



VICTORIA CONFERENCE.

A New Field of Labor Opened Up in British Columbia.

Elder B. H. Telford sends this report from Victoria, B. C., June 30: May 12 last, Nephri Pratt, president of the Northwestern States mission, Elders Wm. M. Swan, Walter W. Stevens, Nephri Johnson, Joseph L. Nelson, Alonzo Raymond, Jr., John L. Haynes and myself left Seattle, Wash., on the steamer Majestic for Victoria, B. C., to establish a conference in this city, arriving here at 3 p. m. same day, having had a most enjoyable voyage. We were once called on the mayor and obtained permission to tract the city and hold street meetings.

May 14, Wm. M. Swan was set apart to act as president of the Victoria conference. Next day Elder Pratt left us going to Portland, Ore., to hold conference. We began at once to tract from house to house and hold meetings on the street. No sooner did we begin our work than the emissary of the evil power began to stir up the people against us. One of the opposers was an apostate, the other a preacher from one of the churches in the city. Through their cry of "deism" they have caused a great many to investigate. Some of the more intelligent class of people have been regular attendants at our meetings, and are reading our literature with great interest. At different times we have had from one to two hundred people to listen to our testimonies to the restoration of the Gospel through the Prophet Joseph Smith.

The people here have not heard much about "Mormonism," nor do they know much of its doctrines. One of those who oppose us every night on the street in telling the people some of our claims about the angel bringing the Gospel. He said the next thing you hear the "Mormons" will be having a temple in Salt Lake City, that Christ will come to them.

We have found three members of the Church here, a Sister Raymond, who was formerly a Miss Jackson of Plover, Utah, and a Brother and Sister Copley. The last two named left Utah some 30 years ago. They are the parents of 14 children of whom eight are now living. Brother and Sister Copley having strong testimony to the truth of the Gospel, have given us every evening the sermons, and other valuable reading published in the Deseret News to which they are subscribers.

If the Saints at home having friends or relatives in the world, are desirous of doing missionary work, I suggest they send them the Semi-Weekly News. Victoria has not the hustle and bustle of some of our cities in the northwest, but it is a beautiful city and very quiet. All the Elders are very much encouraged in their new field of labor, and are working hard to establish the truth in the minds of the people. We are holding four street meetings each week every afternoon is spent in tracting, while the forenoon is spent in Bible class meetings and singing. The singing is conducted by Elder Nephri Johnson, whose untiring efforts are to teach the Elders the songs of Zion. I am pleased to say a marked improvement has been made through his efforts.

The kind, fatherly advice of Elder Swan is appreciated by the Elders, and the conference over which he presides, we hope in the near future will be gathering in its harvest of well ripened sheaves. This is the first time the Gospel has been preached in British Columbia. Anyone having friends in this part who they would like to meet the Elders, will confer a favor by writing President W. M. Swan, Box 278, Victoria, B. C.

The "News" and Era are much appreciated by the Elders.

IN OLD MEXICO.

An Interesting Conference at Colonia Diaz.

Colonia Diaz, Chihuahua, Mexico, June 6.—The quarterly conference of the Juarez stake of Zion was held at Colonia Diaz, Chihuahua, Mexico, on Saturday and Sunday, May 30 and 31. We were favored with the presence of Elder George Teasdale and his wife and the Apostles, Elders Louis A. Keisch, of Salt Lake City, and Daniel H. Thomas of Provo, and Presidents A. W. Ivins and Helaman Pratt. Elder George Teasdale was with us in the beginning of these colonies and left us about seven years ago, when Elder A. W. Ivins succeeded him in the presidency of this mission. Brother Teasdale has not visited the colonies since. He and his family arrived here Friday, May 29, and they met with a joyful reception. Elder A. W. Ivins and Bishop D. Johnson Jr., with the Saints, Priesthood officers and members of the Sabbath school and Elders, were out in front of the meetinghouse to welcome our visitors. The band played and the children sang, "Jesus, Mighty King in Zion," and that favorite song with "Teasdale," when he was superintendent of the Sunday school here, after which we all retired to the meetinghouse, where W. D. Johnson Jr. delivered an address of welcome. The little children presented bouquets of flowers to Elder Ivins and the visiting brethren and sisters. Elders George Teasdale, M. F. Cowley and Louis A. Keisch expressed their appreciation of the kindly welcome given them by the Saints. Then followed a general hand-shaking. The entire reception proved to be a joyous affair. At 10 o'clock Saturday morning the conference commenced. Elder A. W. Ivins, Bishop D. Johnson Jr., President of Colonia Diaz, George C. Naegle of Oaxaca, reported the stake and wards in favorable condition. Elders Louis A. Keisch and M. F. Cowley occupied the remainder of the morning. On Saturday afternoon, after singing and invocation by Elder Isaac W. Pierce, the speakers were President Helaman Pratt, Bishop W. D. Johnson Jr., of Colonia Diaz, Joseph C. Bentley of Colonia Juarez, Elders David H. Thomas and George Teasdale. At 4 p. m. there was a conference of the Relief societies, Sister Mary Eyring presiding. The general and stake authorities of the Relief societies were sustained. Sister Eliza Tandy reported the Relief society of Colonia Juarez, the Mother's class. Bishop George Naegle and Sister Letitia Teasdale and Sister Mary Eyring addressed the conference. On Sunday morning there was a general Priesthood meeting. There were present, two Apostles, 33 High Priests, 12 Seventies, 23 Elders, six Priests, seven Teachers and six Deacons. The meeting was presided over by Bishop W. D. Johnson Jr., Elder A. W. Ivins, Elders M. F. Cowley, Louis A. Keisch and George Teasdale occupied the time. Sunday morning the Sunday school convened at 9 and an hour's session was held. The officers, teachers and scholars were much encouraged by Elders Teasdale, M. F. Cowley, Louis Keisch, Daniel H. Thomas, and A. W. Ivins, who addressed the school. The general and stake authorities were excellent. The stake conference convened at the closing of the Sunday school. After singing and prayer Elders M. F. Cowley, Bishop George W. Hardy of Colonia Juarez, and Joseph C. Bentley of Oaxaca, were the speakers. On Sunday afternoon at 2 p. m. conference again convened. The sacrament was administered. Supt. Jesse N. Smith, reported the Sunday Schools in good condition. The general and stake authorities were unanimously sustained. The speakers were Bishop Joseph C. Bentley, Elders Louis Keisch and George Teasdale, President A. W. Ivins making the closing remarks. Benediction by Elder John Charrington. The meetings were exceedingly well attended, the Saints coming from long distances, and an excellent spirit prevailed, making all feel well paid for their long journeys. The singing by the choir under the capable leadership of Prof. Eranis Fillerup, was an important feature of the conference. In the evening a conjoint meeting of the M. L. associations was held. Elders M. F. Cowley, Louis A. Keisch, Jesse W. Richards and George Teasdale and Sisters Letitia Teasdale and Amy Whiting were the speakers. Sister Marie Mortensen sang a solo and Annie Johnson and Dora Jackson a duet. Benediction by Pres. A. W. Ivins. Monday morning Elders Cowley and Keisch left to hold meetings at Juarez and Dublin. Brother and Sister Teasdale and Brother Daniel H. Thomas remained visiting old acquaintances and friends. On Monday evening a social party was given which consisted of songs, recitations, short speeches and some dancing of a very nice nature. Tuesday morning a meeting under the auspices of the Y. L. M. L. A. was held. In the afternoon a banquet was tendered the visitors and other friends at the home of Patriarch Charles Ritchie. An impromptu program consisting of short speeches, songs, etc., was rendered, making a joyous occasion, appreciated by all present. In the evening the Home Dramatic Company presented the drama, "A Woman's Honor." On Wednesday morning the visitors left for Dublin to visit the other settlements.

THE WELSH CONFERENCE.

A Profitable Gathering and Good Reports.

The subscribed report is sent by Elder Jos. B. Hawley, who writes from Canton, N. H., July 2: The Welsh semi-annual conference convened at St. John's lecture hall, St. John's Square, Cardiff, Sunday, June 28, at 10 a. m. There were in attendance, President Francis M. Lyman, of the European mission; Henry E. Wynder, David S. Thomas, Daniel Williams, Jos. B. Hawley, George E. Gibby, Isaac Morris and Albert J. Jones; also Brother William N. Williams of Idaho. After opening exercises, sacrament was administered by Elders Morris and Jones. Elder Wynder made an address of Welcome and presented the general Church authorities, and the traveling missionaries of the conference, all being unanimously sustained. The statistical report was then read. Elder Williams read a tract entitled "One Time to Think," and spoke on the same and on the first principles of the Gospel. Elder Morris spoke of the necessity of a new birth. Elder Jones bore his testimony, and expressed his desire to remain faithful. Elder Gregory told of the blessings of God which had been with him. President Lyman referred to the mission of Jesus Christ on earth, who, through the shedding of His blood, redeemed mankind from the fall of Adam, and their own transgressions, and they would obey Him. Mr. Lyman said, he is to work out his salvation. To do this he must listen to the promptings of the Spirit of God. In the afternoon at 2:30 meeting again convened. Elder Thomas read a comparison between the Kingdom of Heaven and the Kingdom of the earth. Elder Hawley spoke upon the plan of life and salvation. Elder Gibby showed what great works could be accomplished through faith. President Lyman took for his text Matt. 7: 15-16. He said that a true prophet is known by his good works, and that good works were the fruits of the Latter-day Saints, though they were opposed by the pulpits and the press. At the evening meeting Elder Gardner took as text Romans 2. He showed the necessity of individual work. Elder Davis spoke of gifts and blessings that were promised by the Savior to the true believers. Elder Wynder thanked those present for the interest they had taken during conference. He then took for his text, John 17: 1-3, and spoke of the mission and martyrdom of Joseph Smith. President Lyman mentioned some of the reasons why the Latter-day Saints were persecuted by the world. On Monday, June 30, at 9 a. m., President Francis M. Lyman met with the Elders and heard their reports for the last six months, which were favorable. He counseled them in their labors and duties as missionaries. The Elders were then assigned to their fields of labor. We have some of Zion's best workers

NEBRASKA CONFERENCE.

Elders from Headquarters Making A Tour of the Districts.

The following letter is dated Bartley, Neb., July 1, and is signed by Elders C. Le Roy Knight, and J. G. Richards: I should Stewart of the Nebraska conference and Elder Elias C. Orme, from the headquarters of conference at 2725 Seward street, Omaha, Neb., making a tour of the districts, where the Elders are laboring in the various parts of the state, arriving at Cambridge, this state, on the evening of the 22nd, where we joined them in holding open air meetings upon the streets of Cambridge for six consecutive evenings with very good success. The people turned out liberally and did themselves credit by their orderly conduct. We sold them a number of books (Voice of Warning) and distributed other literature among them. We hope we may have touched the hearts of some honest souls, causing them to reflect more seriously of their condition spiritually, present and future. On the evening of June 28, Elders Stewart and Orme left for Hayes Center, county seat of Hayes county, where they will visit with Elders Elias C. Orme and William O. Hardman. Accompanying them so far as Bartley Red Willow county, we bade them good bye. Since our arrival here we have been holding series of open air meetings each evening, with fairly good success. Think we can have larger attendance upon the streets than in halls, especially in the smaller or country towns. Here the people are not so much interested in doctrine of the Church of Jesus Christ as in other parts where we have been, but it gives us pleasure to state that in this vicinity there are some earnest investigators. We look forward to the days when the Church of Jesus Christ and Era are due, with much anxiety.

IN LOUISIANA.

The Elders There Doing a Good Work.

The subscribed letter is from Elder Jos. E. Jensen and is dated Powellville, La., July 1: The work of the Elders of the Church of Jesus Christ of Latter-day Saints in the Louisiana conference, is reported by Elders Jos. E. Jensen and R. B. Seely, as in a thriving condition. There are 10 Elders in this state, working to fulfill the prediction made by our Savior. This Gospel of the kingdom shall be preached in all the world as a witness unto all nations. And then shall end shall come. Matt. 24, 14 verse. All of them are enjoying good health, and are gaining many friends and investigators, and baptizing a good many. In the month of June we had the opportunity of baptizing nine persons, and confirming them members of the Church. The Elders of this state are having success in availing most of the deep-rooted prejudice against the whole race as a whole. We are deeply in love with the people in presenting the unchangeable plan of salvation to the people. OF INTEREST FROM BUTTE. Conference Notes—Out of Employment—Many Leave for Other Places. The following items are sent by W. W. Grange, in a letter dated Butte City, Mont., July 2: The Latter-day Saints held their quarterly conference on Sunday, June 28, in the Good Templars' hall on West Broadway. Elder Hyrum Smith, of the Council of Apostles, and Elton S. Wells, of the First Council of Seventies, were present, also Elder Nephri Pratt, president of the Northwestern States mission, and the following Elders: U. W. Grange, president of the Idaho conference; E. N. Starinworth, president of the Anaconda conference; E. S. Hansen, T. P. Earl, Jr., S. O. Anderson, J. A. Welch, E. J. Merrill, G. W. Hulst and J. L. Lyman. The sessions were fairly well attended, and the visiting brethren spoke with great power. Butte is at this time passing under a cloud. By the shutting down of the Anaconda amalgamated copper company's mines about 4,000 men in Butte, and 2,000 in Anaconda, are said to be thrown out of employment. This state of affairs affects most of all our Latter-day Saints, many of whom are preparing to leave, and will very nearly break up our branch organizations in those two places. All our strong members will have left us in a few days. Elder Christian Johnson who for years has been president of the Butte branch of the Church, who has been our main stay, whose faithful labors and righteous example have held the branch together, became ill from the effects of bad air etc., in the place where he worked, and in consequence was compelled to leave. He has bought himself a place in La Grande, Oregon, and is now there himself, and will soon move his family out there. One of the counselors of President

WOMEN WHO WORK

May Look to Miss Florence O'Brien as An Example. She Tells How They May Find Relief From Much Unnecessary Pain and Suffering. Women who work must keep well. They cannot afford to be sick. But frail women frequently overestimate their strength and endurance, or an unsuspected troublemaker work incoordinator. Two years ago Miss Florence O'Brien was in a low state of health from a trouble to which her sex is subject, but now, thanks to Dr. Williams' Pink Pills for Pale People, all is entirely free from it. Miss O'Brien is a dressmaker living at No. 305 Flora street Washington, Ind., and is glad to tell for the benefit of others, how she was cured. She says: "Regularly I had terrible cramps and vomiting spells which lasted for several days. I was dizzy and awfully sick, was very much constipated, my stomach became disordered and bloated and at last got so sore and tender that I could not bear the least pressure upon it. The doctor who attended me said my trouble came from lack of outdoor exercise and too much work running the sewing machine. But he did not help me and I found no relief until, upon the recommendation of a friend, I began taking Dr. Williams' Pink Pills for Pale People. That was in May, and in June I was much better and in July the change was remarkable. I took four boxes altogether and was perfectly free from my trouble. I recommend Dr. Williams' Pink Pills and I know of several other cases which they have cured." Dr. Williams' Pink Pills for Pale People are sold by all dealers, or will be sent postpaid on receipt of price, fifty cents a box, or six boxes for two dollars and fifty cents (they are never sold in bulk, by the dozen or hundred) by addressing Dr. Williams Medicine Company, Schenectady, N. Y.

HIGH PRIESTS MEET.

Report of a Conference Held at Logan.

Logan, Utah, July 2.—The High Priests of Cache Stake met in conference in the parlors at Logan, Utah, June 23, at 10 a. m., Elder Edward W. Smith presiding. There were on the stand of the presidency of the High Priests of the stake, Elder E. W. Smith, president of the stake, and Elders W. Smith, and Isaac Smith; several members of the High Council and Patriarch. Accompanying them so far as Bartley Red Willow county, we bade them good bye. Since our arrival here we have been holding series of open air meetings each evening, with fairly good success. Think we can have larger attendance upon the streets than in halls, especially in the smaller or country towns. Here the people are not so much interested in doctrine of the Church of Jesus Christ as in other parts where we have been, but it gives us pleasure to state that in this vicinity there are some earnest investigators. We look forward to the days when the Church of Jesus Christ and Era are due, with much anxiety.

RETURNED MISSIONARIES

Elder Geo. J. Jarvis writes from Colonia Diaz, Mex., June 29: I was set apart on the 16th of April, 1891, for a mission to the Southwestern States. On arriving at headquarters, Kansas City, Mo., I was assigned to labor in the North Texas conference, and there I spent my entire mission till released on the 14th of June, 1891. I enjoyed excellent health during my entire mission, and my labors have been, and are a source of great satisfaction to me. I have had the privilege of seeing some of the best of my labor, having baptized five souls. I have the satisfaction of knowing that there are yet many who are earnestly investigating as a result of the labors of myself and companions. The work of the Lord is in a prosperous and thriving condition in the North Texas conference. The fathers and mothers who have sons in that conference are in London, and are the men of God and are striving to do their duties. Miss Olive E. Clark of this city returned July 2 from a mission to Great Britain, for which she was set apart June 25, 1891. On her arrival at Liverpool she was assigned to the London conference, where she labored with much success and great satisfaction for three months. She was transferred to the Leeds conference, her labors in this district being confined principally to the city of Bradford, where she left many investigators. Only two returned from her mission very much, had good health while away and returns feeling thankful for the privilege afforded her. The "News" is pleased to again meet Elder Lewis B. Dittmore, of Linden, Utah county, who returns a home on the 19th inst. after a 22 month mission to Australia. Elder Dittmore was set apart for this mission on Nov. 16, 1890, and proceeded the following day on his great journey. For the first year he labored in the New South Wales conference. Two months after his arrival he was appointed with Elder Solon J. Foster by President Field to open up the work in New Castle, where he remained 19 months, battling against great odds in the Catholic populace, which was very cold, and the Protestant—chiefly of the "Josephite" denomination. The latter were also very bitter, and but few friends were made here. Soon after Elder Dittmore left the field was closed and at present no Elders are laboring in New Castle. Elder Dittmore later labored in the South Australian conference to a much more profitable constituency. Elder Charles P. Beus of Hooper, Wyo. Co., returns a home on June 27 last from a mission to the Netherlands, where he has been laboring for the past 22 months. Elder Beus spent the entire time in the Liege conference, where he was a great many months as a traveling Elder. He was then appointed as president of the conference, which position he held until his release. Elder Beus states that he found a great many Catholics in his territory who, as a rule, treated the Elders very well, but in tracting he found them very cool. But where entrance into the homes and hearts of the people could be secured, many truth-seeking friends were found. A great many conversions and baptisms were made, and good results follows the labors of the Elders. Elder John S. Perkins of the Sixteenth

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WHAT TO EAT.

Valuable Suggestions for the Kitchen and Dining Room. This matter will be found to be entirely different from and superior to the usual run of food articles, in that every item is a nugget of culinary wisdom and eminently practical. Conducted by Katherine Kurtz, Marquette Building, Chicago, to whom all inquiries should be addressed. All rights reserved by Banning Co., Chicago.

Menus for Next Three Days. SUNDAY. BREAKFAST. Strawberries, Grilled Tomato, Cereal Griddle Cake, Maple Syrup. COFFEE. DINNER. Soup Julienne, Potato Border, Asparagus on Toast, Cucumber Salad, Strawberry Shortcake, Coffee. SUPPER. Jellied Tongue, Orange Layer Cake, Pineapple, Cocoa.

MONDAY. BREAKFAST. Cereal, Stewed Lard Apples, Thin Slices of Ham, Cream Sauce, Toast. LUNCHEON. Hot Salmon, Potato Sauce, Stuffed Potatoes, Cucumber, Celery. DINNER. Tomato Soup, Kidney Stew, Baked Potatoes, Spiced Beets, Lemon Meringue Pie, Coffee.

TUESDAY. BREAKFAST. Cereal, Fruit, Cream, Hashed Brown Potatoes, Coffee. LUNCHEON. Shad Roe, Sauce Tartare, Cottage Cheese, Tea, Spanish Bread. DINNER. Clear Soup, Brown Sauce, Escalloped Potatoes, Fruit Salad, Cream, Coffee, Wafer.

VARIOUS IN DRINK. In hot weather the capriciousness of the appetite seems to extend to every line of food and demands variety as well as quantity in beverages to quench the thirst in bringing a sense of refreshing coolness to the body. It is well to vary the drinks served with the meals as much as possible, serving fruit juices whenever they seem a fitting accompaniment of certain articles of food in the bill of fare. Lemonade will go well with a fish dinner, cherry cordial with chicken, blackberry or raspberry with mutton and veal and grape with beef. Several fruit juices blend nicely and may

LEMON SYRUP. This is nice to have on hand in hot weather. Squeeze the juice from 12 lemons, grate the rind of 8X and add to it a pint of sugar. Stir until the sugar is dissolved, then strain through a cloth, put in bottles and cork tightly. Add a tablespoonful to a glass of ice water.

COOKING BREAKFAST BACON. The secret of cooking breakfast bacon so that it will be a light brown, dainty and crisp is as follows. First the bacon must be more fat than lean to cook in this manner. Have the slices cut thin as possible, pare off rind and edges. Have the pan quite hot when the bacon is put in. Shake the pan frequently and quickly while the bacon is cooking, turning the bacon once or twice. In three or four minutes it will be ready to serve.

BLACKBERRY BREAD. Mrs. G. H. C. writes: Will you give me a recipe for making a dessert called blackberry bread? I stew a quart of blackberries with half a cup of sugar. Have ready some thinly sliced baker's bread, buttered and crusts trimmed off. Pack alternate layers with a plate on top, and serve ice cold.

"KEEP MONEY AT HOME"

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ADVERTISERS SHOULD USE THE Semi-Weekly News. CIRCULATION BOOKS OPEN TO ADVERTISERS. If they desire to reach the people of the Western States and Territories in their homes.

A Most Delicious Dessert. Shredded Whole Wheat Biscuit. Shredded Whole Wheat Biscuit is made in the most hygienic and scientific food laboratory in the world. The wheat is spun into light shreds, containing thousands of open pores and is not crushed flat and dense as in the case of other foods. These pores absorb the digestive juices and provide far greater surface for their action than is given by any other food. The following simple "course before coffee" is much in vogue with club men everywhere. The simplicity of preparation and the little cost, together with the delicious taste of the compotes, make this dessert in rare favor in the home. USE SEASONABLE FRUIT AND SHREDDED WHOLE WHEAT BISCUIT. Split and slightly toast the Biscuit, then serve with berries, sliced peaches, bananas, or any seasonable fruit. Simple, isn't it? Your verdict will be "Simply Delicious". For Shortcake—With sharp knife have the SHREDDED WHOLE WHEAT BISCUIT lengthwise; prepare BISCUIT for sauce (or banana or mixed fruit) and whipped cream. set aside. When serving, arrange halves in layers covered with fruit and sauce. SHREDDED WHOLE WHEAT BISCUIT is sold by all grocers. Send for "The Vital Question" (Recipes, illustrated in colors) FREE. Address THE NATURAL FOOD CO., Niagara Falls, N. Y.

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