

HIGH food-prices don't affect Campbell's Soups.

In spite of the fact that the ingredients we use have grown steadily dearer, the price of our soups remains the same. And their quality is even better than ever. The reason of this is, we put up larger quantities. We buy on a bigger scale. We have more highly improved apparatus; and better and more economical methods. And the benefit of every advantage we gain goes into the quality of

Campbell's SOUPS

People have learned that these soups are always good and pure and satisfying; always the biggest food-value sold for the money. And the constantly increasing demand justifies our low-price policy. This season we put up 426,000 cans of Campbell's Soups in one day. And our guarantee—"satisfaction, or money refunded"—stands behind every can. Try them. And prove for yourself how much this means.



21 kinds 10c a can

- Pea
- Okra
- Chicken
- Tomato
- Vegetable
- Consomme
- Macaroni
- Bean
- Tomato
- Consomme
- Pepper Pot
- Clam
- Broth
- Mutton
- Broth
- Chicken
- Consomme



You behave, Teddy! Campbell's Soups are ready. Ten plates apiece. If you're quiet and steady.

JUST ADD HOT WATER. BRING TO A BOIL, AND SERVE.
JOSEPH CAMPBELL COMPANY
Camden, N. J.

Look for the red-and-white label



Just as Good as it Looks!

Every Particle Pure with the Golden Glow of Goodness

Get a pound carton today of

Swift's "Premium" Butterine

Made only by Swift & Company, U. S. A.

PUNISHMENT FOR SOLDIERS.

Three Men at Fort Washington Found Guilty of Offenses.

Three soldiers stationed at Fort Washington, Md., have been convicted by court-martial of violations of the army regulations and will be punished. For absenting himself without leave from December 6 to December 20 Private Ivan A. Breneman, 119th Company, Coast Artillery Corps, was sentenced to be dishonorably discharged, to forfeit pay and allowances and to be confined at hard labor for three months. Evidence of two previous convictions was considered by the court. Sgt. Gen. Howe, commanding the Department of the East, approved the sentence, but remitted one and one-half months of the period of confinement. Private Benjamin Dower, 4th Company, Coast Artillery Corps, was convicted of being drunk in quarters, throwing food on the floor of the day room and insubordination. Evidence of four previous convictions was considered. Dower was sentenced to confinement at hard labor for two months and to forfeit \$10 a month during that period. The sentence was approved.

Senators voted to issue certificates for \$30,000,000. The bill authorizing the issuance of \$30,000,000 worth of certificates of indebtedness to provide funds for the completion of projects of reclamation already begun or approved by the Secretary of the Interior has been passed by the Senate. The certificates are to be paid out of the receipts from the sale of the lands reclaimed. Senator Clay made an attack on the bill, asking what had become of the policy of economy which had been announced for the present session of Congress. He referred to the statement of Senator Aldrich that if he were running the government, he could reduce its annual expenditures by \$200,000,000. "If," remarked Senator Bailey at his side, "emphasizing the word," "some folks say he is running the government."

TO PAY FOR RECLAMATION.

Senate Votes for Issue of Certificates for \$30,000,000.

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FOR TWO REVENUE CUTTERS.

After Debate House Passes Bill Appropriating \$500,000.

After considerable sharp debate on the general subject of economy the House has passed a bill, fathered by Chairman Mann of the House committee on interstate and foreign commerce, appropriating \$500,000 for the construction of two revenue cutters for the coast of Florida to take the place of old-time craft. Chairman Tammey of the House appropriations committee led the unsuccessful fight against the proposition. Upon motion of Representative Hughes of New Jersey the bill was amended to provide for the construction of these vessels under the eight-hour labor law.

DISTURBED BY SNEEZING.

Boarder's Complaint Leads to Serious Cutting Affray.

PITTSBURG, Pa., March 4.—Terrific fits of sneezing by John Hunziker, a boarder until not a trace of milkiness is seen in the water. To two cupsful of the rice he allows a quart of boiling water, cooking slowly for an hour without stirring. From time to time he shakes the kettle, tipping it from side to side. When the water is all absorbed he lets it stand on the back of the stove to steam and plump. EMMA PADDOCK TELFORD.

WHITEN UP TO Women Readers EMBROIDERED LINEN SHIRT.



A blouse of white linen appears here, the design of which affords an excellent opportunity for the girl who is clever with her embroidery needle. The shirt is very simple in cut, having a single pleat over the shoulder, the edge of which is buttonholed in a fine scallop. At about the bust line this tuck broadens into two rounded tabs secured by pearl buttons. These tabs and embroidery are repeated on the cuff of the otherwise simple sleeve. The scallop outlines the Dutch neck, which is filled by a high collar of lace and finished by a jabot of the same. The belt is also embroidered and fastened by a pearl button.

SPRING FOODS TO NOURISH BUT NOT INCREASE FLESH

These Include Vegetables That Are Not Starchy, Fruits and Meats.

Certain kinds of food are nourishing without being flesh making. For instance, meats build muscles, and, of course, every one knows vegetable and flour products make flesh. Fruits, with the exception of bananas, pears and peaches, satisfy the appetite temporarily, without being in any way nourishing. The fruits excepted are flesh builders. A woman who wishes to keep in a healthy condition without gaining flesh will eat soups daily, but she will not take those called "cream." The broth from clams and oysters is excellent, while meat broths, in which vegetables have been boiled, are among the best she can select. When meat reduction is the object, the vegetables should be left in. An excellent daily dietary for a woman who wishes to preserve her figure is a cup of hot water taken when arising. This is to flush her system, as water applied to her face cleanses it. Half or three-quarters of an hour after she may take the juice of an orange or grape fruit and a piece of fish or meat

Oriental Recipes.

Chop Suey and Japanese Rice.

Chop suey, which is one of the national dishes in China, is fast becoming a favorite food here, and while many of its ingredients are puzzling to the uninitiated, once mastered, this dish can be manufactured easily in any home kitchen. When made with young chicken, it is a foundation of the dish is known as the Chinese bills of fare as "fine chop"; made with chicken it is called "guy chop suey," and when with chicken and mushrooms it has the title of "mo goe chop suey." With each of these is served the Chinese condiment known as pungent, known as see yu, or gee gow. It corresponds to our Worcestershire, and can be purchased from any Chinese dealer, as can the bean sprouts or water chestnuts that go with the dish. If it cannot be obtained, an excellent imitation may be made by mixing equal parts of Worcestershire sauce and Porto Rican molasses. Peanut oil is usually utilized in the making of chop suey, but olive oil can be substituted with good results. If you cannot obtain bean sprouts, wrap some rice in a wet towel a few days before the dish is to be prepared. If the rice is kept moist a sufficient quantity of rice sprouts may be obtained that will answer the same purpose. To prepare chop suey with mushrooms for five persons, take one pound of the white meat of cold chicken or of young pig, and cut into slices about an inch long, half an inch wide and a quarter of an inch thick. Add two chickens' livers, gizzards and hearts, also sliced; two stalks of celery and half ounce green ginger root. Put four ounces olive oil into a frying pan over the fire, and when hot add the meat, celery and ginger. As soon as lightly colored, add two tablespoonfuls vinegar, half a cup boiling water, a teaspoonful Worcestershire sauce, a half teaspoonful salt, red and black pepper, cinnamon and cloves to taste. When the pork and giblets are nearly tender, add a small can mushrooms, a half cup bean sprouts (which you can get at any of the Chinese grocers), French green peas, string beans chopped fine or asparagus tips. If you use the bean sprouts, be sure to cook too long, as they are better when not more than half done. Drain off the superfluous liquor, add a teaspoonful of the brown rice sauce, and serve with bowls of boiled rice and unlimited tea.

Fads for Women.

The daintiest little caps for babies that are practical can be made from Irish crochet and a little soft, thin white silk. A round motif of the lace is used for the crown, and around the edge of this a strip of the silk is shirred. The other edge of the ruffle finish, and connected with a band of crocheted insertion lace, and, lastly, a frill of the silk encircling the face. This is filled in with soft white chiffon ruching. About half a yard of the insertion lace will be sufficient and three-eighths of a yard of silk. Then there is the little motif for the crown, chiffon for ruching and soft ribbon for the chin. When pressing seams the amateur will have better success with the average goods if she just lays the iron on the seam and presses hard, then lifts it and passes on until the entire seam is pressed. The iron should not be passed along the seam because it is apt to stretch the fabric and make it unsightly, and sometimes the seams are on the wrong side of the dress, and then the pressing is sure to be a failure. In pressing seams in heavy cloths a rag should be wrung out of hot water and laid on the iron. The iron is passed over this, then the rag is removed and the pressing is completed as before described. Very serviceable undershirts for summer wear are made of grass cloth in natural color. Sometimes wash silk is used instead of lawn for the ruffle finish. Narrow bands of fur are supplanting velvet and ribbon for the collar. Chinnettes, white fur, are a favorite for brunettes, while dark fur is preferred for blondes. Some of the newest showings of satin, which promises to be very popular, have diagonal stripes from six to eight inches wide, in self tone, of course. A new and more or less eccentric note in millinery is to place the trimming at the back. Bunches of algerets and a great hedge of feathers rise upstanding at the base of the hats. The spangled fan continues as popular as ever. In some of the new styles the fan is made of gold lace and spangled with sequins in colors, red, black or green being especially effective. Iron is passed among the new features of the tailor-made suits this spring are the unusual collar designs or simulated collars, and the skirts of the coats cut separate and attached to the waist line. Leading milliners on this side of the water are saying that the Chantler vogue is a fever too acute to last long. They predict that its influence will have spent itself soon after Easter. Many of the handsome gowns are made with a chiffon or lace tunic reaching to within an inch of the floor. This gives opportunity for the exquisite soft satin of the gown to be displayed to its full glory. The small flowers are the favorites in millinery. Violets, forget-me-nots, bluetts or corn-flowers, tiny old-fashioned roses, lilies of the valley and other small blossoms can be simulated in masses. Some of the stunning capes for evening wear are finished with a deep fringe. The exquisite crepe shawls from the far east, with their wealth of knotted fringe, may be, in a measure, responsible for this departure. The dark nets, especially the browns and blues, made up into blouses, over white chiffon, are very attractive. This collar design, or yoke, is frequently trimmed with very narrow gold or silver braid. This gives a decided tone to the garment.

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SMOOT-COFFER CO., 1216 F.

The Very Unusual Values in EMBROIDERIES

NOW BEING OFFERED BY US have met with quick appreciation. There can be no duplicates at the sale prices, and we suggest inspection AT ONCE! The values quoted below are the usual selling prices and the goods are most desirable in every way.

Colored Embroideries== Flouncing 45 inches wide; insertions from 3 to 5 inches wide to match; pink, blue, green, plain white and rich oriental colorings; batistes, lawns and linen backgrounds. Values, \$1.50 to \$5.00 per yard. 59c, 80c & \$1.00 yd. To be sold in three lots at

All-Over Embroideries== 18 to 45 inches wide; plain white and embroidered, with colored dots, swiss, nainsook and batiste. Values, \$1.50 to \$3.50 per yard. \$1.00 & \$1.25 yd. To be sold in two lots at

Galloons== 1 to 5 inches wide; straight and finished edges; batiste, swiss, linen and nainsook. Values, \$1.00 to \$3.00 per yard. 50c, 75c & \$1.00 yd. To be sold in three lots at

Val Laces== German and French; 1 to 1 1/2 inches wide; 12 yards to the piece, and to be sold by the piece only; insertions and edges to match. Values, \$1.00 to \$1.75 Piece. 50c, 75c & \$1.00 piece In three lots at

Tomorrow's the Last Day of Our

Sale of Leonard Refrigerators

At 1-6 Off the Regular Marked Prices

Over fifty patterns of our New 1910 Leonard and Grand Rapids Refrigerators are included in this sale, only two patterns being exempt from the reductions. Buy one of these excellent Refrigerators here this week, as they will not be reduced again before September.

This \$22.25 Porcelain-lined Leonard Refrigerator, Capacity, 60 Lbs. Ice. \$18.55

This \$34.75 Porcelain-lined Leonard Refrigerator, Capacity, 100 Lbs. Ice. \$28.96

Large "Satin-walnut" Porcelain-lined Leonard Refrigerator, just like the illustration to the right. This refrigerator is 34 1/2 inches wide, 42 inches high and 20 1/2 inches deep. The interior is of pure white porcelain and is as easily cleaned as a china dish. The shelves are heavy steel wire, coated with tin and removable. The compartment holds 100 pounds of ice, and the locks, trimmings, etc., are of solid brass.

We Are Exclusive Washington Agents.

Mayer & Co., Seventh St. N.W.

409 to 417
10% Discount on Accounts Closed in 30 Days.

FATAL DELAYS!

BE WARNED IN TIME

When a loved member of your family succumbs to Diphtheria, Scarlet Fever, Typhoid, Tuberculosis, etc., you will regret that you did not adopt the method of prevention—Disinfection. Disease germs are lying dormant in your house, ready to fasten upon run-down systems and virulently battle for the lives of the victims. You can kill these germs by using C-N DISINFECTANT in your regular cleaning—a safe and inexpensive insurance against disease. C-N not only rids your premises of disease germs and insects, but it is one of the best antiseptics, healing cuts and bruises quickly.

Non-Poisonous Disinfectant

C-N 10c
25c
50c
1.00

WEST DISINFECTING CO.
New York City.

HAVE YOU HEARD ABOUT THIS?

Dough rises best when made from

GOLD MEDAL FLOUR

A trial will prove it

WASHBURN-CROSBY CO.

CHANGES IN STATIONS.

Announcement of Public Health and Marine Hospital Service.

Changes of stations and duties of officers of the public health and marine hospital service are announced as follows:

Hugh S. Cumming, passed assistant surgeon; directed to proceed to Cape Charles quarantine station, Va., and assume command.

L. L. Lumsden, passed assistant surgeon; directed to proceed to Bekeley Springs, W. Va., upon special temporary duty.

W. C. Billings, passed assistant surgeon; upon being relieved by Assistant Surgeon H. J. Warner, directed to proceed to Fort Stanton, N. M., and report to the medical officer in command for duty and assignment to quarters.

H. J. Warner, assistant surgeon; upon being relieved by Passed Assistant Surgeon Hugh S. Cumming, directed to proceed to Arundel Cove, Md., and report to the superintendent, Revenue Cutter School of Instruction, for duty.

B. W. Burland, acting assistant surgeon; granted seven days' leave of absence from March 1, 1910.

Herman Robertson, acting assistant surgeon; granted six months' leave of absence, without pay, from March 1.

W. J. S. Stewart, acting assistant surgeon; granted thirty days' leave of absence, without pay, from February 23.

MONUMENT TO GEN. SHIELDS.

Senate Committee Favorably Reports Bill Providing for It.

The erection of a monument over the grave of Brig. Gen. James Shields, former United States senator, was approved by the Senate committee on the Library yesterday. Senator Wetmore, the chairman, favorably reported a bill providing \$3,000 for the erection of a monument in St. Mary's cemetery at Carrollton, Mo.

Gen. Shields was three times a senator and from three different states. He represented in the upper house Illinois, Minnesota and Missouri. He was a veteran of the Mexican and civil wars, held several state offices in Illinois, and besides being in Washington as a senator, he resided here while holding the office of commissioner of the general land office.

Pythians Give Fancy Dress Ball.

A fancy dress dance for the purpose of raising funds to pay the expenses of the J. T. Caldwell Company, Knights of Pythias, to Milwaukee to participate in the competitive drill of the order, was given at Pythian Temple last night. About 100 couples were present. Many of the dancers appeared in rural costumes. Prizes for best costumes were awarded to Miss Jessie A. King and Alfred M. Copeland.

Recovering From the Grip.

Vincent F. Coughlin, after a severe attack of the grip, is convalescent at Atlantic City and will return to Washington in a few days to resume his duties.

Experience Teaches

That more SILVERWARE is injured by cleaning and polishing with preparations containing corrosive acids and chemicals than by actual use.

ELECTRO-SILICON

is absolutely free from these objections and is acknowledged by housekeepers everywhere to be the best Silver Polish known. Its cost is trivial and it will last many times over by the saving it makes in the wear of your Silver. Get the Genuine.

FREE SAMPLE

made on receipt of address.

The Electro-Silicon Co., 201 West 4th St., New York.

Sold by Grocers and Druggists.