

Two Birthdays
Every man, according to Charles Lamb, has two birthdays—the one, his own natal day—the other, the first of January, when with the birth of the New Year we wipe out old regrets, old scores, failures and worries and make a brand-new start.

Americans have celebrated many birthdays in Washington—business birthdays and New Year birthdays, setting year in and year out hundreds of public buildings, restaurants and public buildings.

AMERICAN ICE COMPANY

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Nearly 3,000 experts in industry, banking, transportation and agriculture worked one year on that question.

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A single burner cooks two or more things at a time. It keeps a whole dinner hot. On the closed, level top vessels do not need to be placed directly over burners.

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SPECIAL NOTICES
THE ANNUAL MEETING OF THE STOCKHOLDERS OF THE GEORGETOWN MASONIC HALL ASSOCIATION will be held on TUESDAY, January 2, 1923, at 12:00 noon.

SPECIAL NOTICES
NOTICE IS HEREBY GIVEN THAT AT A meeting of the stockholders of the Chemical Products Company, a corporation created and organized under the laws of the state of West Virginia, held at Congress Heights, Washington, D. C., on the thirteenth day of December, 1922, the following resolutions were adopted:

SPECIAL NOTICES
NOTICE IS HEREBY GIVEN THAT THE ANNUAL MEETING OF THE STOCKHOLDERS OF THE AMERICAN SECURITY TRUST COMPANY has been declared a regular dividend of 2 per cent on its capital stock of \$2,000,000, payable January 10, 1923, to the stockholders of record at the close of business on December 31, 1922.

SPECIAL NOTICES
NOTICE IS HEREBY GIVEN THAT THE ANNUAL MEETING OF THE STOCKHOLDERS OF THE FEDERAL TRUST COMPANY will be held at the office of the company, 36th and M sts., N.W., Washington, D. C., on FRIDAY, January 11, 1923, at 10:45 o'clock a. m.

SPECIAL NOTICES
NOTICE IS HEREBY GIVEN THAT THE ANNUAL MEETING OF THE STOCKHOLDERS OF THE FEDERAL TRUST COMPANY will be held at the office of the company, 36th and M sts., N.W., Washington, D. C., on TUESDAY, JANUARY 18, 1923, at 12:30 o'clock p. m.

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Patients Drugged With Water To Prove Autosuggestion
Dr. Coue Discovered Power of Imagination as Pharmacist, Says One of His Pupils, Describing Clinic.

BY LAURA MATTHEWS.
NANCY, France, December 14.—The "miracle man" of Nancy, France, discovered many years ago as a pharmacist that many of his most obstinate cases were cured by a few drops of distilled water or a brown bread pill. This proved to Prof. Coue that it was the patient's imagination which gave to the distilled water and the brown bread pill the quality of medicine for him.

His illustration to prove this statement—now almost hazily remembered—was a black six inches wide and twenty feet long on the floor. You are able to walk on it without any difficulty. The same plank is fastened off the ground and you cannot walk across it, because your imagination will not let you. The plank is fastened into the situation and given you a very distinct mental image of yourself falling on the ground. At the same time you will walk across it, you will not more than start before you begin to tremble, and if you insist upon continuing you will probably fall. Yet carpenters, sign painters, iron workers do that sort of thing because they know they can do it. But the moment you conceive your inability to do a thing your fear of doing it is doing it; the more you bend your will to the execution of it the more you are at the mercy of your imagination.

Value of Will Power.
Do not form the erroneous conclusion, however, that Coue or his new school of applied psychology underestimates the value of will power. It is only when the will power and the imagination are not in accord that the imagination proves itself to be the first prerogative of man.

Prof. Coue's method of self healing through the use of the sub-conscious mind is based upon the following ideas: First, that an idea or thought is capable of becoming a reality for the individual (providing it is within the realm of reason) if his imagination and the will is the greatest faculty of man.

We have within us two distinct individuals, the conscious mind, in which resides our will, memory, and conscious faculties of the brain, and the sub-conscious mind in which resides our imagination. The domain of the former is that of all conscious thought and action. The domain of the latter is unconscious thought and action. The chief task of the unconscious mind is to take care of all of the internal functions of our body without our conscious order or knowledge. It is through the knowledge, development and direction of the sub-conscious mind that Coue's method of applied psychology has attained its marvelous results in healing.

The chance for cure for the individual depends entirely upon his ability to put away his will power and all the other qualities of his conscious mind during the period of treatment and completely surrender himself to his sub-conscious self, using the imagination to visualize the desired results.

Upon entering his clinic at Nancy, Prof. Coue speaks to each individual regarding his health. If it is a new case he asks them for a brief history of their case and the diagnosis of their physician. If the case of a patient who has been there before, he invariably answers the inquiry by the cheerful reply "I am getting better."

Extreme Courage Needed.
The importance and seriousness of disease is so ridiculed that only a person of extreme courage can stand out against the overwhelming current of pessimism.

Very Simple Formula.
This explains the efficacy of his very simple formula. Twenty times every night before going to sleep, and twenty times every morning at the moment of waking, repeat in a low voice, loud enough to hear your own words, but without any effort to think or analyze, "Every day, and in every way, I am getting better and better."

American Girl, Coue Cured, Now Disciple of His Faith

IN connection with its new and exclusive series of articles by M. Coue, beginning next Wednesday, The Star has obtained several remarkable sketches of the famous Frenchman's personality, his intimate life, habits and mode of teaching, written by Miss Laura Matthews, an American girl, recently cured by his methods.



Miss Matthews was sent to France early in January, 1919, as a representative of the National Federation of Women's Clubs, to aid in the work of reconstruction following the war. Her labors took her to the Chateau-Thierry region, where, as a worker for the centenary committee of the Methodist Church, she was given charge of the reconstruction of three French villages. While directing a gang of German prisoners she attempted to move a steel beam. It fell upon her, injuring her back in such a way that, after three months in hospitals, French surgeons predicted she would never walk again.

Though eventually able to falsify this prediction, she continued to suffer as the result of the accident. She was sent to Toulon, in the south of France, to recuperate. Determining to continue her work in spite of her weakened condition, she converted a huge hotel in the city into a settlement and amusement center, both creating and directing the various activities. American newspaper correspondents referred to her, in a number of newspaper stories, as "the Jane Addams of France."

But she had overtaxed her strength, as well as the resources of medical science, and she was threatened with a second and more complete prostration when she began attending the free clinics of Emile Coue in Nancy. She was not only completely cured, but her natural abilities and previous experience had fitted her to become one of his most valuable disciples.

Miss Matthews is coming to America with M. Coue, and expects to conduct clinics, absolutely without pay, as the French savant prescribes. Her articles on Coue's methods and philosophy have the French expert's own authorization, and their publication as special correspondence in The Star will be welcomed as the most direct and practical statement on Coueism thus far received in this country.

W. Ry. and El., and Cap. Tr. Co.'s bus line now running Massachusetts Park
Surrounded by Washington's finest residential section. Containing seven million feet of forest-covered land, with six miles of improved streets. Includes what remains of "The Triangle of Increasing Values" between Connecticut, Massachusetts and Cathedral avenues (Woodley Rd.).

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It Is Easy to Start the New Year Right!
Did you realize that just \$8.20 is all that is necessary to start a \$1,000 Insured Savings Account?

Commercial National Bank
14th St. at G
Capital and Surplus, \$1,475,000.00
One deposit both saves and insures

Million Rubles For a Cigarette, Paid in Moscow

By the Associated Press.
MOSCOW, December 29.—American-made cigarettes now are on sale in the streets of Moscow for about one million soviet rubles each. The bolshevik ruble has been fluctuating to such an extent lately that it has been a common occurrence for dealers to boost many articles billions of rubles overnight. These were principally diamonds, gold and platinum jewelry, furs and other luxuries sought by speculators, the "quadrillionaires" and others with loads of the soviet paper cash.

MANN LEAVES \$250,000. Late Representative's Will Filed for Probate in Chicago.

CHICAGO, December 29.—The late Representative James H. Mann, who died in Washington November 20, left an estate of \$250,000, which will go to his widow, it was disclosed yesterday when his will was filed for probate. The instrument left the estate to the widow and their son, who died prior to his father. The entire estate now goes to Mrs. Mann. It consists of \$175,000 in personal property and real estate valued at \$75,000.

New Willard cuisine. New Willard appointments. New Willard service. Coffee Shop prices. A genuine dinner delight \$1.50 — 6 to 8:30 P. M. Table d'Hote Dinner. COFFEE SHOP NEW WILLARD HOTEL

The Young Men's Shop 1319-1321 F Street December 29 STORE NEWS 8 A.M. to 6 P.M.

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Regular \$50 Suits \$29.75

Regular \$50 O'Coats \$29.75

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Soft Hats Up to \$5 \$2.65 \$2 and \$2.50 KNOX Caps, \$1.15