WOMEN'S REALM

While the American girl is getting her first tastes of the joys of summer bathing and rowing, the English maiden is full of excitement over the races. Of course the Derby is the great occasion of the season, but, fortunately for the girl who didn't have an opportunity to display her gown at that time, there are other races and many more gowns. It is a remarkable truth that notwithstanding the fact that there is no place where a woman so completely forgets her costume as at the races, she nevertheless takes more pains with it beforehand than for the opera or a swell reception.

It is at the races that one sees the race of fashion at its best, and it is much more difficult to determine upon the winner, as there are so many of fashion's goal posts that one becomes bewildered in the attempt to assign the proper amount of importance to each.

There are so many different types of the fashionable woman, and yet a connoisseur never mistakes one, for there is an indefinable something about every type that is as unmistakable as it is elusive.

There is the swagger woman in her mannish gown with its stunning revers and spotless chemisette. Even here we find a number of variations in the shape of blazer with full shirt front—a style not much worn now—tight fitting Eton and Louis jacket with its ripple back. The chief feature of all these is the revers. Revers are most stunning when made of white but often the material is linen, or is veiled with creamy lace.

A black brilliantine jacket to be worn with a grass linen shirt waist has a double collar and revers of linen. The cuffs are also trimmed in the same way and the effect is decidedly smart.

Then there is the tailor made girl who is always correct no matter what the occasion. She is very much like the other type except in her dignified manner which is generally ladylike but cold.

Then there is the girl who is always the very first to bring out a new fancy, the first, I mean, after the stage girl has introduced it. It is she who started the popularity of the nose hat, and reconciled the timid girl to the daring act of carrying a cane. The cane, by the way, has been found extremely useful as a wand upon which to display one's sentiments in flying colors. It is used by the college girls and the sweethearts of college boys to wave the college colors with. No pleasanter prospect was ever witnessed than the spectacle of beautiful girls in beautiful gowns, brandishing graceful sticks with yards and yards of ribbon floating from the top. It is a fashion that will increase rather than diminish in popularity, for the days of the yacht races are coming on apace and the cane will be in great demand for the maid of a nautical turn of mind.

Meanwhile, the English girl is carrying her cane to the horse races with the colors at the very end of it, so that she can get them just as high as possible where they will surely be seen.

The English girl is really a truer admirer of the horse than the American. She rides, herself, and is brought up to know the noblest of dumb animals. She is, therefore, interested in his prowess, and eager to see him display it. The American girl prefers to see men fight for a goal or a prize and is never so enthusiastic as when they are pounding each other hardest, and risking their very lives to win.

Because the English woman has the love of horseflesh born in her she never fails to honor the occasion of a horse race with her gayest attire. Colors are more brilliant and materials more gaudy here than anywhere else on British soil. Greens and blues and purples mingle together and form a spectacle that is dazzling. One hardly realizes that there are so many colors in the spectroscope as one sees at a race.

Of all the tints probably purple leads the rest in popularity this season. It certainly does in England, and, judging from the hats which American girls wear, it is a favorite with us. Especially is it in favor in combination with yellow—not exactly purple and gold, which is the proverbial acme of luxury in color effects, but quite as effective.

A purple gown that was decidedly conspicuous at the races I have been talking about was made of a filmy purple stuff over silk, with a shot silk skirt. An edge of mull trimmed the bottom of the skirt. The bodice had strips of yellow ribbon arrayed in rows running to a point in the middle of the back. This trimming of the bodice in a striped effect is, by the way, very popular. Many of the new shirt waists that fasten in the back are laid in tucks that run round and round, on the sleeves as well as the bodice. A blue one has white tucks alternating with the blue ones.

The same effect is obtained in a linen waist by running seven or eight rows of Valenciennes lace around bodice and upper sleeves.

Green is next to purple in popular favor and stands beside it on all fashionable public occasions.

A striking gown of green made especially effective by its trimming of steel was admired almost as much as the purple one. The material was green silk, and was really a combination of two shades of the same color, an artifice much employed by designers nowadays. The skirt was trimmed with up and down rows of white lace, and at the edge of each strip of lace was a row of steel buttons. The bodice had the same trimming of buttons and lace, but they were not put on in rows as on the skirt. The collar and belt were of a darker shade of green velvet. The sleeves were plain to the elbows, and from there they were quite fancy, being trimmed with two rows of buttons and lace. Sleeves are usually trimmed in some way, because we cannot become reconciled to the small ones all at once. The hat was rather high with three bows in two shades of green overlapping each other. There was a steel buckle and white tips and one in two shades of green. This fancy for feathers in variegated colors is decidedly new and is going to be popular. It would seem that the average woman ought to be contented with getting one representative of every color of the rainbow on her hat without mingling several colors on the same plume. But the facts do not support this theory. There are chinchilla feathers, tips in three tints, large plumes in several colors, possibly enough to match all the shades of flowers worn.

One other gown that was conspicuous beside the purple and green ones I have mentioned was light blue. It was of a very soft material, trimmed with fluffy mousseline. The skirt showed the preference for the combination of two shades of the same color, for it was figured in darker blue than the background. The bodice was covered with mousseline and had huge sleeves shirred in puffs. At the neck was a dark blue velvet collar, and the belt was enameled leather to match.

ANNIE LAURIE WOODS.

GOWNS SKETCHED AT AN ENGLISH RACE.

In Woman's Interest.

The out-door woman should not neglect to make herself attractive in her enthusiasm in seeking health and recreation out of doors. Appropriate gowns must be one of the first considerations; they should be picturesque and becoming as well as useful, and suited to their purpose. Yachting gowns are more dressy than ever before. Serge is the popular material, and navy blue and white the most favored colors. Dark red is also used and combined with white, makes an effective costume. Serge is not the only material used, however, for dresses of dark blue canvas and mohair skirts, with silk waists, are also worn.

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Covert and double-faced cloths are the best materials used for the bicycle costume, though for hot weather they are made of Russian crash, duck pique and linen. The "Louis" skirt is the most desirable style of cut, as off the wheel it is like a plain skirt, with full pleats in the back, while mounted, it is really a divided skirt, with the back pleats falling together in such a way as to conceal the divide.

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Cotton, linen and striped canvas materials are the favorites for tennis gowns. The skirts are well gored, and fit smoothly over the hips, and only moderately full around the bottom, and just long enough to come to the tops of the shoes.

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A novelty is a wide linen collar, with a narrow turn-over edge, to be worn with a broad ribbon, tied around with a large bow at the back.

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The style of arranging the hair is in rather the same state of transition as the dress sleeve—it must be fluffy without looking crimpy. Those who have been parting the hair will have some difficulty in combing it straight back. The newest arrangement of the hair is to slightly wave it and loosely pulling it back in pompadour style, though the ringlets on the temples and bunches of curls falling on the neck, seem to belong to the style of flowered silk gowns.

For evening dress the hair is done high on the head, with aigrettes, bows of ribbon and even tulle arranged well back on the head. Hair-dressing is a rather high art, which many women do not understand, but every one can arrange their hair tidily.

Brief Love Stories.

All the world loves a lover, but the lover loves only one.—Somerville Journal.

Mrs. Higbee—How quiet it is in the parlor! Higbee—Yes, Ethel and her fellow are still there.—Albany Journal.

She—I don't believe you love me at all. He—Why, Ethel, I'd die for you. She (petulantly)—That's easy enough to say; why don't you go and prove it?—Philadelphia Times.

Cholly—Thought you were going to marry Miss Kostique. Gussie—Going to awsk her tonight. My chawnces are about even. "How so, deah boy?" "She must say either 'Yes' or 'No!'"—Philadelphia Record.

Father (to the anxious one)—Do you think you can live in peace with my daughter? Suitor—I am sure I can. Father—That is more than we, her parents, were ever able to do. Take her, my son; you are more than welcome.—Answers.

Small brother—Pa says he wishes you'd make haste and propose to sis. Young man (delightedly)—Then he is willing to let her marry me? Small brother—Tain't that. He says you won't come so often after you have been rejected.—Amusing Journal.

Askem—Where's the rich heiress you're engaged to? Tellum—You see that lovely girl in pink at the other side of the room? Askem—Yes; I say, old man, what a superb—. Tellum—Well, it isn't she. It's that grand old ruin in yellow sitting next her.—Tit-bits.

They were seated in the parlor conversing on the uncertainty of life. She—The future is a vast, unfathomable mystery to us, isn't it? He—Yes; all we know is that we have to go some time. Voice from the library—It would suit the convenience of this household if you'd make it a little sooner than that.—Richmond Dispatch.

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VALUABLE RECIPES.

Menu.

BREAKFAST.

Fruit.
Farina with Cream and Sugar.
Broiled Halibut. Tartar Sauce.
Escalloped Potatoes.
Vienna Puffs. Coffee.

LUNCHEON.

Clam Fritters. Fried Cucumbers.
Cheese Sandwiches. Tea.
Fresh Berries.

DINNER.

Cream of Pea Soup.
Veal Cutlets. Tomato Sauce.
Mashed Potatoes. Creamed Cabbage.
Egg Plant. Cucumbers.
Gooseberry Tart.
Fruit Sherbet. Cake.
Coffee.

MENU FOR CHAFING DISH.

Tongue Sandwiches.
Lobster a la Newberg.
Thin Slices of Bread and Butter.
Cucumber Jelly. Compote of Pineapple.
Hot Coffee.

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Vienna Puffs.

Sift the night before one pint of flour in a bowl, and one-half teaspoonful of salt, one ounce of butter, one teaspoonful of sugar; rub the butter fine in the dry flour, break one-half of a yeast cake into one cupful of luke-warm water, add half teaspoonful of sugar; let it stand in a warm place until it rises to the surface, then add it to the flour, with one egg; mix well together, cover and let it stand till morning; then butter some gem pans, fill half full with the batter, and bake them in a quick oven, and serve hot on a napkin.

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Clam Fritters.

Twenty-five large clams, dry them, cut them in two; to one pint of flour add two well-beaten eggs, half-pint of milk, half-pint of the clam liquor, beat until smooth, then stir in the clams, then drop in a spoonful at a time in boiling hot fat; turn them so as to brown on both sides a nice, rich brown color; serve hot.

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Green Pea Soup.

One quart of green peas, two quarts of boiling water; boil two hours; add more water as it boils away; when peas are soft, rub them through a sieve, and cut fine a small onion, add them to the water, stir one tablespoonful of butter into two of flour, one of salt, and two or three pepper corns; stir into the soup smoothly, let it boil up once; serve hot with sippets of toasted bread.

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Cheese Sandwiches.

Cheese sandwiches are very simply and quickly made. Cut some thin slices of white or brown bread, and butter them; also cut some slices of fine, rich cheese; place the cheese on the bread and butter, spread over them thinly, and a little made mustard; lay slices of bread and butter on the top, then lay them on a baking tin and brown in a quick oven, or until nicely toasted; serve hot in a fancy paper or a folded napkin.

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Veal Cutlets and Salad.

Cut the veal into pieces three or four inches square, dip in beaten egg, roll in cracker crumbs, pepper and salt; fry in hot butter. For veal salad—Boil until tender, then chop finely, and stir into the meat a salad dressing made in the usual manner.

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Cucumber Jelly.

Cucumber jelly makes a good salad course with lettuce, and is nice served with fish. Take four large cucumbers, remove the outside skin, cut them into slices and stew them in a quart of water, with one small slice of onion, saltspoonful of salt and little white pepper; when they are soft, add half-box of gelatine that has been soaking in little warm water; stir it well; strain through a fine sieve, and when it is cold—is ready to congeal—peel and slice thin one cucumber, and line a dish with slices, turn in the jelly, then a layer of cucumber, and the liquid; let it get cold, and turn out and serve with lettuce, or with tomatoes; it is delicious, and will keep on ice.

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Gooseberry Tart.

One pint and a half of gooseberries, stem and wash them carefully; line a deep pie dish with a short crust, fill in the berries, add a full cup of sugar, then cover the top with a crust; bake in a good oven for three-quarters of an hour; when cold, eat with cream poured over it—delicious.

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Egg Plant.

Cut it in slices half an inch thick, sprinkle with salt, and let them stand (or lay in salt water); wash them in cold water and wipe the slices dry; season with salt and pepper, dip in the yolk of an egg, and then in flour or cracker crumbs and fry in hot fat, with a little butter mixed with the fat; fry a nice brown, and serve hot.

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Cream Cabbage.

Chop fine with a chopping knife half a head of new, solid cabbage, put it into a vessel, add a cupful of hot water and cook it quickly; when the cabbage is tender, drain it off, season with salt and butter, then stir in a cupful of cream; or, if milk is used, mix a spoonful of flour until smooth, and stir into the cabbage; serve in individual dishes.

Hints for the Housewife.

Carrots and turnips will keep by burying in layers in a box of sand.

Try keeping fresh vegetables with the stalks in cold water until cooked.

Ink stains may often be removed from wash goods by rubbing with the yolk of egg before washing.

Palms like a deep pot rather than a broad one, so that their roots can reach down instead of out.

If flower beds are infested with ants, sprinkle powdered borax around the bed, and the ants will soon disappear.

The best way to free small fruits from sand and dirt is to place the fruit in a basket, and then dip it up and down in fresh clean water.

Cream or milk that has turned but is not soured may be made sweet by stirring into it one teaspoonful of carbonate of magnesia to each quart.

Almost any house furnishing store keeps baskets for drying lettuce, and if lettuce is much used in a family they will be found of great service.

A hearty meal eaten when bodily exhausted is apt to produce ill results. A cup of tea and a cracker is the best thing to take until the body regains its usual vigor.

Currants for winter use may be dried at home; pick them over, remove from the stems, spread them on plates and sprinkle with sugar. Dry in the sun, or in a slow oven.

Defective covers to fruit jars may be made air-tight by putting a little putty around between the cover and the rubber. Screw down tight, and when the putty becomes hard the jar will be air-tight.

A good hair wash is made from olive oil and borax with water. A half pint of olive oil, 1 cent's worth powdered borax and one pint boiling water. Pour into a bottle, and shake well before using.

If a cloth is wrung out dry after wetting in vinegar, and then wrapped around cheese, which must then be placed in a paper bag and kept in a cool place, the cheese will keep as moist and fresh as when newly-cut, and will not mould.

To remove iron rust stains from fine table linen first dip the article in water and rub the spots with soap, then heat an iron and place over it a damp cloth and hold over the stains, having first rubbed the spots with a little oxalic acid.

The severe itching and smarting produced by being poisoned by ivy oak or dogwood may be relieved by bathing the parts affected with a solution of saleratus water—two teaspoonsful to a pint of water—and then applying cloths wet with witch hazel.

A New York hairdresser makes a specially of treating the scalp to restore the natural color of one's hair. She claims that the coloring fluid ceases to act upon the hair, and that is the reason one's hair grows dark. By blistering the scalp and by massage treatment she claims to be able to restore the natural color, and to make the hair grow.

If fresh butter is covered with brine it will keep sweet a very long time. The best way is to make it into small rolls, and wrap each in a thin muslin cloth. Put the rolls in a large stone jar, and pour over them a brine strong enough to bear up an egg, in which has been boiled one-fourth of a pound of granulated sugar and a tablespoonful of saltpetre to three gallons of brine. When cold pour over the butter, and put a weight on to keep the butter under the brine.

Household Hints.

A few grains of salt sprinkled on the coffee before adding the water to it, brings out and improves the flavor of the coffee.

Egg for dipping purposes is far better if diluted in cold water; thin it just enough, after beating the egg, to the desired point.

When baking cake, on removing it from the oven, place the pan containing the cake on a damp towel for a moment, and the cake may be taken from the tin without sticking.

Vanilla extract may be made at home by putting in a bottle ten vanilla beans cut fine; cover them with half a pint of alcohol and half a pint of clear water. In two weeks this very inexpensive and satisfactory extract will be ready for use. Try it.

A good way to economize is to chill the drinking water by putting it in fruit bottles, and setting them on the ice in the refrigerator; it saves the ice and is more healthful than ice water. You should use water that has been boiled and cooled, which makes it more healthful at this season of the year.

Care of the Hair.

To have beautiful hair is a woman's great ambition. Your hair must be shampooed at regular intervals, and no borax or ammonia should ever be used. It has been many ladies' sad experience to find out that her hair needed a more practical and skillful hand than her own. J. J. Wittwer, 520 Second avenue, will keep your hair and scalp in good and healthy condition, and for some time to come will only charge 25 cents for shampooing and drying, a new method.

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