

the new ballroom dances. It may be described as a combination of the old "negro shuffle" and the more modern ragstep. Its variations are too numerous to mention. In fact, it may be said of the fox trot that any step which is done in unison with the fox trot music may be called fox trotting.

GIRL OF THE SLUMS HEROINE OF NEW BOOK



Mary Watts.

Mrs. Mary S. Watts, writer of semi-historical tales, has turned from the romance of Ohio's pioneer days to the world's dark corners, the slums of a big American city, to find material for her new book, "The Rise of Jennie Cushing."

Mrs. Watts' book is a romance, not an economic essay, but, nevertheless, it throws searching light on the struggle—and the cause of the struggle—of the jobless, friendless girl who fights for existence on the battlefield called the city.

ANOTHER "HAPPY THOUGHT"

The world is so full

Of a number of kings—

That's probably what is the
Matter with things.

FEW POINTS ABOUT NEEDLES AND PINS

By Caroline Coe

When purchasing needles be sure and get assorted sizes. In each paper one gets the three standard sizes—sharps, a rather long needle; ground downs, a little shorter, and between, still shorter. Each kind has its own particular place, in which it does the work most easily and helps the seamstress by being the right length and size for the material used.

Number 6 and 7 needles work at their best on very coarse material, and the thread should be either 40 or 50. Number 8 needles should be used for hemming towels and material of that weight; number 9 needles on cotton goods, and number 10 on the very finest work.

Never use a bent needle. It makes the stitches uneven.

Use a thread as long as your arm for ordinary work; for very fine work take shorter needleful.

If the thread "knots or kinks" remove needle and begin at end of thread near the cloth, draw thread between the thumb and first finger several times.

Be sure and thread the needle with the end of the thread that has just been broken from the spool.

Put the thread through the eye of the needle with right hand, holding the needle between the thumb and first finger of the left hand.

Baste all work with thread of contrast color. It is easier to see and also makes "pulling" bastings a necessity.

Always baste silk and velvet with silk thread. Use the odds and ends of the spools of silk. If cotton is used, one is apt to cut the silk when removing bastings.