

TRAINED NURSING APPEALS TO FEMININE SYMPATHIES

In Spite of Earnestness and Hardships of the Profession Woman's High Courage and Patience Fits Her Singularly to Follow It.

By JULIA CHANDLER MANZ.

The trained nurse as an institution in this country is just about a generation old. The first school for trained nurses in the United States was started at Bellevue Hospital, New York, in 1873.

A young woman expecting to earn her own living through her personal efforts confronts many problems in the choice of a profession, and the ultimate result depends largely upon the character of the girl herself.

In addition to her admission to existing professions new and appealing ones have been opened to her alone, professions that mean to her a grand and noble mission.

It is a serious mistake for any young woman who is not entirely in earnest and industrious to undertake to become a nurse. With scientific advancement the course in the training schools has become more thorough and more difficult.

Once admitted to the hospital, the hardest part of your work begins. No longer do you have the roomy quarters and drudgery from beginners, such as scrubbing, which in former years was required.

You have to learn to make a bed properly, how to dust a room as it should be dusted, how to lift the sick, how to make bandages, how to arrange clothing, to give baths and make poultices.

Little Time for Personalities. Usually only very ill people go to a hospital, and there is little for little valet ministering to their urgent needs and

endeavoring to make light their sufferings. The "reading to sick folks where there are always flowers" is only an occasional piece of good fortune.

There is little time for social pleasures, for when her "off duty" hours come she is glad of a quiet rest or a chance to do some work for herself.

Her life is no less strenuous after she leaves the hospital, for there they compel her to take care of her health, to take proper nourishment, get fresh air and sleep.

When one considers these things the salary of a trained nurse does not look like such big compensation.

The difficulty in cutting away the material beneath lace insertion or lace stitching without cutting a wrong ahead is largely overcome by the following simple device: Take a piece of cardboard four or five inches long, rounded at one end and wide enough so that it may be pushed along between the insertion and material.

Did you hold a specially called meeting of the Puzzle Circle and decide that you would show me a thing or two? If you will remember back to last Sunday you will recall an expression on my part of the hope that the prizes in the tree and shrub puzzle would not have to be awarded incorrect lists, as had been the case in contests so recently run.

The first prize is awarded a newcomer to the puzzle fold, Miss Lucille W. Simpson, 725 Gresham place northwest, Washington. The first attempt of Miss Simpson met with entire success, for not only was her solution of the puzzle entirely correct, but it was the first correct list received, which fact won \$3 for her.

Not so successful were the children, a fact to be expected. Many in this class sent in their solutions, which was the right thing to do,

COQUETTISH STYLES FOR FALL SUITS; JAUNTY WAYS OF COATS AND SKIRTS

Many Panel Arrangements and Tunic Effects in the Smartest Models for the Early Season. Longer Dresses for Elaborate Occasions—Extensive Use of Fringe—Multitudes of Ruffles Put on in Odd Ways—Fanciful Trimmings for Sleeves.

There is a coquettish style about many of the suits brought in for the early fall, and many of the summer's fancies are in evidence in both coats and skirts.

The short skirt for daytime functions of all elaborateness is gone. In its place is a more graceful model which comes to the floor all around and often develops into a small train.

There is no end of whims of breaking up skirts. In one silk gown there was a white vest front to the waist, and this lace ran down into the skirt about to the knees, ending in a square-cornered piece that looked like an apron cut too narrow.

Halfway up some of the skirts there are festoons of narrow ruffles, which, by the way, are fuller than they were in midsummer. These festoons are caught at the points with little rosettes or bows.

Some of the new waists of gowns have sleeveless jacket arrangements which fall below the belts in square tails, extending halfway or more down the skirt and giving a panel effect.

For nobody can ever tell how incorrect a list of answers is going to win a prize. The prize winner in the children's class is Master Thomas Emmet Payne, 29 Florida avenue northeast, Washington, whose solution contained seven errors.

For young gentlemen not yet fourteen years old this was doing pretty well, because even the grown-ups found it a mighty hard thing to find those queer names of trees and shrubs.

French apple toast—To a slightly beaten egg add a half cup of milk. Into this slip the slices of bread and bake a golden brown in a hot oven. Serve with a large spoonful of apple sauce on each slice.—New Idea.

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When making dresses for a little girl who is growing rapidly allow six extra inches in the length of the skirt. Just above the hem set in a deep tuck on the wrong side; now above it put in two or three small tucks on the right side to hide the line where the deep one has been made.



GRAY SERGE SUIT TRIMMED WITH GRAY AND BLACK STRIPES.

DUTCH SILVER IS NOW VERY POPULAR

For wedding gifts this picturesque and interesting silverware that comes from the land of dikes and windmills is quite appropriate. One may give the more simple style silver pieces for general use, but an odd piece or two of this fascinating ware is sure to be appreciated.

SOMETHING DIFFERENT TO GIVE TO THE BRIDE-ELECT

If your best girl friend is to be married and you know that she will receive quantities of silver and cut glass, why not give her some handkerchiefs and a dainty piece of underwear that she cannot duplicate in the shops?

Make three wide Spanish ruffles of net trimmed with lace insertion and edged with good, strong lace, and put these on the foundation one above the other, joining the top one with a two-inch band of lace beading, and insert a piece of soft ribbon through this, ending with a bow at the left side.

These lace petticoats are much smarter to wear with evening gowns than silk or satin and, being made of soft materials, cling as closely to the figure as the finest museline.

FOREIGN FASHIONS IN SHOES.

Gaiter top shoes are having a great vogue in Paris. They are unquestionably the smartest footwear of the season, and are being largely worn in black patent leather with white leather tops.

These black and white shoes are worn both with simple tailored suits and with dressy afternoon costumes. The combination of black and white is used with all colors. But, as the great fashion in Paris is for black and white or navy blue and white, these shoes accord well with the majority of costumes.

Pure white shoes having white cloth gaiter tops and white kid toes or vamp are also popular. White shoes are worn with the novelties in footwear.

HOW TO PREPARE TO-MORROW'S MENU

- BREAKFAST: French Apple Toast, Crisp Bacon, Coffee. LUNCHEON: Cream of Chicken Soup, Bread and Butter Sandwiches, Fruit Drops, Cocoa. DINNER: Curry of Chicken and Rice, Buttered Parsnips, Green Pepper and Tomato Salad, Grape Blanc Mange.

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TEN THOUSAND LETTERS OF UNHAPPY MARRIED COUPLES

And in Them All Neither Husbands Nor Wives Make Complaint of Conditions that a Little Common Sense Tact Would Not Alleviate.

By DOROTHY DIX.

It is conceded that marriage is generally a failure, so far as being productive of happiness. Most married couples are discontented, disillusioned, disgruntled. The tie that binds them to each other has become the ball and chain of the convict, and you can hear it clank as they walk.

Nevertheless their vision of domestic happiness has been smashed into smithereens. Their romance lies shattered about them, and they sit miserably among the ruins of their hopes, with despair in their hearts.

SEASONABLE HINTS FOR USING APPLES. Used with Plums, They Make Fine Jelly.

In these days of high-priced food the fresh green apple fills a long felt want, not only for the present need, but for the winter store.

Where the sour green apple is plentiful it is excellent economy to can for future use some of the first green sauce which has been strained through the colander and sweetened to taste, as no other sauce has quite the same flavor.

These sour apples make fine jelly. Many like to add a little lemon juice and peel of a rose geranium leaf, as our grandmothers did; others prefer rhubarb, and all are good.

The best marmalade, however, is made when none of the juice is put aside for jelly, but extra juice added to the natural sauce and one-third sugar or more may be used and cook to a jelly-like consistency.

A good butter is made of cooked dried apricots by steaming the juice and mashing the remainder or taking same through colander. One pint of apricot juice, one of the pulp, two of apple sauce, one heaping pint of sugar, or more, if desired, the rind of one lemon. Cook until clear. And everybody knows that good, old-fashioned apple butter isn't slow.

Save time in making apple sauce. Don't peel the apples; cut them up and boil applied where it would do the most good. This is an old woman's remedy, but it will work. Try it.

thing, and left life stale, flat, and tasteless. This is the more inexplicable to them because nothing has really happened to account for their marriage being such a disappointment. John is a good man, with no eye out for stress, and he works like a dray horse to support his family.

In the course of a year I get at least ten thousand letters from miserable men and women telling me of their domestic unhappiness, and asking if I can suggest a remedy for it. The thing that strikes me most forcibly in all of these letters is how very, very seldom either husband or wife makes a serious charge against his or her mate.

A Hard Life. It is a hard, barren, bleak life, heavy with burdens, and the one thing that would redeem its joylessness, the one thing that would make all of its labors and deprivations worth while, and turn its sodden skies into golden sunshine, would be for the man's wife to be actively and enthusiastically appreciative.

Think, then, of what it means to a woman to be married to a husband who never apparently notices her after the wedding day, who never pays her the compliment or says when she has done her hair a new way, or remarks on what wonderful meals she gets up.

The life of the average married woman is as dull as dish water. It is a monotonous round of cooking and cleaning, and sewing, and mending, and baby tending. She, even more than her husband, offers herself up as a sacrifice on the family altar, and with her, as with him, the bitterness is that the sacrifice is before a god who is unseeing.

All that the domestic machinery needs to make it run smoothly and without creaking is a liberal supply of soft soap, applied where it would do the most good. This is an old woman's remedy, but it will work. Try it.

BIRDS FORMING THE SUBJECT OF NEW CONTEST ALL FAMILIAR

Associated so closely with the trees about which we studied last week are our feathered friends that the Puzzle Circle will hail with delight birds as the subject of a new puzzle.

We have much the same feeling toward the bird puzzle that we have in untangling mystic gardens, or floral enigmas of any kind, for I have never yet met a human being who did not

love birds, nor take an interest in their wise, sane methods in life. Twenty-three feathered friends are veiled behind mystic phrases for your work this week, but the veil that hides them from plain view is hardly more than a leaf on the tree in which they nest, so easily blown aside. Of all the puzzles in my possession, submitted from time to time by clever puzzle makers, I have taken pains this week to select the least difficult of them all.

For again last week the wall of the Puzzle Circle extended to the furthest end of puzzlemaking protesting against the difficulties in finding the curious shrubs and trees given as the subject of last week's work, and plea after plea came to me for a return to easier times.

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