

TEACHERS TOLD ABOUT RETIREMENT MEASURE

Series of Meetings, Begun Yesterday, to Be Continued Today.

A series of meetings was begun yesterday for the purpose of explaining to Washington school teachers the provisions of the proposed teachers' retirement measure. Other meetings will be held today.

Miss E. E. Shanley, chairman of the central committee on teachers' retirement, addressed a meeting of half-day teachers from grade schools in Business High School and answered questions regarding the bill.

Miss Shanley spoke to teachers at the Cranch School, Miss F. L. Hendley addressed a meeting at Wallach School, Miss Alice Deal at Henry School, and Miss Anne Beers at Jefferson School.

These meetings are preliminary to the submission of the bill to all teachers for a referendum vote. A meeting for this vote probably will be called by Miss Shanley for tomorrow in Franklin School.

"CASCARETS" FOR HEADACHE, COLDS, LIVER, BOWELS

Enjoy Life! Don't Stay Bilious, Sick, Headachy and Constipated.

Get Rid of Bad Breath, Sour Stomach, Coated Tongue, Indigestion.

Get a 10-cent box now. They're fine. Cascarets loosen your liver, clean your thirty feet of bowels and sweeten your stomach. You eat one or two, like candy, before going to bed and in the morning your head is clear, tongue is clean, stomach sweet, breath light and cold gone.

Mothers should give a whole Cascaret to cross, bilious, sick, feverish children any time. They are harmless and never tripe or sicken.—Adv.

KENTUCKIANS IN "DRY" FIGHT.

Louisville, Ky., Nov. 27.—Prominent prohibitionists have inaugurated a movement to make Kentucky dry. Should the liquor pass from Kentucky every State south of the Ohio River will be under prohibition's banner.

2,500 ALUMNAE GUESTS OF CATHOLIC WOMEN

Reception and Ball Concludes Day of Sightseeing in Capital.

An elaborate reception and ball at the New Willard last night brought to a climax a day of sight-seeing and entertainment in Washington for 2,500 women graduates of Catholic academies and colleges, who had been attending the biennial convention in Baltimore of the International Federation of Catholic Alumnae.

Wives of Cabinet officers and members of the Supreme Court, as well as hundreds of women prominent in the social and educational life of the Capital, were in the reception line last evening. The women came from Baltimore early in the day after the convention had adjourned.

After inspecting the university buildings and grounds, the guests visited Trinity College and the monasteries of the Dominican and Franciscan orders. Lunch was served at the Catholic University.

The White House, the Pan-American Building, Washington Monument and other points of interest claimed the attention of the alumnae in the afternoon.

While the ball was in progress at the Willard last night many of the visitors went to the Congressional Library.

A special train took a large number of the delegates back to Baltimore at 1 o'clock this morning.

One of the features of the "Washington Day" entertainment was a souvenir program, on the first page of which is a sketch giving the early history of the Catholic University.

Among the alumnae were many women of note in religious, humanitarian, charitable, literary and artistic activities.

Miss Hugh T. Kelly, wife of Justice Kelly, of the High Court of Ontario, was among Canada's representatives at the convention.

Sentenced to Chair. Camden, N. J., Nov. 27.—Justice Garrison, in the Supreme Court here, sentenced Wilson C. Ashbridge to die in the electric chair at the Trenton State Prison during the week of December 3 for the murder of Elizabeth Danbar, a chorus girl.

John Reid Operated On. Baltimore, Md., Nov. 27.—John Reid, the writer, is at the Johns Hopkins Hospital recovering from an operation performed four days ago. Dr. Hale, the attending physician, said today there was no doubt of Mr. Reid's ultimate recovery.

TRACK WALKER SAVES TRAIN FROM DISASTER

Uses Coat on Stick as Signal on Fencing Rail Broken.

Presence of mind and quick action on the part of a track-walker averted what might have been a serious train wreck yesterday, according to passengers who reached Washington from the South over the Atlantic Coast Line.

The Palmetto Limited, one of the Atlantic Coast Line's fastest and most luxuriously equipped flers running between Tampa and New York, left Richmond Sunday night. The train was made up of twelve Pullmans and coaches and was speeding to make up lost time as it passed Lorton, Va., which is about fifteen miles south of Alexandria.

One mile north of Lorton, at Pohick, a track-walker discovered a broken rail on an embankment eighteen feet in height. Improvising a signal by tying his coat onto a stick, he ran down the track toward the train.

The engineer threw on his brakes. Such was the speed of the train that it stopped barely a half-car length from the broken rail.

There is a block tower at Pohick, and to this the track-walker ran. A section gang was summoned and the broken rail replaced. The train proceeded on its way northward, most of the passengers unaware that anything out of the ordinary had occurred.

One of the passengers said he had examined the rail, from which a piece about two feet long had been broken. The train, which was due in Washington at 8:40 o'clock in the morning, did not arrive until 10:30.

Officers of the Atlantic Coast Line here refused to comment on the incident, but said the tracks from Richmond to Washington are owned by the Richmond, Fredericksburg and Potomac Railroad, and the train is operated as an R. F. and P. train between these cities.

The Palmetto Limited is a de luxe train, and travel on it is confined largely to wealthy people going to and returning from the Southern resorts and Cuba.

The identity of the quick-witted track-walker has not been revealed.

SAYS DEMI-MONDE SETS CHURCH GIRLS' STYLES

Evansville, Ind., Nov. 27.—The fashionable incline mothers in this rich city in the "pocket" of Indiana are aroused over the remarks of two prominent clergymen, who declare the present-day styles are dictated by the women of the underworld.

The Rev. Mortimer P. Griffin pastor of the Trinity M. E. Church, one of the accusing preachers, said: "Why, the way women dress these days you can scarcely detect the difference between girls who inhabit 'the district' of a city and some of the girls who come into our churches."

Deranged Man Tries to End Life. Mount Holly, N. J., Nov. 27.—Suddenly becoming insane yesterday, Richard Ford, colored, attempted suicide by slashing his throat with a knife in his home on Willow street. Dr. Prickett stopped the flow of blood, and great-grandmother's life. Mrs. Ford was cut about the hands while taking the knife from the crazed man. Arrangements were made to take him to the county asylum.

GERARD TO TAKE BACK FOOD.

New York, Nov. 27.—Ambassador James W. Gerard admitted today he will take canned meats and other food back to Berlin. He will distribute these among members of the American diplomatic and consular corps in the Kaiser's empire.

"I have had small amounts of food shipped across to me once or twice in the last few months," he added.

M'CORMICK AWAITED FOR INAUGURAL DATA

Democratic National Chairman Expected in Capital Tomorrow.

Vance McCormick, Democratic national chairman, of New York, is expected to arrive in Washington tomorrow for a conference with the President and administration officials relative to the inauguration of the new President.

This information was brought to expectant District Democratic leaders yesterday with the arrival from New York to John F. Costello, Democratic national committeeman from the District of Columbia.

Business leaders in Washington with others who want an early announcement of inaugural plans are awaiting eagerly the naming of the chairman so plans may be perfected for bringing to the city a record-breaking crowd of visitors in March.

One of the things to be done after the naming of inaugural chairman will be the parade which will organize that important ceremonial.

If recent precedents are followed Gen. Hugh L. Scott, Chief of Staff of the army, will be grand marshal and will name his principal assistants.

WASTE PILES DIMINISH AS THRIFT INCREASES

Trash Collector of District Complains of Slump in Profits.

Washingtonians are becoming thrifty, according to Michael R. Ready, contractor, who collects trash in the District, and whose profit comes from the sale of waste.

"The District pays me approximately \$25,000 a year for collecting trash," Mr. Ready said yesterday. "But I could not afford to do the work for that amount if it were not for what I can get for the trash."

He said the collections were falling off and that if the decrease continued he must charge the District more for the work when his contract is renewed.

It has been suggested that housewives refrain from burning trash, especially waste paper, but keep it for the trash collector.

At a meeting in the rooms of the Board of Trade yesterday the time for a special paper-saving demonstration was set for tomorrow night at the Casino Theater. In addition to bundle wrapping contests, for which prizes of silver and gold will be given, there will be a contest in acts and moving pictures. Prizes of \$5 in gold, \$250 in gold, and several prizes of \$1 in silver will be awarded. The Charlie Chaplin Film Company will provide the "movies" and the management of the Casino Theater will furnish vaudeville acts.

The entertainment will be free and will start at 7 o'clock. Washington merchants have contributed a quantity of goods and wrapping material.

HOUSEWIFE'S DAILY ECONOMY CALENDAR

By FRANCES MARSHALL. WAS GREAT-GRANDMOTHER BETTER OFF?

The British department of agriculture made the rather astonishing statement not long ago that the woman of a hundred years ago, with her simple cottage and her fireplace-cookery, was better off from the point of view of household efficiency and household economy than the average Englishwoman of the present time.

Can this be true? And if it is true of England, can it be even in small measure true of the United States as well?

We have pitted poor great-grandmother for so many years and marveled at her blundering inefficiency. But it is something of a surprise for us to have to look at the matter from another angle. What if great-grandmother from her less eventful little corner had more time to study and work out the true economy? What if in her simplicity she had truer taste in matters of household decoration? What if to their blind way the women of the many centuries preceding great-grandmother had devised in the fireplace—the crane, the spit and the great-grandmother's device for cooking than we of the present generation have worked out in the modern gas stove?

Truly, great-grandmother's repertoire of cookery was not usually very extensive. If she were of English family she knew how to roast meats, how to cook plain vegetables, to make wholesome breads and a few heavy but not necessarily indigestible pastries and puddings. If her ancestors had been German or French she cooked with economy and economy. She made use of every scrap of the beef and pork and lamb to make meat dishes of peculiar excellence. In fact, as we have heard grandmother say, in those days everything but the squeal of the pig was used to make a delicious meat dish. The most scientific of modern dieticians could not have done better. Of course great-grandmother did not work out this scheme of economy all alone. It was the accumulated wisdom of generations, handed down by oral tradition and example from mother to daughter. The French and German great-grandmother—and to a less extent the English one—was well-versed in the art of making cheese and other dairy dishes of peculiar excellence, and their simple cottage workroom they had the most efficient devices, crude in shape and form, for making these dishes.

Of course, the old cottage is no more, and the simple cookery is a thing of the past. When we cook nowadays we do not roast at all but bake in a gas oven, which any dietician will tell you is not so efficient a method as the old spit roasting. But these changes have had to be made as part of the movement toward the modern ways and modern methods.

In the meantime as we vaunt ourselves on our new wisdom, born of the dietician's laboratory and disseminated in classroom and college, spare a pity for great-grandmother and great-grandmother's family. We shall have yet to travel many leagues along the wave of modern culinary and domestic methods before we reach that simple cottage housekeeping and the fireplace cookery of one hundred years ago.

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Watch for the Star of the East. It's Coming!

Daily Talks by Mary Pickford

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THE GOLDBRICK WOMAN.

The woman who had written a successful comedy and was now very wealthy told us the true story of her life, although the newspapers flaunted its vulgar details in large type six years ago.

"Sometimes it is more the man's fault than it is the woman's that the breach yawns between them," she began, "but in my heart I know that I am almost entirely to blame. If I had married when I was eighteen, I would be more lenient with myself, but I was a woman of twenty-five. My husband was thirty-two, a handsome, distinguished man of the world, as you know.

"As for being in love, I always think I was more in love than he, feeling always that he had been infatuated and carried away by my piquant beauty, which has attracted many but held few. When I was a young girl, I had always been told I was beautiful and I preferred to believe their words to the mirror, which mocked me by showing me a face which has attracted many but held few.

"My hair when waved and dressed gave the appearance of being very luxuriant, but half the effect was produced by a beautiful switch and the curling irons. After years of the irons, my hair was broken into a hundred different lengths, so at night, to preserve what little was left, I did it up on kids. As my skin was always very delicate and inclined to be chapped, I cold-creamed it heavily at night, at the same time putting a little white vaseline on my eyelashes and eye-brows to insure their growth.

"During our engagement my fiancé had always admired my chic, neat, tailor-made gowns and dainty evening dresses, but as soon as we were married, I—with the idea of economy as well as the lack of interest—laid aside these many extravagances. Many times he spoke to me about his homecoming.

"I would enjoy finding my little wife in one of her pretty dresses instead of the untidy kimono, her hair in kids, manicuring her nails or massaging her face."

"Evening when we were going out, I would spend an hour or so at my toilet. 'Ah, the butterfly emerges from the cocoon!' he would laughingly remark, looking at me with pride glowing in his eyes. But let me tell you—it was the drab cocoon he soon tired of.

"I soon noticed that he preferred the club and the cafes to his home, but when I heard that he had been seen with a very beautiful young woman starring in his company, the shock almost prostrated me.

"What have I done?" I asked myself, over and over again, as I sobbed out my grief in the loneliness of my empty home. And then the devil who was whispering at my elbow told me I was the one who

had lured him by my prettiness and driven him away by my ugliness.

"I had read and heard of women winning their husbands back by making them jealous so in my feeble but futile effort, I did everything in my power to be so physically attractive that he would notice me. It was too late.

"A year passed by. My husband accepted a London engagement and I was left in New York. At the end of another year he wrote me, telling me he did not love me and asking me to divorce him on the grounds of desertion. Although my heart was breaking, I obeyed him and a few months after the final decree was granted, he married the little woman appearing in his company. They have a charming bungalow in Cos Cob and she has had two beautiful children.

"A few years ago I married a stock actor, the 'luxury of having his feet upon the table and smoking strong, inexpensive cigars which litter up the floor. Sometimes out of the window I see my former husband, his wife and the children pass with happy smiles on their faces, and I turn toward the man to whom I am now married. But alas! he is too interested in his cards, his bottle and his friends to notice his tidy, dainty little wife, who learned too late the value of a charming appearance."

Answers to Correspondents. Evelyn D.—It takes more than being a good swimmer to become successful in moving pictures, as there are few opportunities for displaying one's ability at swimming.

T. P.—Have you ever tried using boric acid on your eyes in the morning? Then at night put a little white vaseline on the lids.

A. L.—If your hair is inclined to be wavy, try dampening it and waving it over combs—that is called wave waving.

H. B.—Henry Kolker played the stellar role in "The Warning," and the scenes you refer to as weird were secured by double photography.

Hamilton P.—A man or boy can secure his start in the movies just as I have advised the girls. Start as an extra man and you will secure your first chance according to your type and the demand for it.

Hettie C. F.—The first actor you mention is not married. The second is not only married but has five beautiful children.

MARY PICKFORD

FOOT-AND-MOUTH PERIL FOUND IN MIDDLE WEST

The Department of Agriculture yesterday issued a statement regarding the suspected existence of foot-and-mouth disease in certain cattle received at Kansas City.

Some of the 135 cattle "showed lesions in the mouth strongly resembling foot-and-mouth disease," the statement says.

Officials ordered the slaughter of fifty-seven head of cattle.

"Kansas and Nebraska authorities," says the department, "have been requested to quarantine premises and shipping pens. Inspectors at St. Joseph and Kansas City report all

outgoing shipments from those yards stopped. Incubation tests are being made at Kansas City and in Washington."

FUNERALS.

Funeral services for Mrs. William E. Dulin, who died Sunday, will be held today at 2 o'clock. Interment will be private.

Funeral services for Mrs. Celena A. Green, who died Sunday at her residence, 1416 Q street, will be held tomorrow at 9 o'clock, thence to St. Paul's Church, where requiem mass will be celebrated.

Funeral services for Mrs. Darrion Weaver, who died Sunday, will be held at her late residence, 423 Seventh street northwest, today at 1 o'clock. Interment will be in Rock Creek Cemetery.

POTOMAC AVENUE GETS NEXT NEW PLAYGROUND

The Commissioners announced yesterday that there would be a new playground opened in Potomac avenue, between Thirteenth and Fourteenth streets southeast. The property has been turned over to the playground department. In connection with the playground there will be a swimming pool.

There are two houses on the property. One will be converted into an office and the other will be used for a dressing room.

Citizens of Mount Pleasant wanted a swimming pool in that section of the city, but owing to the fact that there was no available land on which a pool may be located the establishment of the playground there was postponed. It was announced.

ESCAPING AVIATOR CAUGHT.

Vienna, Nov. 27.—The famous Austrian aviator, Leo L. Weik, who was captured by the Russians shortly before the teutonic allies recaptured Przemysl, recently made a daring attempt to escape from a prison camp in Eastern Siberia.

In a postal card received by his parents in the United States, Weik stated that he had fled from the camp and tried to reach China. He wandered through the Siberian wilderness two weeks before the Russians recaptured him.

DRINK A GLASS OF REAL HOT WATER BEFORE BREAKFAST.

Says we will both look and feel clean, sweet and fresh and avoid illness.

Sanitary science has of late made rapid strides with results that are of untold blessing to humanity. The latest application of its untiring research is the recommendation that it is as necessary to attend to internal sanitation of the drainage system of the human body as it is to the drains of the house.

Those of us who are accustomed to feel dull and heavy when we arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the stomach each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the phosphated hot water is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatic stiffness, others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store. This will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.—Adv.

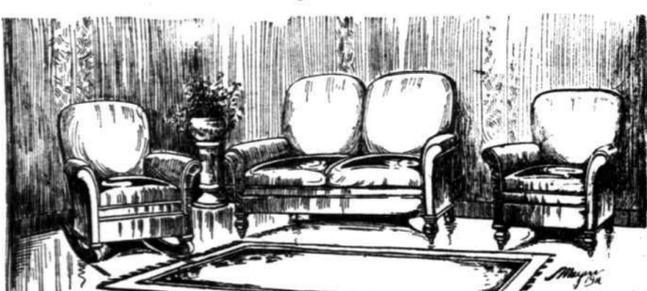
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MAYER'S FURNITURE IS FURNITURE OF GUARANTEED SERVICE



Poster Colonial Bedroom Suite, in Genuine Mahogany. **\$125.00**

THIS wonderfully effective Period Suite follows the sturdy old Colonial lines, and it faithfully follows the details and ornaments of the original. It is finely made throughout, finished with great care and from carefully selected imported mahogany. There are many small details, many points of construction which are excellent, that are lost in the drawing.



Three-Piece London Club Overstuffed Library Suite. **\$59.75**

HANDSOME suite, of massive but graceful design, and copied after the famous London Club furniture. Has de luxe loose-seat cushions and oil-tempered springs. Is upholstered in brown Spanish Japoniel. A very roomy suite, quite comfortable, and an exceptionally good suite for the money.

"A Charge Account Is At Your Service If You Like."

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By FRANCES MARSHALL.

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PERFECTION SMOKELESS OIL HEATERS

It Isn't the Getting Up
It's the dressing in a room like an ice-box that sets your teeth on edge.

Your dressing room would be as warm as toast every morning if you had a Perfection Smokeless Oil Heater. It starts thawing out the chills the minute you strike a match—and you can carry it wherever you need heat—bathroom, breakfast room, or pantry.

Clean, durable, good-looking. Inexpensive to buy; costs less to run than any coal fire. Ask any one of the more than 2,000,000 users, or examine it at your department store, hardware or furniture dealer's.

Use Aladdin Security Oil—for best results

STANDARD OIL COMPANY
(New Jersey)
BALTIMORE
Washington, D. C. Richmond, Va. Charleston, W. Va.
Norfolk, Va. Charlotte, N. C.

HERALD'S READY REFERENCE TO APARTMENTS

ROYDON 1610 N Street N. W.	1 room and bath to \$12.00 2 rooms and bath to \$18.00 3 rooms and bath to \$25.00	Manager on Premises W. P. Metcalf, 1206 Eye St. N. W.	Just west of 16th St. First-class. Strictly up-to-date. Large outside rooms and porches. Superior service. Both car lines. Furnished if desired.
WILLARD COURTS Corner 17th and Willard Streets.	1 room and bath to \$10.00 2 rooms and bath to \$15.00 3 rooms and bath to \$20.00	J. N. Roth, on premises.	New apartment, all large outside rooms; two electric elevators, telephones in each apartment with all night service; furnished and unfurnished.
THE LACLEDE. 1223 Vermont Avenue.	4 rooms and bath to \$20.00 and bath to \$25.00	The F. H. Smith Co., 815 15th St. S. E. Telephone Main 624	Modern store-front apartment building in desirable downtown location; elevator; roof garden.