

your joints stiff and your muscles flabby.

Dear Aunt Mary's heart grew old with her body. She did not seem to want the youthful joys she could not have, but her mind kept pace with the influences of the great world's events and experiences, and she was interested in everything that happened.

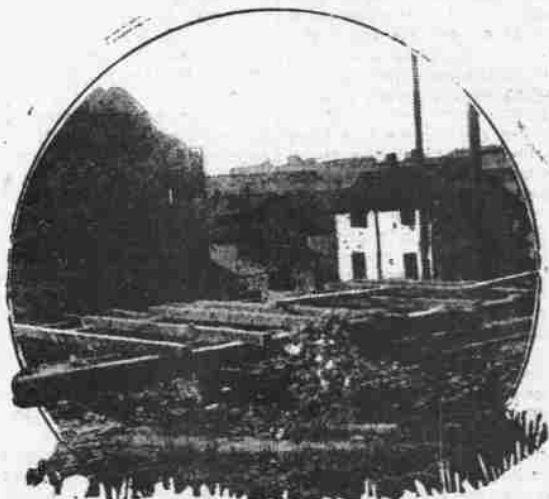
Mother Waverly's heart is just as frivolous and foolish as it was when she was 20, and she longs for the

same flattery and adulations she had then. Her mind, too, has remained back in that very narrow and very vulgar mid-Victorian age, when girls said "limbs" instead of legs and fainted at the sight of a mouse to show their delicacy and modesty.

The one legacy that Aunt Mary has left me that I appreciate above all others and which I shall try to keep always is the knowledge that one can grow old gracefully.

(To Be Continued Tomorrow.)

## HOW ONE CITY PUT KIBOSH ON ITS BIG RED-LIGHT DISTRICT



Rather than have the stigma of a redlight injunction placed on his two houses, Joseph Herman of Seattle, Wash., tore them down. Here's all that's left.

### HOUSEHOLD HELPS

When matting is soiled rub it with a flannel cloth dipped in luke warm water. Rub the spots with moistened cornmeal. Then go over the whole surface again with salt water, this time cold. Wipe with a dry cloth.

This method of cleaning does not turn the matting yellow, as water usually does.

To clean the small wool powder puffs, dip them in alcohol. In this way the softness of the surface is indefinitely retained.