

fatigue poison followed by a period of rest and refreshment can be taken, day after day, without permanent injury. But an overdose steadily repeated works havoc.

In January and February the hospitals are flooded with young men and women, boys and girls, all with rheumatism often fatally attacking the heart, or with pneumonia or rapid tuberculosis.

They are paying the penalty of the evils of all of us.



IN LITTLE OLD NEW YORK

By Norman

(The World's 20 Greatest Men,
As the Junior Office Boy
Pick Them.)

n. y.,—Well, did you pipe the bunch of guys andy carniggy picked out for the world's 20 gratest men

by giminy, i bet it would take a collidge perfesser to tell who the most of them are, i never herd of 1/2 of them fellers in my life, and i bet you dident neether

one of the names andy puts in his list is mushet

i bet there aint as many pepel in the yunited states ever herd of mushet as votes the prohibition tickit in kentucky

and a lot more dark horses like that, i understand most of them was boobs that invented sumthin' about making steel, witch of corse helped mr. carniggy in his bisness and made him think well of them

but nix for me them mill hands, nor most of the rest of andy's crowd, i got as good a rite to make a list as he has, and mine is

real fellers that sumboddy has herd about

here the are, have a look

gorge washinton

gorge m. cohen

crisstofer columbus

jack johnson

julyus seezer

buffalo bill

ty cobb

admirel dewy

sam white

paul revar

jack hinns

abe linkoin

eddy foy

robbinson crusoe

u. s. grant

captain kidd

cristy mathewson

teddy rosevelt

j. franklin baker

tom eddison

if you can beat that bunch you
got to go sum johny



THE CHORUS

The singers die—yet still
I think beyond the hill
Their voices rise and flow
From the sweet long-ago.

Men perish—but a song
Still lingers with the throng
Piling more high the Voice
That makes mankind rejoice.

And day by day the breath
Of music winnows death
Saving for all the race
All of man's singing grace.

Many a draft at the bank works
no better than the draft in the
chimney.