

before we learn how to make the best of it.

"Was this grass of the earth made green for your shroud only, not for your bed? And can you never lie down upon it, but only under it?"

Then the "bitterness of old age" creeps on unless one has made himself a savings fund of philosophy, unless one has cultivated a serene habit of mind, unless one is able to repeat quite cheerfully:

"Time goes, you say?

Ah no.

Time stays. WE go."

(This series will end with the article on "Intemperance," to be printed tomorrow.)

UNCLE SAM'S RECIPES

By Biddy Bye

No matter what the cut, whether expensive or cheap, meat cannot be used to the best advantage unless well cooked.

Poorly prepared meat dishes are almost inevitably wasted on the table.

But small bits of meat and inferior qualities may be served at the home table as successfully as in fashionable hotels, masquerading under foreign titles.

Here is one of Uncle Sam's choicest recipes for using up odds and ends of meat:

Meat Turnovers

Almost any kind of chopped meat may be used in these, and if the quantity on hand is small, may be mixed with potato or cooked rice. This filling should be seasoned to taste with salt and pepper, onion, or whatever is relished, and laid on pieces of short biscuit dough rolled thin and cut into circles about the size of an ordinary saucer.

The edges of the dough should be moistened with white of egg, the dough then folded over the meat and its edges pinched closely together. If desired, the tops of the turnovers may be brushed over with yolk of egg

before they are placed in the oven. About half an hour's baking in a hot oven is required.

Serving with a brown sauce increases the flavor and moistens the crust.

(Another recipe by Uncle Sam tomorrow.)

FORMER MRS. THUMB WOULD PUT FINGER IN CONGRESS PIE



COUNTESS MAGRI.

Countess Magri, 75-year-old mid-get, whose first husband was the late Gen. Tom Thumb of circus fame, says she will run for congress two years hence. The countess says she spoke to every president from Lincoln to Taft.

FABLE

Once upon a tyme there was a politician who made a lot of promises before election and saw that they went through after he was elected,