an ambulance three days after an operation for the removal of bunion?

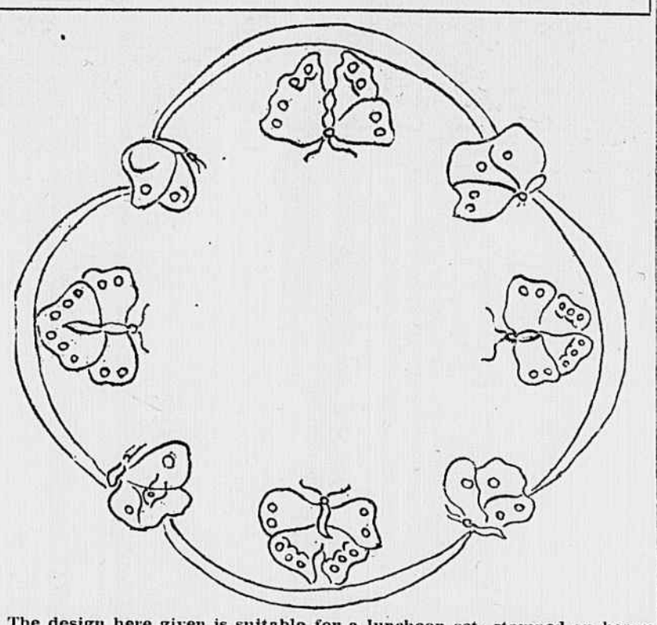
Answer—No, not if the foot or feet be properly bandaged and no effort is made to step on the feet.

Not Absolute Alcohol—Is 95 per cent pure alcohol good to rub a baby's back?

Answer—No, use ordinary dilute alcohol (about 70 per cent).

## TUMBLER DOYLY

*For Table Decoration*



**The design here given is suitable for a luncheon set, stamped on heavy linen and worked with heavy cotton. Outline the butterflies and fill with French knots. Work the border with buttonhole stitch.**

**The picture shown represents a tumbler doyly. This is four inches across. The plate doyly is three times larger, or twelve inches in diameter. The centerpiece is twenty-seven inches across.**

## How to Drink From a Bubbling Fountain

If improperly constructed or improperly used, the bubbling drinking fountain may be a greater menace to health than the common drinking cup. Every person using the bubbling drinking fountain should bear in mind that the object of this sanitary device is to prevent the interchange of mouth secretions. When mucous and other matter becomes attached to metal it sometimes requires considerable force to remove it, and this is not always accomplished by a slowly moving current of water. In using the bubbling fountain the rule should be "Bite the Bubble." The lips should not touch any part of the fountain, and under no condition should the fountain be used for rinsing the mouth or for expectorating.

## BUCHANAN EJECTMENT CASES COME UP FOR TRIAL

**Term of Federal District Court at Lynchburg Promises to Be Lengthy One.**

[Special to The Times-Dispatch.]

LYNCHBURG, VA., August 31.—While the criminal docket is not expected to be large, the apparent preparation of attorneys in civil cases for the fall term of the United States District Court here seems to indicate that it will be a lengthy one.

This will be true if the Buchanan County ejectment cases are gone into for trial, and this now seems to be a certainty. These cases, which were instituted by the Virginia-West Virginia Coal Company, of Charleston, W. Va., against 1,200 landowners of that county involve title to about 116,000 acres of valuable coal and timber lands.

Under an agreement made here some time ago between counsel for the defendants, two of the seventeen cases are to be used as test cases, and upon the result in these will rest the future of the other fifteen. However, it would be possible under the Federal court procedure for each of the 1,200 defendants to demand a separate trial, which would mean that months would be consumed in hearing the cases.

Already a number of depositions have been filed in these cases, and some witnesses have been summoned to testify in the proceeding.

It is also expected that the case of Calkins & Co., of Memphis, Tenn., against Shyrock, of Winchester, Va., is also being prepared for trial. This is a suit for $25,000 damages for an alleged slander.

The docket will also contain a number of motions for judgment against local concerns for railway demurrage.

## M'ADOO'S PLAN IS TO COME BEFORE RESERVE BOARD

**Proposal to Deposit $30,000,000 in Southern Banks to Aid in Handling Cotton Not Yet Considered.**

WASHINGTON, August 31.—Although Secretary McAdoo returned from his vacation to-day, most of the Reserve Board members still are out of town, and the secretary had no opportunity to discuss with them his plan to deposit, if necessary, $30,000,000 of government money in the three Southern reserve banks or in national banks in that section to aid in caring for the cotton crop. The board was said today not to have been consulted before announcement of the plan was made. Last winter when the idea of such deposits was broached several board members felt that deposits of government funds in a few reserve banks without deposits in the others should not be approved. Whether their position has changed is not known.

The plan is expected to come before the board on Thursday.

**UNITED STATES TREASURY IN EXCELLENT CONDITION**

WASHINGTON, August 31.—The United States Treasury is in excellent condition, and there is no present prospects that the government will issue bonds or short-term notes to fill its coffers, according to a statement by Secretary McAdoo to-day.

"It's too soon to talk about revenue legislation," said Mr. McAdoo. "I don't know what the estimates will be, and, consequently, cannot talk about revenues."

He added, however, that Congress probably would be asked to extend operation of the emergency tax beyond December 31, its present limit. No consideration has been given, he declared, to the advisability of replacing the duty on sugar, lowering the exemption limit of the income-tax law or other plans suggested to increase revenues.

"But," said the secretary, "I have never considered a bond issue. The Treasury is in excellent condition, and there is no country on the globe more able to pay more taxes than the United States if our expenditures are to be increased. I'm not worrying about the situation, and I guess I should be the first man to worry."

## A PRETTY HAT

*Straw Faced With Black Velvet*

**This hat is worn with a collar laced with velvet to weight it down.**

## DAUGHTERS WILL HOLD THEIR ANNUAL MEE...G

**At This Time Delegates W... pointed for State Con... tion in Danville.**

**STILL WORK FOR MON...**

**Further Plans to Be Conside... Funds With Which Statue... eral Mahone Will Be ... Hope to Raise $5,000.**

[Special to The Times-Dis...

PETERSBURG, VA., Augu... the annual meeting to-morr... noon, Petersburg Chapter, Dau... the Confederacy, will elect o... the ensuing term and appoin... to the State convention of D... be held in Danville the lat... September. The chapter w... sider plans for furthering ... raising the fund for the er... proposed monument to Gen... Mahone, to which the chapt... cated itself. The monument ... about $5,000, and will be placed ... tral Park, with the consent of th... Council. The monument will be a ... ure of the famous general in unifor... standing upon a handsome base.

**Board of Review.**

The Board of Review for the city of Petersburg will meet for business on September 8, and will hold daily sessions until its work is completed. The board is composed of R. W. Prichard, chairman; R. T. Meade and Forrest W. Tucker. With the assistance of the examiner of records, the board will review all tax returns made to the commissioner of revenue. In the meantime payment of this year's city taxes has been delayed.

**Bodies Identified.**

The two negroes who were killed at Hopewell on Sunday, and whose bodies were sent to undertaking rooms in this city, have been identified as Tom Green and Larry Colson, both strangers. They were killed by another negro, whom they attacked with knives and attempted to rob. The intended victim, in self-defense, shot three times, killing both assailants. He was acquitted by a coroner's jury. Efforts are being made to find the families of the dead men.

**Sunday School Convention.**

The annual convention of the Sunday School Association of Prince George will begin to-morrow in the Methodist Church at Newville. The association is non-sectarian, comprising the schools of all the Protestant denominations in the county. The annual meeting usually attracts a large attendance. Interesting addresses by Sunday school workers will be delivered, reports will be received, and exercises of an attractive character will be held.

**At Work on Electric Road.**

The Petersburg and Appomattox Railway Company, and the Petersburg and James River Corporation are constructing electric roads to run from Petersburg to Hopewell and City Point, and each declares its intention to build the line. Each company was recently granted a franchise to enter the city, and each has complied with the provisions of the ordinances granting the franchises.

**News Notes of Interest.**

James H. Green, a painter by trade, aged fifty-six years, died yesterday at his boarding house in East Bank Street. He at one time lived in Richmond and is survived by one brother, W. M. Green.

Joe Stoyan, a Roumanian, aged twenty-five years, died yesterday at the Hopewell Hospital, following an operation. His body was brought here to await disposition.

Robert Moore, colored, who several days ago shot at one man and hit and wounded another, was this morning given a sentence of four months in jail.

A warrant was issued to-day for the arrest of Clarence Jones, for several years the trusted driver for Charles Lunsford & Gray, Inc., on the charge of appropriating to himself the sum of $22.88 which he had collected.

In the crowd which collected to wit-...ness a free fight in Bollingbroo... Street yesterday afternoon, pickpockets plied their vocation. Several persons lost money, one as much as $70.

The Atlantic Realty Company sold lots to the value of $35,000 at Kenilworth, a western suburb of the city. The crowd was the largest ever seen at a similar sale in or near Petersburg.

Two more hold-ups on the road between Petersburg and Hopewell are reported to have occurred last night. Unless a man is well armed and ready to defend himself, it is becoming dangerous to travel on this road at night.

Misses Helen Matteson, Mamie Wynn, Cleeman Jackson and Louise Clements have returned from a several weeks' stay at Monte Vista Springs, Craig County.

**Changes Made in Board.**

[Special to The Times-Dispatch.]

WINCHESTER, VA., August 31.—H. D. Fuller, cashier of the Farmers' and Merchants' National Bank, has been unanimously elected by the Common Council as a member of the board of trustees of the Handley Fund, succeeding Alexander M. Baker, resigned, with the probability of being elected treasurer of the board, to succeed the late ... E. Correll, who was treasurer for ...everal years. Mr. Fuller was at one ...e treasurer of the trust fund, and ...ned because he occupied another ...on at the time which conflicted ...hose duties. R. Gray Williams ...n elected vice-president of the ...nd is serving as acting presi-...uring the illness of Major Holmes ...d, who has been president of the ... since it was created in 1897 under ...act of the Virginia General As-...bly.

**Gold Hill Company Bankrupt.**

GREENSBORO, N. C., August 31.—The Gold Hill Consolidated Company, of Gold Hill, was adjudged bankrupt in Federal Court here to-day. C. F. Montgomery, F. W. Downes and W. H. Woodson were named as receivers. The receivers are authorized to issue certificates in order to keep the pumps running in the mine at Gold Hill. The mine is considered valuable, but the indebtedness is heavy.

**GRAY BECOMES EDITOR OF RALEIGH TIMES**

RALEIGH, N. C., August 31.—Robert L. Gray, recently on the editorial staff of the Columbia State, will assume tomorrow the editorship of the Raleigh Times. Mr. Gray is a native of Raleigh, and has done editorial work with Wilmington, Richmond and Washington newspapers.


**What Causes Tuberc...**

In the opinion of many medical thorities, tuberculosis is aided, if actually caused, by a loss of lime ... the system. "Where there is a de... fication, the lime salts must be sup... medicinally," says Dr. J. W. Carha... San Antonio, in the May, 1913, iss... "Medical Progress."

To supply these salts often is diff... since in some forms they are not ... assimilable.

In Eckman's Alterative, however, ...cium (lime) is so combined with ot... valuable ingredients as to be assimila... ed by the average person, and to th... in part, is due its success.

We make no boastful claims, bu... many cases of tuberculosis apparenti... have yielded to it. It contains no ... opiates, narcotics or habit-forming ... drugs, so is safe to try. Sold by Tragi... Drug Co., and leading druggists.

Eckman Laboratory, Philadelphia.

**Seymour Sycle's Foot Form School Shoes**

Broad toe, comfortable Shoes combined with style and wear. Recommended by our best physicians and found only at

**Seymour Sycle**

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Prices, $2.00 and up; sizes accordingly.

Take advantage of our convenient easy-payment plan.

BUY YOUR

**Furniture Rugs, Stoves**

From the house that saves you money.

**The House of Quality**

Better Goods for Less.

**ROUNTREE CHERRY Co...**

111-113-115 W. Broad Stre...

**It Is So Easy To Remove All Itching Skin Trouble With Cuticura Soap And Ointment**

TRIAL FREE

Just bathe the affected surface with Cuticura Soap and hot water, dry and apply Cuticura Ointment. Relief in most cases is immediate and healment complete, speedy and permanent.

Cuticura Soap and Ointment sold everywhere. Liberal sample of each mailed free with 32-p. book. Address post-card "Cuticura," Dept. 9, Boston.

**Are You Ready For Your Trip? Take HORLICK'S Malted Milk**

with you when Yachting, Camping, Motoring, Fishing, or Golfing.

A nutritious, satisfying Food-Drink ready in a moment. A good light lunch when tired or run down. Simply dissolve in water, hot or cold. A fine night's rest is assured if you take a cupful hot before retiring.

Our Lunch Tablets are the acme of convenient nourishment. Dissolve a few in the mouth when fatigued or hungry.

Sample free, HORLICK'S, Racine, Wis.

No Substitute is "Just as Good" as HORLICK'S, the Original

**What You Save--- Not What You Make**

For the next ten days I will take orders for my regular $50 and $55 Suits at $27.50 and $30.00. Make your selection from the newest and most fashionable imported and domestic materials. Only a limited number of orders taken at these prices.

J. Katz, Ladies' Tailor

214 N. Second Street. (Commercial Building)

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***Household Supplies***

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***S. Ullman's Son***

*Incorporated*

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| 6 Japa Powders for | 25c |
| 7 Grandma Powders | 25c |
| 8 Circus Soap | 25c |
| Sweetheart Soap, per cake | 04c |
| No. 3 Washing Soda | 05c |
| 7 Thompson Powders | 25c |
| 6 large boxes Lye | 25c |
| 12 bars Snap Soap | 25c |
| 6 packages Gold Dust | 25c |
| Preserving Pears, per peck | 20c |
| Sweet Potatoes, per peck | 25c |
| Cooking Apples, per peck | 20c |
| Irish Potatoes, per peck | 18c |
| Chickens, per pound | 22c |

**9/10** of all eyeglass breakage is saved by the **Kee LocK**

What is KeeLocK. It is a mounting that is locked into the lens with a permanent cement—no hole to break out—no screw to work loose.

Neater, stronger and simpler than any mounting yet devised.

Let us demonstrate the many KeeLocK advantages.

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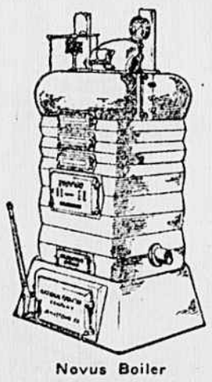
Main and 8th Sts. — 223 E. Broad St.

**Will Your Home be Warm Enough**

If you have old heating eqnipment the coming of winter revives your problem of warming your house without waste of fuel and excessive bills. Other people have had the same problem, and have solved it by installing

**Novus Boilers and National Radiators**

*(For Hot Water, Steam and Vapor Heating)*



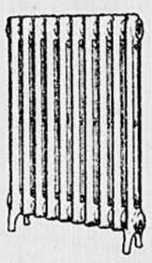
Novus Boiler

The plant will last as long as your house, cutting fuel costs from 15 per cent to 25 per cent every winter. And maintenance expense will be slight.

The Novus is a modern boiler, practical and simple in operation, so easily handled that even children can take care of it. You'll enjoy living with it in winter.

National Radiators overcome cold and spread cozy warmth throughout the house.

The National System means a warm house all winter and smaller fuel bills. Let us tell you more about it.



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Write for Illustrated Catalog.

**NATIONAL RADIATOR COMPANY**

General Offices, Johnstown, Pa. Plants—Johnstown, Pa., and Trenton, N. J. Branches—New York City, Philadelphia, Baltimore.

Wood's Seeds.

**Crimson Clover**

the best of soil-improving and forage crops for fall seeding. Puts land in splendid condition and increases productiveness to a wonderful extent. Makes one of the best of winter cover crops, furnishes excellent grazing, the earliest green feed, or a good hay crop.

**Wood's Fall Catalog**

gives full information about this valuable crop, and all other Clover and Grass Seeds, Seed Grains, etc., for fall seeding. Catalog mailed on request. Write for it and prices of any seeds desired.

T. W. WOOD & SONS, SEEDSMEN, - Richmond, Va.

**Your Prescriptions**

Three good reasons why you should bring them here:

**1st** We put into that prescription just what the doctor ordered, every ingredient being standard-strength, fresh and pure.

**2nd** We check and recheck by a system that positively prevents error through the use of a wrong ingredient or a wrong quantity.

**3rd** We are satisfied with a reasonable profit, and make the price the lowest you can obtain anywhere, considering quality.

Prompt delivery by Special Messenger.

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**Tanner Paint & Oil Co**

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CHILDREN'S SCHOOL SHOES . . . . $...

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HAVE YOU SEEN THE

**New Method Gas Range**

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