

TO CURE ALCOHOL HABIT

Vegetable Diet for Six Months Recommended by Expert.

EAT NO MEAT; DRINK NOT WANTED

Also Desire for Tobacco Will Disappear—Dr. Kress Discusses Dyspepsia and its Relation to Inebriety Before Society.

(By Associated Press) WASHINGTON, D. C., March 19.—"If you have a strong appetite for drinking alcohol and tobacco and want to be cured of the habit, just eat a vegetable diet for six months."

This was the advice given today by Dr. D. H. Kress, of this city, in an address entitled "Dyspepsia and its Relation to Inebriety," before the American Society for the Study of Alcohol and Other Drug Narcotics.

Intemperance in Eating. He discussed the evil effects of an excessive diet and declared that over-eating leads to drunkenness.

"If you would not become a drunkard," said Dr. Kress, "quit eating meat."

Other speakers were W. P. Sprattling, of Baltimore, on "Alcohol as a Cause of Epilepsy," and G. O. Webster, of Chicago, on "Alcohol and Public Health."

Relief in Narcotics. "The drink habit is becoming a curse to this nation because its people are overfed by the pampering of a morbid taste which later finds its relief in a narcotic," declared Dr. S. H. Benton, of Chester, W. Va.

"Men of today," he asserted, "are overfed from the cradle to the grave. Nature pours out just sufficient fluids for digestion to supply the needs of the body, but not sufficient to assimilate all the foods that people habitually pour into their stomachs."

Drink Themselves Insane. Dr. Benton stated that scientific men now believe that many people drink themselves insane.

The effect of alcohol on school children was discussed by Dr. T. A. MacNichols, surgeon of the Red Cross Hospital of New York city.

Dr. C. H. Hughes, of St. Louis, Mo., spoke on the neuropathic entanglements following the use of alcohol.

Dr. H. J. Berkley, of Baltimore, delivered an address dealing with the lesions of the nerve cells and vascular tissues produced by experimental alcoholic poisoning.

GILBERT PAYS PENALTY OF DASTARDLY CRIME

(Continued from First Page.) gaging their beds to raise money with which to carry the fight to the higher courts. Daniel Coleman, Jr., the young lawyer who defended Gilbert, not only received no compensation, but had to supplement from his own pocket the money raised by Gil-

"Happy as the Day is Long."

Because baby is comfortable and safe in one of the Sturges Collapsible bough here. This cart can be folded with one hand while you hold the baby with the other.



We Sell Go-Carts from four of the best factories we know of and can suit almost any one in style and price.

Buxton & Parker,

Furnishers for Every Room in the House.

Advertisement for Meyers Bros Springfield Rifles, featuring a rifle illustration and pricing at \$1.98.

bert's parents to carry on the fight for the condemned boy.

Gilbert, after being carried to the penitentiary, repented and had his spiritual adviser write to the parents of his victim asking forgiveness, the youth saying that he could die easier if he had this forgiveness.

Four Others Waiting. Four more condemned men—all negroes—now are in the death chambers of the prison. Three are murderers and one is a rapist. As they were quartered in close proximity to Gilbert they must have known, of course, what was going on this morning. But they could not witness the final scenes, as their cells were curtained off pending the gruesome arrangements.

Justified Alarm. Very much excited and out of breath a young man who could not have been married very long rushed up to an attendant at one of the city hospitals and inquired after Mrs. Brown, explaining between breaths that it was his wife whom he felt anxious about.

The attendant looked at the register and replied there was no Mrs. Brown in the hospital.

"Oh! Good Heavens! Don't keep me waiting in this manner," said the excited young man. "I must know how she is."

"Well, she isn't here," said the attendant.

"She must be," broke in the visitor, "for here is a note I found on the kitchen table when I came home from work."

The note read: "Dear Jack: Have gone to have my kimono cut out.—Annie.—The Pilgrim."

No Meat Lak Possum Meat. "Rabbit sweet air good to eat. My honey, how you do? But dey ain't no meat lak possum meat."

My honey, how you do? "Watermelon is hard ter beat. 'M Ham an' hog-jowl mighty sweet; But dey ain't no meat lak possum meat."

My honey, how you do? "Hter Possum say: 'H!s a holiday. My honey how you do? An' dey folks is hungry dat come my way."

My honey, how you do? "Dey folks is hungry and dey wants ter eat. And I'm des the best man anybody meet."

An' dey knows what good an' what sweet.—My honey how you do?—Frank L. Stanton in Uncle Remus's.—The Home Magazine for March.

Ferocious. It isn't safe to judge by appearances. The man who acts ferocious abroad may be as meek as a lamb at home.—Chicago Daily News.

EVERY WOMAN WILL BE INTERESTED! If you will send your name and address we will mail you FREE a package of Mother Gray's AUSTRIAN-LEAF, a certain, pleasant herb cure for Women's ills. It is a reliable regulator and never failing if you have pain in the back, urinary, bladder or kidney trouble, use this pleasant union of aromatic herbs, roots and leaves. All druggists sell it, or address The Mother Gray Co., Le Roy, N. Y.

C. & O. SCORES A RECORD

Price Reaches Highest Point in the Road's History.

ONE OF VERY FEW STRONG STOCKS

Hill Railroads Shared Honors With C. & O. As Market Features—Steel Steadied by Rumored Placing of Order For Battleship.

(By Associated Press) NEW YORK, March 19.—The stock market became extremely apathetic today as the realization became stronger that the gust of the activity on the two previous days might be taken to show all the interest stirred by the introduction of the tariff bill in Congress.

Professional operators were disposed to close up outstanding contracts owing to the small prospect of any early activity in the market, but showed little inclination to enter on new commitments.

When prices sagged a demand developed which was taken to indicate that uncovered shorts still had some necessities to provide for. Their professional brethren thereupon bid up prices on them. The Hill railroads and Chesapeake & Ohio were the principal features on the bull side of the movement the last rising to the highest price of its history.

News was little regarded, although a rise in copper quotations at the New York Metal Exchange and in the London market may have had some steadying influence on Amalgamated Copper.

A similar effort on United States Steel was due probably to a statement credited to Charles M. Sewab that a \$10,000,000 battleship order had been placed with the Bethlehem Company by the Argentine government, and a reviving effect on the steel trade might be expected to result.

The market was free from depressing influences from abroad and some buying of options on American stocks is reported from the London market. Bonds were irregular. Total sales par value \$3,162,000. United States bonds were unchanged on call. Total sales of stocks today, 479,000 shares, including: Copper 30,600; Sugar 500; Tobacco 400; Chesapeake & Ohio 51,500; Louisville & Nashville 300; Norfolk & Western 400; Reading 77,500; Sloss Sheffield Steel & Iron 800; Southern Railway 300, do pfd 100; Tennessee Copper 3,600; Union Pacific 70,600; United States Steel 63,700; Virginia Carolina Chemical 900.

Amalgamated Copper 68 1/2; American Car & Foundry 48 3/4; American Car & Foundry, pfd 110; American Cotton Oil 51; American Hide & Leather, pfd 40 1/2; American Ice Securities 30 1/2; American Linedseed 13; American Locomotive 50 1/2; American Locomotive, pfd 112; Amer. Smelting & Refining 84 1/2; Amer. Smelting & Refining, pfd 103; American Sugar Refining 129 1/2; American Tobacco, pfd 92 1/2; American Woolen 28 1/2; Anaconda Mining Co. 40 1/2; Atchafalaya 103 1/2; Atchafalaya, pfd 102 1/2; Atlantic Coast Line 118 1/2; Baltimore & Ohio 107 1/2; Baltimore & Ohio, pfd 93 1/2; Brooklyn Rapid Transit 71 1/2; Canadian Pacific 166 1/2; Central Leather 29; Central Leather, pfd 101 1/2; Central of New Jersey 22 1/2; Chesapeake & Ohio 69 1/2; Chicago Great Western 4 1/2; Chicago & North Western 177 1/2; Chicago, Mil. & St. Paul 144 1/2; C. C. & St. Louis 73; Colorado Fuel & Iron 32 1/2; Colorado & Southern 62; Colorado & Southern, 1st pfd 81 1/2; Colorado & Southern, 2nd pfd 78; Consolidated Gas 128 1/2; Corn Products 18 1/2; Delaware & Hudson 173 1/2; Denver & Rio Grande 41 1/2; Distillers' Securities 25 1/2; Erie 37 1/2; Erie, 1st pfd 37 1/2; Erie, 2nd pfd 29; General Electric 153; Great Northern, pfd 140 1/2; Great Northern Ore Cts 65 1/2; Illinois Central 141 1/2; Interborough Met 14; Interborough Met, pfd 42; International Paper 9 1/2; International Paper, pfd 48 1/2; International Pump 26 1/2; Iowa Central 29; Kansas City Southern 44 1/2; Kansas City Southern, pfd 72 1/2; Louisville & Nashville 129 1/2; Minneapolis & St. Louis 52 1/2; Minn., St. P. & Sault St. M. 146; Missouri Pacific 68 1/2; Missouri, Kansas & Texas 40 1/2; Missouri, Kansas & Texas, pfd 71; National Lead 75 1/2; New York Central 124 1/2; New York Ontario & Western 44 1/2; Norfolk & Western 87 1/2; North American 78 1/2; Northern Pacific 128 1/2; Pacific Mail 37; Pennsylvania 130 1/2; People's Gas 112 1/2; Pittsburg C. C. & St. Louis 91 1/2.

Table of stock prices including Pullman Palace Car, Railway Steel Spring, Reading, Republic Steel, Rock Island Co., etc.

Chicago Grain and Provisions. CHICAGO, ILL., March 19.—The wheat market was depressed today by weak cables and by bearish crop news, and closed easy at net declines for the day of 1/4 to 3/8 to 1/2 a %.

New York Money Market. NEW YORK, March 19.—Money on call easy, 1 1/2 a 2 per cent; ruling rate 1 1/2; closing bid 1 1/2; offered at 1 1/2.

Baltimore Produce Markets. BALTIMORE, MD., March 19.—WHEAT—Steady; spot 124 a 124 1/2; April 121 1/2 asked; May 122; Southern on grade 121 1/2 a 124.

Philadelphia 1; Trinity 0. (By Associated Press.) RALEIGH, N. C., March 19.—In a fast game at Durham today the Philadelphia Nationals defeated Trinity College, one to nothing.

Appointed Railroad Receiver. NEW ORLEANS, La., March 19.—H. M. Atkinson and S. F. Parrot, the latter president of the Atlantic Company, were today appointed permanent receivers of the Atlanta, Birmingham and Atlantic railroad by Judge Pardee, of the United States Circuit Court.

Are Your Eyes Alike? Try this simple test: Hold this paper in front of you as far as you can from your eyes and still be able to read; then close one eye at a time, and see if you can read as well with one eye as with the other.

HULL & HULL, Opticians, 121 2nd St., opposite Postoffice.

A. W. ROUNDS, Cabinet Maker and Wood Carver, 225 and 227 Third Street, Newport News, Va.

A WANT AD IS THE "FIRST CAUSE" OF A GOOD MANY THINGS IN THIS CITY

If you will look about you, in the business life of this city, you cannot fail to see things and conditions, whose "first causes" date back to want ads.

In an office you will see a valuable clerk, stenographer, book-keeper or other employe who came to the house through a want ad. In the home you will see a servant—whose history in that house dates back to a want advertisement—and a musical instrument, or an odd piece of bric-a-brac furniture, or a set of books—all in that house as a result of want advertisements.

Here and there, all over the city, you will find homes whose owners have found them as result of want advertising, and tenanted apartments and prosperous boarding houses, and private schools, and a host of minor business enterprises—all owing, as "first causes," the classified advertisements.

The want ads. have been busy in this city—they have accomplished things—brought about things—initiated enterprises, and consummated them. And what they HAVE DONE is but a slight hint of what they are to do in the city.

Advertisements under classified heads will be inserted at the uniform rate of one cent a word for each insertion. No advertisement, however small, less than 25c for the first insertion. Special rates made on long time contracts.

WANTED. WANTED—HAULING OF ALL kinds, especially furniture. E. C. SHELD, 2401 Chestnut avenue. Bell phone 371. Mch 20-2m

WANTED—BY LADY OF EXPERIENCE position as housekeeper either in hotel or private home. Experience, Hotel Newport.

WANTED—TO BUY, SELL OR EXCHANGE, furniture and stores. C. W. LEWIS, 2502 Huntington avenue.

FOR SALE. FOR SALE—6-ROOM HOUSE IN North End. Only \$100 cash required. Very easy terms for balance. Good chance to get a home with your rent money. Bath and sewerage. SOMMERVILLE TRUST CO., INC. 21

FOR SALE—7-ROOM HOUSE NEAR Boulevard. Fine water view. Only \$900, \$50 cash, balance \$12 per month. No loan. Salt water breeze means health and vigor. Fine place for garden and live stock. SOMMERVILLE TRUST CO., INC. 21

FOR SALE—BELL BRAND Harmonicas. Only Mouth Organ made in the United States. Constructed entirely from domestic material, by American machinery and labor. Perfect in tone and quality. GEO. J. HAMPTON PIANO CO., 210 28th St. 11

FOR SALE—NEW 9-ROOM HOUSE at cost. Electric lights and range. Porcelain Bath and some extra attractions. Number 311 46th St. SOMMERVILLE TRUST CO., INC. 21

FOR SALE—TWO FINE SMALL truck farms, near Newport News, Va. NEILMS & CO., Inc., Real Estate, Insurance, Rents and Loans, No. 2517 Washington avenue, Newport News, Va. 21

FOR SALE OR RENT, CHEAP—Nice, airy dwellings on 47th Street, between Washington and Huntington; No. 1142 25th Street; No. 2412 Oak Ave.; 25th side of 29th Street, near Washington avenue; No. 515 Thirty-first street. All have bath and other modern conveniences. One vacant lot north side of 47th Street. NEILMS & CO., Inc., Real Estate, Insurance, Rents and Loans, No. 2517 Washington Avenue, Newport News, Va. 26

LOTS FOR SALE OR LEASE IN ALL parts of the city. Call and get prices. OLD DOMINION LAND CO., Hotel Warwick Building.

FOR RENT. FOR RENT—NICELY FURNISHED room; best location, near water; cheap rent. "EXCELLENT." care Daily Press. 14

FOR RENT—316 AND 318 FORTY-fourth Street, two ten-room houses; modern conveniences; apply 3163 Washington Avenue. 2-2-tf

FOR RENT—LARGE, WELL LOCATED store room, formerly occupied by T. W. JUDKINS, Terms very reasonable. For information apply Daily Press office.

TRANSFER COMPANIES. OLD DOMINION BAGGAGE TRANSFER; offices C & O Station, Troncoes Bell, Nos. 407 and 126; Citizens No. 12.

SPECIAL NOTICE. EGGS FOR HATCHING—WHITE Plymouth Rock and Buff Leghorn Eggs, one and two dollars for fifteen. POINT BREEZE FARM, Box 206.

HOW ABOUT THOSE OLD BILLS? WE can collect them. Guarantee to collect or no charge. GEO. C. BLAND, Room 2, Coleman Bldg.

COUPONS GIVEN WITH EVERY Shoe Shine at BOHLKEN'S, 2609 Washington avenue.

DR. R. LEE ROBINSON, DENTIST, now located at N. W. cor. Washington avenue and Twenty-eighth Sts., over The Mirror.

ATTENTION LADIES—THE MAN who is not particular about his clothes is not apt to be particular about anything at all, and the man who is particular about his clothes might as well not be, unless he finds the right tailor. Particular people are always pleased with the clothes made by T. P. Keating, 221 25th Street, and Keating & Wrable, 423 Main Street, Norfolk.

T. S. BOONE, EXPERT HAIRCUTTER; first-class barbers employed; best attention paid to all. 3112 Washington Ave. 5-27

ATTENTION FARMERS & TRUCKERS—For sale: Canada field peas, seed oats and full line garden seed and fertilizers. S. A. RUDD, phones.

NORFOLK TALLOW CO.—DEAD animals removed free of charge by C. H. Schofield. Phone 84-L. Hamp.

RESTAURANTS. THE STAR RESTAURANT. For Ladies and Gentlemen. We buy and use only the highest grade of everything that's good. We want your patronage and we will do all in our power to earn it. Cleanest and most satisfactory place in town 211 Twenty-seventh street, next Sibley Bldg. 1-18-1 37

CLEAN DELMONT LUNCH. The Best That the Market Has Ever Offered. QUICK PRICES REASONABLE.

J. W. COURTNEY COAL and WOOD. 1/2 Cord Pine Wood \$1.75, 1/2 Cord Mixed Wood \$1.50, 1/2 Cord Oak Wood \$1.25. Also job lot of Wood, Oak or Pine, at \$1.50 for quarter of cord. No extra charge for splitting. The best grades of coal at the lowest market price. 427 Twenty-second St. Both Phones 50.

AMUSEMENTS. Academy MONDAY NIGHT Mar. 22. Look Who's Here! THAT FUNNY LITTLE FELLOW. GEO. SYDNEY In BUSY IZZY'S BOODLE. Prices—25c, 50c, 75c, \$1.00. No higher.

ACADEMY OF MUSIC. Tuesday night, March 23—Second series FRED NIBLO, the American humorist-traveller. EGYPT—From Cairo to Khartoum. Beautiful colored views and Motion pictures. Prices—25c, 50c, 75c, \$1.00. Seats at box office.

Academy THURSDAY NIGHT Mar 25. Cohan and Harris Present EDNA WALLACE HOPPER in Geo. M. Cohan's Musical Play 50 Miles From Boston. Excellent Cast and Perfect Cohan Chorus. Seat sale now open. Prices: 25c. to \$1.50.

BANKRUPTCY NOTICE. IN THE DISTRICT COURT OF THE UNITED STATES FOR THE EASTERN DISTRICT OF VIRGINIA. In the matter of Robert J. Traylor, Bankrupt. In bankruptcy. No. 879.

To the creditors of Robert J. Traylor, of Hampton, Va., in the County of Elizabeth, and district aforesaid, a bankrupt: Notice is hereby given that on the 15th day of March, A. D. 1909, the said Robert J. Traylor was duly adjudicated bankrupt; and that the first meeting of his creditors will be held at the office of F. S. COLLIER, Esq., in Hampton, Va., on the 29th day of March, A. D. 1909, at 2 o'clock in the afternoon, at which time the said creditors may attend, prove their claims, appoint a trustee, examine the bankrupt, and transact such other business as may properly come before said meeting.

Dated: Newport News, Va., March 20th, 1909. JNO. B. LOCKE, Referee in Bankruptcy. F. S. COLLIER, Counsel for Bankrupt. 11

WHAT WOULD THE METER SAY. If it could talk? If it registered the flow of gas for lighting, cooking and heating in a house supplied from our mains it would speak of purity of the illuminant and fuel, of the entire satisfaction it gives for all purposes and of the real economy shown in its use. The housewife can learn from Mr. Meter.

Newport News Gas Co. UNDERTAKERS. W. E. ROUSE. Office and Showroom 224-226 25th St. Phone 51. Res. 110. J. HUGH CAFFEE. FUNERAL DIRECTOR AND Embalmer. Office Phone, Bell and Cts. No. 1. Residence, Bell No. 61. 1-9041.