

# Useful Hints Woman and Home

## Ethical Talks

### WHO'S GUILTY?

2nd Story, The Tight Rein  
By Mrs. Wilson Woodrow  
Author of "The Silver Butterfly," "The Black Pearl," "Sally Salt," Etc.  
(Novelized from the series of photographs of the same name released by Photo Exchange and shown at the Victor Copyright, 1916, Mrs. Wilson Woodrow)

Jeremiah McCall, a rich mill owner, treats his son Jack with utmost vigor, holding him to account for every penny of the small sums he gives him. Jack falls in love with Amy Prentiss, a pretty, spoiled girl, who is the daughter of a miller. The miller refuses to pay attention to the girl's father has picked out for him, and there is a quarrel. Amy is hurt to the mill and Jack seizes her hand and speaks her \$2, his father has given him in a basket of fruit for her.

"So you want to make me suffer, too, hey? Well, the suffering will not be all mine. If that girl brings suit, you're going to pay the costs of it. Remember that," Jack laughed maliciously. "What am I going to pay them out of?" he asked. "Out of my high wages here or out of the fat rolls of pocket money you dole out to me?" "You pay in longer work hours; in one or two less at home; in the cutting off of any money from you," retorted his father hotly. "And, to start with, hand me that \$2 bill I gave you this morning."

"I haven't got it," said Jack uneasily. "You've spent \$2 in this short time?" shrieked Jeremiah, his thrifty soul shocked to the very foundations, at the thought of such extravagance. Jack nodded, eyes downcast. "What did you spend it on?" demanded his father. "I bought a pair of shoes," Jack hesitated. There was one magnificent trait he had inherited from his Scotch ancestors—the unbreakable habit of truth-telling. He had always received credit at home for this virtue, and his father's severity had forever gotten him into trouble with his father.

He was sorely tempted to lie now to avoid the charge that the trust must bring down upon him. As he still hesitated, his father repeated with a dawning suspicion. "What did you spend it on?" "I bought a pair of shoes," Jack hesitated. There was one magnificent trait he had inherited from his Scotch ancestors—the unbreakable habit of truth-telling. He had always received credit at home for this virtue, and his father's severity had forever gotten him into trouble with his father.

"What did you spend it on?" demanded his father. "I bought a pair of shoes," Jack hesitated. There was one magnificent trait he had inherited from his Scotch ancestors—the unbreakable habit of truth-telling. He had always received credit at home for this virtue, and his father's severity had forever gotten him into trouble with his father.

What to Wear  
Petitcoat and Camisole Combined in a Smart Effect.  
By Mrs. Qui Vive.  
Few sorrows are more difficult to bear than the other woman's look when our own fails. This is decidedly the case of the "porcelain figurine."  
The girl who can resemble a Watteau lady is the one who is hurrying away all the sartorial honors of the day.  
One might fancy that the puffs and paniers, farthingales and hoops could discreetly hide and disguise the bulky anatomy. Not so. The barrel skirt

on the barrel type of figure merely looks like two barrels, or possibly three. All the prevailing styles are favorable to the petite, slender girl. There are special designs must be prepared for the rotund ones, and these designs merely suggest draperies. Some of the arrangements are very clever.

Sports clothes, too, are no consolation to the figure that, in the jargon of the trade, is known as "the stout." A Jersey sweater, either plain about the hips or distended with godets, accentuates the exaggerated hip measurement. The only joy that has loomed upon the horizon of feminine obesity is the plaited skirt of charmeuse, which gives long, easy line, and which conceals adipose tissue better than any other sartorial blanket or accoutrement.

Strange are the ways of the fashionists, and surprising are the results of their sartorial scenarios. One surprising result is found in lingerie dreams of loveliness made of black Chantilly. The artist shows a combination of bolero and petticoat. The foundation is white museline, and the over-fabric is of black lace. If Flora McFlimsy has no dress to wear she can go to a party in her undies, and positively none will be the wiser. These marvelous slip-on affairs are fine enough to be evening frocks.

Pink voile-de-soie is a favorite material of extremists who care not how much a dud may cost, nor whether it lasts for more than one wearing. The richest and most expensive ribbons are used on corsets, covers and camisoles, and perishable laces appear that would go to wreck and ruin if thrown into the laundry tub.

Hand embroidery is displayed in rich and reckless confusion and under-mustilms which are no longer made of muslins, but which must be of batiste of finest weave, of silk or of crepe.

Jack hesitated. There was one magnificent trait he had inherited from his Scotch ancestors—the unbreakable habit of truth-telling. He had always received credit at home for this virtue, and his father's severity had forever gotten him into trouble with his father.

Jack hesitated. There was one magnificent trait he had inherited from his Scotch ancestors—the unbreakable habit of truth-telling. He had always received credit at home for this virtue, and his father's severity had forever gotten him into trouble with his father.

Jack hesitated. There was one magnificent trait he had inherited from his Scotch ancestors—the unbreakable habit of truth-telling. He had always received credit at home for this virtue, and his father's severity had forever gotten him into trouble with his father.

Jack hesitated. There was one magnificent trait he had inherited from his Scotch ancestors—the unbreakable habit of truth-telling. He had always received credit at home for this virtue, and his father's severity had forever gotten him into trouble with his father.

Jack hesitated. There was one magnificent trait he had inherited from his Scotch ancestors—the unbreakable habit of truth-telling. He had always received credit at home for this virtue, and his father's severity had forever gotten him into trouble with his father.

faces would be more attractive without them, though I have known countenances that were made more piquant by them. In general, though, it is well to try to remove them.

More summer freckles than care, but not worry. By natural processes they soon fade, and ordinarily the face should be quite free from them by midwinter.

Let us consider, first, preventives. Did you ever know that the number of your freckles depends greatly on the color of the veils you wear? The girl who wears a red veil habitually has few freckles. Red, the color experts will tell you, is the best shade to keep off freckles. Brown, with a reddish cast, is next in the grade of usefulness for this purpose. White veils are excellent skin protectors, for white reflects light. Black, absorbing light, converges the sun's rays upon the skin's health.

Of all the colors, avoid black and blue. They are freckle formers. A yellow veil is an excellent shield for the complexion.

Having acquired the crop of freckles, try the simple lotions first. For instance, this lemon juice, 1 ounce; glycerine, 1 ounce.

Another cheap remedy is a mixture of distilled water, 2 ounces; ammonium chloride, 1-2 dram.

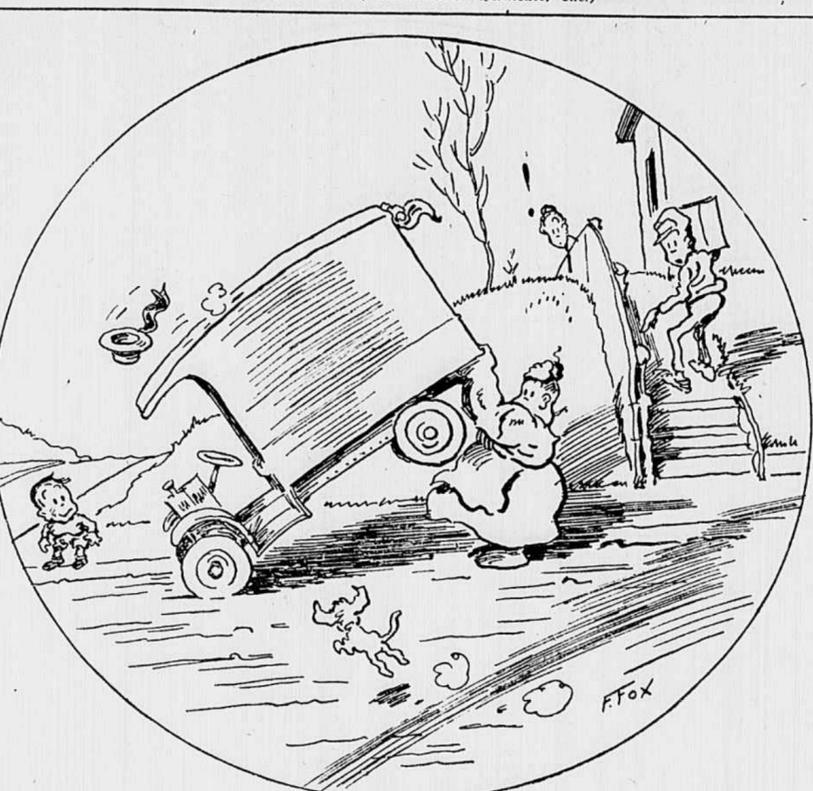
For more obstinate cases, these are recommended by some skin specialists, retting and being removed from the skin after a few minutes by application of warm water or of cold cream; glycerine, 3 ounces; tincture of pine, 1 ounce; oil of turpentine, 1 pint; pulverized cedar gum, 11-2 ounces; liquid honey, 1 ounce.

Mix these, strain through soft muslin or cheesecloth, and apply at night. Many women complain, and truthfully, that they would rather look to look upon their noses were of the same shade as the rest of their faces instead of a deeper. In other words, they are really resenting their red noses. There is in part mortification, because the thoughtless person associates the red nose with drunkenness.

Tight Clothes Are Bad.  
A red nose is one of the signs of drunkenness, but it may be a sign of other conditions; for example, of anemia. Every person who is anemic should consult a physician about the selection of the material for a new hope-to-die dress-up frock, don't fail to look over the new point d'esprit designs.

Beauty Secrets  
How to Remove Persistent Freckles from Face  
BY MME. LINA CAVALIERI.  
Every woman has some defect in her beauty, something she would correct, or remove, or at least subdue. There is something that she would change, if she could and if she knew how. What is it that worries you? Let me try to help you.

## It Was a Very Simple Matter for a Nurse as Powerful as Katrinka to Get the Baby's Hat Down When He Threw It on Top of the Delivery Wagon



ing nap adds many pounds to weight.

Exercise more out of doors. Oxygen burns up the fat as flames lap up shavings.

Dashing salt water over the abdomen and hips several times a day is a many-voiced remedy. Another fad that has its strong advocates in Paris is wearing a salt pack around the waist and abdomen at night.

Spinach and string beans are friendly to the girl who wants to grow thin. So are all acid waters, as lemonade and orangeade and the phosphates. Avoid sweet milk, but drink freely of buttermilk.

Remember that free perspiration is a great aid in reduction. It is a safe statement that the woman who perspires best will be the fat, the woman who perspires freely will be thin. Keep the system well irrigated by drinking plenty of water, and by plenty of rest, and you can rest twice as well lying down as sitting.

Will Discuss Proposed Bridge.  
A call has been issued for a mass meeting to be held on Friday night in the Bainbridge Junior High School Auditorium, on the Southside, to further the Southside bridge project, by which it is proposed to erect a bridge connecting Laurel Street and Cowardin

### Raisin and Nut Muffins

Mix two cupsful of graham flour with one cupful of wheat flour; add one-half cupful of soft butter, one-half cupful of chopped nuts, one-half cupful of baking powder, one-fourth teaspoonful of salt, one beaten egg, one teaspoonful of sugar, and enough sweet milk to make a rather stiff batter. Drop into greased gem pans and bake in a moderate oven for fifteen minutes.

When the chimney takes fire, throw three or four handfuls of salt on the fire. A better preventive is to employ the services of a chimney-sweep once every year.

Do not leave matches in the box in which they came from the store, but put them in a glass jar with a screw top. You will then be sure that there is no danger.

### The Lassitude of Spring

Spring is another name for the lazy liver—a liver that is weary of the work of eliminating all the accumulated poisons of a heavy Winter diet. Health and strength in the Spring come from a return to simple, nutritious, easily digested foods. The food that puts you on your feet and brings bounding buoyancy to the jaded muscles and worn-out nerves is **Shredded Wheat Biscuit**—a whole wheat food that builds new tissue and keeps the bowels healthy and active. Eat it with berries, or other fresh fruits for a few days and see how much better you feel. Made at Niagara Falls, N. Y.

Real Foot Comfort In These 'Foot Doctor' Shoes for Men  
For real, genuine foot comfort these "Foot Doctor" shoes are made with combination two-size lasts, cushioned soles for calloused feet and anatomical heels, which give extra support to the instep. A grand selection of stylish New Model Shoes, showing latest style lasts and leathers, at prices lower than elsewhere, because we are on the wrong side of the street and no high rent to pay.

### Avenue. A large representation from the Northside is expected to assist several Southside organizations. There will be speakers from all sections of the city.

Do not leave matches in the box in which they came from the store, but put them in a glass jar with a screw top. You will then be sure that there is no danger.

When the chimney takes fire, throw three or four handfuls of salt on the fire. A better preventive is to employ the services of a chimney-sweep once every year.

Do not leave matches in the box in which they came from the store, but put them in a glass jar with a screw top. You will then be sure that there is no danger.

### Will Discuss Proposed Bridge.

A call has been issued for a mass meeting to be held on Friday night in the Bainbridge Junior High School Auditorium, on the Southside, to further the Southside bridge project, by which it is proposed to erect a bridge connecting Laurel Street and Cowardin

Will Discuss Proposed Bridge.  
A call has been issued for a mass meeting to be held on Friday night in the Bainbridge Junior High School Auditorium, on the Southside, to further the Southside bridge project, by which it is proposed to erect a bridge connecting Laurel Street and Cowardin

## MAGIC OF ALADDIN COMMONPLACE NOW

We as Cave Men Would Not Be Skeptical and Unwilling to Test New Discoveries.

Results and Proof Wanted These Days, and it is Given Below.

Suppose that you and I were cave men, and I discovered while wandering alone one day a remedy which made me stronger, gave me relief from weakness and dizziness. Suppose that I came back after being made stronger and well, and told you about it. You would take some too, naturally, for you at that stage would not have become skeptical and unwilling to believe. After all, it doesn't matter whether we lay the blame on witchcraft, medicine, or Christian Science or the moon, as long as it produces the desired result.

One day not long ago a carpenter living here in Richmond, by the name of George L. Gaines, 147 South First Street, passing a window containing a display of Tanlac, dropped in, took down a bottle and now below is telling you and I in his own words what he found.

"I suffered from a stubborn case of stomach trouble, constipation, headaches and similar troubles cropping out of such ailments, and nothing I could find to eat agreed with me. I had the worst kind of a pain in the region of my appendix, and I was feeling all the time. But since taking Tanlac, which I know will help others if they will only give it a trial, I feel better than I have in a long time. I took only two bottles, and it came up to every expectation, and has done more than I could wish. It did me more good than I can describe, and words do not express my gratitude, nor will they permit me to urge strong enough that all try this wonderful medicine."

The wonderful medicine for stomach, kidney, liver and catarrhal troubles mentioned above is Tanlac, sold and recommended by Polk Miller drug stores and Trause's drug store, for one dollar a bottle. A representative from the great laboratory at Dayton, Ohio, where it was discovered, is present daily to courteously explain more about the truly remarkable preparation. Get a bottle to-day.—Advertisement.

Our Optical Department is equipped to duplicate your Broken Lenses accurately and quickly. If you are in trouble, phone us and we will send for your Glasses.

Scheer & Son Watchmakers, Jewelers and Opticians (Established 1857.) 1411 East Main Street. Phone, Madison 4191.

Special Sale Women's 14-inch White Kid Lace Boots ALBERT STEIN King of Shoes, 428 East Broad.

The Confederate Museum TWELFTH AND CLAY STREETS. Open 9 A. M. to 5 P. M. Admission, 50c. Saturday free from 9 to 2.

Cool—no mosquitos. Grove Park Inn Sunset Mountain, Asheville, N. C. —the finest Resort Hotel in the World. It is absolutely fireproof and open all the year.

The 120-acre, 18-hole, golf course is the finest in the South—it is a blue grass course. All the water used at the Inn comes from the slopes of Mount Mitchell, the highest mountain east of the Rockies, nearly seven thousand feet altitude. The milk and cream come from Biltmore Dairy on the estate of the late Geo. W. Vanderbilt.

It is the cleanest, most sanitary hotel ever built. Every floor is tile. Every bedroom has Mosaic tile covered with French rugs made at Aubusson, France. The foods are the finest money can buy. The kitchen is spotless white tile to the roof and pure white Mosaic tile floors. The buildings are built of great mountain boulders—some of the walls are five feet thick.

### THE DOT FARM

The big trees on the farm fascinated Tommy, and he never tired of climbing them. Of course, it had a disastrous effect on his clothes, but no real boy cares anything about a few torn places in his knickerbockers. One big tree always seemed to beckon to him, and even though it was too big to climb, he decided that he would get a ladder that would reach up to the crotch, where he could build a house. But before he could carry out his plans he found that the place was occupied by a

(Copyright, 1916, by the Wheeler Syndicate, Inc.)

### Menu Suggestions

Breakfast: Broiled Chops, Coffee  
Lunch: Battered Fish, Tomato Sauce, Baking Powder Biscuits, Tea  
Dinner: Lamb Stew, Lettuce, French Dressing, Cheese Balls, Snow Pudding, Coffee

### Household Hints

To clean the mica in stove doors, rub with a soft cloth dipped in equal parts of vinegar and cold water.

Ammonia in warm water will remove faded colors, and it will remove grease spots on rugs and carpets like magic.

Flowers that are sent long distances will arrive in perfect condition if

### Don't Worry About Pimples

### Cuticura Soap And Ointment

Will quickly remove them.

Sample Each Free by Mail With 32-p. Skin Book on request. Add return post-card "Cuticura, Dept. 216, Boston," paid throughout the world.

### Sorg's

324 E. BROAD

### Real Foot Comfort In These 'Foot Doctor' Shoes for Men

For real, genuine foot comfort these "Foot Doctor" shoes are made with combination two-size lasts, cushioned soles for calloused feet and anatomical heels, which give extra support to the instep. A grand selection of stylish New Model Shoes, showing latest style lasts and leathers, at prices lower than elsewhere, because we are on the wrong side of the street and no high rent to pay.