

# EVEN NORTHERN LANDLUBBERS MAY ONE DAY RESEMBLE THESE

A Forecast of This Summer's Swimming Togs—Well Flared Though Brief Skirts Over Pantaloon of Contrasting Jersey Cloth and Silk Knee Cuffs. Also a Drop Skirt of Stripes and a Variety of Picturesque Headgear



**S**PORTS clothes today are frivolous and impractical to an annoying degree. Incidentally they are charming and expensive to a degree quite as amazing. Those silk sweaters, for instance, and those white satin sports suits and those heavy corded silk sports coats and those astonishing silken bathing costumes—extravagances, all of them, but so amusing, so pretty and so comfortable. Even the most weird of the Russian bathing costumes are comfortable, and all the gay silken stuffs pressed into service are more comfortable during much of our summer weather than any woollens.

Just how generally the tussore bathing costumes in rather sensational models will be worn remains to be seen, but they would certainly add to the gaiety of beaches, and, moreover, some of them, though novel, are not spectacular, and all are comfortable and adapted to swimming. Their newest feature is their breeches. These are cut much on the order of riding breeches, with the wide cut or band confining them snugly below the knee, and they are really an improvement upon the rather ungainly bloomers, held in untidily at the knee by an elastic. Over these breeches a one piece Russian tunic is often worn, and often this tunic has high neck and long sleeves, though more models are cut slightly low and are sleeveless. Bathing caps run riot both in color and design. On the sunny sands at Palm Beach may be seen headgear ranging all the way from aviation helmets, jockey caps, modified skating caps and sombreros to sunbonnets in gay plaided silks. One young lady attracted much attention by unfurling a

Japanese parasol over her jaunty peach basket of a bath cap. Another devotee of the surf appeared in a harlequin costume of black and white satin, the pointed, diamond patterned brief skirt revealing patch pockets of dazzling white against the black sheen. One young lady appeared daily in beruffled pantaloons, the frill flapping about her ankles as she took the breezes. This costume was also black and white, a vivid stripe. Another fetching costume of navy satin, but a la mode, took a creamy bertha of real lace for a reception gown. Much smocking adorns many Palm Beach suits, appearing at the throat and the waist of silk or satin

Russian blouses worn exceedingly short over lightweight jersey tights. The black satin skirt of the first costume pictured is top brief to dwell long upon, but the knee length bloomers of black and white satin stripe give a good contrast, matching sailor color, vestee, sash and tabs on the short sleeves. Conventional slippers with sandal strappings and a slouch hat of piquant scarf ends complete this outfit. The next fetching suit is even dressier, a slip of black taffeta, cut surplice and yoked girde over jersey tights in French blue. At the knee the tights button as do riding breeches, and a smart color contrast is afforded at the

v neck of the bodice and the sleeves. Black silk stockings and black satin sandals go well with this rig. Plain brown taffeta combined with brown and white striped taffeta is used to fashion the other natty suit. Single knee pantaloons with buttoned cuffs that fall below the striped drop skirt are one interesting detail, the striped belt over the faced skirt being another. The black top, cut so short, suggests a cape in the back, while the sunshade brim of the swimming cap is a clever combination. Patent leather belts, worn low as children often contrive the rather full Russian blouses that are being worn over both tights and pantaloons.

## Froufrou and Fallals For Spring

**T**HERE will not be a dearth of agreeable and stimulating clothes this year. Indeed, despite the fact that the great French houses did not turn out as large a collection as usual and did not show many striking novelties, there are enough changes to keep women from using up many of their old clothes in warm weather. We are tired of our winter clothes. Women are made like that. If they should suddenly change, an enormous percentage of the population would be thrown out of work, so perhaps, after all, feminine vanity and its attendant love of novelty are not unmitigated evils. That thought may be reassuring to the woman who yields to the lure of the new cottons and linens and silks and woollens these days.

There is a large class of women in America, as in other countries, who buy clothes for their quality, for the reason, as they say, that they stand a chance of not going out of fashion until the cloth is worn out. But this class is dwindling at both ends. Women with slender incomes prefer the inexpensive frock that serves the day, and women with immense incomes do not choose to be back numbers in their clothes. For almost a year Frenchwomen have been wearing extra high transparent organdie collars, but they have not been taken up by the American women. The majority of these pieces of neckwear looked like inverted lamp shades. They were small at the base of the neck, extending upward and outward toward the ears, and were held into positions of rigidity by slender white silk wires.

We now have collars that cover the shoulders and ripple away to the waist at the back. There are some that are built up with all the infinite precision of Beau Brummel's necktie. One imagines that the designers, like the dandy of George IV's time, must have thrown away twenty-one before accomplishing the right set to the twenty-second. There are collars that are copied from the Spanish portraits. These are made of plaited lace and wire, and main in an almost impossible attitude. Everything seems to be advocated in the way of neckwear except what we are wearing. The high, straight position has had its day, evidently, and the exaggerated Robespierre collar with triple revers has come back for coats and blouses. There are huge cape collars made in triple tiers of colored taffeta to be worn with thin frocks, and there are complicated collars of white organdie trimmed with straw or grass in colored designs to be worn with silk-coat suits.

Smart Paris shops have brought out a vast variety of chemisettes with attached collars made in taffeta, satin and muslin and in attractive colors. A year ago one of the French designers brought out this fashion of satin vests with collars attached, fastened down the front with a separate row of small, fancy buttons as an adjunct to dark blue frocks that were built to look like coat suits. One of the most attractive of these was of dark blue serge, with a chemisette and a high, straight, narrow collar of asphalt satin. The edges were finished with a tiny cable cord of the material and small buttons of carved, smoked pearl.

The taffeta used in these new vesties is very soft and therefore it fits in with all of the spring fabrics. It is used in these little accessories in rose pink, deep mauve, mint green and broad director's stripes. Another spring novelty that professes to be most popular is the Russian blouse put up in exquisite, ornate materials. Some of these latest fads slip over the head and are fastened with a variety of pretty buttons and fringes. Georgette crape, chiffon and silver or gold brocades are used for these charming blouses. A popular model is of white georgette crape trimmed with ball satin buttons and a pale pink crushed girde of taffeta ribbon. The peplum and bottom of the bodice are beautifully embroidered in white floss.

Extremely pretty net frocks, embroidered and lace trimmed, are among the new spring models, as they always are, for the net frock is a useful and safe "filler" for any wardrobe and can be worn the year round for some purposes. A high necked model with a deep cape of the net covering the bodice from a shallow shirred and corded yoke to the top of a wide girde of gorgeous brocade ribbon is new and has evidently interested many buyers, but though the high necked bodice and blouse are still insistent and will probably be very moilish throughout the spring, high necked arrangements never succeed to any great extent in a summer season. American women, though still ready to adopt freakish fashions, do insist upon comfort more than they did in former years, and a mode thoroughly uncomfortable is not likely to make any wide appeal.

One of the smartest one piece frocks designed for early spring wear is of white chiffon broadcloth. The bodice is severely plain with a high director's collar bound with white silk braid and fastened snugly about the neck with two white pearl buttons. The sleeves are cut in one with the bodice and are bell shaped, flaring wide below the elbow. Gorgeous bits of color are added to black, white or soft toned frocks through the wonderful brocade ribbons in which color and metal riot, and though the wide girde does not play so important a role as it once did, there are still enough wide girde models to prove opportunity for easy introduction of these wide soft ribbons.

Some of the smartest one piece frocks designed for early spring wear is of white chiffon broadcloth. The bodice is severely plain with a high director's collar bound with white silk braid and fastened snugly about the neck with two white pearl buttons. The sleeves are cut in one with the bodice and are bell shaped, flaring wide below the elbow. Gorgeous bits of color are added to black, white or soft toned frocks through the wonderful brocade ribbons in which color and metal riot, and though the wide girde does not play so important a role as it once did, there are still enough wide girde models to prove opportunity for easy introduction of these wide soft ribbons.

Some of the smartest one piece frocks designed for early spring wear is of white chiffon broadcloth. The bodice is severely plain with a high director's collar bound with white silk braid and fastened snugly about the neck with two white pearl buttons. The sleeves are cut in one with the bodice and are bell shaped, flaring wide below the elbow. Gorgeous bits of color are added to black, white or soft toned frocks through the wonderful brocade ribbons in which color and metal riot, and though the wide girde does not play so important a role as it once did, there are still enough wide girde models to prove opportunity for easy introduction of these wide soft ribbons.



### REFRAIN! REFRAIN!

**W**HEN a man comes home at night "dog tired" and perhaps worried about his business, questions, even sympathetic questions, are like turning the knife in the wound of his mental weariness. Let someone like a poultice come to heal the wounds of a politician. Have sense enough to leave him alone until his brain is rested and his mood changes.

### PARSLEY FADS.

**F**OR coloring, clean fresh parsley, bruise it and squeeze all the juice into a double boiler. Heat, and remove and bottle. This is admirable for coloring aspic jelly, mayonnaise, frostings, ice cream or whipped cream. Parsley jelly is pretty and can be used for a salad or for garnishing a meat dish of any kind. Clean the parsley and heat it in a double boiler with a little water for half an hour. Strain and to a pint of the juice add a pound of sugar, the grated rind and the juice of a lemon and boil twenty-five minutes. Stir in a tablespoonful of granulated gelatin, softened in cold water and chill. This can be poured into a mold and surrounded with a meat salad or it can be doled in a bowl and cut into dice for garnishing. For a salad, chopped nut meats can be added to it, and then cubes of the jelly can be served on lettuce.

### LAW OF OPPOSITES.

**L**OVE is a queer thing. It maketh one man turn from his work and go to the devil for a woman, and another man to turn from the devil and go to work for her.

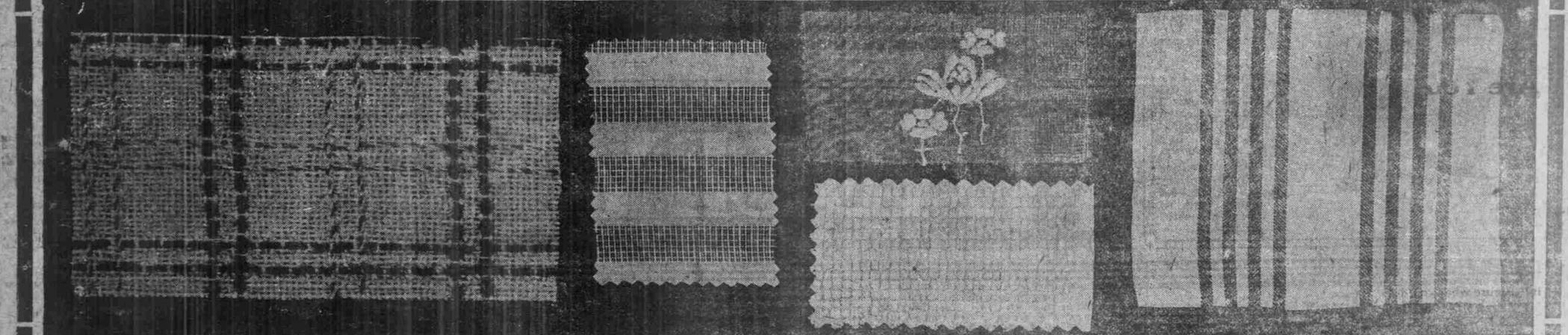
### CROCHETED BABY BONNET

Use cotton No. 5.  
Chain 5, join in ring.  
First Row—Ch 3, 2 d c in ring, join.  
Second Row—Ch 3, 2 d c, ch 1, 3 d c, ch 1, repeat around.  
Third Row—5 d c, ch 1 in each of 9 spokes of wheel.  
Fourth Row—7 d c, ch 1 in each of 9 spokes of wheel.  
Fifth Row—9 d c, ch 1 in each of 9 spokes of wheel.  
Sixth Row—11 d c, ch 1 in each of 9 spokes.  
Seventh Row—13 d c, ch 1 in each of 9 spokes.  
Eighth Row—15 d c, ch 1 in each of 9 spokes.  
Ninth Row—17 d c, ch 1 in each of 9 spokes.  
Tenth Row—19 d c, ch 2, 1 d c between spokes, ch 2\*, repeat round.  
Eleventh Row—21 d c, ch 2, 1 d c, ch 2, 1 d c, ch 2\*, repeat round.  
Twelfth Row—23 d c, ch 2, 1 d c, ch 2, 1 d c, ch 2\*, repeat round.  
Thirteenth Row—25 d c, ch 2, 1 d c, ch 2, 1 d c, ch 2, 1 d c, ch 2\*, repeat round.  
Fourteenth Row—27 d c, 5 sp, \*, repeat round.  
Fifteenth Row—29 d c, 7 sp, \*, repeat round.  
Sixteenth Row—31 d c, 9 sp, \*, repeat round.  
Seventeenth Row—1 d c, ch 2, all round.  
Eighteenth Row—1 d c over d c, 2 d c in space, 1 d c over d c, 2 d c in space, \*, repeat round.  
Nineteenth Row—1 d c, ch 2, 1 d c in same at, ch 2, skip 5, \*, repeat round.  
Twentieth Row—3 d c over 2 ch of last row, ch 2, 1 d c, \*, repeat until last nine stitches are reached, they are left for back of cap, turn.  
Twenty-first Row—3 d c, ch 2, 1 d c, \*, repeat round.  
Twenty-second Row—1 d c, ch 2, 1 d c, ch 2, \*, repeat round.  
Twenty-third Row—3 d c, ch 2, 1 d c, \*

\*, repeat across row in every 2d space of 2 ch.  
Twenty-fourth Row—Like 23d row.  
Twenty-fifth Row—Like 23d row.  
Twenty-sixth Row—Like 23d row.  
Twenty-seventh Row—Like 23d row.  
Twenty-eighth Row—Like 23d row.  
Last Row—Make shell of 8 d c in every 2d space of 2 ch all round. Run a row of ribbon through 24th and 25th row and make a large rosette on each side of front. Simple, but pretty.

**YOUR BODY NEEDS MINERALS.**  
**V**EGETABLES are much like fruits in composition, being richest in carbohydrates and mineral matter. Some of them contain a large amount of protein. The carbohydrates are in different forms, as starch in potatoes and old corn and sugar in young corn and beets. Beans are richer in protein than other vegetables. Celery has a high percentage of water and is valuable for its ash. Unfortunately the common method of preparing vegetables is a very wasteful one. The most valuable part of a potato is very close to the skin, yet this is usually peeled off and, of course, thrown away. Likewise, spinach is similarly abused. It is often plunged into a quantity of water, which releases the valuable salts of the vegetables, and these finally find their way down the sink pipe. Spinach needs no added water in cooking. It will cook perfectly in its own juice, with very little loss of valuable substance. Some dietitians claim that any vegetable usually peeled should be washed and scrubbed only if one would get the full value.

## STRIPES AND CHECKS INVADGE EVEN THE MODE OF SUMMER TEXTILES



**T**HE influence of the check this season is so marked that it has been reflected even in the plain materials—that is the woman who does not wish two tones in a material will like the domino check.

The spring materials have a distinctly new look about them. The velvety fabrics of the winter have given place to various twilled weaves in the plain colored suitings, to the knitted or jersey cloth, of which so much is expected, and to checked cloths. There will be checks—small checks, large checks, self-toned checks and even checked checks—for suits, frocks, especially for motorcoats. But the plain fabrics are not altogether lost to 1916.

Gaberline, which was such a mainstay of last season's fabrics, will be by no means relegated to the background, charming cotton gaberdines already being in the foreground of summer fabrics.

As for stripes, we have wide stripes, pin stripes, broken, brocaded, contrasted, twilled and invisible stripes. This cut shows a twilled wide stripe in navy and white or black and white cotton that is being used for skirts and

sports suits. The loose meshed tweed-like material loudly plaided is suitable for capes, skirts and jackets for month-tain and sports wear. The cotton fabric so like birdseye is one of the new cloths for tennis skirts. It also makes

good ascot ties and one piece frocks for small children. Of the sheerer materials, one is a figured voile for pretty summer gowns, while the other, a stripe, you observe, is being featured for shirt waists.

As for stripes, we have wide stripes, pin stripes, broken, brocaded, contrasted, twilled and invisible stripes. This cut shows a twilled wide stripe in navy and white or black and white cotton that is being used for skirts and sports suits. The loose meshed tweed-like material loudly plaided is suitable for capes, skirts and jackets for month-tain and sports wear. The cotton fabric so like birdseye is one of the new cloths for tennis skirts. It also makes good ascot ties and one piece frocks for small children. Of the sheerer materials, one is a figured voile for pretty summer gowns, while the other, a stripe, you observe, is being featured for shirt waists.