

HOUSEHOLD RECIPES.

Frank's Soup.—Two pounds lean beef cut up in small pieces, with two quarts cold water. Boil slowly for a couple of hours. Take one small onion, one turnip, one celery root; chop fine and put in soup pot; also a teaspoonful of cloves, pepper, pinch of nutmeg, and salt to taste. Stew all these together for two hours. Strain and serve.

German Potato Salad.—When material for salads are scarce this is a good way of disposing of cold potatoes. Slice them and dress them with butter, vinegar, salt and pepper, precisely like any other salad, adding a little chives, onion, celery, and parsley, chopped fine, and mix in dish of sliced potatoes; put a tablespoonful of butter in frying pan on the stove until brown; then pour in cup of vinegar and let it come to a boil; pour boiling hot over the potato salad.

Klondike Potpie.—Two pounds salt pork, cut in two-inch cubes, two quarts water; tablespoonful beef extract; one quart vegetables (potatoes, turnips or peas); one onion or onion juice, to taste, two cups prepared flour, teaspoonful summer savory; one-fourth teaspoonful paprika or cayenne. Freshen the pork in tepid water; drain and boil eighty minutes in the two quarts of water, when add the beef extract, vegetables and seasoning; boil ten minutes and put in the dumplings, made as follows: Into the flour stir enough cold water to make a very stiff batter, which ladle into the boiling stew by well-shaped spoonfuls—about eight or ten; cover tight and boil twenty minutes. Serve, if possible, with a nice salad made from one can lobster, one can string-beans, two minced pickles, plenty of pepper, a teaspoonful of salt, one-half gill of oil or melted fat or butter, the same of vinegar or lemon juice, and after mixing well pour over one-fourth bottle of salad dressing, if at hand. The salad will be very nice without the latter.

Chicken Stew, French.—Dress chicken and cut in small parts; do not wash; simply wipe well with damp cloth; take two tablespoonfuls of lard, one tablespoonful butter; beat well together and stir in two tablespoonfuls of flour and brown well; put in chicken and brown well; then add one onion sliced very fine, one tablespoonful catsup or chili sauce, and, if liked, a small bit of garlic; then cover with water and cover close and cook slowly two or three hours; just before serving stir in one well-beaten egg, salt and pepper.

A Klondike "Clean-up." In the Century, John Sidney Webb describes "The River Trip to the Klondike." In telling of his visit to the El Dorado mines, the author says: The sluice-boxes are made of boards, machine or whip sawed, and roughly nailed up into troughs or boxes, and fitted together like stovetops. Cleats are nailed into the last boxes, called "riffles," or, in some instances, shallow auger-holes are bored into the bottom boards. The boxes are then set up in line on a gentle slope, and the pay dirt is shoveled in at the top, and a stream of water, controlled by a dam, sluices over the dirt and gold. The weight of gold is so great that it falls, and the dirt and useless gravel washes off, the gold being caught upon the cleats or in the holes scattered about. In the last boxes, quicksilver is put in to catch the very fine gold. When the gold is taken from the boxes it is called a "clean up." On the day I was there (Aug. 17), at No. 30 El Dorado twenty thousand dollars was "cleaned up" in twenty-four hours, with only one man shoveling in the dirt. Such wonderful results may mean, however, months of expensive work; but "when it comes, it comes quick," as the saying is among the miners.

Provisional. The Syracuse Post prints a story containing an excellent hint, which fathers and mothers who have babies to name may well consider. A girl baby was brought to a clergyman of Syracuse to be baptized. He asked the name of the baby. "Dinah M.," the father responded. "But what does the M. stand for?" asked the minister. "Well, I don't know yet; it depends upon how she turns out." "How she turns out," said the minister. "Oh, if she turns out nice and sweet and handy about the house, like her mother, I shall call her Dinah May. But if she has a fiery temper and a bombshell disposition like mine, I shall call her Dinah Might."

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CHINA'S CURSE OF OPIUM. People Who Become Confirmed Smokers Live Ten Years on Average. "Seven tenths of the people of China are opium smokers, and two millions of them die annually from its effects," said a Chinese missionary recently who has spent twenty-two years of his life in the Flowery Kingdom. "This habit is rapidly growing," he went on. "It is confined to no class or sex, but men and women, officials and coolies, use it alike. As soon as opium smoking becomes a confirmed habit with a Chinese coolie he knows that he has about ten years to live. That seems to be the average. I consider it easier to reform a sot in the gutter, one of your lowest type of drunkards, than an opium smoker. Place them behind iron bars, if you like, and after being imprisoned a short time they begin to beg and plead for opium. They rave like maniacs and their sufferings are terrible to behold. They act like wild men.

"The opium vice is ruining China. The people know it and the government knows it, but they take no action. In twenty-two years it has increased fifty per cent. Fertile fields that were once used in the cultivation of rice are now growing the opium weed. The provinces in northern China, where the terrible famine occurred a few years ago and where thousands perished for want of food, had been for years given over to the production of opium instead of food grains. When food was short the people found they could not live on opium, so they starved to death.

"Now to-day rice is one-third higher in price than it was a score of years ago, because the crop has fallen off. Opium shops are everywhere. You may be traveling along with your chair coolie when the first thing you know he will put you down and leave you sitting in the streets while he goes in to take a smoke."

A WONDERFUL NEW STAR. Suddenly Increased in Brilliance Sixteenfold, and Then Faded Out. The romance of astronomy is well illustrated in an article by Edward S. Holden, director of the Lick observatory, in the Forum. Mr. Holden describes the queer antics of a new star discovered last year, which resembles our sun and which in two days increased in brilliance sixteenfold and then gradually went out.

Such phenomena as this star has presented, says he, are of the extreme value to astronomers and physicists. By the study of exceptional cases old laws are tried and new ones discovered. Apparent exceptions "prove" (i. e., test) the rule. Such cases are also of the greatest popular interest since they throw a light on the past and on the future of the solar system. The star was, no doubt, a star like our sun. It was, no doubt, very distant from the earth, since its original luster made it at least as faint as the ninth magnitude. The catastrophe which we saw occurred in December, 1891, was announced to us by light which reached us then, but this light must have left the star twenty, perhaps fifty, years earlier. This recent event is, in fact, ancient history. Let us imagine what our fathers did, if our sun should suddenly increase in light and heat some hundreds of times, and then fall off some thousands.

Every vestige of life on our earth would be extinguished, and the only sign of it to the universe at large would be that a small star—our sun—had gone through a remarkable cycle of changes.

PRODUCES NO GREAT MEN. Paris Draws on the French Provinces for More of Her Native Sons. The city of Paris with its environs boasts nearly one-twelfth of the total population of France, yet, according to the New York Evening Post, it does not escape the charge, which lies against many other large cities, of being a huge maw into which the best of the national life is sucked. Only in the slightest degree is it the parent of the energy and distinction which it displays on so great a scale. In the political field scarcely one of the distinguished men of the time is Paris born. The president of the republic is not, nor is the president of the senate or of the chamber; not one of the ten cabinet ministers, neither of the chief justices nor of the attorneys general of the higher courts reckons Paris as his birthplace, nor does the governor of the bank of France. Nevertheless, similar results are obtained by scanning the lists of distinguished scholars, artists, journalists, soldiers. From the provinces have come a disproportionate majority of the men whose success in life makes Paris famous. Such facts are more striking in the case of the French capital, whose preponderance over the rest of the country has been so long established, than they would be in a newer country, where the headlong rush to the cities is a comparatively new thing.

A CURIOUS INDUSTRY. Grinding Razors a Lucrative Profession for Some Thrifty Souls. "We get razors from all over the country," said the proprietor of a razor-grinding shop. "The razor gets worn down so that honing will not suffice to put it into condition. The razors get into the barber shops and the barbers send them to us—that is, they are sent by the out-of-town barbers. We have a list of our regular customers in the city, and our men visit the shops to get the razors in need of repair.

"Only a large city can afford to keep the appliances necessary for the delicate work on finely-tempered razors. The principal reason for this is the price of grindstones and a thorough knowledge of the craft. The only good grindstones for use on razors come from Germany. Ohio has grindstones, but they are inferior for sharpening purposes to the German ones. No matter what Ohio manufacturers may say, we now make as good razors here as they do in England or Germany; but we can't make them as cheap. Up to ten years ago it was thought that the reason that we could not compete with razors as well as they do it in England was because of a peculiar deficiency in our water. That has been proved to be a fallacy, as we now manufacture razors in Massachusetts and in Newark fully as good as they are made in England. All English razors, you know, are sent to Germany to be concaved. That is because of the superiority of the German grindstones."

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In the Superior Court of the State of Washington for Thurston County. A. M. Rowe, Plaintiff, vs. Almada C. Rowe, Defendant. The State of Washington to Almada C. Rowe, Defendant above named: You are hereby summoned to appear within twenty days after service of this summons, exclusive of the day of service, and defend the above entitled action in the court aforesaid; and in case of your failure so to do judgment will be rendered against you according to the demand of the complaint which is filed with the Clerk of the above entitled court.

The object of this action is to recover from you the sum of eighty dollars and seventy cents with costs and disbursements of the action, and you are notified that your property has this day been attached in said action. Dated March 23d, 1898. U. C. ISRAEL, Plaintiff's Attorney, Washington. Date of first publication, March 25, 1898. A. P. FITCH, ATTORNEY-AT-LAW. PRACTICE in all Courts and U. S. Land Offices. ROOMS 6 and 7 CHILBERG BLOCK. OLYMPIA, WASH. JOB PRINTING NEATLY EXECUTED AT THE OFFICE OF WASHINGTON STANDARD

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