

# Designs for Boudices and a Princess Summer Gown.



GIRLISH SPRING COSTUME OF BLUE CLOTH.

## SMALL STRAWS OF FASHION.

Having shone in gold all winter we will shimmer in silver all spring.

The latest fad is to have your favorite flower embroidered on all your lingerie.

Colored crystals are among the novelties and tassels of silk with the crystal beads as a finish.

Platings are once more in vogue and open a large field for spring and summer modishness.

The satin foulards and crepes de Chine are conspicuous in the exhibit of spring dress elegance.

Lace veils with chenille borders have made their debut.

Gilt and silver buttons, very small, adorn the latest gowns.

Red and blue are the popular colors in lingerie, gray is correct and elegant, and black always in fashion.

One large black rose with the petals spangled with dewdrops of rhinestones is a chic adornment for the evening toilette.

Extremely light colors in cloths will be worn for spring street costumes.

The twinkling sequin and the festive polka dot seem to be perennial favorites of Dame Fashion.

Pastel blue is one of the most fashionable of spring colors.

The more conservative, however, are wearing smart mid-season toques and turbans of tacked, corded and shirred tulle, shaded breasts, striped tulle, and soft folds of Liberty satin or panne are used as a trimming.

Matinee or breakfast jackets, with petticoats to match, are effective. One loose little coat of pale pink silk has a high and sleeve-trim of cream white mousseline and lace. The pink petticoat has a detachable flounce of the same mousseline and lace.

Black and white veils with threads of gold woven into the mesh are old and new. They are only a bit more injurious to the eyes than most veils. It is some comfort to know—from the oculists—that the present fashion of wearing veils, flat against the face, is less fatal to eyesight than the curtain in front of the eyes, necessitated by the broad brim of the picture hat.

A smart gown is of crimson cloth with strappings of velvet and touches of gold braid. Another costume for street wear is of dark blue cloth striped with gold black silk. The Eton coat is outlined with white and gold.

The quilted rever is favored by some. A costume sent home the other day by a very fashionable visitor had a turndown collar and lapel-revers of black silk stitched all over with the silver thread, and padded at the back to make it look quilted.

It is noticeable that the best dressmakers are giving their customers more length of train than before, though they are still quite sufficiently trained, and fall upon the ground all the way round. The neckbands of these dresses may be high and tight, yet not chokerlike so, since the busy doctors lay to the charge of collar collars discolored throats. Many of the bonnets are turned over at the top very prettily with fine gold-lace-insetions, white lawn.

## SHOW INDIVIDUALITY.

Sensible Advice to the Girl Inclined to Be Discontented.

I have been particularly struck lately with the lack of courage among young girls in doing things independently and according to their own convictions of duty and good taste. It is far from my intention to show approval of the "penny" or "penny" or for a moment to be supposed to encourage a young girl in opposing herself to her parents and that which she should be obedient to. I am only pointing out that a young girl should be obedient to her parents and authority which is a cornerstone to all building-up of noble womanhood. The honor due to father and mother is of sufficient importance in God's sight for Him to include it in the divine law, and it is the only commandment to which a promise is added.

Now, what I mean by the independent living of one's own life is the freedom from fear of not being "like other girls" in dress, in ways of living, choice of occupation, or any similar way in which your lives develop themselves, says a writer in the Ladies Monthly.

For instance, if nine girls out of ten are wearing feathers and buckles in their hats and yours look very far removed from the fashion, with only a plain scarf or a ribbon, I would rejoice that any of my girls should count this a matter not only of very little consequence, but even a source of just pride, if the price of the feather and buckle had been either used uselessly for the comfort of the family or bestowed upon some needy person, or could not help or even wish that any healthy-minded, wholesome-hearted young girl should be indifferent as to whether her hat was becoming, or that she does not care how her hat looks, is unnatural in her, and she is becoming a very broken-hearted if she is bent upon that point. But neither feather nor buckle is needed to insure just the right style and color and shape, and what I mean is the being above copying and striving after the predominant fashion at the cost of better things.

Service-it is service-imitation of what is the last new thing is what makes our streets full of cheap finery and shabby ornaments.

The things a girl should take great pride in are sufficient supply of good clothing—not cheap lace-and-ribbon things, but well-made, neatly trimmed, entire, whole snow-white garments, good shoes, spotless collars and a gown that fits and is unsoiled. To grieve or feel ashamed because a dress is not in the latest style, to be ready to stay at home because a skirt is too full or a sleeve too large, to wear

theory that too much food is eaten; that food is too heavy and that she needs more frequent. A well-known physician in this city disapproves many a patient who would prefer to continue self-indulgent habits than escape the effects by doing by prescription. "It is better to eat a little less than to eat a little more," says the doctor, and then, "Take meat only once a day, and pastry and late suppers never, and you will not need my services."

It is a good plan to serve cream or lettuce or some green salad, with its accompaniment of oil and vinegar, at least twice a day. Olive oil is particularly beneficial, and the substitution of fruit for rich desserts will save many a languid day later on.

As new vegetables begin to appear they should be added to the daily bill of fare. Every one is tired of winter vegetables and canned foods and the fresh ones will act like a tonic.

## RAW EGGS AS A TONIC.

College Girl Made an Experiment That Proved Excellent.

Raw eggs have been added to the menu of the fragile, nervous woman whose love of "doing things" is out of proportion to her strength or endurance. Brown bread, oranges, milk and olive oil, singly and combined, have been recommended for nervous women, and now comes a college girl who sings the praises of raw eggs—not raw eggs in sherry or raw eggs beaten up in milk, but raw eggs "straight" without any frills or accessories. This college girl went through a course of studies, with basket ball, tennis, golf and gymnastic side issues, when the family physician had warned her family that she "was not strong enough to stand a year of such rigorous living." The girl confessed to keeping eggs in her room all the time, breaking and swallowing one at odd times throughout the day, growing fonder of them and consuming sometimes five and six without thinking, singly, of course. They had the effect of a tonic, she says.

Another girl in her last year at school is kept up to working condition by a tri-daily dose of raw egg. At breakfast she swallows one, directly she returns from

into high favor, Paris sets the pace for the fashions here, so our women are wearing roses, too, and violets only hold their own at the florists'.

Next year, perhaps, when probably there won't be so interesting a young Queen to have a wedding, the little bunches of purple may reappear in the hats. But it is an interesting fact that the fancy of the young Queen of an unimportant European country is setting the fashion in a great Republic many thousand miles away.

## The Yawn of the Shops.

Crash and quiver, floor and cell. Ye maws of muscle and brain! All of the day ye have had your way: Now, with the night, begone, begone! Butter and clangor, stone and steel, Sputter and shrieking comb; Curdle of steam-spurt, whirl of wheel— Out from ye all—and home!

Plod and plod, and show maybe, By tower and arch and dome, To my all in the winnowing world to me— Home!

Grind and hollow in heat and hate, Till the whistle calls from your clamorous walls Tired toil to its task again! Gnash your teeth that the sun is late And curse ye your slaves that roam! From the spirit of your soul, from the clutch of fate, I go to my rest—and home!

Plod and plod, but glad as she, Past tower and arch and dome, To the light and the hand and the kiss for me— Home!

—Post Wheeler in the New York Press.

## The New Silk "Mess Coat."

Quite the newest idea in spring jackets is the silk "mess coat." As indicated by its name it resembles the jaunty little coat worn by army officers at mess, and is made of finely tucked black tulle. Another new model is a belted Eton with long fronts. A charming example is of black tulle with revers and collar of Rus-

good hand, and not only that, but a society for personal notes. There are many notes that a woman dictates herself aside from those that are turned over to the secretary to answer without her supervision.

## Makes Me Think of You.

Something 'bout the morning makes me think of you, something 'bout the evening makes me think of you. Coming with its freshness, smiling thru the dew; Bringing life and sunshine out of silent gloom; Bringing birds and flowers out in song and bloom; Ever growing fuller—growing into day, Full of budding promise, full of hopeful "may."

Something 'bout the noontime makes me think of you. A genial warmth of purpose and a knowledge of what to do. That only comes with seeing, from the vantage of the past, the things that lie before us in this fleeting "vale of tears."

A warmth of heart and manner, and sunshine thru and thru Is very like the noontime—which makes me think of you.

Something 'bout the evening makes me think of you. 'Tis God's sweet benediction when the daffodil work is thru, And His peaceful, joyful presence is a balm for wounded souls. That have met with sad reverses in the "playing of the roles."

Making hearts and hands more willing to do what is to do. There's something 'bout the evening that makes me think of you. —Raymond Aldred in the Indianapolis Press.

## A Woman Sign Painter.

The best sign painter in Knoxville, Tenn., is a woman. She took up that business because she liked to work with paint and brush, but couldn't afford to study art in the elaborate fashion of other girls, and she saw an opportunity to earn a good living and make things around her better to

Norse physicians strongly endorse the "polar bath" for making the body impervious to the cold, and the numerous ailments consequent upon weather changes during the winter.

## Things to Remember.

If one could be a little patient one could avoid many troubles. A thinker with vile instincts cannot deliver sincere thoughts. Want of care does us more harm than want of knowledge. It is easier to suppress the first desire than to satisfy all that follow it. What we obtain too cheaply we esteem too lightly. There is nothing more terrible than energetic ignorance. The reasonable woman has hours in which she is most unreasonable. There are a great number of people who exist without living. —Philadelphia Inquirer.

## Amethyst Jewels.

The amethyst jewelry is in great demand these days, also garnets and prayer-bead marks of garnet, coral and silver, baroque pearls and gold enamel.

## Seen in the Shops.

Black velvet dotted over with gold beads, with a star decoration at intervals, is one variation of dress trimming which in the two-inch width makes a very pretty belt.

Eolienne fabrics are very much worn. They show a sort of corded stripe this season, both in straight and curved lines, and also chine flowered designs.

The uses for the pretty wash silks seem to be legion, and they are made up into children's gowns, night waists, negligee costumes of all kinds, right gowns and men's pajamas.

The flare in some of the tailor skirts is produced by opening the seams on either side of the front and at the sides and inserting a plating of the material. In dressy thin gowns this fullness is sometimes of lace.

A pretty blue silk blouse is trimmed with

in shape, but in one style it reaches to the waist and is run through on the lower edge with ribbon which forms a belt and ties in front with a bow and long ends.

## Evening Song.

Look off dear Love, across the sallow sun, And mark you meeting of the sun and moon. How long they kiss in sight of all the land. All longer, longer, we. Now in the sea's red vintage melts the sun. As Egypt's pearl dissolved in rose wine. And clove my night arched all. "This done, Love, lay thine hand in mine, Come forth sweet stars, and comfort heaven's heart; Glimmer ye waves, round else unlighted lands; Oh, night! divorce our sun and sky apart, Never our lips, our hands." —Sidney Lanier.

## Forgot Her Real Name.

A man who went to the Bureau of Charity for relief did not know the name of his own wife, and he had to go home and inquire. He had called her a pet name so long that he had forgotten the real one.—Leslie's Weekly.

## Antique Pendants.

Large antique pendants with jeweled rings, containing miniatures, cameos, or emeralds, are worn on long slender chains, with jeweled cabochons, or quantity cut pearls or coral are quite fashionable, with small, heart-shaped pendants to match, and every smart woman wears a multitude of charms on her watch or muff chain.

## Cold Air and Noses.

A goodly volume could be filled with considerations concerning the effect of cold upon the skin. Two things, however, may be retained in the memory as of supreme importance. The one, that the cause of the mischief may be a natural weakness of the circulation, an inability of the heart and bloodvessels to overcome the resistance in the skin offered by cold. The

a fine gown when the money could help to lighten home toll or educate a young brother or sister—these are things which should be added to the daily bill of fare. Every one is tired of winter vegetables and canned foods and the fresh ones will act like a tonic.

There are many young women sick at heart over deprivations which they see their parents being anxious both for their own improvement and for the instruction of their juniors—who literally does not take their earnings to help either themselves or those they love, because they dread the comments which may be made on their skirts which are old-fashioned or a jacket that "looks as if it came out of the ark." The very innermost heart may long for the books or magazine they pass every morning on a corner stand, but the "mama" is a satin sock, trimmed with fine lace.

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## BASKET-MAKING A FAD.

Up-to-Date Women Studying Art Understood by Indians.

Lessons in basket weaving are the latest addition to the study of arts and crafts in a noted Brooklyn institution of learning. An interesting exhibition made in the classes are a part of the basket exhibition now displayed in the art gallery of this institution. They include round baskets, with and without covers; oval, square and round baskets; flower and scrap baskets; clothes baskets, rattles and mats. The materials used are raffia, spint, rattan, grass, etc.

Basketry comprises one of the courses of the domestic art department. The first class formed was composed of normal students, and only simple forms suitable for children's work are taught. In a class of women, formed later, instruction is given in more intricate weaves and more latitude is allowed for individuality in design, form, color and materials.

"Nothing," said the teacher of this department the other day, "gives better training in the study of form, technique and color than basketmaking, and while a knowledge of the industry may not be of commercial advantage, it may be useful in the home. We find that those who have received instruction in these crafts do the best work in the sewing and dressmaking classes. In fact, our aim to teach the art, however, as a trade."

Basketmaking is the fad of the hour, and women who have devoted their leisure moments to lacemaking and embroidery are beginning to turn their attention to the study of basketry. A display of baskets made by several of the students fills several cases in the exhibition. These include, grasses, sedges, rushes, reeds, and other natural materials. The only artificial dyes used are color of the hemp employed for the cross bands, and in some cases the dyes obtained from vegetables. A fascinating tray in green and ivory this is sewed with crimson hemp with pokkerberries. About these baskets there is an indescribable shimmer and sheen, and an inherent quality of durability only with natural materials. Many of them combine the tender greens and yellows of the springtime and others the warm autumn hues in brown and russet, violet and darker greens, while many show the rich, shimmering tones of the corn. The only artificial dyes used are color of the hemp employed for the cross bands, and in some cases the dyes obtained from vegetables. A fascinating tray in green and ivory this is sewed with crimson hemp with pokkerberries. About these baskets there is an indescribable shimmer and sheen, and an inherent quality of durability only with natural materials. Many of them combine the tender greens and yellows of the springtime and others the warm autumn hues in brown and russet, violet and darker greens, while many show the rich, shimmering tones of the corn.

For the largest part of the gallery occupied by a display of Indian baskets. While the collection is not extensive, it contains excellent specimens of the old time art not seen too often in the East. Among them are the baskets from the Thompson River Indians, a feather basket made by the Pomas, Ukiah baskets, comprising grasses and herbs in brown and ivory, and brightened with tiny red feathers; Hawaiian and Fiji Island fans, braided and woven from palm leaves; exquisite fine baskets made by the Aleuts and seeking sea, decorated with hot stones.

## SMART DESIGNS FOR SILK AND COTTON BLOUSES.

school another, and at dinner one is broken into her soap. The iron in the egg holders get up freely, and she no more complains of a weak back or enervation. The treatment is recommended to other growing girls.

## MODERNIZED REDINGOTES.

In Spring Costumes There is an Old Style Revived.

A notable feature of the season's modes is the increased vogue of the modernized redingotes, which appear in such graceful forms and effects, and made of greatly varied fabrics, and with both simple and elaborate decorations, according to the particular uses for which it is designed. In some very handsome costumes of satin, lace, or camel's hair, and drap de Chine, many of the famed French fabric makers are making a very distinguished showing. It consists of an elegant and comfortable dress of satin foulard, very often Persian in its color effects. Above it, in clinging folds, are a long, straight, habit-like princess redingote, open-fronted and cut out in the neck, front and back; the edges, from shoulder to hem, bordered with turn-down revers of velvet, bordered with two narrow rows of Persian braid, the satin foulard cut beneath producing the effect of a guimpe. For very soft figures these redingotes are made of the new "saphyr" velvets, woven with lustrous silk back. They are lighter in quality than any that have ever been manufactured, but they have a very rich surface, as soft and beautiful as the petals of a pansy.

## SPINSTERS IN CLOVER.

In Denmark Provision Is Made for the Unmarried Woman.

In Denmark there's a premium on spinsterhood. A cellery insurance company has been founded and a husband a Danish maiden's heart is rent with indecision. If the holder of a policy in the cellery is still unmarried at 20 she is considered immune and gets a annuity. If she marries before 25 she forfeits her policy and premiums. In Sweden and Norway there are several old maid's homes, at least one of them is a most attractive institution. A very wealthy man, dying more than 20 years ago, left a fortune of 1,000,000 kroner to a place in the home. She has a private suite of rooms, a private servant, private meals, and is subject to no rules save such as ordinary good behavior demands.

## VIOLETS GONE OUT OF FASHION.

Queen Wilhelmina Likes Roses Better, So Milliners Like Them, Too.

For the first time in many years the violet has lost its place as a fashionable flower in woman's spring headgear. The rose has crowded the modest purple flower out. The milliners say that it is due to a whim of the Queen of Holland. The rose is Queen Wilhelmina's favorite flower. She wears roses, pink and white and red, whenever and wherever she can, and when her wedding trousseau was made in Paris the makers had to put lots of roses in her hair.

That set the fashion in Paris, where there are not beautiful roses every year, and all the Parisian milliners took the rose

look at by improving some of the unsightly signs in the neighborhood. She learned to handle paint brushes and to carry out her ideas by going to work in a painter's shop for four years and thus paved her way at the same time. Now she is in business for herself and is doing well.

Any day she may be seen about Knoxville in a golf skirt, but instead of golf clubs she carries a small ladder, a paint box, brushes and a foot rule. And everybody down there says that Knoxville street signs are very much more attractive than they used to be.

**Polar Bath Craze.**  
The "polar bath" is a new craze, started by hardy Norsemen in the city of Christiania. The Viking Bathing Club is responsible for the origin of the craze. As early as 6 o'clock the "Vikings" may be seen plunging into the ice packed bay, in which holes are made for them to swim about, so as not to be hurt by plunging against the ice. They stay in only a few minutes, and come out shivering, but give way to a feeling of heavenly comfort as they dress.

**Secretaries to Women.**  
There is an increasing demand for stenographers as private secretaries to women, though it is not great as yet. It is still something of a luxury. There are special requirements for that work. The girl must not only be able to get out business letters on the typewriter, but she must write a



SUMMER PRINCESS GOWN OR MUSLIN, TUCKED TO FIT THE FIGURE.

other that such inability may be due entirely to deficient exercise, says Home Nurse.

But it does happen sometimes that very exposed parts become injuriously affected by cold, while the circulation generally is good.

The best treatment in such cases is the application of water as hot as can be borne, followed by drying, the rubbing in of warm olive oil, another drying, and the use of a little powder. Those subject to red nose on exposure to cold should never go directly from a hot room into the outer air. When by the means stated the skin has been stimulated, it is well to baste about in the cooler parts of the house before venturing out.

## WHAT'S YOUR BIRTH MONTH?

- If a girl is born in January she will be a prudent housewife, given to melancholy, but good tempered.
- If in February, a humane and affectionate wife and tender mother.
- If in March, a frivolous chatter-box, somewhat given to quarreling.
- If in April, inconstant, not intelligent, but likely to be good looking.
- If in May, handsome and likely to be happy.
- If in June, impetuous, will marry early and be frivolous.
- If in July, passably handsome, but with a sulky temper.
- If in August, amiable and practical and likely to marry rich.
- If in September, discreet, affable and much liked.
- If in October, pretty and coquetish and likely to be unhappy.
- If in November, liberal, kind and of a mild disposition.
- If in December, well proportioned, fond of novelty and extravagant.

## Fewer Fancy Names.

There will be fewer Marnies and Sadies and Pessies in the next generation, and more Marys, Elizabeths, and Lacies, according to a clergyman, who christens more babies than most of his reverend brethren.

Families are going back to the old-fashioned names and are abandoning the fancy ones which it was the fad to fasten upon the baby girls of a few years ago. Margaret, Mary, Elizabeth, Dorothy, Frances, Violet, Lucy and Maud are all favorites with mothers at present, and there is less rushing of novels and romances for out-of-the-way names to trouble the unfortunate possessors after they are grown up.

Currier, as the first of the baby babies set the plain names and just a small proportion start life weighed down with queer ones.

**LEBIG**

COMPANY'S EXTRACT OF Beef simplifies sick room cookery. A cup of rich beef tea in a minute, before the invalid's fancy for food has passed away.

The genuine always bears this signature in blue.