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25c Will Relieve Your Indigestion
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Comp. Bisan Tablets
 Postage prepaid on receipt of price.
HENRY W. SMITH, 22d & Pa. Ave.

Topics of Interest to Every Woman
 EDITED BY JULIA CHANDLER MANZ.
FRANKNESS OF BOYS SAVES THEM FROM SENSITIVENESS

Girls Grow Up Sensitive to Criticism Because They Are Spared in Childhood the Bluntness with Which Boys Deal with Each Other.

By FRANCIS SHAFER.
 The other day when I heard a couple of boys calling each other "muttonheads" and a few other dreadful things, I did not know whether most to be amused, shocked, or enlightened. But when I listened and learned that they were not the least disturbed, neither hurt nor upset at a particle, the thought occurred to me that maybe boys have a wholesome way of dealing with each other, after all, and maybe their very bluntness and summary way of dealing justice only seem them for some of the things they meet in later life.

Girls, just girls, who play together all their days, without the roughest, outspoken, matter-of-fact element that boys somehow always work in, often grow up to be sensitive to criticism, unprepared for rebuke, afraid of any kind of hurt. Nobody ever calls them "muttonheads." Nobody fights them when they're wrong, nobody pushes, shoves, and abuses them until they know they are not little savagings in their own right.

And they have it all to learn later on. When criticisms come they quail, are hurt or resentful; when they meet the ups and downs of friendship they are not equal to the tests, and when they face the harsher side of life, they are not prepared for the bluntness with which they are met. And sometimes they make a sorry showing.

Does Them Good.
 And I believe it does boys good, and would be well for girls, to meet a few rebuffs, to be frankly criticized and to be given a few figurative blows, straight from the shoulder, for the sake of later immunity from the foolish sensitiveness that sometimes robs men and women of half the companionship that should be theirs by nature or by training.

For it is not pleasant to be associated with any one who must be handled "with gloves," all the while, for fear of giving offense or somehow treading on dangerous ground. And the most comfortable, lovable folk in all this world are those who give a little leeway to friendship, who do not exact too much attention or expect too great adoration. Maybe back in the days of childhood

there was some one to call them "muttonheads," some one to take out the foolish little kinds of self that can become mighty disagreeable if they are allowed to grow that way. And those boys, the way to manhood, will be told plain truths that will be as healing as they may be unpleasant. It is easy to receive one's lessons in the days when training is expected, and easy to learn until one is all seasoned with self-importance, and then to be told the things that should have been learned along the way.

Result of Training.
 Sometimes when you meet folk who seem to you a bit queer and uncertain, don't you wonder what is back of it, whether it is all nature, all training, or both or neither? If it is a case of just drifting along the easiest way, with neither parents nor other interested folk to put a faithful mirror in their hair and help them wipe out the marks of queerness, they surely missed a lot.

We often say of a child whose home guidance is very poor or very lax—"He's a school boy," and the boys will remove the twists and straighten him out. They will quickly show him what's what and who's who! And generally they do for children will not tolerate a lot of nonsense with each other, and quickly send an offending little stranger off by his lones, to think it over and work it out.

But don't you know that between the first few shocks and the real learning there is many a small heart-break, and aren't you always sorry for the little folk who get their lessons all in a bunch, and without the leaven of patience or sympathy?

Wise to Listen.
 In passing, it is the wise folk who listen to friendly criticism, without a trace of indignation, just as did the little fellow who heard himself called all sorts of unwelcome names and went on as if nothing had happened at all.

THE CASINO.
Good Operating.

The opening bill at the Casino is all that could be desired in the way of a thoroughly enjoyable entertainment. The music is evenly balanced, and even on "spending day" everything passed off without a hitch.

GLEN ECHO PARK.
 Goats climbing ladders, jumping through hoops, saw-sawing, and doing a score of other "stunts" that ordinary goats seldom attempt, furnished amusement for hundreds of Glen Echo Park patrons yesterday afternoon and again last night.

THE GARDEN.
 A wonderful motion picture production in five reels of Oliver Twist, a dramatization of Dickens' famous story with that leading American actor, Nat C. Goodwin, in the stellar role of Fagin, supported by a company of stars, is being shown at the Garden, formerly the Imperial Theater, on Ninth Street, and was enjoyed yesterday by large and enthusiastic audiences at each performance.

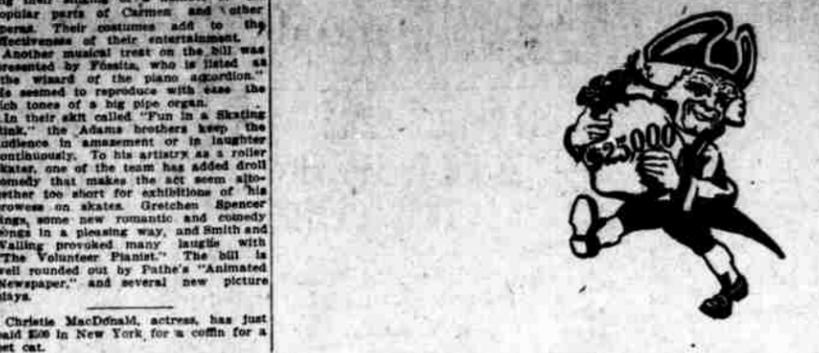
THE COSMOS.
 A few tears of pathos were mingled with a great many tears of laughter during the opening presentations yesterday afternoon and last night of this week's varied bill at the Cosmos Theater.

Aunt Sally's Advice to Beauty-Seekers
 W. C. D. says: "My elbows are so thick-skinned, goose-pimpled, and muddy I can't wear short sleeves. How can this condition be overcome? Don't use elbows as props. The treatment recommended to Minnie L. will make your elbows quite presentable."

Devised Tomatoes.
 Twelve fine tomatoes, pared and sliced nearly half an inch thick, yolks of 3 hard-boiled eggs, pounded; 2 tablespoons melted butter, same of vinegar, 2 raw eggs, beaten light, 1 teaspoon sugar and half as much each of made mustard and salt, a pinch of cayenne, rub butter, pounded yolks, pepper, salt, mustard and sugar together, beat hard, add vinegar and heat to a boil; put this upon the beaten eggs and whip to a smooth cream; set in hot water; when you have the tomatoes over clear coals in an oyster broiler, lay this upon a hot dish and pour the scalding dressing upon them.

Tomato Salad with Cheese.
 Pick and slice the tomatoes and arrange in a salad dish. Make a dressing of oil, white wine, pepper and salt and in some grated Parmesan. Pour this over the tomato, let stand on ice for 15 minutes or so before serving.

Chocolate Cake.
 About two squares chocolate, yolk of one egg, half cup milk; cook until it thickens, then cool; add one cup sugar, butter size of a walnut, half cup milk with one teaspoonful soda dissolved in it, one and one-half cups flour, one teaspoonful vanilla; use the white of the egg for frosting.



Three Million Years Of Life Wasted Each Twelve Months
 EACH family spends on the average of \$57.00 a year for ill health. One-half of this could be saved.
 EACH individual loses on the average 13 days through diseases, one half of which are easily preventable.
 THE nation wastes 3,000,000 years of life each year through disease and accident; one half of this can be avoided.

To Save This Waste
 IT is imperative that each individual know more about Physiology and Hygiene along direct practical, utilitarian lines: what to do in case of sickness and accident.
 YOU can save money by not calling continuously on the doctor for the things you can do yourself.
 YOU can save time by building up your health and strength to resist the inroads of disease.
 YOU can save lives by knowing more about sanitation, spread of contagion, and right and quick action in case of accident.
 To enable each person to save Money, Time, and Life the

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 Mosquitoes nor flies can bother you if you buy one of these
Mosquito Net Canopies
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 Our illustration shows what a protection they are. Made on a turn-over frame that opens similar to a bed, all sides of the bed. Ready made, complete on the frame, with rope and pulley. Choice of white, pink, or blue, in all sizes. Just 14¢ to sell at the price.
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