

PRACTICAL HEALTH TALKS

Lillian Whitney, M.D.

That Bugaboo—Heredit.

Dr. Whitney's popular articles on health and beauty subjects in several leading magazines have been attracting marked attention for a number of years.

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THE MARRIED LIFE OF HELEN AND WARREN By MABEL HERBERT URNER.

This series is a continuation of "Their Married Life," produced by Mabel Herbert Urner for four years. "The Married Life of Helen and Warren," appearing exclusively in this paper, is the only series now being written by Mabel Herbert Urner.

Monday—Washing. Tuesday—Ironing. Wednesday—Extra cleaning. Thursday—Bathroom and nickel. Friday—Silver. Saturday—Extra cleaning. Every day—Go over apartment with sweep. Dust. Do bathroom. Oil floors on the 1st and 15th.

With brisk determination Helen tackled this neatly written schedule under the kitchen calendar. She would start in the new maid on a strictly methodical basis. There must be no carry-over of one day's work to another.

Heretofore in breaking in a maid she had tried to begin easy. That was a mistake, for the girl always resented any additional work afterward. Now she was going to begin HARD so it would grow easier.

"No, ma'am, I won't wear a cap for anybody. I was waitress at Mrs. Reed's for five years, and if I didn't wear one waiting, I don't have to for general housework, with a disdainful emphasis on the 'general housework.'"

"We had this silver soap—it scratches less than a powder. Now, don't clean one piece at a time—lather them all over first and let the lather dry. Then, as you polish, lay them in this large dishpan and scald and rinse them thoroughly."

"Oh, you can't tell the first day," Helen answered evasively. "Although she had decided not to keep Ellen, she did not want to admit it. Somehow Warren always sided with the maid. He always managed to make her feel that she was difficult and hard to please."

DAILY SHORT STORY The Beautiful Adventure

By ISOLA FORRESTER. It was a supreme test of friendship, visiting the Delmar on New Year's. Wrapped in her ears in fur, with a cap meeting her collar, Winifred stood on the bleak little platform at Byers' Corners and looked through the snowfall for anything that seemed to be a conveyance.

"It's just a nice little run over from Providence on the Providence and Atlantic line. We'll meet you at Byers' Corners. The trains only stop there on signal or to let off visitors, and the only visitors that ever come are ours. If Roll or I can't come over I'll send a wonderful substitute."

"Don't feel discouraged getting to us. We live in the quaintest little village perched on the top of a hill, but it is wonderful when you get here, and we're piling on big logs for you and the latching dangles, so the night we come, I'll have a party—romance! He has come true with it, and he's all that any one who loves you could wish for you."

"I can't guarantee to get you there, but I'll do my best. This here's the only team in town you could get to-night, and I'll have a party—romance! He has come true with it, and he's all that any one who loves you could wish for you."

To Be Married in London. London, Jan. 2.—The engagement of Herbert Goldsmith Squiers, son of the late Herbert G. Squiers, formerly American Minister to Spain, and Ethel Marjorie, daughter of Myra Kennedy, famous British yachtsman, is announced.

Find Negro Waif, Three Days Old. A colored baby, three days old, was found on the sidewalk in front of the Terminal Taxicab Company, at Twentieth and M streets northwest, yesterday by A. Cooper, an employee of the company. The child was sent to Children's Hospital.

Asphyxiates Her Child. New York, Jan. 2.—Charged with asphyxiating her daughter, Agnes, 16 years old, Mrs. Emma Spiegel was placed in a cell today. Her husband found the child dead and the mother also suffering from gas. The woman said she wanted to die because of quarrels.

GAS, HEARTBURN, INDIGESTION OR A SICK STOMACH. "Pape's Diapepsin" ends all stomach distress in five minutes. Time it! Pape's Diapepsin will digest anything you eat and overcome a sour, gassy or out-of-order stomach sure in within five minutes.

ABSENT-MINDED ABNER—He Has Half a Mind, That's Right, On Most Occasions! DOC GRIMLEY SENT ME A BOWL OF GOLDFISH TO USE IN MY RESEARCH INTO THE CANOID GROUP OF NON-CONDUCTING FISHES BUT IT MUST HAVE BEEN MISPLACED. I SUPPOSE THAT ADDLE BRAINED WOMAN HAS PUT IT AWAY JUST AS I WAS PREPARED TO GIVE MY WHOLE MIND TO THE PROBLEM. I'D HALF A MIND TO PREPARE A COMPARATIVE STUDY OF THE GOLDFISH, MAZUMA DOLLAROSA, AND THE SALT MACKEREL. THE MENTAL IMAGE OF A SALT MACKEREL HAS GIVEN ME A DECIDED THIRST, WHICH PROVES THAT THE MIND ABNER! DEAR ME! I THOUGHT IT TASTED RATHER FISHY!

WOULD YOU KNOW WHO IS TO BLAME FOR CROOKS? Questioner Asks Critic of Present System of Society, but Query Goes Unanswered. If society makes criminals and society is made up of individuals, is society or the individuals to blame for the criminal?

AMUSEMENTS. NATIONAL TONIGHT, 8:15. A. H. Woods Presents a New Drama "KICK IN THE BUTT" by Willard Mack.

Mrs. FISKE. In the Greatest Comedy Triumph of Her Career. ERSTWHILE SUSAN. Three Tuesday Afternoons at 4:30.

BURTON HOLMES. Jan. 11—Grand Canyon of Arizona. Feb. 1—California and San Diego Exposition. Tickets: \$1.00, \$2.00, \$3.00, \$5.00.

EVAN WILLIAMS AND OLIVE KLINE. THURSDAY, MME. CALVE. JAN. 13. Tickets: \$1.00, \$2.00, \$3.00, \$5.00.

MISCHA ELMAN. World-famous Violinist in Recital. BELASCO TONIGHT, 8:20. GUY BATES POST. "OMAR THE TENTMAKER".

Princeton Triangle Club. In Their New and Original Musical Comedy. THE EVIL EYE. Tickets: New Selling at Belasco Theater.

POLIS. Mat. Daily, 8:00. Evening, 8:30. "ALONG CAME RUTH". NEXT WEEK—"THE GROW SHOP".

LOEW'S COLUMBIA. Continues 12:30 to 11 a. m. PAULINE FREDERICK. Lydia Gilmore. CASINO THEATER. "A Bachelor's Honey-moon".

Gaiety. FRANK A. BURT AND "THE GIRL TRUST". Special Film Features. THE LEADER. TODAY. Laura Hope Crews.